



Protein Aggregation Is an Early Manifestation of Phospholamban p.(Arg 14del)-Related Cardiomyopathy: Development of PLN-R14del-Related Cardiomyopathy

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BACKGROUND: The p.(Arg14del) pathogenic variant (R14del) of the *PLN* (phospholamban) gene is a prevalent cause of cardiomyopathy with heart failure. The exact underlying pathophysiology is unknown, and a suitable therapy is unavailable. We aim to identify molecular perturbations underlying this cardiomyopathy in a clinically relevant PLN-R14del mouse model.

METHODS: We investigated the progression of cardiomyopathy in PLN-R14^{Δ/Δ} mice using echocardiography, ECG, and histological tissue analysis. RNA sequencing and mass spectrometry were performed on cardiac tissues at 3 (before the onset of disease), 5 (mild cardiomyopathy), and 8 (end stage) weeks of age. Data were compared with cardiac expression levels of mice that underwent myocardial ischemia-reperfusion or myocardial infarction surgery, in an effort to identify alterations that are specific to PLN-R14del-related cardiomyopathy.

RESULTS: At 3 weeks of age, PLN-R14^{Δ/Δ} mice had normal cardiac function, but from the age of 4 weeks, we observed increased myocardial fibrosis and impaired global longitudinal strain. From 5 weeks onward, ventricular dilatation, decreased contractility, and diminished ECG voltages were observed. PLN protein aggregation was present before onset of functional deficits. Transcriptomics and proteomics revealed differential regulation of processes involved in remodeling, inflammation, and metabolic dysfunction, in part, similar to ischemic heart disease. Altered protein homeostasis pathways were identified exclusively in PLN-R14^{Δ/Δ} mice, even before disease onset, in concert with aggregate formation.

CONCLUSIONS: We mapped the development of PLN-R14del-related cardiomyopathy and identified alterations in proteostasis and PLN protein aggregation among the first manifestations of this disease, which could possibly be a novel target for therapy.

Key Words: animals ■ cardiomyopathies ■ heart failure ■ mutation ■ proteomics

Cardiomyopathies are heart muscle disorders and an important cause of heart failure (HF).¹ Among cardiomyopathies, dilated cardiomyopathy is the most prevalent cause of HF.¹ Although reported estimations for a pathogenic variant underlying dilated cardiomyopathy

vary up to 40%, a genetic basis is well established.² The p.(Arg14del) pathogenic variant of the *PLN* (phospholamban) gene (PLN-R14del) is a prevalent genetic deviation, identified in 14% of Dutch dilated cardiomyopathy and arrhythmogenic right ventricular cardiomyopathy

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The Data Supplement is available at <https://www.ahajournals.org/doi/suppl/10.1161/CIRCHEARTFAILURE.121.008532>.

For Sources of Funding and Disclosures, see page 1258.

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WHAT IS NEW?

- Mice homozygous for the phospholamban p.(Arg14del) pathogenic variant (PLN-R14^{ΔΔ}) rapidly develop progressive dilated cardiomyopathy with ECG microvoltages, myocardial fibrosis, PLN (phospholamban) protein aggregation, and biventricular failure, which exactly mimics human PLN cardiomyopathy.
- Tissue analysis revealed that PLN protein aggregation in hearts of PLN-R14^{ΔΔ} mice was observed before the onset of functional impairment or other structural abnormalities, which may implicate a causative role in the disease.
- An unbiased approach of combined transcriptomics and proteomics identified differential expression of genes and proteins involved in protein homeostasis, which was not observed in the most common etiology of heart failure, that is, myocardial ischemia.

WHAT ARE THE CLINICAL IMPLICATIONS?

- Our results reiterate the concept of genotype-specific treatment in genetic cardiomyopathies, which is important as patients with PLN-R14del-related cardiomyopathy do not optimally benefit from standard heart failure therapies.
- Especially, our findings suggest that targeting PLN aggregation or boosting protein quality control systems may present a bona fide target for therapy of PLN-R14del-related cardiomyopathy.
- Comprehensive omics studies, taking into account multiple stages of heart failure severity and multiple etiologies, are useful tools in the identification of disease-specific pathways.

Nonstandard Abbreviations and Acronyms

β-MHC	myosin heavy chain 7/beta
ANP	atrial natriuretic peptide
BNP	B-type natriuretic peptide
GLS	global longitudinal strain
GO	gene ontology
HF	heart failure
I/R	ischemia-reperfusion
LV	left ventricle
LVEF	left ventricular ejection fraction
MHC	myosin heavy chain
MI	myocardial infarction
PC	principal component
PLN	phospholamban
RNA-Seq	RNA sequencing
SERCA	sarco/endoplasmic reticulum Ca ²⁺ -ATPase
TRiC	T-complex protein ring complex
WGA	wheat germ agglutinin
WT	wild-type

patients.^{3,4} PLN-R14del-related cardiomyopathy is characterized by high prevalence of malignant ventricular arrhythmias and end-stage HF, with poor prognosis and high mortality from adolescence.^{3,4}

PLN is a key regulator of cardiomyocyte calcium handling.⁵ For cardiac muscle contraction, calcium is required in the cytoplasm of cardiomyocytes to facilitate sarcomeric shortening. During diastole, most of the cytoplasmic calcium is transported into the sarcoplasmic reticulum by SERCA (sarco/endoplasmic reticulum Ca²⁺-ATPase) and stored for the next cycle.⁵ PLN exerts its regulatory function by inhibiting Ca²⁺-uptake by SERCA, thereby controlling cardiac lusitropy.⁵ Although aberrant calcium handling and PLN protein aggregation have been implicated in PLN-R14del-related cardiomyopathy,^{6,7} their contribution to this disease is unknown.

We recently generated a novel PLN-R14del mouse model and demonstrated that this model accurately mimics human disease.⁸ Mice heterozygous for the PLN-R14del pathogenic variant (PLN-R14^{Δ+}) developed cardiomyopathy at late age, while homozygotes (PLN-R14^{ΔΔ}) exerted an accelerated phenotype with early mortality.⁸ Since PLN-R14^{ΔΔ} mice develop a translational and fast-forward phenotype, this model provides a great opportunity to study the pathophysiology of this disease.

In this study, we investigate the development of cardiomyopathy in PLN-R14^{ΔΔ} mice. Combining *in vivo* functional analyses with tissue and molecular analyses, including RNA sequencing (RNA-Seq) and mass spectrometry, we map the sequelae of this disease over time and identify aberrations in protein homeostasis (proteostasis) as an early hallmark. Moreover, we describe that proteostasis is uniquely affected in PLN-R14^{ΔΔ} mice and not in models of ischemic HF. These findings may help to identify disease-specific therapies.

METHODS

All supporting data are available within the article and its [Data Supplement](#). Detailed methods are available in the [Data Supplement](#).

