

ORIGINAL ARTICLE

# Splanchnic vein thrombosis in necrotizing pancreatitis: a post-hoc analysis of a nationwide prospective cohort

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## Abstract

**Background:** Treatment guidelines for splanchnic vein thrombosis in necrotizing pancreatitis are lacking due to insufficient data on the full clinical spectrum.

**Methods:** We performed a post-hoc analysis of a nationwide prospective necrotizing pancreatitis cohort. Multivariable analyses were used to identify risk factors and compare the clinical course of patients with and without SVT.

**Results:** SVT was detected in 97 of the 432 included patients (22%) (median onset: 4 days). Risk factors were left, central, or subtotal necrosis (OR 28.52; 95% CI 20.11–40.45), right or diffuse necrosis (OR 5.76; 95% CI 3.89–8.51), and younger age (OR 0.94; 95% CI 0.90–0.97). Patients with SVT had higher rates of bleeding (n = 10, 11%) and bowel ischemia (n = 4, 4%) compared to patients without SVT (n = 14, 4% and n = 2, 0.6%; OR 3.24; 95% CI 1.27–8.23 and OR 7.29; 95% CI 1.31–40.4, respectively), and were independently associated with ICU admission (adjusted OR 2.53; 95% CI 1.37–4.68). Spontaneous recanalization occurred in 62% of patients (n = 40/71). Radiological and clinical outcomes did not differ between patients treated with and without anticoagulants.

**Discussion:** SVT is a common and early complication of necrotizing pancreatitis, associated with parenchymal necrosis and younger age. SVT is associated with increased complications and a worse clinical course, whereas anticoagulant use does not appear to affect outcomes.

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## Introduction

Splanchnic vein thrombosis (SVT) is a well-known complication of acute pancreatitis involving the splenic (SpIV), portal (PV) and/or superior mesenteric (SMV) vein.<sup>1–3</sup> The exact incidence and pathophysiology remain unclear.<sup>4</sup> Previous studies have demonstrated SVT in 2 %–51 % of patients with acute pancreatitis, with the highest incidence in patients with necrotizing pancreatitis.<sup>1–3</sup> Several mechanisms of SVT have been proposed in necrotizing pancreatitis, including local inflammatory infiltration, systemic inflammatory response, release of activated pancreatic enzymes, and extrinsic compression.<sup>5–7</sup> Only a few studies have investigated the relationship between SVT and inflammatory markers, the location and extent of pancreatic parenchymal necrosis, the co-localization of such collections, and the presence of increased intra-abdominal pressure.<sup>8–13</sup> These studies were mostly small (20–45 patients) and lacked a control group without SVT. In addition, there is a lack of data on the natural course of SVT following necrotizing pancreatitis, which may be due to imaging studies being guided by disease severity rather than systematic detection and evaluation of SVT. The timing of SVT onset and its evolution over time (i.e., resolution or progression) are particularly relevant, as these may have implications for (preventive) treatment, such as drainage of collections and therapeutic anticoagulation. Finally, it remains unclear whether SVT leads to worse clinical outcomes or whether the clinical course of patients with necrotizing pancreatitis depends mainly on the severity of the underlying disease. This uncertainty is driven by a serious risk of confounding in the currently available literature.<sup>8,14–17</sup>

We therefore performed the present study with the aim to determine the incidence, risk factors, natural course, and clinical outcomes of SVT in a large nationwide prospective cohort of patients with necrotizing pancreatitis. We also evaluated clinical and radiological outcomes associated with the use of therapeutic anticoagulation.

## Methods

### Study design and population

This study was a post-hoc analysis of 639 patients with necrotizing pancreatitis included in the prospective nationwide registry of the Dutch Pancreatitis Study Group (DPSG).<sup>18</sup> These patients were enrolled at 21 hospitals between 2004 and 2008 if they met the inclusion criteria of necrotizing pancreatitis, defined as a computed tomography severity index (CTSI) score of three or more, as assessed by a single expert pancreatic radiologist (TLB). For this study, patients were excluded if they had incomplete (follow-up) data or were lost to follow-up. All patients provided written informed consent for the initial registration. Ethical approval by the medical ethical committee was waived for the current post-hoc analyses. This study was conducted according to the Strengthening the Reporting of Observational studies in Epidemiology (STROBE) guidelines.<sup>19</sup>

### Data collection

Clinical data from the index admission for acute pancreatitis were collected prospectively using a predefined, standardized case record form. This included age, sex, etiology, American Society of Anesthesiologist (ASA) classification, medical history (including venous thromboembolism), previous use of therapeutic anticoagulants, body mass index (BMI), smoking status, and peak laboratory values (CRP and leukocytes) in the first 48 h. Computed tomography (CT) scans were collected from all participating hospitals and were re-evaluated by a single radiologist (TLB). If patients were transferred, CT scans were obtained from both hospitals. Due to the multicenter design, a variety of CT scanners were used, but all were 16-slice or higher multi-detector scanners with slice thicknesses ranging from 1.5 to 3 mm. The CTSI score, the presence, extent and location of (peri) pancreatic necrosis and collections were assessed on the first CT performed 72 h after the onset of acute pancreatitis. Left-sided necrosis referred to pancreatic tail necrosis, right-sided necrosis referred to pancreatic head necrosis, central necrosis to pancreatic neck and/or body necrosis, subtotal necrosis to pancreatic neck, body, and most of head and tail necrosis, and diffuse necrosis to uni- or multifocal areas of necrosis throughout the pancreas. The extent of pancreatic parenchymal necrosis was visually estimated as less than 30 %, between 30 % and 50 %, and greater than 50 %. All contrast-enhanced CTs were reviewed for the presence, location, and extent of SVT were also assessed on each CT scan. Long-term follow-up data, and collection of data on several factors related to SVT and the use of therapeutic anticoagulation, were collected retrospectively until January 2020.

