

1 Transition of *Vibrio cholerae* through a natural host induces resistance to
2 environmental changes

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18 Running title: *V. cholerae* infection cycle in natural host

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20 Summary

21 The pandemic-related strains of *Vibrio cholerae* are known to cause diarrheal disease in animal hosts.
22 These bacteria must overcome rapid changes in their environment, such as the transition from fresh
23 water to the gastrointestinal system of their host. To study the morphological adjustments during
24 environmental transitions, we used zebrafish as a natural host. Using a combination of fluorescent light
25 microscopy, cryogenic electron tomography and serial block face scanning electron microscopy, we
26 studied the structural changes that occur during the infection cycle. We show that the transition from an
27 artificial nutrient-rich environment to a nutrient-poor environment has a dramatic impact on the cell
28 shape, most notably membrane dehiscence. In contrast, excreted bacteria from the host retain a
29 uniform distance between the membranes as well as their vibrioid shape. Inside the intestine, *V.*
30 *cholerae* cells predominantly colonized the anterior to mid-gut, forming micro-colonies associated with
31 the microvilli as well as within the lumen. The cells retained their vibrioid shape but changed their cell-
32 length depending on their localization. Our results demonstrate dynamic changes in morphological
33 characteristics of *V. cholerae* during the transition between the different environments, and we propose
34 that these structural changes are critical for the pathogen's ability to colonize host tissues.

35 Introduction

36 *Vibrio cholerae* is a motile, gram-negative bacterium common to fresh and brackish water
37 environments. The pandemic-related strains of *V. cholerae* are known to cause disease in a multitude of
38 animals including humans, fish, and birds (Ali *et al.*, 2015; Halpern and Izhaki, 2017; Laviad -Shitrit *et al.*,
39 2017). Upon ingestion by humans, *V. cholerae* colonizes the small intestine utilizing molecular machines
40 such as chemotaxis arrays, flagella, and toxin c-regulated pili to locate and establish its niche (Tacket *et*
41 *al.*, 1998; Butler and Camilli, 2005; Krebs and Taylor, 2011; Utada *et al.*, 2014). Within hours of
42 colonization, *V. cholerae* expresses the cholera toxin which causes severe diarrhea in the host. In turn,

43 this releases large quantities of the pathogen back into the environment (Conner *et al.*, 2016; Peterson
44 and Gellings, 2018). In humans, *V. cholerae* infection causes over a million Cholera cases and 100,000
45 deaths annually. Therefore, Cholera remains a public health threat especially in areas of war, natural
46 disasters, and/or poor sanitation (Ali *et al.*, 2015).

47 The journey from its natural habitat, into and through the digestive system, and back into the
48 environment involves extreme changes of the physical and chemical environment. For example,
49 freshwater is considered a sparse environment that contains limited concentrations of salts, minerals,
50 and nutrients (Nelson *et al.*, 2008). When ingested, *V. cholerae* must adapt to a sudden change in
51 osmolarity and drop in pH due to the acidity of the stomach (Conner *et al.*, 2016). Subsequently, when
52 entering the gut, the bacteria are exposed to bile salts, antimicrobial peptides, and changes in viscosity,
53 all of which are a means of protection against invaders (Merrell *et al.*, 2002; Almagro-Moreno *et al.*,
54 2015; Bachmann *et al.*, 2015). While these barriers result in the death of some ingested bacteria, *V.*
55 *cholerae* can adapt and continue its infection cycle by colonizing the intestine, and ultimately re-enter
56 the external environment. How are *V. cholerae* cells able to thrive during these drastic changes in
57 environmental conditions of the infection process? Previous studies have shown that the cells alter their
58 shape in response to changing environments (Bartlett *et al.*, 2017; Brenzinger *et al.*, 2019; Shi *et al.*,
59 2021). In addition to its shape, *V. cholerae* may also adapt its molecular machines, altering their
60 availability and quantity, to levels that support success in the new environment. For example, the toxin
61 co-regulated pili are generally upregulated as the bacterium approaches the intestinal epithelial cell
62 surface, which aids in attachment and colonization (Krebs and Taylor, 2011; Peterson and Gellings,
63 2018). However, we currently have limited insight into the detailed morphological changes during the
64 infection cycle of *V. cholerae* inside a host organism.