Experimental Animals

All animal experiments were approved by the Animal Ethical Committee of the University of Groningen (permit numbers AVD10500201583 and IVD1583-02-001) and performed conform the ARRIVE guidelines.⁹ Generation of PLN-R14del mice has been published elsewhere.⁸ To investigate cardiomyopathy development in PLN-R14^{ΔΔ} mice, 4 male PLN-R14^{ΔΔ} mice and WT (wild-type) littermates were monitored weekly by serial echocardiography and ECG from 4 to 7 weeks of age. Additionally, at the age of 3, 4, 5, 6, 7, and 8 weeks, hearts were collected from PLN-R14^{ΔΔ} and WT mice (male and female; in total, n=8 per group) for histological and molecular analyses. Furthermore, additional cardiac tissues were isolated from male PLN-R14^{ΔΔ}, PLN-R14^{Δ+}, and WT

mice at 3, 5, and 8 weeks of age for transcriptomics (n=4 per group) and proteomics (n=6 per group). All in vivo procedures were performed under continuous isoflurane (2%; TEVA Pharmachemie, the Netherlands) anesthesia. To compare to other HF models, we performed RNA-Seq on left ventricular (LV) tissues of male mice 3 days after myocardial ischemia-reperfusion (I/R) or 8 weeks after myocardial infarction (MI) surgery (n=4 per group) and corresponding sham controls (n=2 for I/R and n=2 for MI) from a previous study.¹⁰

Echocardiography

Echocardiography was performed using a Vevo 3100 pre-clinical imaging system (FUJIFILM VisualSonics, Canada) to assess LV morphology and function from 3-dimensional reconstructions and global longitudinal strain (GLS) by speckle tracking. Data acquisition and analysis were executed in line with the recommendations of the European Society of Cardiology Working Group on Myocardial Function.¹¹

Surface ECG

ECG recordings were acquired and analyzed in LabChart Pro using 2-lead subdermal needle electrodes (lead II configuration) connected to a PowerLab 8/30 system (ADInstruments, New Zealand).¹²

Sacrifice

Euthanasia was performed as reported previously.¹³ Cardiac tissue weights were indexed by tibia length to the power 3 to normalize for body size.¹⁴

Histological Analysis

Masson trichrome stain was performed on formalin-fixed, paraffin-embedded cardiac transverse mid-slices to detect collagen deposition.¹⁵ PLN localization was determined using a fluorescently labeled anti-PLN antibody (Invitrogen, CA),^{7,8,16} costained with fluorescein isothiocyanate-conjugated WGA (wheat germ agglutinin; Sigma-Aldrich, MO) and 4',6-diamidino-2-phenylindole (Vector Laboratories, CA).¹⁷

Quantitative Polymerase Chain Reaction

RNA was isolated from LVs using TRI Reagent (Sigma-Aldrich). cDNA synthesis was performed using the QuantiTect reverse transcription kit (Qiagen, Germany). Gene expressions were determined using iQ SYBR green supermix and a CFX384 Touch real-time PCR system (Bio-Rad, CA) and normalized to reference values of a component of the large 60S ribosomal subunit (*Rplp0*, 36B4).¹⁸

Western Blot

Proteins were isolated from LVs using radioimmunoprecipitation assay lysis buffer.¹⁹ Proteins were separated by sodium dodecyl sulphate-polyacrylamide gel electrophoresis, transferred onto polyvinylidene fluoride membranes, and incubated with an anti-ANP (atrial natriuretic peptide) antibody (Abcam, United Kingdom). Detection was performed by enhanced chemiluminescence using a horseradish peroxidase-conjugated secondary antibody.

RNA Sequencing

mRNA libraries were generated using a TruSeq Stranded mRNA Library Prep kit and sequenced using a NextSeq 500 Sequencing System (Illumina, CA).²⁰ Principal component (PC) analysis and differential expression analysis were performed using the DESeq2,²¹ and gene set enrichment analysis was performed using the fgsea.²² Genes with Benjamini-Hochberg-adjusted $P < 0.05$ were considered significant. For a subset of mice (3- and 8-week-old PLN-R14^{Δ/Δ}, PLN-R14^{Δ/+}, and WT mice), raw data from a previous run were reanalyzed.⁸ RNA-Seq data have been deposited in NCBI Gene Expression Omnibus²³ and are accessible through GEO Series accession number GSE168610.

Mass Spectrometry

Proteins were isolated from LVs, followed by denaturation, reduction, alkylation, and tryptic digestion. Peptides were labeled with tandem mass tag isobaric labels (Thermo Scientific, MA), fractionated by high-pH reversed-phase liquid chromatography, and analyzed by liquid chromatography-mass spectrometry using an UltiMate 3000 chromatography system and an Orbitrap Fusion Lumos Tribrid mass spectrometer (Thermo Scientific). Proteome Discoverer (Thermo Scientific) was used to search raw data against the mouse UniProtKB/Swiss-Prot database. The limma R package, eBayes method, and 2-way ANOVA were used to compare between phenotypes.²⁴ Enriched gene sets were identified using the Database for Annotation, Visualization, and Integrated Discovery.²⁵ Mass spectrometry data have been deposited to the ProteomeXchange Consortium via the PRIDE²⁶ partner repository with data set identifier PXD024594.

Statistical Analyses

Data are presented as mean±SD. Since group sizes (n≤8) were insufficient to test for parametric distribution, comparisons between 2 groups were performed using Mann-Whitney *U* tests and Kruskal-Wallis tests for multigroup comparisons using the SPSS Statistics software (IBM, NY). $P < 0.05$ was considered significant. Statistical analyses of -omics data are described in the [Data Supplement](#).

RESULTS

Ventricular Contractility Is Impaired in PLN-R14^{Δ/Δ} Mice Starting at 4 Weeks of Age

To investigate the development of PLN-R14del-related cardiomyopathy, we performed serial echocardiography and ECG in PLN-R14^{Δ/Δ} and WT mice. We have previously reported that PLN-R14^{Δ/Δ} mice exhibited accelerated cardiomyopathy, resulting in severe HF and premature mortality within 2 months.⁸ Therefore, in vivo analyses started at the age of 4 weeks and were repeated every week until 7 weeks of age (due to severe HF in PLN-R14^{Δ/Δ} mice, later time points could not be investigated).

To accurately determine cardiac morphology and contractility, we generated 3-dimensional reconstructions of the LVs using echocardiography (Figure 1A).²⁷