### Outcome measures and definitions

The primary outcome was the occurrence of SVT, defined as an intraluminal filling defect in one or more of the splanchnic veins. Vein compression or stenosis without an actual thrombus and the presence of collaterals without a visible vein were not sufficient for the diagnosis of SVT. Thrombus location was divided into SpIV, PV, SMV, or a combination. The degree of thrombus was classified as occlusive (absence of flow) or non-occlusive (presence of flow). In the case of multiple affected vessels, scoring was pragmatically considered occlusive if one thrombus was occlusive and another was non-occlusive. Collateral circulation was defined radiologically as the presence of varices, collaterals, or cavernomas. Colocalized compression (i.e., due to (peri)pancreatic fluid collections or edema) was also assessed on the initial CT scan of SVT diagnosis. Other radiological outcomes included recanalization, time to recanalization, thrombus progression, and SVT recurrence. Recanalization was defined as the absence of a thrombus in a previously thrombosed splanchnic vein(s), except for an obliterated vein as a result of persistent thrombotic occlusion. Progression to other splanchnic vein(s), to total occlusion, or both, was defined as thrombus progression. Clinical outcomes included pancreatitis-related mortality, (multiple) organ failure, intensive care unit (ICU) admission, and SVT-related complications such as

**Table 1** Patients and disease characteristics in 432 patients with necrotizing pancreatitis

|                                | Overall (N = 432) | No SVT (N = 335)           | SVT (N = 97)               | P-value |
|--------------------------------|-------------------|----------------------------|----------------------------|---------|
| Age (years)                    | 58 (45–70)        | 59 (45–71)                 | 56 (45–67)                 | 0.072   |
| Men                            | 273 (63 %)        | 215 (64 %)                 | 58 (60 %)                  | 0.430   |
| Etiology                       |                   |                            |                            |         |
| Biliary                        | 205 (47 %)        | 164 (49 %)                 | 41 (42 %)                  | 0.245   |
| Alcohol                        | 96 (22 %)         | 73 (22 %)                  | 23 (24 %)                  | 0.689   |
| Idiopathic                     | 92 (21 %)         | 71 (21 %)                  | 21 (22 %)                  | 0.923   |
| Other                          | 39 (9 %)          | 27 (8 %)                   | 12 (12 %)                  | 0.192   |
| Medical history                |                   |                            |                            |         |
| Cardiovascular (n = 431)       | 165 (38 %)        | 133 (40 %) <sup>a</sup>    | 32 (33 %)                  | 0.223   |
| VTE                            | 9 (2 %)           | 8 (2 %)                    | 1 (1 %)                    | 0.691   |
| Pulmonary (n = 430)            | 42 (10 %)         | 35 (11 %) <sup>b</sup>     | 7 (7 %)                    | 0.336   |
| Chronic renal (n = 430)        | 14 (3 %)          | 12 (4 %) <sup>a</sup>      | 2 (2 %) <sup>a</sup>       | 0.745   |
| Diabetes mellitus (n = 431)    | 54 (13 %)         | 47 (14 %)                  | 7 (7 %) <sup>a</sup>       | 0.200   |
| AC use at admission (n = 425)  | 23 (5 %)          | 21 (6 %) <sup>c</sup>      | 2 (2 %) <sup>b</sup>       | 0.127   |
| ASA                            |                   |                            |                            |         |
| 1                              | 124 (29 %)        | 90 (27 %)                  | 34 (35 %)                  | 0.117   |
| 2                              | 246 (57 %)        | 197 (59 %)                 | 49 (51 %)                  | 0.146   |
| 3                              | 62 (14 %)         | 48 (14 %)                  | 14 (14 %)                  | 0.979   |
| 4                              | 0                 | 0                          | 0                          | –       |
| BMI (n = 214)                  | 27 (25–31)        | 27 (25–31) <sup>d</sup>    | 26 (24–30) <sup>e</sup>    | 0.310   |
| Smoking (n = 123)              | 42 (34 %)         | 32 (34 %) <sup>f</sup>     | 10 (36 %) <sup>g</sup>     | 0.842   |
| Laboratory values <sup>a</sup> |                   |                            |                            |         |
| Leukocytes (n = 395)           | 19 (15–23)        | 19 (15–22) <sup>h</sup>    | 19 (16–23) <sup>i</sup>    | 0.276   |
| CRP (n = 347)                  | 301 (226–389)     | 293 (220–377) <sup>j</sup> | 341 (223–437) <sup>k</sup> | 0.012   |
| Imaging severity               |                   |                            |                            |         |
| CTSI                           | 6 (4–8)           | 4 (4–6)                    | 8 (6–10)                   | <0.001  |
| Parenchymal necrosis           |                   |                            |                            |         |
| Right                          | 9 (4 %)           | 6 (4 %)                    | 3 (3 %)                    | 0.427   |
| Left                           | 26 (11 %)         | 12 (8 %)                   | 14 (16 %)                  | <0.001  |
| Central                        | 97 (41 %)         | 54 (37 %)                  | 43 (48 %)                  | <0.001  |
| Subtotal                       | 25 (11 %)         | 7 (5 %)                    | 18 (20 %)                  | <0.001  |
| Diffuse                        | 78 (33 %)         | 66 (46 %)                  | 12 (13 %)                  | 0.098   |
| Extent of necrosis             |                   |                            |                            |         |
| <30 %                          | 96 (22 %)         | 73 (22 %)                  | 23 (24 %)                  | 0.689   |
| 30–50 %                        | 67 (16 %)         | 43 (13 %)                  | 24 (25 %)                  | 0.004   |
| >50 %                          | 72 (17 %)         | 29 (9 %)                   | 43 (44 %)                  | <0.001  |
| EXPN only                      | 197 (46 %)        | 190 (57 %)                 | 7 (7 %)                    | <0.001  |