65 Here we use cryogenic electron tomography (cryo-ET) and serial block face scanning electron
66 microscopy (SBF SEM) to study the structural adaptations of *V. cholerae* as it transitions through its

67 infection cycle of a natural host, the zebrafish (*Danio rerio*). We chose this model for several reasons:
68 the larvae of the zebrafish are easily accessible for bacterial colonization experiments and microscopy,
69 the physiology of the fish is well understood, and *V. cholerae* has been shown to colonize both adult and
70 larval zebrafish in a manner consistent with human infection and resulting in a diarrheal disease (Runft
71 *et al.*, 2014; Murdoch and Rawls, 2019).

72 Using cryo-ET, we first characterized the 3D architecture of cells grown under nutrient-rich conditions in
73 the laboratory environment and under the nutrient-poor conditions after transition to the freshwater
74 environment of the zebrafish larvae. Next, we compared the architecture of these cells with that of cells
75 that had been excreted back into the environment by the *V. cholerae*-infected zebrafish host. Finally, we
76 used SBF SEM imaging to characterize the localization and cell shape inside the host organism.

77 Together, our results demonstrate that *V. cholerae* dramatically changes both its shape and the
78 composition of molecular machines in response to this switch of nutrient-rich and nutrient-poor
79 environmental conditions. In contrast, *V. cholerae* within the zebrafish larval intestine, as well as cells
80 excreted from adult and larval zebrafish, maintain their typical comma-like shape during both
81 colonization and excretion back into the environment. These results indicate that the journey through
82 the digestive system of the zebrafish induces physiological and structural changes that protect the
83 bacteria from severe changes in environment, and thus, supports its ability to infect the next host.

84 Results

85 Environmental *V. cholerae*

86 For this study, we first characterized *V. cholerae* cells grown in LB media, which is a widely-used
87 nutrient-rich growth condition. *V. cholerae* cells grown overnight in LB exhibit a typical vibroid shape
88 and express the structures associated with bacterial cells in a nutrient-rich environment: chemotaxis
89 arrays, flagella and its motor, uniform spacing between the inner and outer membrane, pili, ribosomes,

90 and storage granules (Fig. 1A). We analyzed the number of cells containing structures related to
91 infection, namely flagella, pili, and the F6 chemotaxis array, as these structures have specific roles in
92 identifying favorable environments and attaching to surfaces. Flagella and F6 chemotaxis arrays were
93 detected in over 80% of bacterial cells and pili in more than 50% (Fig.1B).

94 We next transitioned the *V. cholerae* grown in LB to artificial fresh water (AFW) and characterized the
95 morphological changes over the course of 48 h. Previous studies have shown that colonization with an El
96 Tor strain peaks at 48 hpi, and thus provided an end point for observation (Runft *et al.*, 2014). After 24 h
97 of exposure to AFW, the overall morphology of the cells changed drastically (Figure 1C). While many
98 cells still exhibited an overall vibroid shape, the distance between the inner (IM) and outer (OM)
99 membrane is strongly increased (referred to as dehiscence). Apparently, the inner membrane is
100 constricting while the outer membranes remain the original size. This results in a loose appearance of
101 the OM around the cell and an enlarged periplasmic space. The structures important to the infection
102 cycle, such as the F6 chemotaxis array, the flagella, and the pili were still present in most cells. At 48 h,
103 the morphology changed and dehiscence became the most extreme, while the infection related
104 structures could still be observed in many cells (Figure 1B).

105 A detailed comparison of the numbers of infection-related structures between the cells grown in LB
106 (n=15), 24 h in AFW (n=29), 48 h in AFW (n=19) shows a decreasing trend in the presence of the flagella
107 over time (87% vs 72% vs 63%), an increasing trend followed by a decrease of the presence of pili (53%
108 vs 83% vs 37%), and a slight increasing trend in the cells with an F6 chemotaxis array (83% vs 97% vs
109 95%; Figure 1B). Finally, it was also notable to find unknown structures within the cells in AFW for 24 h
110 or 48 h (Figure S1).