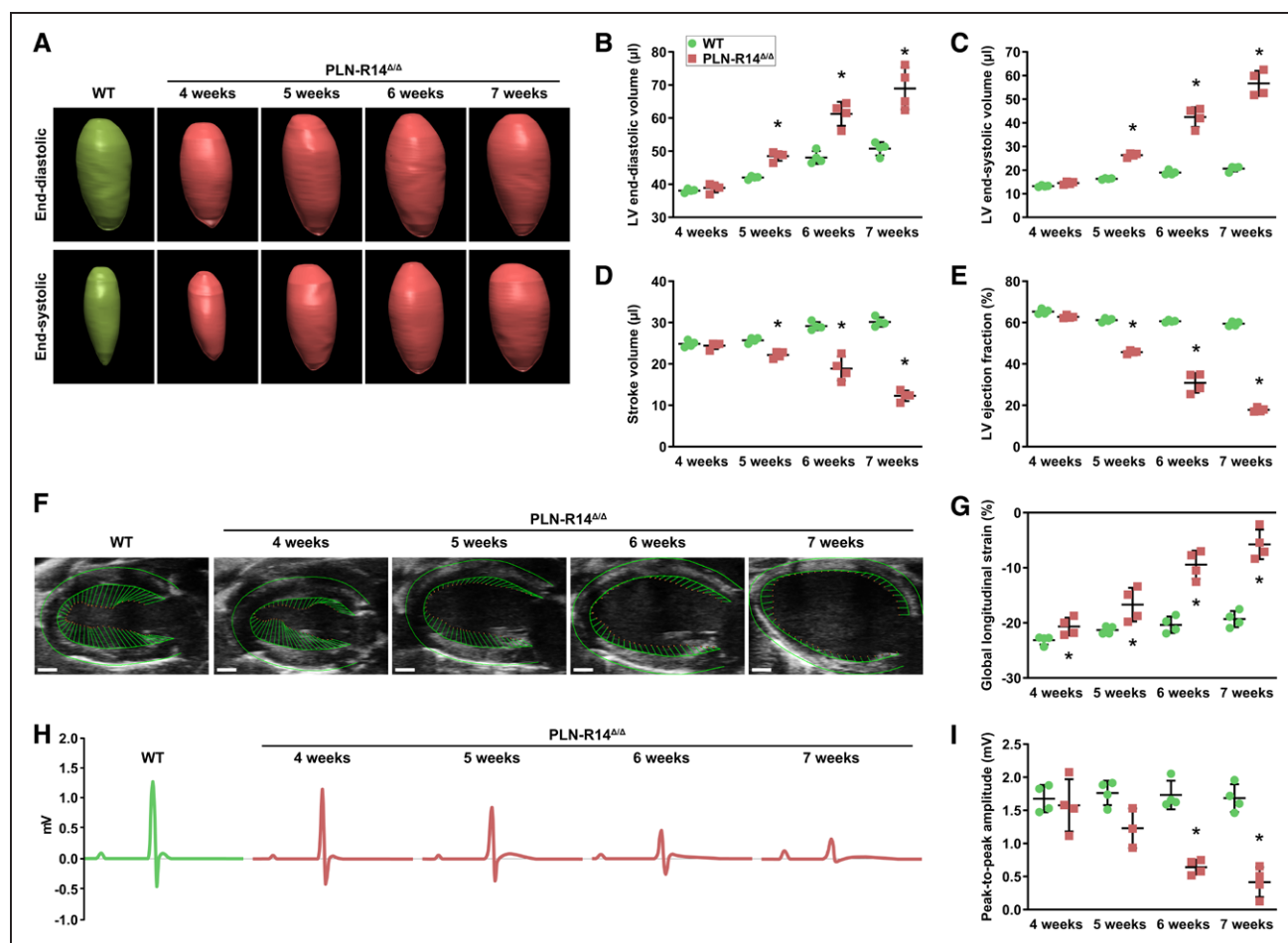


Figure 1. PLN-R14 Δ/Δ mice develop progressive dilated cardiomyopathy with heart failure between 4 and 7 wk of age.

A through **E**, Representative 3-dimensional echocardiographic reconstructions of left ventricular (LV) end-diastolic (**top**) and end-systolic (**bottom**) volumes of male WT (wild-type; 5 wk old) and PLN-R14 Δ/Δ mice (**A**) with quantification of end-diastolic volume (**B**), end-systolic volume (**C**), stroke volume (**D**), and ejection fraction (**E**) in WT and PLN-R14 Δ/Δ mice at 4, 5, 6, and 7 wk of age ($n=4$ per group). **F** and **G**, Representative long-axis B-mode echocardiographic images of male WT (5 wk old) and PLN-R14 Δ/Δ mice with delineation of LV epicardial and endocardial borders showing vectors that indicate direction and magnitude of wall motion (scale bars, 1 mm; **F**) with quantification of global longitudinal strain in WT and PLN-R14 Δ/Δ mice at 4, 5, 6, and 7 wk of age ($n=4$ per group; **G**). **H** and **I**, Representative average tracings of 1-min ECG recordings of male WT (5 wk old) and PLN-R14 Δ/Δ mice (**H**) with quantification of peak-to-peak amplitudes in WT and PLN-R14 Δ/Δ mice at 4, 5, 6, and 7 wk of age ($n=4$ per group, except $n=3$ for 5-wk-old PLN-R14 Δ/Δ mice; **I**). Data are presented as mean \pm SD. * $P<0.05$ vs age-matched WT mice (Mann-Whitney U test).

We observed that LV end-diastolic volume, end-systolic volume, stroke volume, and ejection fraction (LVEF) of PLN-R14 Δ/Δ mice were not significantly different from control at 4 weeks of age (Figure 1B through 1E), but GLS was significantly impaired (Figure 1F and 1G). At the age of 5 weeks, GLS was further impaired, LV volumes were significantly increased, and stroke volume and LVEF were significantly decreased in PLN-R14 Δ/Δ mice as compared with 5-week-old WT littermates. At 6 and 7 weeks of age, ventricular dilatation and dysfunction progressively worsened. WT mice also showed gradually increasing LV volumes as a result of physiological growth associated with aging (Figure I in the [Data Supplement](#)). Conventional 2-dimensional short-axis M-mode echocardiographic analysis demonstrated similar outcomes (Figure II in the [Data Supplement](#)).

Additionally, ECG voltages of PLN-R14 Δ/Δ mice were not significantly different from control at 4 weeks of age and thereafter gradually decreased over time, which is a typical hallmark of PLN-R14del-related cardiomyopathy,²⁸ while peak-to-peak amplitude remained unchanged over time in WT mice (Figure 1H and 1I). Diminished ECG potentials were seen in 5-week-old PLN-R14 Δ/Δ mice and reached statistical significance compared with age-matched control mice starting at the age of 6 weeks. Other ECG parameters are shown in Figure III in the [Data Supplement](#).

Intracardiomyocyte PLN Protein Aggregation Precedes Functional Deficits

In addition to functional analyses, we collected heart tissue from 3- to 8-week-old PLN-R14 Δ/Δ and WT mice

with weekly intervals. At sacrifice, biventricular weights, normalized to tibia length to the power 3,¹⁴ were not significantly different between groups, indicating the absence of ventricular hypertrophy (Figure 2A). Atrial weights were not significantly different between 3- to 6-week-old PLN-R14^{Δ/Δ} and WT mice but were significantly and progressively increased in PLN-R14^{Δ/Δ} mice as compared with age-matched controls at 7 and 8 weeks of age as a result of volume overload due to impaired contractility (Figure 2B).

Masson trichrome stain of formalin-fixed, paraffin-embedded midventricular sections demonstrated equal levels of myocardial collagen in PLN-R14^{Δ/Δ} and WT mice at the age of 3 weeks (Figure 2C and 2D). At 4 weeks of age, a mild (1.3-fold) but significant ($P=0.002$) increase of fibrotic tissue was found in PLN-R14^{Δ/Δ} hearts, which rapidly increased thereafter to ≈ 15 -fold increased fibrosis at the age of 8 weeks.

Immunofluorescence revealed uniform distribution of PLN proteins in cardiomyocytes of WT mice (Figure 2E). In contrast, intracardiomyocyte PLN protein aggregates were observed in hearts of PLN-R14^{Δ/Δ} mice, which, although less prominently, were already present when mice were 3 weeks old, before any other abnormalities were seen. In the following weeks, localization of PLN proteins increasingly progressed from a diffuse toward an aggregated distribution.

In line with in vivo functional observations, gene and protein expression levels of *Nppa*/ANP, a well-established HF marker,²⁹ confirmed the absence of cardiomyocyte distress at the age of 3 weeks, followed by gradual increases in the subsequent weeks with significantly elevated ANP levels compared with control starting at 4 weeks of age, which ultimately reached a ≈ 64 -fold increase at end stage (Figure 2F and 2G).