Data are presented as n (%) or median (IQR). Percentages may not total 100 because of rounding. Missing patients: A = 1, B = 2, C = 5, D = 171, E = 47, F = 240, G = 69, H = 31, I = 6, K = 11.

Abbreviations: AC anticoagulation, ASA American Society of Anesthesiologists, BMI body mass index, CRP c-reactive protein, CTSI computed tomography severity index, EXPN extrapancreatic necrosis, VTE venous thromboembolism.

<sup>a</sup> Highest value in the first 48 h after admission.

bleeding and bowel ischemia. Therapeutic anticoagulants referred to any agent prescribed at a therapeutic dose, such as low-molecular-weight heparin, unfractionated heparin, and vitamin K antagonist. A summary of all definitions is provided in [Table S1](#).

### Statistical analysis

Statistical analysis was performed with SPSS for Windows (version 26.0).<sup>20</sup> Continuous variables were expressed as mean (standard deviation [SD]) or median (interquartile range [IQR]),

whereas categorical variables were expressed as absolute numbers and percentages. The Student's T test or Mann–Whitney U test was used to compare continuous variables, and chi-square test, or in the case of small groups, Fisher's exact test was used for categorical data. Multivariable logistic regression analyses were used to assess independent predictive factors for the development of SVT. The pattern of pancreatic parenchymal necrosis was reduced to 1 no necrosis (reference),<sup>2</sup> left, central, or sub-total necrosis, and<sup>3</sup> right or diffuse necrosis because of the limited number of cases. The percentage of necrotic tissue was not included to avoid multicollinearity. Subgroup analyses were performed to compare clinical outcomes between patients with and without SVT. Multivariable analyses adjusted for potential confounders with the presence of SVT as the dependent variable were used to assess the independent effect of SVT on these clinical outcomes. Covariates were added on the basis of clinical reasoning. Subgroup analyses were also performed to compare the radiological and clinical outcomes of patients with SVT treated with and without therapeutic anticoagulants. Multiple imputation was used for missing data for variables with less than 20 % missing values. Results are reported as (adjusted) odds ratios (OR) with 95 % confidence intervals (CI). A p-value less than 0.05 was considered statistically significant.

## Results

Between 2004 and 2008, 639 patients were enrolled in the prospective cohort of necrotizing pancreatitis. Of this cohort, 432 patients were eligible for this study; 203 patients had incomplete data, 4 patients were lost to follow-up, and 1 patient had pancreatic cancer in the retrospective evaluation. Baseline characteristics are summarized in Table 1. The median age was 58 years (IQR 45–70), and 273 patients (63 %) were male. The most common etiologies were biliary (n = 205, 47 %), alcoholic (n = 96, 22 %), and idiopathic (n = 92, 21 %). Nine patients (2 %) had a previous history of venous thromboembolism, and 23 patients (5 %) were on therapeutic anticoagulants. Pancreatic parenchymal necrosis, with or without extrapancreatic necrosis, was present in of 235 patients (54 %), while 197 patients (46 %) had extrapancreatic necrosis only.

## Diagnosis

Of the 432 patients included, 97 patients (22 %) developed SVT. The median time to diagnosis of SVT after admission for acute pancreatitis was 4 days (IQR 2–7; Table 2). SVT was detected on the first CT scan in 76 patients (78 %), on the second CT scan in 17 patients (18 %), and on the third or subsequent CT scan in 4 patients (4 %). At diagnosis, isolated SpIV was the most commonly involved vessel (n = 32, 33 %), followed by the isolated PV (n = 20, 21 %) and the isolated SMV (n = 15, 16 %).