111 Colonization of the zebrafish larvae intestine

112 As described in previous research, zebrafish and their larvae are susceptible to *V. cholerae* colonization
113 and the subsequent effects (Runft *et al.*, 2014). However, the two fluorescently labeled strains used in
114 this study have a genetic difference that may impact colonization: C6706-tdTomato is deficient in
115 quorum sensing whereas A1552-GFP is quorum proficient. Fluorescence imaging of 5 dpf larvae infected
116 of C6706-tdTomato showed a similar infection pattern as described in Runft *et al.* (which used a quorum
117 proficient strain), and was analogous to the colonization patterns demonstrated in the mouse model
118 using the same strain (Millet *et al.*, 2014; Runft *et al.*, 2014). In addition, we see significant GFP
119 autofluorescence within the zebrafish larvae, which imposed additional challenges for imaging. Thus, we
120 chose to infect germ-free zebrafish larvae with *V. cholerae* strain C6706-tdTomato to explore the
121 ultrastructural features using serial block face SEM. Similar to the mouse model, colonies were primarily
122 found in the in the intestinal bulb, anterior intestine, and anterior portion of the mid intestine (Figure
123 2B; Millet *et al.*, 2014) at the junction of several villi, or at or near the base of a single villi. In addition,
124 planktonic cells could be seen swimming within the lumen of the intestinal bulb, implying the
125 environment was conducive to colonization (Figure 2B). This phenotype continued until the mid-gut,
126 which begins approximately just past the swim bladder. At the exit of the intestinal system, the cloaca,
127 large pulses of bacteria could be seen being excreted back into the local environment (Figure 2C).

128 Based on this information, we prepared *V. cholerae* C6706-tdTomato infected and uninfected 5 dpf
129 zebrafish larvae for SBF SEM. Using this method, we are able to achieve large volumes of three-
130 dimensional data of areas of interest (in our case covering up to 150 μm length of the intestine). An
131 overview of the germ-free, uninfected zebrafish larvae confirmed the absence of a microbiota, the
132 presence of material in the lumen, and an underdeveloped brush border, as shown by the loose packing
133 of the microvilli (Figure 2D). In contrast, the microvilli of the *V. cholerae*-infected larvae are tightly
134 packed, and microcolonies are present throughout the lumen including the base of villi and

135 unassociated within the lumen (Figure 2E, arrowheads). Similar to the mouse model, colonization of the
136 intestine wanes as it approaches the mid-intestine and posterior intestine, areas where the majority of
137 the mucus producing goblet cells reside (Figure 2F; Millet et al., 2014).

138 These volumes allowed the analysis of the overall morphology of the bacterial cells that colonized the
139 intestine. Using segmentation software, we were able to outline the bacteria in different parts of the
140 intestine, and subsequently determine the length of the cells (Figure 3A). Overall, all cells exhibited a
141 vibroid shape (Figure 3B). We then determined the length of cells in the villi of the anterior intestine just
142 below the posterior portion of the swim bladder, and the anterior portion of the mid-intestine. A
143 comparison of cell length within each area showed no significant difference in cell length (Figure 3C).
144 However, a comparison between the two locations showed a significant difference in cell length
145 ($p=0.006$; AI-total 1763.05nm vs MI total 1924.10nm): Bacterial cells in the anterior intestine were
146 significantly shorter compared to the cells in the mid-gut.

147 Excreted *V. cholerae*

148 Finally, we examined the bacteria that are excreted from infected adult and larval zebrafish. Overall, we
149 observed cells in all conditions that had a vibroid or oval shape (Figure 4). None of the groups had a
150 noticeable separation of the inner and outer membrane by 24 h ($n=35$, 31% from the larvae, $n=24$; 13%
151 from the adults, compared to nearly 100% of cells in AFW for 24 h or 48 h). For the bacteria that were
152 directly excreted by the adult fish, we observed a similar number of pili (75%) and the F6 chemotaxis
153 arrays (94%) compared to the LB and AFW samples. However, there was a noticeable decrease in the
154 presence of the flagella (10% of cells). The bacteria excreted from the larvae resembled the AFW sample
155 in terms of the presence of the pili (77%) and the F6 chemotaxis arrays (97%), but a noticeable decrease
156 in the presence of the flagella (40% of cells). The presence of storage granules was also noted in the
157 majority of the excreted cells (adult, 88% & larvae, 80% vs. just 31% in the control).