Protein Homeostasis Is Differentially Regulated in PLN-R14^{Δ/Δ} Hearts But Not in Mouse Models of Myocardial Ischemia

To investigate the molecular changes that underlie PLN-R14del-related cardiomyopathy, we performed RNA-Seq on LV tissue of PLN-R14^{Δ/Δ}, PLN-R14^{Δ/+}, and WT mice. We included hearts at multiple stages of disease: (1) before onset of HF or cardiac remodeling (3 weeks of age)⁸; (2) when the first signs of LV dysfunction became apparent with mild fibrosis (5 weeks of age); and (3) end-stage HF, indicated by severe LV dilatation and dysfunction, atrial hypertrophy, and extensive fibrosis (8 weeks of age; Figure 3A). Additionally, we aimed to distinguish between PLN-R14del-related processes and generic HF-related gene expression changes by including LVs of mice undergoing cardiac ischemia by temporary (I/R) or permanent (MI) ligation of the left anterior descending coronary artery.¹⁰ Myocardial I/R injury led to a rapid decline of LVEF within

1 week with an acute induction of genes involved in cardiac remodeling as early as 3 days after injury (Figure V in the [Data Supplement](#)).¹⁰ MI surgery resulted in more severe cardiac dilatation and functional impairment, together with aggravated fibrotic and inflammatory responses after 8 weeks, implying chronic stress (Figure VI in the [Data Supplement](#)).¹⁰ Based on these findings, we included samples of acute (3 days after I/R), chronic pathological cardiac remodeling (8 weeks post-MI), and corresponding sham controls (Figure 3A).

We performed PC analysis and found that transcriptomes of PLN-R14^{Δ/Δ} hearts were comparable to WT at 3 weeks of age, while diverging from age-matched controls over time, resulting in distinct clusters at the age of 5 and 8 weeks (Figure 3B). Similarly, I/R and MI hearts had a distinct gene expression pattern compared with sham hearts. Genes that contributed to the variance in PC 1, which accounts for 50% of the total variance, included HF-associated genes *Nppa*, *Nppb* (BNP [B-type natriuretic peptide]), and *Myh7* (β -MHC [myosin heavy chain 7/beta]) and cardiac remodeling genes such as *Col8a1*, *Timp1*, *Gdf15*, *Mmp3*, *Lgals3* (galectin-3), and *Postn* (Figure VII in the [Data Supplement](#)). Interestingly, 5- and 8-week-old PLN-R14^{Δ/Δ} mice and mice post-I/R and post-MI formed separate clusters, indicating that, although both PLN-R14del and ischemic events lead to HF, there are clear transcriptional differences between the different etiologies.

The number of genes that was significantly differentially expressed in PLN-R14^{Δ/Δ} mice as compared with age-matched controls increased over time (Figure 3C and 3D). While there was substantial overlap with genes that were differentially expressed post-I/R or post-MI, a considerable number of genes was uniquely altered in PLN-R14^{Δ/Δ} mice. We performed functional enrichment analysis to identify gene programs that were differentially regulated between disease states and their matched controls. Comparison of the most significantly enriched gene ontology (GO) terms for biological processes demonstrated shared features that are universally affected in HF, including activation of inflammatory (myeloid leukocyte mediated immunity, positive regulation of immune response) and fibrotic (response to wounding) pathways (Figure 3E). Processes that were decreased in all disease states were involved in mitochondrial energy production: branched chain amino acid metabolic process, fatty acid β -oxidation, tricarboxylic acid cycle, and ATP synthesis coupled proton transport. Indeed, looking at the leading-edge genes of these GO terms, a similar differential expression pattern was observed in both PLN-R14del-related cardiomyopathy and ischemic HF (Figure VIII in the [Data Supplement](#)).

Interestingly, comparing all significantly enriched GO terms between PLN-R14^{Δ/Δ} hearts and post-I/R or post-MI hearts, we observed a striking enrichment for proteostasis (proteasomal protein catabolic process, protein

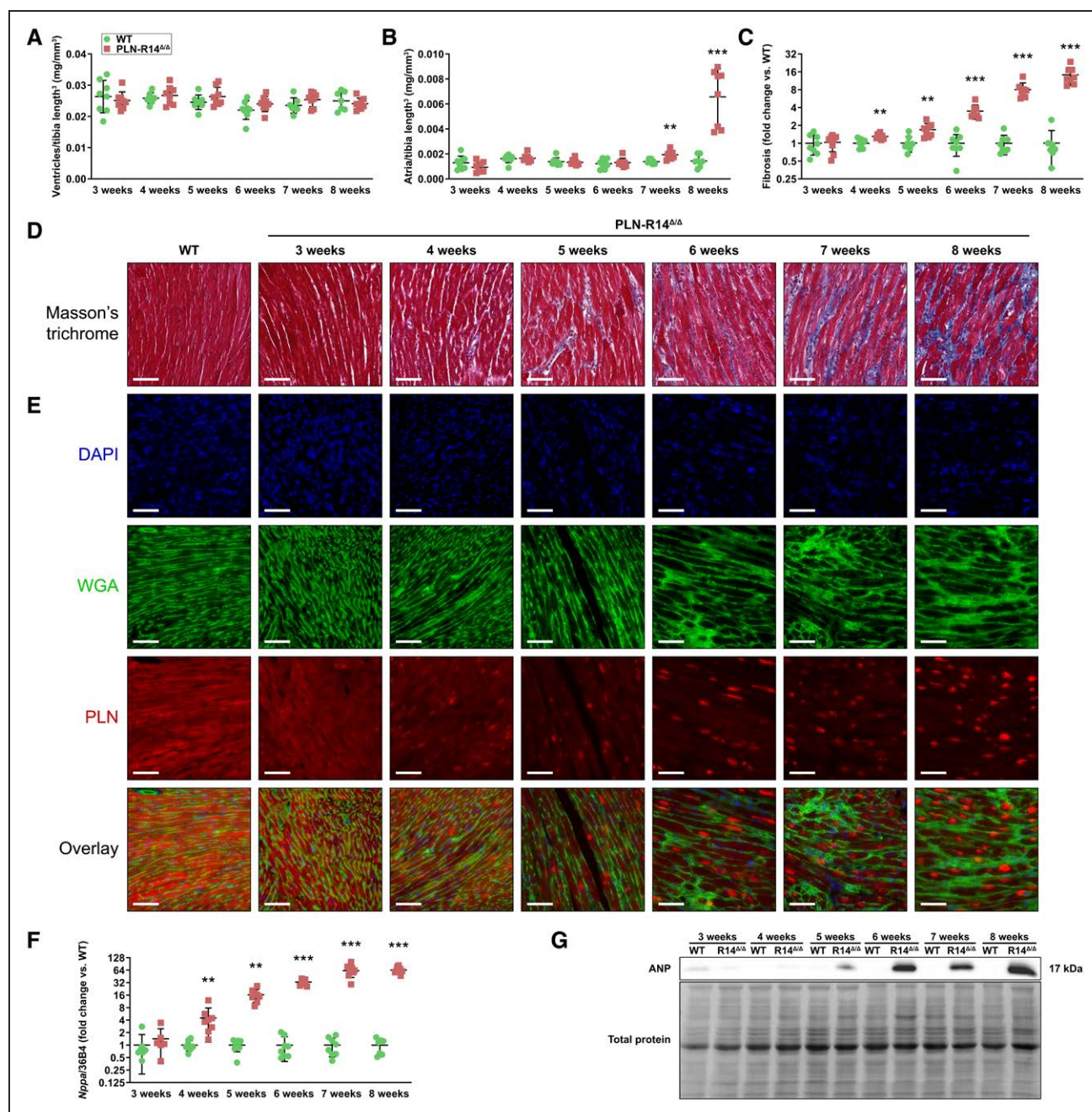


Figure 2. Hearts of PLN-R14 $\Delta\Delta$ mice undergo extensive remodeling between 3 and 8 wk of age.