**Table 2** Radiological characteristics in 97 patients with splanchnic vein thrombosis

| At the time of diagnosis         | Total (n = 97)              |
|----------------------------------|-----------------------------|
| Time to diagnosis (days)         | 4 (2–7)                     |
| Number of CT scan with diagnosis |                             |
| First CT                         | 76 (78 %)                   |
| Second CT                        | 17 (18 %)                   |
| ≥Third CT                        | 4 (4 %)                     |
| Anatomical location              |                             |
| SpIV                             | 32 (33 %)                   |
| PV                               | 20 (21 %)                   |
| SMV                              | 15 (16 %)                   |
| SpIV + PV                        | 11 (11 %)                   |
| SpIV + SMV                       | 5 (5 %)                     |
| PV + SMV                         | 7 (7 %)                     |
| SpIV + PV + SMV                  | 7 (7 %)                     |
| Extent thrombosis                |                             |
| Occlusive thrombosis             | 24 (25 %)                   |
| Non-occlusive thrombosis         | 73 (75 %)                   |
| Collateral circulation           | 9 (9 %)                     |
| Co-localized compression         | 6 (6 %)                     |
| At last imaging                  | Total (n = 88) <sup>a</sup> |
| Recanalization                   |                             |
| Time to recanalization (weeks)   | 4 (2–11)                    |
| Persistent thrombosis            |                             |
| Anatomical location              |                             |
| SpIV                             | 23 (59 %)                   |
| PV                               | 7 (18 %)                    |
| SMV                              | 2 (5 %)                     |
| SpIV + PV                        | 5 (13 %)                    |
| SpIV + SMV                       | 0                           |
| PV + SMV                         | 0                           |
| SpIV + PV + SMV                  | 2 (5 %)                     |
| Extent thrombosis                |                             |
| Occlusive thrombosis             | 18 (46 %)                   |
| Non-occlusive thrombosis         | 9 (23 %)                    |
| Thrombotic obliteration          | 12 (31 %)                   |
| Collateral circulation           | 25 (64 %)                   |
| Radiologic follow-up (months)    | 10 (3–24)                   |
| CT scans per patients            | 7 (4–10)                    |

Data are presented as n (%) or median (interquartile range). Percentages may not total 100 because of rounding. Abbreviations: CT computed tomography, PV portal vein, SMV superior mesenteric vein, SpIV splenic vein, SVT Splanchnic vein thrombosis.

<sup>a</sup> Follow-up imaging was missing in 9 out of 97 patients with splanchnic vein thrombosis.

Seven patients (7 %) had triple vessel thrombosis. Non-occlusive thrombosis was observed in 73 patients (75 %) and occlusive thrombosis in 24 patients (25 %). Collateral circulation was present in 7 patients (7 %), and co-localized venous compression in 6 patients (6 %). Fig. 1 shows the pattern of pancreatic parenchymal necrosis per affected vessel at the time of diagnosis.

### Risk factors

Univariable and multivariable analyses of risk factors for the development of SVT are shown in Table 3. Univariable analyses identified younger age, use of therapeutic anticoagulants on admission, a higher CRP level, left, central, or subtotal parenchymal necrosis, and right or diffuse parenchymal necrosis as risk factors. In multivariable analysis, left, central, or subtotal parenchymal necrosis (OR 28.49; 95 % CI 20.09–40.40) and right or diffuse parenchymal necrosis (OR 5.75; 95 % CI 3.89–8.50) were independently associated with the development of SVT, whereas higher age was a protective factor (OR 0.99 (95 % CI 0.98–1.00).