158 As a control, we exposed bacteria from the same culture that was used to infect the zebrafish to sterile
159 system water without the presence of fish for 24 h. In this case, we wanted to see what would happen
160 to the bacteria when they were not passaged through the fish but exposed to a similar environment.
161 After 24 h, these cells exhibited dehiscence in about 43% of the population, and the presence of flagella
162 was similar to the adult excreted bacterium (45%; n=49)). A number of cells had a reduction in the
163 number of pili (37%) while the F6 chemotaxis array was present in 100% of the cells (Figure 4). Taken
164 together, these cells do not show as extreme as an affect as seen in cells transition to AFW for 24 h, but
165 seem to be more similar to the cells excreted by the larvae with the exception of the presence of pili.
166 Finally, as it was noted for the *V. cholerae* isolated from AFW, we also occasionally found unknown
167 structures in the cells excreted from the zebrafish (Figure S1).

168 Discussion

169 The infection cycle of *Vibrio cholerae* involves a complex series of transitions, from fresh or brackish
170 water, into a host's gastrointestinal system, and then back into the environment. This invariably exposes
171 the pathogen to vastly different environmental conditions, including changes in nutrient availability, pH,
172 and salt concentrations. To what extent the *V. cholerae* cells adjust their ultrastructural morphology to
173 survive and thrive throughout this infection cycle is largely unknown. EM provides an excellent
174 opportunity to explore these changes. The molecular machines of *V. cholerae*, such as the chemotaxis
175 arrays, flagellar motor, and type 6 secretion system, are well characterized and easily identifiable using
176 cryo-ET (Briegel *et al.*, 2009; Chen *et al.*, 2011; Oikonomou and Jensen, 2016; Rapisarda *et al.*, 2019).
177 However, most of these structural analyses were done in *in vitro* conditions and not associated with a
178 natural host. Here, we studied the morphological characteristics of the pathogen during the infection
179 cycle in the natural host model system of the zebrafish.

180 Using a variety of microscopy techniques, we demonstrate the impact of the environmental changes on
181 the cell morphology of the pathogen at the nanoscale. Using cryo-ET, we show the drastic morphological
182 changes that occur when *V. cholerae* transitions from a high-nutrient and high-salt environment to a
183 low-salt and low-nutrient environment. Upon introduction to artificial fresh water, the bacteria
184 morphologically change, most notably by increasing distance between the inner and the outer
185 membrane. Dehiscence within bacteria, including *V. cholerae*, has previously been described and it has
186 been associated with the transition to viable but non-culturable states, in which cells have a very low
187 metabolic activity (Brenzinger *et al.*, 2019; Shi *et al.*, 2021). As noted in previous research, *V. cholerae*
188 also expresses unknown structures in response to stressful environments (Dobro *et al.*, 2017). In this
189 study, we also observed unknown structures including the previously described ‘wavey filament’ and
190 several types of other filaments (Suppl. Figure S1). It is possible that these structures are related to
191 either nutrient storage or DNA compaction, but further study is needed to clarify their identity and role
192 in the adaptation to changes in environmental conditions.

193 We next examined the bacteria that had transitioned through the zebrafish and been excreted back into
194 a low-salt and low-nutrient environment (sterile system water). Interestingly, unlike the bacteria that
195 were transitioned from LB to AFW, cryo-ET showed that the cells altered their morphology to a lesser
196 extent in response to the environmental change, and a majority retained a vibroid or ovoid shape and
197 displayed MSHA pili and F6 chemotaxis arrays at similar levels to LB-cultured cells. In addition, we
198 observed a decrease in the number of flagella present in the cells excreted from the adult host. This loss
199 of flagella could be the result of flagellar ejection that has been previously observed in response to the
200 transition to a low nutrient environment (Ferreira *et al.*, 2019). Together, these results suggest that the
201 transition through the gut of the zebrafish likely primes the bacterium for release into the environment
202 (in our case artificial freshwater or sterilized system water). The majority of the cells retain their cell

203 envelope structure with consistent distance between the IM and the OM. Furthermore, the excreted
204 cells appear to be equipped with the molecular machinery necessary to explore the new environment.