A and **B**, Ratios of biventricular (**A**) and atrial (**B**) weights to tibia length to the power 3 of WT (wild-type) and PLN-R14 $\Delta\Delta$ mice at 3, 4, 5, 6, 7, and 8 wk of age ($n=8$ per group, mixed males and females). **C** and **D**, Quantification of myocardial fibrosis in WT and PLN-R14 $\Delta\Delta$ hearts at 3, 4, 5, 6, 7, and 8 wk of age, shown as fold change compared with age-matched WT mice ($n=8$ per group, mixed males and females); **C** with representative images of Masson trichrome–stained cardiac tissue sections (scale bars, 70 μm); **D**, **E**, Representative fluorescent staining images of WT (5 wk old) and PLN-R14 $\Delta\Delta$ hearts at 3, 4, 5, 6, 7, and 8 wk of age stained for nuclei (4',6-diamidino-2-phenylindole [DAPI]) in blue (**top**), extracellular matrix (WGA [wheat germ agglutinin]) in green (second), PLN (phospholamban) in red (third), and an overlay of all channels (**bottom**; scale bars, 70 μm). **F**, Left ventricular gene expression levels of *Nppa* normalized to housekeeping gene *Rplp0* (36B4) of WT and PLN-R14 $\Delta\Delta$ mice at 3, 4, 5, 6, 7, and 8 wk of age as measured by quantitative polymerase chain reaction (qPCR), shown as fold change compared with age-matched WT mice ($n=8$ per group, mixed males and females). **G**, Western blot images of relative protein expression levels of ANP (natriuretic peptide type A; **top**) and total protein levels (**bottom**) of WT and PLN-R14 $\Delta\Delta$ mice at 3, 4, 5, 6, 7, and 8 wk of age. Full blot images are included in Figure IV in the [Data Supplement](#). Data are presented as mean \pm SD. ** $P<0.01$ and *** $P<0.001$ vs age-matched WT mice (Mann-Whitney *U* test).

folding, response to topologically incorrect protein) in PLN-R14 $\Delta\Delta$ mice at every time point, while not (significantly) altered upon I/R or MI (Figure 3F). Comparing

the leading-edge genes of these GO terms, we found that all upregulated GO terms, except for lung morphogenesis, consisted of genes involved in proteostasis,

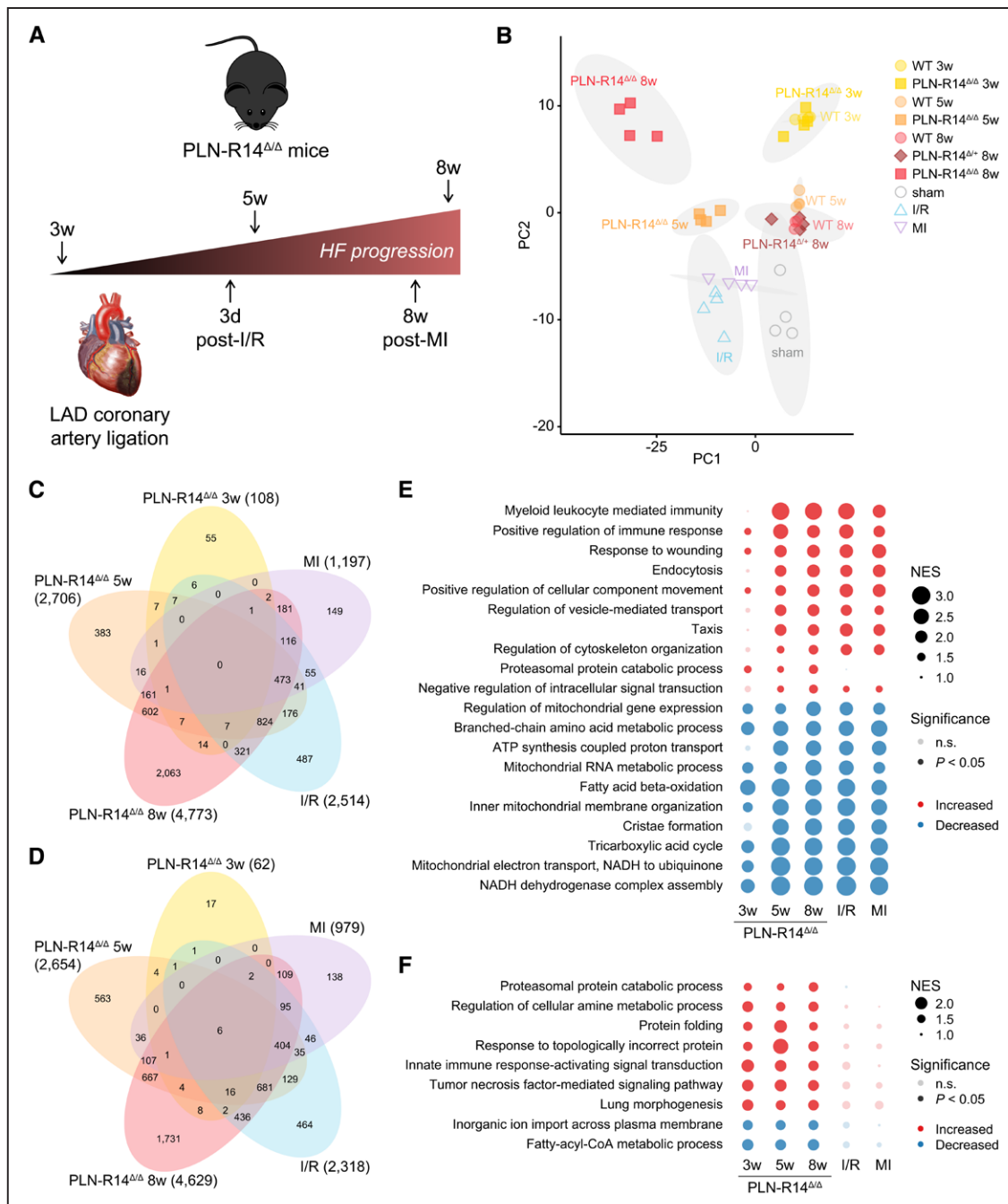


Figure 3. RNA sequencing identified differential regulation of protein homeostasis systems in PLN-R14^{Δ/Δ} hearts but not in models of myocardial ischemia.

A, Schematic overview of the left ventricular tissues that were included for RNA sequencing and the corresponding stage of heart failure development. **B**, Principal component (PC) analysis plot of RNA sequencing results of 3-, 5-, and 8-wk-old WT (wild-type; circles) and PLN-R14^{Δ/Δ} (squares) mouse hearts, 8-wk-old PLN-R14^{Δ/+} (diamonds) mice, mice 3 d post-ischemia/reperfusion (I/R; triangles, up) or 8 wk post-myocardial infarction (MI; triangles, down), and corresponding sham mice (open circles) with 95% confidence ellipses of clusters marked in gray (n=4 per group, except n=3 for 8-wk-old WT mice, all male). Information on genes contributing to variance in PC1 (x axis) and PC2 (y axis) is shown in Figure VII in the [Data Supplement](#). **C** and **D**, Venn diagrams of significantly upregulated (**C**) and downregulated (**D**) genes in 3-, 5-, and 8-wk-old PLN-R14^{Δ/Δ} mice and mice 3 d post-I/R or 8 wk post-MI as compared with corresponding controls. **E**, Top 10 most significantly upregulated and downregulated gene ontology biological processes in 3-, 5-, and 8-wk-old PLN-R14^{Δ/Δ} mice and mice 3 d post-I/R or 8 wk post-MI as compared with corresponding controls. For response to wounding, positive regulation of immune response, and fatty acid β -oxidation, heat maps of mRNA levels of the lead-edge genes are depicted in Figure VIII in the [Data Supplement](#). **F**, Gene ontology biological processes that are significantly upregulated or downregulated in 3-, 5-, and 8-wk-old PLN-R14^{Δ/Δ} mice but not in hearts 3 d post-I/R or 8 wk post-MI. For proteasomal protein catabolic process, a heat map of mRNA levels of the lead-edge genes is depicted in Figure VIII in the [Data Supplement](#). An overview of the enrichment data can be found in Tables I through V in the [Data Supplement](#). HF indicates heart failure; LAD, left anterior descending; n.s., not significant; and NES, normalized enrichment score.