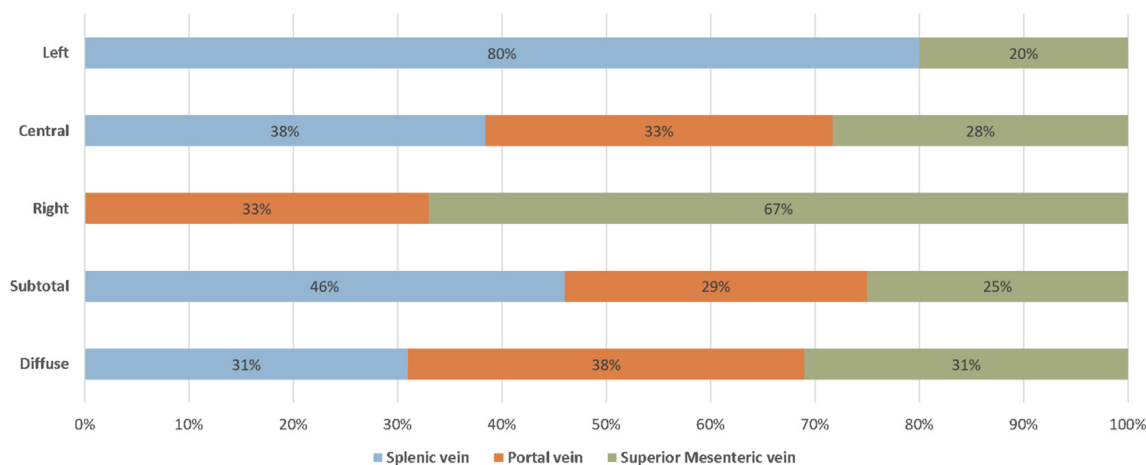
### Clinical outcomes

Based on the cut-off between the 3rd and 4th quartile of the time to diagnosis of SVT, which is 7 days, we decided to report clinical outcomes that occurred beyond the first week after admission. During this first week, 7 patients (2 %) died ( $n = 5$  patients without SVT and  $n = 2$  patients with SVT) and were therefore excluded from further analysis. The clinical outcomes of the remaining 425 patients are shown in Table 4. Of these, 55 patients (13 %) died from pancreatitis-related causes. Persistent or new organ failure occurred in 154 patients (36 %) and persistent or new multiple organ failure in 65 patients (15 %). A total of 174 patients (41 %) were hospitalized in the ICU after the first week. The median total hospital stay was 45 days (IQR 22–97). Bleeding occurred in 24 patients (6 %), and bowel ischemia in 6 patients (1 %). The median clinical follow-up period was 152 months (IQR 85–167). Univariable analysis showed a significant

association between SVT and bleeding, with bleeding occurring more frequently in 10 patients with SVT (11 %) compared to 14 patients without SVT (4 %; OR 3.24; 95 % CI 1.27–8.23;  $p = 0.014$ ) (Table S2). Spontaneous bleeding occurred in 5 patients with SVT versus 7 patients without SVT, and iatrogenic bleeding during or after invasive procedures (e.g., drainage, necrosectomy, or other surgery) occurred in 5 patients with SVT versus 7 patients without SVT. The reported symptoms were gastrointestinal bleeding in 3 patients (melena in 1, hematemesis in 1, hematochezia in 1), intra-abdominal bleeding in 16 patients, combined gastrointestinal and intra-abdominal bleeding in 1 patient, clinical manifestations of bleeding in 2 patients, and unknown in 2 patients. None of the bleedings were related to gastroesophageal varices. Bowel ischemia occurred in 4 patients with SVT (4 %) compared to 2 patients without SVT (0.6 %; OR 7.29; 95 % CI 1.31–40.4;  $p = 0.023$ ). Three of these 4 patients had PV and/or SMV involvement, while the remaining patient developed abdominal compartment syndrome. Further details on bowel ischemia are provided in Table S3. Note that all patients with bowel ischemia in the SVT group died as a result of the ischemia. The limited number of events ( $n = 24$  for bleeding,  $n = 6$  for bowel ischemia) prevented multivariable analysis. Multivariable analysis adjusting for potential confounders on the clinical course showed no association between the presence of SVT and pancreatitis-related death and (multiple) organ failure (Table 4), but did show an association with a higher rate of ICU admission (OR 2.53; 95 % CI 1.37–4.68;  $p = 0.003$ ).

### Therapeutic anticoagulation

Data on therapeutic anticoagulant treatment were available for 88 of the 97 patients with SVT (91 %). Of these, 17 patients (19 %) received therapeutic anticoagulation during their initial hospitalization, with two patients receiving anticoagulants prior to hospitalization (Table S5). In addition, therapeutic anticoagulation was initiated in six patients for indications other than SVT ( $n = 3$  pulmonary embolism,  $n = 2$  deep vein



**Figure 1** Pattern of pancreatic parenchymal necrosis per affected vessel

**Table 3** Univariable and multivariable analyses: risk factors for developing splanchnic vein thrombosis (n = 97)

|                                  | Univariable         |         | Multivariable       |         |
|----------------------------------|---------------------|---------|---------------------|---------|
|                                  | OR (95 % CI)        | P-value | OR (95 % CI)        | P-value |
| Age                              | 0.99 (0.98–0.99)    | <0.001  | 0.99 (0.98–1.00)    | <0.001  |
| Male                             | 0.83 (0.52–1.32)    | 0.431   |                     |         |
| ASA $\geq$ III                   | 1.01 (0.53–1.92)    | 0.979   |                     |         |
| AC use at admission <sup>c</sup> | 0.39 (0.23–0.67)    | 0.001   | 0.63 (0.35–1.14)    | 0.124   |
| Alcoholic etiology               | 1.11 (0.65–1.91)    | 0.689   |                     |         |
| CRP <sup>a,c</sup>               | 1.00 (1.00–1.00)    | <0.001  | 1.00 (1.00–1.00)    | 0.946   |
| Leukocytes <sup>b,c</sup>        | 1.01 (1.00–1.02)    | 0.208   |                     |         |
| Pattern parenchymal necrosis     |                     |         |                     |         |
| Left, central, or subtotal       | 27.89 (19.95–38.98) | <0.001  | 28.49 (20.09–40.40) | <0.001  |
| Right of diffuse                 | 5.66 (3.86–8.29)    | <0.001  | 5.75 (3.89–8.50)    | <0.001  |

Abbreviations: AC anticoagulation, ASA American Society of Anesthesiologists, CRP c-reactive protein, CTSI computed tomography severity index.

<sup>a</sup> Highest CRP in the first 48 h after admission.

<sup>b</sup> Highest leucocytes in the first 48 h after admission.