205 Previous research suggested that *V. cholerae* excreted from the mouse model, as well as cells within or
206 recently dislodged from biofilms, are hyperinfectious, meaning that less cells are needed to continue the
207 infection cycle in another host (Alam *et al.*, 2005; Tamayo *et al.*, 2010). This has also been found to be
208 true of *V. cholerae* excreted by zebrafish (Nag and Withey, in preparation). Our research supports these
209 findings as the excreted cells did not show typical stress responses such as dehiscence. In addition, they
210 contain molecular machinery, such as the chemotaxis array to sense their environment, the flagella to
211 move towards a favorable environment and MSHA pili to attach to a favorable surface, which are
212 important to effectively transition to another host. Lastly, we also noted that the excreted cells contain
213 storage granules, likely glycogen or polyphosphate, and it was previously shown that these types of
214 storage granules also impart a resistance to the transition from the host back into the environment (von
215 Kruger *et al.*, 2006; Bourassa and Camilli, 2009).

216 Finally, to examine bacteria that had colonized the gut of the zebrafish we focused on the 5 dpf larvae
217 infection model because of its ease of use for imaging and suitability for preparation for serial block face
218 SEM. In our study, we were able to visualize the *V. cholerae* infection of large parts (covering about 150
219 μm along the length of the larval intestine) at cellular resolution and in three dimensions, which is a
220 substantial improvement in volume compared to previously applied techniques. These data show that
221 the bacteria colonized several parts of the intestine, have the typical vibroid morphology, are actively
222 dividing, and that microcolonies are directly associated with the microvilli or free floating in the lumen.

223 Previous studies suggested that the toxin coregulated pilus (TCP) is involved in this attachment in
224 mammalian models, but the resolution of the SBF SEM is insufficient to confirm or refute this hypothesis
225 at present. In addition, previous research has shown that colonization of the zebrafish model with a *toxT*
226 mutant (which does not produce TCP or cholera toxin) had no colonization defect compared to the

227 wildtype bacterium, indicating that there are other factors involved in colonization (Runft *et al.*, 2014).

228 In the future, other methods will be necessary to accurately describe this cell-to-cell interaction and to

229 determine what bacterial appendages play a role in the attachment. Recent developments in large

230 volume sample preparation for cryo-ET are promising options for future studies, but not yet routinely

231 available (Harapin *et al.*, 2015; Medeiros *et al.*, 2018; Kuba *et al.*, 2021).

232 While our study gives new insights into the morphological characteristics of a *V. cholerae* infection,

233 many questions remain about the lifecycle of this pathogen. In our study, we used a recently described

234 model for infection, and we chose to do this in a germ-free environment to ease the identification of the

235 bacterium in the various microscopy methods. However, understanding our findings in the context of a

236 natural environment will be an essential next step to determine how the intestinal microbiota affects *V.*

237 *cholerae's* ability to colonize the host. This is especially true for the understanding how the bacteria

238 interact with the intestinal lining. Current methods do not allow for high resolution imaging at the

239 structural level, as was done with the bacteria in AFW or excreted from the fish.

240 In summary, we describe the *V. cholerae* infection lifecycle at unprecedented detail using the natural

241 host model, the zebrafish. We show that in laboratory conditions, the transition from nutrient-rich to

242 nutrient-poor conditions causes dramatic morphological changes over 48 h, yet those cells retain factors

243 that are known to be important for infection. We then show that *V. cholerae* excreted from the

244 zebrafish do not show the same changes in morphology, demonstrating that the passage of the bacteria

245 through the intestinal track plays an important role in preparing the bacteria for release back into a

246 freshwater-like environment. Finally, SBF SEM provided insight into the cell morphology and

247 microcolony structure within the lumen. Together, our research provides additional details about the

248 transitions between environments and its role in the infection cycle. Further research will need to be

249 done to confirm physiological mechanism that link structure to function, and this research helps to focus

250 those questions for future studies.