including endoplasmic reticulum stress genes (*Atf4*, *Ddit3*, *Der11*, *Der13*, *Dnajb4*, *Dnajb9*, and *Edem3*), heat shock proteins (*Hspa1a*, *Hspa1b*, and *Hspa5*), proteasomal genes (*Psm2*, *Psm1*, *Psm5*, and *Psm13*), and a ubiquitin-conjugating E2 enzyme gene (*Ube2g2*) that are only identified in PLN-R14^{Δ/Δ} mice but not post-I/R or post-MI (Figure VIII in the [Data Supplement](#); Tables I through V in the [Data Supplement](#)). Notably, these processes were already significantly enriched in PLN-R14^{Δ/Δ} mice at the age of 3 weeks, before functional deficits have developed.

Protein Quality Control Is Also Differentially Regulated on the Protein Level

Finally, we performed mass spectrometry on LVs of PLN-R14^{Δ/Δ}, PLN-R14^{Δ/+}, and WT mice at the same time points to determine how the differentially regulated genes resulted in changes in the proteome. Importantly, although PLN protein expression decreased over time for all genotypes, total PLN levels were not significantly different between WT, PLN-R14^{Δ/+}, and PLN-R14^{Δ/Δ} mice of the same age, except for a downregulation in 8-week-old PLN-R14^{Δ/Δ} mice, which is known to occur in HF (Figure IX in the [Data Supplement](#)).³⁰ An abundance of the PLN peptide containing the Arg14 amino acid (PLN-WT peptide) was approximately half in PLN-R14^{Δ/+} mice compared with WT mice, whereas the PLN-WT peptide was absent in PLN-R14^{Δ/Δ} mice, confirming the anticipated expression levels of PLN-WT and PLN-R14del proteins in this mouse model.

Proteomics analysis identified 3255 proteins with 1075 consistently quantified in >70% of samples and used for statistical and PC analysis (Table VI in the [Data Supplement](#)). Similar to RNA-Seq, PC analysis of LV protein levels demonstrated that PLN-R14^{Δ/Δ} mice clustered with WT mice at 3 weeks of age but formed separate clusters at 5 and 8 weeks of age, diverging from control over time (Figure 4A). Consistently, as PLN-R14^{Δ/Δ} mice aged and developed HF, an increasing number of proteins was significantly ($P < 0.05$) upregulated (Figure 4B) or downregulated (Figure 4C) relative to age-matched WT mice. At the age of 5 and 8 weeks, proteins that were elevated were most significantly enriched for GO terms that indicate myocardial remodeling (cell-cell adhesion, sarcomere organization), while significantly reduced proteins showed enrichment mainly for metabolism and mitochondrial functions (oxidation-reduction process, metabolic process, tricarboxylic acid cycle, ATP biosynthetic process), corroborating the observed LV dysfunction. Importantly, the most significantly enriched biological processes included terms of proteostasis, for example, protein folding and proteolysis involved in cellular protein catabolic process (Figure 4D). In fact, in the majority of enriched biological processes, many of the proteins that induced the observed enrichment play a role in proteostasis (Tables VII through

IX in the [Data Supplement](#)). For example, enrichment of the process called “antigen processing and presentation of exogenous peptide antigen via MHC (myosin heavy chain) class I, transporter associated with antigen processing (TAP)-dependent” was solely driven by proteins of the proteasome complex (*Psm3*, *Psm4*, *Psm7*, and *Psm4*). Additionally, proteins of TRiC (T-complex protein ring complex; corresponding genes: *Cct4*, *Cct2*, *Cct7*, and *Cct8*)—a chaperonin complex that aids protein folding³¹—led to enrichment of the processes termed positive regulation of protein localization to Cajal body, positive regulation of establishment of protein localization to telomere, and positive regulation of telomerase RNA localization to Cajal body. Thus, changes of mRNA levels were generally well translated to the protein level, confirming the HF phenotype of PLN-R14^{Δ/Δ} mice at 5 and 8 weeks of age and differential regulation of proteostatic systems, even before disease onset.

DISCUSSION

In this study, we describe in detail the progression of cardiomyopathy in PLN-R14^{Δ/Δ} mice (summarized in Figure 5). These results provide important information on the sequence of pathophysiological manifestations of PLN-R14del-related cardiomyopathy. Importantly, we demonstrate that PLN aggregates are formed early during the disease, before functional impairment occurs. RNA-Seq and mass spectrometry of cardiac tissues show that genes and proteins that are part of protein quality control pathways are indeed differentially regulated. Interestingly, these pathways were not, or to a far lesser extent, activated in models of ischemic HF, and, therefore, we conclude that these pathways are specific to PLN-R14del-related cardiomyopathy.

At 3 weeks of age, PLN-R14^{Δ/Δ} mice had normal cardiac function and morphology, but altered proteostasis and PLN protein distribution were already observed. One week later, marginally increased myocardial fibrosis, elevated ANP levels, and compromised GLS became apparent. Thereafter, PLN-R14^{Δ/Δ} mice progressively developed ventricular dilatation, impaired contractility, and reduced ECG voltages. Finally, overt HF resulted in volume overload and atrial enlargement at 7 weeks of age. The unbiased approach of combined transcriptomics and proteomics revealed a progressive increase of myocardial stress response, remodeling, and inflammation together with dysfunctional energy production in PLN-R14^{Δ/Δ} hearts, which is in accordance with the cardiomyopathy progression in vivo. PLN-R14^{Δ/+} littermates demonstrated no expression alterations, in line with the absence of a functional phenotype at this age.⁸ However, since these are generic processes that are consequential to HF in general, we compared our findings to models of I/R and MI. As anticipated, 3 days after myocardial I/R, we detected activated remodeling and inflammatory pathways, whereas a