<sup>c</sup> Missing data were imputed.

thrombosis, n = 1 *de novo* atrial fibrillation). The initial anticoagulation regimen included therapeutic doses of low-molecular-weight heparin in 12 patients, a vitamin K antagonist in four patients, and unfractionated heparin in one patient. The duration of treatment varied from 1 to 12 months or more (n = 12), to indefinite/end of follow-up (n = 3). The duration of treatment was unclear in two patients. No significant differences were found between anatomical location, extent or progression of SVT, presence of collateral circulation, and whether patients were treated with therapeutic anticoagulants (Table S6). There was a trend towards a higher incidence of recanalization in patients who did not receive therapeutic anticoagulation (n = 40/71, 62 %) compared to those who did (n = 6/17, 35 %), although this was not statistically significant in univariable analyses (OR 0.34; 95 % CI 0.11–1.04; p = 0.052; Table S7). The median time to recanalization was similar between the groups (4 weeks (IQR 1–19) versus 3 weeks (IQR 3–9); p = 0.728). The incidence of bleeding and bowel ischemia was also similar. Among patients on anticoagulants, 2 experienced bleeding (12 %) and none

experienced bowel ischemia. Among patients not on anticoagulants, 8 experienced bleeding (12 %) and 4 experienced bowel ischemia (6 %).

#### Radiologic follow-up

Follow-up imaging was available for 88 out of 97 patients (91 %), with a median follow-up period of 10 months (IQR 3–24) and a median of 7 CT scans (IQR 4–10; Table S8). Recanalization was observed in 49 patients (56 %) after a median of 4 weeks (IQR 2–11) (Table 2). In the 39 patients with persistent SVT, SpIV remained the most frequently involved vessel (n = 23, 59 %). The prevalence of thrombosis decreased by 90 % and 66 % for the SMV and PV, respectively, while the decrease for the SpIV was 42 % (Fig. S1). Compared to the first CT scan, more patients with persistent SVT had occlusive thrombosis (n = 18, 46 %) or vein obliteration (n = 12, 31 %) with collateral circulation (n = 25, 64 %) at the last scan. Thrombus progression was observed in 13 patients (14 %), and one patient (1 %) developed recurrent SVT. In univariable analysis (Table 5), SpIV thrombosis (OR 4.77;

**Table 4** Multivariable comparison of clinical outcomes in patients with and without splanchnic vein thrombosis<sup>a</sup>

| Outcome                    | Overall N = 425 <sup>b</sup> | No SVT N = 330 <sup>A</sup> | SVT N = 95 <sup>B</sup> | Adjusted OR (95 % CI) <sup>c</sup> | P-value |
|----------------------------|------------------------------|-----------------------------|-------------------------|------------------------------------|---------|
| Pancreatitis-related death | 55 (13 %)                    | 38 (12 %)                   | 17 (18 %)               | 1.44 (0.64–3.26)                   | 0.378   |
| Organ failure              | 154 (36 %) <sup>C</sup>      | 104 (32 %) <sup>C</sup>     | 50 (53 %)               | 0.88 (0.51–1.50)                   | 0.636   |
| Multiple organ failure     | 65 (15 %) <sup>C</sup>       | 41 (12 %) <sup>C</sup>      | 24 (25 %)               | 1.17 (0.73–1.77)                   | 0.584   |
| ICU admission              | 174 (41 %)                   | 119 (36 %)                  | 57 (60 %)               | 2.53 (1.37–4.68)                   | 0.003   |
| Total admission days       | 45 (22–97)                   | 43 (22–96)                  | 49 (30–100)             | –                                  | 0.115   |

Data are presented as n (%) or median (IQR).

<sup>a</sup> Clinical outcomes occurring 7 days after admission.

<sup>b</sup> 7 patients died in the first week (<sup>A</sup> = 5 in no SVT group, <sup>B</sup> = 2 in SVT group) and were therefore excluded for this analysis. Missing patients: C = 1.

<sup>c</sup> The covariates included per outcome are listed in the supplementary appendix (Table S4). ~Assessed in univariable analysis. Abbreviations: ICU intensive care unit, SVT splanchnic vein thrombosis.

**Table 5** Univariable analysis: risk factors for failure of recanalization (n = 38)

|                          | Univariable         |         |
|--------------------------|---------------------|---------|
|                          | OR (95 % CI)        | P-value |
| Age                      | 1.00 (0.97–1.03)    | 0.961   |
| Male sex                 | 1.14 (0.48–2.72)    | 0.763   |
| AC use <sup>a</sup>      | 2.93 (0.96–8.93)    | 0.058   |
| SpIV thrombosis          | 4.77 (1.83–12.46)   | <0.001  |
| PV thrombosis            | 0.88 (0.38–2.05)    | 0.761   |
| SMV thrombosis           | 0.31 (0.12–0.82)    | 0.017   |
| Triple vessel thrombosis | 1.84 (0.39–8.78)    | 0.443   |
| Occlusive thrombosis     | 11.50 (3.45–38.31)  | <0.001  |
| Thrombus progression     | 22.62 (2.78–183.70) | <0.001  |
| Timing of SVT (days)     | 0.99 (0.95–1.02)    | 0.424   |

Abbreviations: AC anticoagulation, PV portal vein, SMV superior mesenteric vein, SpIV splenic vein.

<sup>a</sup> Missing data were not imputed.