251 Experimental Procedures

252 Strains

253 *Vibrio cholerae* El Tor strains A1552, A1552-GFP, and C6706-tdtomato were used throughout this study.
254 A1552 and A1552-GFP are rifampicin resistant (100 µg/ml) strains that were provided by Prof. dr.
255 Melanie Blokesch (École Polytechnique Fédérale de Lausanne, Switzerland). C6706-tdtomato (referred
256 to as VcRed in Millet et al., 2014) is streptomycin resistant (100 µg/ml) and was provided by Prof. dr.
257 Matt Waldor (Harvard University, Boston, MA, USA). Note that this strain carries a mutation in the *luxO*
258 gene rendering the strain quorum deficient. Each strain was stocked in 25% glycerol or 10% DMSO and
259 stored at -80°C until use.

260 Animal welfare

261 All experiments conducted at Leiden University using the ABTL strain were conducted with the approval
262 of the local animal welfare committee (License # 10612) and in accordance with the EU Animal
263 Protective Directive 2010/63/EU. All experiments using the wildtype AB strain were conducted at Wayne
264 State University with the approval of the local IACUC.

265 Adult fish were maintained according to established protocols published at zfin.org. To generate larvae,
266 on the night before mating, adult fish were separated by sex into small mating tanks containing a
267 removable barrier between the sexes (one female to two males). The following morning, the separation
268 was removed, and the fish were transferred to a medium sized tank containing a mesh-barrier that
269 allows eggs to drop to the bottom of the tank without interference from the adults. Adults were mated
270 in groups of six males to three females per tank for one hour, and then returned to their original
271 housing. Fertilized eggs were collected by pouring the egg-containing system water through a small
272 strainer, washed with system water to remove any debris, and stored in a petri dish until further

273 processing. Eggs generated from the AB strain were incubated at 28°C and washed daily until use. ABTL
274 generated eggs were further processed to render them germ-free.

275 Generation of germ-free zebrafish larvae

276 To generate germ-free larvae, we followed an adapted version of the “natural breeding” protocol
277 previously published (Pham *et al.*, 2008). Briefly, freshly laid eggs were collected and immediately
278 transferred in batches of 150-200 eggs to 15 ml tube containing sterile artificial fresh water (sAFW;
279 60mg/L Instant Ocean; Spectrum Brands, Blacksburg, VA, USA). The sAFW was exchanged for sAFW
280 containing amphotericin B (250 ng/ml), kanamycin (5 µg/ml), and ampicillin (100 µg/ml) and incubated
281 for 4-5h at 28°C. Next, the antibiotic-sAFW was exchanged for sAFW containing 0.1% PVP-I, the eggs
282 were incubated for approximately 45s, and immediately washed three times with sAFW. The sAFW was
283 exchanged with a 0.003% bleach solution and incubated for 5m, then rinsed three times in sAFW. This
284 step was repeated a second time, and in the final wash step the sterile eggs were transferred to a sterile
285 petri dish, unhealthy eggs were removed, and the remaining eggs were stored at 28°C until use. Each
286 day, 100µl of the AFW was plated onto non-selective LB medium to confirm sterility, and then the AFW
287 was exchanged for fresh sAFW.

288 Infection model

289 *Larvae colonization:* Two days before colonization of the larvae, the strain of interest was streaked on
290 selective LB media and incubated overnight at 30°C. The following day, several colonies were collected
291 with a loop and transferred to liquid LB and grown overnight at 30°C with shaking at 180 rpm. On the
292 morning of infection, the OD of the overnight culture was measured and the volume needed for 1e8
293 bacteria per ml was determined, centrifuged at 5k x g for 5 m, and the resulting pellet was dissolved in 1
294 ml of sAFW. Simultaneously, the 3-day post fertilization (dpf) zebrafish larvae were separated into
295 batches of 25 larvae in 24 ml of sAFW per petri dish. Subsequently, the 1 ml of bacterial culture was

296 added directly to the liquid. For uninfected larvae, 25 ml of sAFW was added directly to the petri dish.
297 The bacteria were incubated with the larvae for 24h at 28°C, at which point the 4dpf larvae were
298 washed three times in sAFW to remove excess bacteria, and then incubated an additional 24h before
299 processing. For the germ-free ABTL experiments, infection occurred at 3dpf, washing away of excess
300 bacteria at 4 dpf (1 day post infection (dpi)), and imaging or fixation at 5 dpf (2 dpi). For the
301 conventionally reared ZDF larvae experiments, the same protocol was used, but infection occurred at 5
302 dpf and processing was done at 7 dpf (2 dpi).