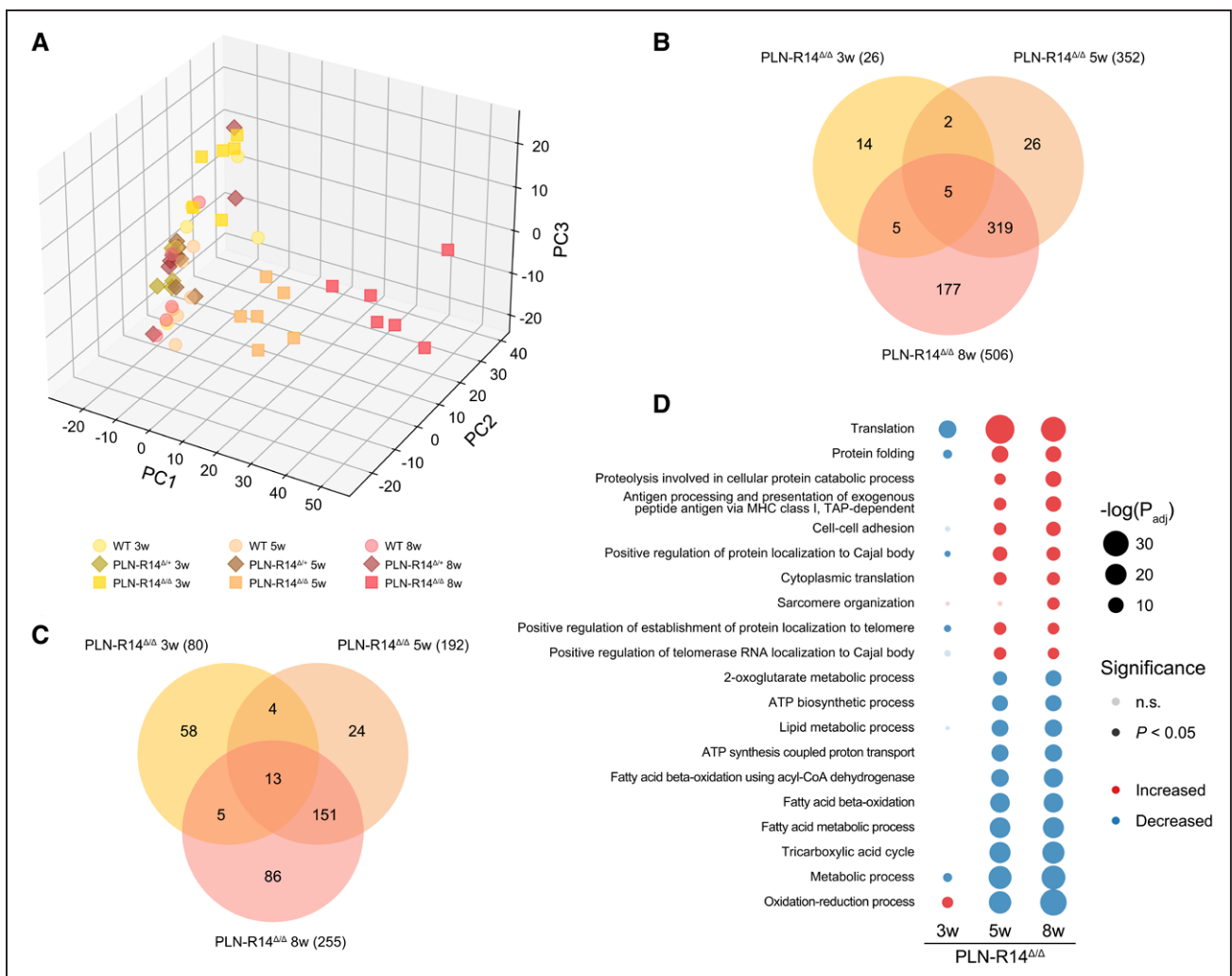


Figure 4. Mass spectrometry revealed differential regulation of proteins involved in protein quality control in hearts of PLN-R14^{Δ/Δ} mice.

A, Principal component (PC) analysis plot of mass spectrometry results of 3-, 5-, and 8-wk-old WT (wild-type; circles), PLN-R14^{Δ/Δ} (diamonds), and PLN-R14^{Δ/Δ} (squares) mice (n=6 per group, except n=5 for 8-wk-old WT mice, all male). **B** and **C**, Venn diagrams of significantly upregulated (**B**) and downregulated (**C**) proteins in 3-, 5-, and 8-wk-old PLN-R14^{Δ/Δ} mice as compared with age-matched WT mice. **D**, Top 10 most significantly upregulated and downregulated gene ontology biological processes in 3-, 5-, and 8-wk-old PLN-R14^{Δ/Δ} mice as compared with age-matched WT mice. An overview of the enrichment data can be found in Tables VII through IX in the [Data Supplement](#). MHC indicates myosin heavy chain; n.s., not significant; P_{adj} , adjusted P ; and TAP, transporter associated with antigen processing.

sustained response to established damage was observed 8 weeks post-MI. Although there was substantial overlap between PLN-R14del-related cardiomyopathy and ischemic HF, we found that proteostasis was exclusively affected in PLN-R14^{Δ/Δ} mice. Of note, ischemic models may not provide an ideal comparison as it involves more localized cardiac injury, but clearly protein homeostasis is an important hallmark of PLN-R14del-related cardiomyopathy. These findings are consistent with a study of te Rijdt et al,¹⁶ which showed that PLN protein aggregates were only found in ventricular tissue specimens of PLN-R14del carriers and not in other genetic cardiomyopathies, and, therefore, are specific to this disease. Furthermore, 2 recent studies in human induced pluripotent stem cell-derived cardiomyocytes, with validation in human end-stage HF specimens, have linked PLN-R14del-related

cardiomyopathy to the unfolded protein response and disturbed endoplasmic reticulum.^{32,33}

An important strength of this study is the investigation of cardiac tissues at different disease stages. Generally, using patient material is hindered by the limited availability of tissue samples.³⁴ Furthermore, most human tissue specimens are collected from surgical or post-mortem biopsies and are mostly derived from end-stage HF.³⁴ Analyses of advanced disease states are greatly influenced by myocardial injury and extensive fibrosis. Moreover, appropriate control tissues are even scarcer. Availability of PLN-R14del mice—a clinically translatable model—allows for temporal examinations, which provide insights into the molecular changes that underlie the disease. This way, we demonstrated that aberrations in proteostasis and PLN protein aggregation were already