95 % CI 1.83–12.46), occlusive thrombosis at diagnosis (OR 11.50; 95 % CI 3.34–38.31), and thrombus progression (OR 22.62; 95 % CI 2.78–183.70) were significantly risk factors for recanalization failure, whereas SMV thrombosis (OR 0.31; 95 % CI 0.12–0.82) was a protective factor.

## Discussion

This study represents one of the largest multicenter prospective cohorts of patients with necrotizing pancreatitis with long-term follow-up and showed an overall incidence of splanchnic vein thrombosis (SVT) of 22 %. Pancreatic parenchymal necrosis, with a higher risk for left, central, or subtotal necrosis than for right or diffuse necrosis, and younger age were identified as independent risk factors for SVT. SVT is associated with higher rates of bleeding and bowel ischemia, and has an impact on ICU admission. Spontaneous recanalization was observed in more than 60 % of patients. Therapeutic anticoagulation was infrequently administered and did not appear to affect radiological and clinical outcomes.

To our knowledge, the only other high-volume study reported a 50 % incidence of SVT in patients with necrotizing pancreatitis.<sup>21</sup> This higher rate may be due to a different definition combining intraluminal filling defect, presence of collaterals, and non-visualization of the vein. Furthermore, this cohort from a single tertiary center probably included more severely ill patients, leading to a possible overestimation. The median time to diagnosis found in our study was as early as 4 days, which could be even earlier depending on the timing of the first CT scan. This timing differed from previous reports, which reported a median of up to 17 days or several weeks.<sup>8,22–24</sup> The design of these studies may have resulted in delayed diagnosis due to the lack of early imaging studies performed at the referring hospitals. This is

supported by the presence of collaterals at the time of diagnosis in more than one third of patients,<sup>24</sup> compared to 7 % in our study.

Factors contributing to the development of venous thrombosis are described in the Virchow's triad: stasis, endothelial injury, and hypercoagulability.<sup>25</sup> Previous studies in necrotizing pancreatitis have suggested that stasis due to mechanical compression, as indicated by co-localized collections, is an important mechanism.<sup>9,11</sup> However, in our study, co-localized compression was often not seen at the time of diagnosis. This is consistent with a previous study showing that the organization of fluid collections typically takes several weeks.<sup>26</sup> As secondary infection of (peri)pancreatic necrosis is also a relatively late manifestation of necrotizing pancreatitis,<sup>26,27</sup> we did not include both variables in the multivariable regression model. Nevertheless, we found that pancreatic parenchymal necrosis, as opposed to extrapancreatic necrosis, was the most significant independent risk factor for the development of SVT, with an OR of 28.49 for left, central, or subtotal necrosis and an OR of 5.75 for right or diffuse necrosis. Systemic inflammation markers such as CRP and leukocytes were not identified as risk factors. This suggests that local inflammatory infiltration, subsequently leading to direct endothelial injury, may play a primary role in the pathophysiology, rather than systemic inflammation. This hypothesis is supported by the predominant involvement of the splenic vein that we and others have observed.<sup>8–10,16,23,24,28</sup> The course of the SpIV along the pancreatic tail and body may explain why left-sided and centrally located parenchymal necrosis was found to be an independent risk factor. In addition, a previous study reported an almost threefold and eightfold higher incidence of SVT in patients with necrotizing pancreatitis, as compared to deep venous thromboembolism and pulmonary embolism.<sup>21</sup> However, an unexpected finding was the significant association between SVT and a younger age. This may have been influenced by differences between the younger and older populations, such as BMI, nicotine use, and etiology, whereas (time to) mortality did not show any differences (data not shown).

Previous research has suggested that timely drainage of (infected) necrotic collections may prevent the development of SVT,<sup>9,11,16</sup> although this has not been extensively studied. Based on our observations that SVT is a very early complication and that no modifiable risk factors have been identified, we would not recommend a proactive drainage strategy to prevent of SVT. Another argument supporting this notion is that collections at this early stage are often not yet “drainable”. The question is whether drainage could improve the prognosis of SVT by reducing the exposure of the splanchnic vein to local inflammation. Our study shows that spontaneous recanalization occurs in over 60 % of patients within a median of 3 weeks, probably with prophylactic dose anticoagulation.

A rational treatment for SVT when extrapolating from other venous thromboses is the administration of therapeutic anticoagulants. However, the current evidence-based guideline for the

management of acute pancreatitis<sup>29</sup> withholds on recommendations due to a lack of high-quality studies.<sup>30–33</sup> Therapeutic anticoagulants aim to prevent thrombus progression and recurrence to avoid complications such as portal hypertension and bowel ischemia, but carry an inherent risk of bleeding.<sup>34–37</sup> While a recent survey by our group showed that the majority of pancreatologists prescribe therapeutic anticoagulants for SVT,<sup>38</sup> our cohort had a low treatment rate (19%), which may be related to the fact that we included only patients with necrotizing pancreatitis. We found similar, albeit significant, rates of bleeding and bowel ischemia in patients treated with and without therapeutic anticoagulants. In order to avoid unnecessary treatment, it seems essential to identify those patients who are at higher risk of insufficient recanalization and thus more susceptible to potential complications. A previous study found that a higher CTSI, increased abdominal pressure, and SMV involvement were significant risk factors for the development of symptomatic SVT.<sup>39</sup> In this study, thrombus progression, occlusive thrombosis, and SpIV thrombosis were found to be significant risk factors for insufficient recanalization in univariable analysis. Although limited by the small number of patients with failed recanalization ( $n = 38$ ), this supports the idea of a targeted symptom-driven anticoagulation strategy rather than a universal approach.<sup>40</sup>