303 *Adult:* Adult, conventionally reared AB wildtype zebrafish were transferred to a 500 ml beaker filled with
304 system water and fasted for 12 h before infection. On the day of infection, the water was exchanged for
305 sterile system water and subsequently inoculated with *V. cholerae*. As with the larvae, bacteria were
306 first streaked on a selective LB plate, followed by the growing of an overnight culture. An adequate
307 volume of overnight culture to generate a final concentration of 2.7e7 bacteria/ml was centrifuged as
308 above, the pellet resuspended in sterile system water, and then added directly to the beaker. After 24 h
309 of infection, the fish were washed in sterile system water two times, fresh sterile system water was
310 added, and then left for another 24 h. The adult fish were sacrificed for other experiments. The
311 supernatant was collected, centrifuged at 8k x g for 10m, and most of the supernatant was carefully
312 removed. The remaining supernatant was used to wash the sides of the tube and redissolve the pellet,
313 and then transferred to an 1.5 ml tube. 1.5 µl of anti-*V. cholerae* antibody was added, incubated for
314 5min, and then centrifuged again for 10m at 8k x g. The supernatant was carefully removed, the pellet
315 was dissolved sterile system water and 5nm gold beads were added, and the sample immediately used
316 for plunge freezing.

317 Fluorescence imaging

318 Fluorescence imaging occurred using a Leica TCS SPE inverted confocal scanning microscope (Leica
319 Microsystems, Wetzlar, Germany). 5 dpf zebrafish larvae were first anesthetized in 0.2 mg/ml tricaine,
320 and subsequently mounted laterally in a drop of 1.3% low melting agarose on a Willco-dish glass bottom
321 microscopy dish (Willco Wells B.V., Amsterdam, The Netherlands). Once the agarose solidified, the fish
322 were surrounded by 0.2 mg/ml tricaine and then imaged using the 40x long working distance water
323 immersion lens. Z-stacks were acquired using the Leiden Application Suite X (LAS X).

324 Sample collection and preparation

325 Samples involving bacteria incubated in LB and AFW were prepared as follows. Bacteria were prepared
326 as described for the infection model. $1e^8$ bacteria per ml were isolated from an overnight culture,
327 pelleted, and redissolved in 1 ml of sAFW. Subsequently, this was added to a sterile petri containing 24
328 ml of sAFW with or without zebrafish larvae and incubated at 28°C. 2 ml of the diluted bacteria was
329 collected at 1dpi and 2dpi, centrifuged for 5m at 5k x g, and the resulting pellet was dissolved in 27 µl
330 sAFW and 3 µl 10 nm gold beads (Cell Microscopy Core, Utrecht University, Utrecht, The Netherlands).
331 For each time point, grids were prepared using a Leica EM GP (Leica Microsystems, Wetzlar, Germany)
332 by adding 3 µl of the sample directly to a glow discharged Quantifoil R2/2, 200 mesh Cu grid (Quantifoil
333 Micro Tools GmbH, Jena, Germany), incubated for 30s, blotted for 1s and immediately plunged into a
334 liquid ethane cooled to -184°C. Grids were transferred to grid boxes and stored in liquid nitrogen until
335 imaging.

336 Samples associated with the AB zebrafish and larvae were prepared using a portable manual plunger
337 (Depelteau *et al.*, 2020). In brief, 3 µl of sample was added to a glow discharged Quantifoil R2/2, 200
338 mesh grid, incubated for 30s, and manually plunged into a liquid ethane/propane mixture cooled by
339 liquid nitrogen (Tivol *et al.*, 2008). For experiments using germ-full larvae and adults, the anti-*Vibrio*

340 *cholerae* polyclonal antibody (KPL Bactrace, ELITechGroup, Spankeren, Netherlands) was added to the
341 excreted bacteria sample as a way to identify *V. cholerae* cells during target selection for cryo-ET. The
342 addition of the 5 nm beads during the sample preparation process acted as a secondary that was easily
343 visualized in the electron microscope.