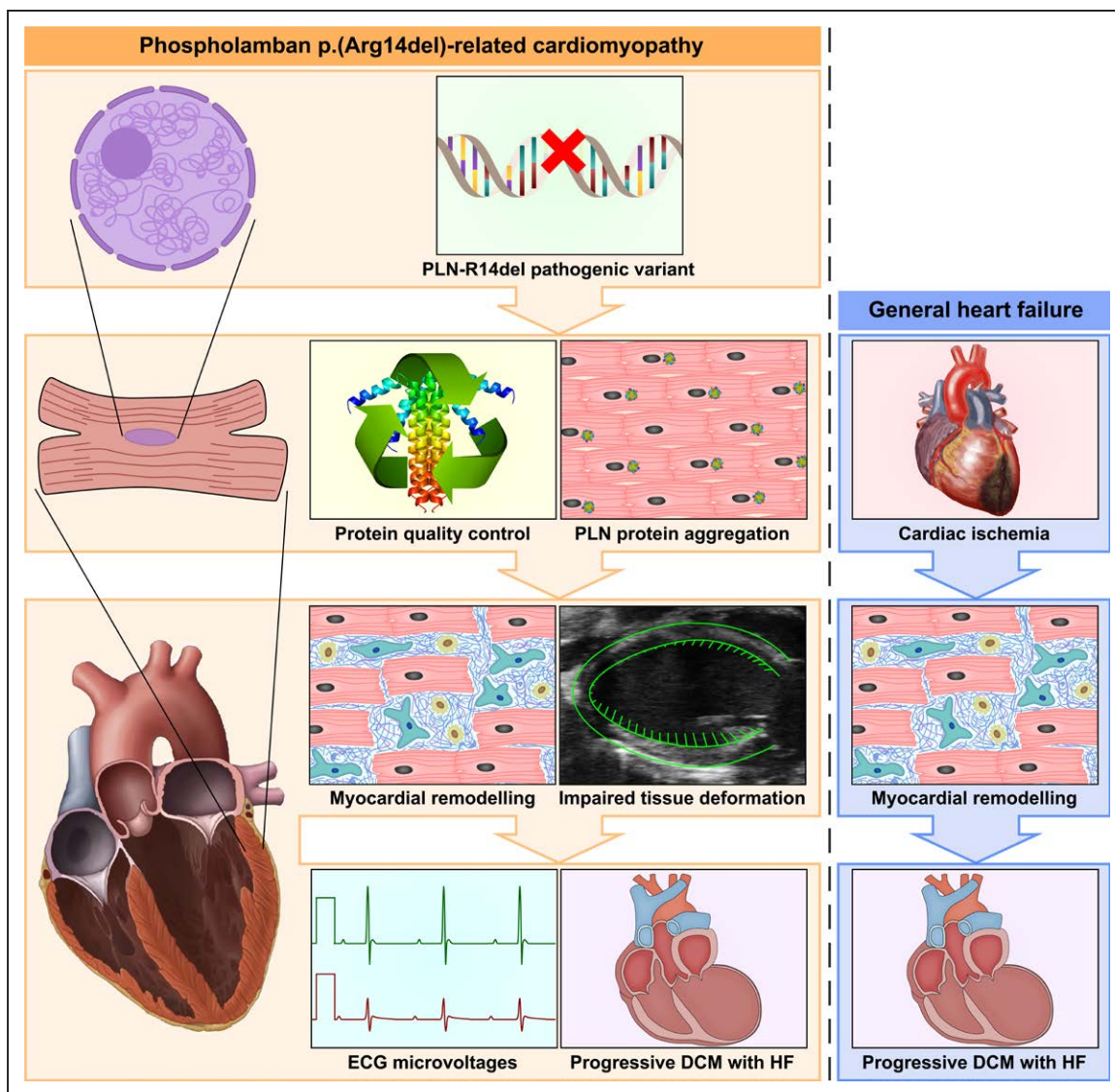


Figure 5. Graphic abstract summarizing the main findings of the current study.

In PLN-R14^{Δ/Δ} mice, the PLN-R14del pathogenic variant resulted in intracardiomyocyte PLN (phospholamban) protein aggregation together with alterations in protein homeostasis systems at 3 wk of age, before onset of other abnormalities or functional deficits. At 4 wk of age, slightly increased amounts of myocardial fibrosis were observed, and left ventricular tissue deformation was impaired. At the age of 5 wk, ventricular dilatation, impaired contractility, and reduced ECG voltages became apparent, which progressively worsened in the weeks thereafter. Ultimately, volume overload resulted in atrial hypertrophy after 7 wk and premature death around the age of 2 mo. While myocardial remodeling and contractile dysfunction were also observed in models of ischemic heart failure (HF), aberrations in protein quality control were exclusively found in PLN-R14^{Δ/Δ} mice. DCM indicates dilated cardiomyopathy.

present before functional impairment or other tissue abnormalities were observed, implicating that these cellular perturbations may lead to cardiomyocyte death and subsequent tissue injury, organ dysfunction, and mortality. Together with the finding that protein aggregation was unique to PLN-R14del-related cardiomyopathy, these data suggest that targeting PLN protein aggregation may provide a promising target for therapy. We have previously demonstrated that PLN-R14^{Δ/Δ} mice do not benefit from standard HF therapy,⁸ further underlining the importance of problem-targeting therapeutic approaches.

It has become increasingly recognized that strain analysis can accurately quantify myocardial mechanics

and identify subclinical LV dysfunction, thereby providing a better prognostic value than LVEF.³⁵ Also in this study, we found that GLS impairment preceded reduced LVEF. Notably, we observed an increased amount of collagen deposition at the same time point. Several studies have shown that fibrosis is an early hallmark of PLN-R14del-related cardiomyopathy.^{28,36} As fibrotic tissue is stiffer than myocardium,³⁷ these observations are likely related. Taken together, quantification of GLS and fibrosis can have great prognostic value for PLN-R14del carriers.

An important limitation of this study is that, although the employed -omics technologies provide great insights on mRNA and protein levels, these techniques do not capture

the full complexity of cellular dynamics. Indeed, PLN regulates cardiomyocyte calcium handling via SERCA inhibition, and it has been reported that the PLN-R14del pathogenic variant results in superinhibition of the SERCA activity.^{6,38} Although we did not observe aberrant calcium handling in the data presented here, it may be difficult to detect adaptations in calcium homeostasis solely based on mRNA or protein levels. To study the effect of the PLN-R14del pathogenic variant on calcium cycling, calcium imaging would be required. Therefore, it is important to note that, based on our current findings, dysregulation of calcium homeostasis cannot be excluded from the pathophysiology of PLN-R14del-related cardiomyopathy. Second, whole tissue sequencing is inherently limited by the presence of nonmyocyte cells.³⁴ Single-cell sequencing could possibly provide specific insight into the molecular perturbations in individual cardiomyocytes. Finally, it has to be noted that this study was performed with homozygous PLN-R14del mice, whereas until now all carriers were found heterozygotes.³⁴ Since this model exerts the same characteristics of human patients, we believe it is an accurate representation of the disease, and that in the absence of PLN-WT proteins, the PLN-R14del pathogenic variant leads to an accelerated phenotype in PLN-R14^{Δ/Δ} mice.⁸ It is often observed that mouse models of genetic dilated cardiomyopathy exert a fast-forward phenotype in homozygotes compared with heterozygotes.^{39,40}

In conclusion, alterations in proteostasis and aggregation of PLN proteins are among the first hallmarks of PLN-R14del-related cardiomyopathy and can be observed before the onset of HF. Additionally, these manifestations are unique to the PLN-R14del pathogenic variant. Therefore, targeting PLN protein aggregates or boosting proteostatic systems could provide novel therapeutic targets for this disease.

ARTICLE INFORMATION

Received March 9, 2021; accepted July 19, 2021.

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Acknowledgments

We acknowledge E. Marloes Schouten, Canxia Shi, and Pablo I. Sánchez Aguilera for their excellent technical assistance and the Utrecht Sequencing Facility for providing sequencing service and data.

Sources of Funding

This work was supported by the Netherlands Cardiovascular Research (CVON) and Dutch CardioVascular Alliance (DCVA) initiatives of the Dutch Heart Foundation (2020B005 DCVA-DOUBLE-DOSE; 2018-30 CVON-PREDICT2; 2017-21 CVON-SHE-PREDICTS-HF; 2017-11 CVON-RED-CVD; 2014-40 CVON-DOSIS), the Cure PhosphoLambaN-induced cardiomyopathy (Cure-PLaN) initiative of the Leduq Foundation, and the European Research Council Consolidator grant (ERC CoG) 818715 (SECRETE-HF). Generation of PLN-

R14del mice was supported by the de Boer Foundation, Ubbo Emmius Fund, Netherlands Heart Institute, and PLN Foundation. Dr Boogerd was supported by the European Union Horizon 2020 research and innovation program (Marie Skłodowska-Curie grant 751988). The Utrecht Sequencing Facility is subsidized by the University Medical Center Utrecht, Hubrecht Institute, University of Utrecht, and Netherlands X-Omics Initiative (NWO project 184.034.019).

Disclosures

The University Medical Center Groningen, which employs several of the authors, has received research grants and fees from Abbott, AstraZeneca, Boehringer Ingelheim, Cardinal Pharmaceuticals, Ionis Pharmaceuticals, Novo Nordisk, and Roche. Dr de Boer has received speaker fees from Abbott, AstraZeneca, Bayer, Novartis, and Roche. Dr van der Meer received consultancy fees from Novartis, Corvidia, Servier, Vifor Pharma, AstraZeneca, Pfizer, Pharmacosmos, and Ionis Pharmaceuticals. The other authors report no conflicts.

Supplemental Materials

Expanded Methods

Figures I–IX

Tables I–IX

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