## Religion, Brain & Behavior



ISSN: (Print) (Online) Journal homepage: <a href="https://www.tandfonline.com/loi/rrbb20">https://www.tandfonline.com/loi/rrbb20</a>

# Resolving religious debates through a multiverse approach

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**To cite this article:** Angelos-Miltiadis Krypotos, Richard A. Klein & Jonathan Jong (2023) Resolving religious debates through a multiverse approach, Religion, Brain & Behavior, 13:3, 318-320, DOI: 10.1080/2153599X.2022.2070261

To link to this article: <a href="https://doi.org/10.1080/2153599X.2022.2070261">https://doi.org/10.1080/2153599X.2022.2070261</a>

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## Resolving religious debates through a multiverse approach

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In recent years, several many-analysts projects have been published, projects in which synthetic or real data are analyzed independently by different experts (e.g., Aczel et al., 2021; Schweinsberg et al., 2021; Silberzahn et al., 2018; Silberzahn & Uhlmann, 2015). Such projects are particularly useful in investigating how analytic variability may influence the strength and direction of results—when inferential statistics are used (e.g., Schweinsberg et al., 2021)—or the estimation of individual model parameters—when computational models are pitted against each other (e.g., Boehm et al., 2018; Dutilh et al., 2019).

The present project (Hoogeveen et al., 2022) tasked multiple teams with testing two specific hypotheses using the same dataset: first, testing the relation between religiosity and well-being; second, testing whether this (potential) relationship depends on the cultural norms of religion. Once again, a key finding is that variability in data analyses leads to different results, with results sometimes even differing in their direction (e.g., on question 2 both negative and positive effects are reported). Importantly, the different results do not necessarily mean that any of the expert teams followed a wrong approach, and we are confident that all included analysts can provide principled argumentations as to why they followed their chosen statistical approach.

Nevertheless, a key question at the end of this project is what is the appropriate, if any, statistical approach when testing similar effects in the future. Is it a multilevel linear regression? Is it a Structural Equation Model (SEM)? Is it perhaps an analysis not even included in Table 1 of Hoogeveen et al. (2022)? Such decisions are critical as researchers, in light of this lack of consensus, may be tempted to select their statistical analysis based on which analysis leads to their preferred result. In the case of p-values especially, such analytic flexibility can lead to finding significant results in nearly any dataset, thus inflating the number of false-positives in the literature (e.g., Simmons et al., 2011).

Unfortunately, many analysts' projects are not particularly useful in pitting the different statistical approaches against one another. This is because, as in the present project, the statistical models used often test vague hypotheses featuring theoretically underdetermined constructs (here the relation between "religiosity" and "well-being" and the dependence of the effect on "cultural norms", whatever these are). This two-fold theoretical vagueness engenders two related problems. First, it is unclear how each construct should be operationalized: there are multiple plausible options for each construct in the present dataset. Secondly, different data analytical techniques make different theoretical assumptions: in the absence of clearly articulated assumptions, it is unclear which—multilevel linear regression, SEM, or some other alternative—is most appropriate for testing relations between variables. As such, projects that test vague hypotheses with underspecified constructs will invariably end up in vague, ambiguous, or even ambivalent results. Importantly, this problem is not relevant for many analysts' projects as it is dominant common psychological research.

One solution for drawing statistical inferences in the absence of formal theory is multiverse analysis (Steegen et al., 2016). In this approach, rather than settling on an individual analysis, the analyst defines the full range of reasonable statistical analyses that could be run to determine a result. The researcher then runs all of these analyses simultaneously, and reaches conclusions about the tested hypotheses by considering the results across all of these different analyses (e.g., proportion of p-values or Bayes factor below or above a predefined level). Also recently, more sophisticated analyses are suggested for summarizing multiverse effects, such as specification- curves (Simonsohn et al., 2020) where the effects are plotted in a continuous curve so that again researchers can evaluate the robustness of their results. A multiverse approach is currently being proposed in multiple research areas (e.g., fear conditioning; Lonsdorf et al., 2021). Multiverse analyses allow researchers to both test the robustness of their effect to different analytic models, or in the case of a data multiverse, test how different data transformations may also influence the direction of a result when a single model is tested.

Despite the benefits of a multiverse approach, there are three disadvantages. First, multiverse analyses are time consuming. However, this is a lively area of software development and multiple packages are being introduced to mitigate this problem (e.g., Sarma, 2021). Although we agree that whenever running a multiverse approach, maybe running all the different analyses will need more time than running a single analysis, making stronger inferences based on the results worth it.

The second limitation is that a multiverse approach is not a substitute for a formal theory. The need for formal modeling in psychology has been noted decades ago (e.g., Bush & Mosteller, 1951; Meehl, 1978, 1990a, 1990b) and there is a recent rise in awareness of the need of such models in recent literature (e.g., Lewandowsky & Farrell, 2010; Millner et al., 2020). We totally agree with this perspective. The possibility of the multiverse approach should not be taken as an excuse to neglect formal theorizing. Our recommendation of such an approach is relative to its alternative, which is to draw inferences based on single analyses. It may be considered an additional tool in this regard, as other practices also aim to combat selectively, choosing between analyses based on results (e.g., pre-registration, Simmons et al., 2021).

Lastly, it is often difficult to decide which statistical analyses should be included in the multiverse; as always, there could be counter-argument for (not) including a specific statistical approach.



A way to amend this problem is by forming group of expert panels to decide which analyses to include and afterwards the proposed analyses may be evaluated by the community.

### **Disclosure statement**

No potential conflict of interest was reported by the author(s).

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