A recent study proposed a selective regimen for patients with acute pancreatitis, reserving therapeutic anticoagulation for those with PV and SMV thrombosis, and progressive SpIV thrombosis.<sup>41</sup> This study found a significantly higher recanalization rate in the former group (67%) compared to the latter group (18%), which is consistent with our findings. Of note, the number of patients with progressive SpIV thrombosis in this study was limited ( $n = 11$ ). Nevertheless, the reported recanalization rate in 63 patients with PV or SMV thrombosis after a median of 30 days was substantially higher than previously reported for the total population.<sup>30</sup> The findings highlight the importance of further investigation of a targeted anticoagulation strategy, ideally in a prospective study with a control group not receiving anticoagulants. Based on our findings, we recommend that the site and extent of thrombosis be considered in future anticoagulation strategies.

When deciding on anticoagulant therapy, it is important to consider the patient's overall prognosis. Several studies have reported an association between acute pancreatitis patients diagnosed with SVT and worse clinical outcomes, including mortality,<sup>14,15,17</sup> organ failure,<sup>8,16</sup> ICU admission,<sup>8,17</sup> admission days,<sup>8,14,15</sup> discharge location,<sup>15</sup> and readmissions.<sup>15</sup> However, these studies did not adequately adjust for potential confounders, such as disease severity, or differentiate between baseline characteristics and actual outcomes. In our study, we performed multivariable analyses specifically focusing on the independent effect of SVT on mortality, organ failure, and ICU admission occurring after SVT diagnosis. We observed an independent association with new or continued ICU admission beyond one week after admission. We also observed higher rates of bleeding

and bowel ischemia in patients with SVT compared with those without. However, due to the limited number of events, we were unable to adjust for covariates related to disease severity and therapeutic anticoagulation, and caution should be exercised in interpreting these results. We hypothesize that bleeding in the SVT group may be due to a more severe disease course (e.g., bleeding from pseudoaneurysm or iatrogenic bleeding resulting from more frequently performed interventions) rather than being directly caused by SVT itself. Notably, none of the bleeding events were associated with portal hypertension, even in the long term, and there were no differences in bleeding rates based on the use of therapeutic anticoagulation. Careful attention to collaterals, especially in the retroperitoneum or along the gastric wall, seems to be important in pre- and perioperative management. Bowel ischemia proved to be a major complication, leading to death in all but one patient. Of the patients with SVT, 75% had portal or superior mesenteric vein involvement.

This study has several limitations. First, a substantial proportion of patients were excluded from the study because of incomplete follow-up data. This was mostly due to the transition from paper-based to electronic medical records. Second, there were missing data on some baseline characteristics, such as BMI and smoking, and on outcomes. Data on the in-hospital prescription of therapeutic anticoagulants were collected post hoc and only for patients with SVT. Third, the small number of patients receiving therapeutic anticoagulation limited a thorough assessment of its efficacy and safety. Moreover, it is likely that confounding by indication may have occurred because our study did not have a randomized design. Therefore, the data on anticoagulation are not robust enough to make recommendations. Fourth, we mainly analyzed SVT as one and the same entity (regardless of size, extent, and location). This may have influenced clinical outcomes and the effect of anticoagulation. The exclusion of luminal narrowing without a filling defect as a diagnostic criterion for splanchnic vein thrombosis may also have influenced clinical outcomes. Another factor influencing clinical outcomes is that our cohort consists of patients from the era of open surgical necrosectomy (2004–2008). After the publication of the PANTER trial in 2010,<sup>42</sup> which demonstrated the superiority of the minimally invasive step-up approach, the latter has become the standard of care. However, in the absence of (pharmacological) strategies to reduce disease severity, we believe that our data on the incidence, risk factors, and natural course of SVT are generalizable to the current necrotizing pancreatitis population. In fact, this relatively old cohort offers a complete radiologic evaluation of necrotizing pancreatitis (e.g., all CTs, including CTs performed at referring centers, were obtained and re-evaluated from each patient, even during long-term follow-up).

In conclusion, SVT occurs within the first 4 days of diagnosis, affecting nearly one in four patients with necrotizing pancreatitis, and resolves spontaneously in more than half of the patients. Independent risk factors for SVT include pancreatic



parenchymal necrosis, with left, central, or subtotal necrosis being the most at-risk pattern, and younger age. SVT is associated with higher complication rates and shows an independent association with ICU admission. To optimize treatment strategies, future research should focus on identifying patients with SVT who remain free of complications and achieve recanalization without the use of therapeutic anticoagulation, and vice versa.

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## Originality statement

This article is an original work, has not been published before, and is not being considered elsewhere.

## Data availability statement

Data are available upon reasonable request from the corresponding author.

## Conflict of interest

None to declare.

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#### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.hpb.2024.01.011>.