344 Cryo-EM

345 All cryo-EM samples were screened using a Thermo Fisher Scientific (TFS; Waltham, MA, USA) Talos
346 L120C equipped with a Ceta CMOS camera and extended cooling. Samples were inserted using a Gatan
347 626 side entry holder (Gatan Inc, Pleasanton, CA, USA).

348 Cryogenic electron tomography data was collected using a TFS Titan Krios microscope equipped with
349 either a Gatan K2 BioQuantum or the Gatan K3 BioQuantum direct electron detection camera, both
350 equipped with a post-column energy filter operating with a slit width of 20eV. The data collected from
351 cells in AFW was collected using UCSF Tomography using a bidirectional tilt scheme of -54° to 54° with 2°
352 increments, the K2 camera with a pixel size of 5.44Å, a defocus of -6µm and total dose of 100 e⁻/Å²
353 (Zheng *et al.*, 2007) The data collected from excreted cells was collected using SerialEM with a
354 bidirectional tilt scheme of -54° to 54° with 2° increments, the K3 camera with a pixel size of 4.41Å, a
355 defocus of -8µm, and total dose of 140 e⁻/Å² (Mastrorade, 2005).

356 Serial Block Face Scanning Electron Microscopy

357 After fixing the material for 2 h at room temperature with 2.5% GA + 2% PFA in 0.15 M Cacodylate
358 buffer containing 2 mM CaCl₂, the material was washed 3 times with buffer and then placed into 2%
359 OsO₄ / 1.5% potassium ferrocyanide in 0.15 M Cacodylate buffer containing 2 mM CaCl₂. The material
360 was left for 60 minutes on ice. After washing 3 times in milliQ water, the material was placed into 1%
361 thiocarbohydrazide for 20 m at room temperature. The material was again washed and then stained
362 with 2% aqueous OsO₄ for 30 m at room temperature. After washing 3 times, the material was placed

363 into 1% Uranyl acetate for 2 h at room temperature. The material was washed with milliQ water then
364 stained with lead aspartate for 30 m at 60°C. The material was again washed with milliQ water and then
365 dehydrated on ice in 20%, 50% and 70% ethanol solutions for 5 m at each step. After replacing the 70%
366 ethanol with a fresh 70% ethanol solution, the samples were kept overnight at 4°C. The next day,
367 samples were dehydrated in 90%, 100%, 100% ethanol solutions for 5 m at each step. Next, the material
368 was kept in dry acetone for 10 m on ice, and another 10 m in fresh dry acetone at room temperature.
369 The material was infiltrated with 25%, 50% and 75% Durcupan ACM solution in acetone for 2 h at room
370 temperature for each step, followed by an overnight step at room temperature in 100% Durcupan resin.
371 The next day, the material was placed in fresh Durcupan resin for 2 h at room temperature, after which
372 the material was flat embedded and polymerized at 60°C for 48 h.

373 Data were collected with a 3View2XP (Gatan Inc, Pleasanton, CA, USA) unit installed on a Zeiss Gemini
374 300 field emission SEM (Carl Zeiss Microscopy GmbH, Jena, Germany). The volumes were collected at
375 1.8 kV accelerating voltage and variable pressure at 5 Pascal. The pixel dwell time was 2 μ s, with a pixel
376 size of 10 nm and a section thickness of 75 nm.

377 [Imaging processing and statistical analysis](#)

378 Imaging data collected from the cryo-electron microscope was processed using the IMOD image
379 processing suite (Kremer *et al.*, 1996). Initially, frames were aligned using the alignframes feature, and
380 the resulting tilt series were batch processed using batchruntomomo (Mastrorarde and Held, 2017). The
381 initial tomograms were reviewed for quality, and select tomograms were then further processed to
382 improve the bead model and positioning, and finally reprocessed with a SIRT-like filtered back projection
383 to improve the contrast.

384 Segmentation and cell length measurements were obtained using the 3dmod component of the IMOD
385 image processing suite (Kremer *et al.*, 1996). Length measurements were normally distributed, variance

386 was compared and then significance was determined using a pool-variance two sample T-test (Statistics

387 Kingdom, 2021).

388

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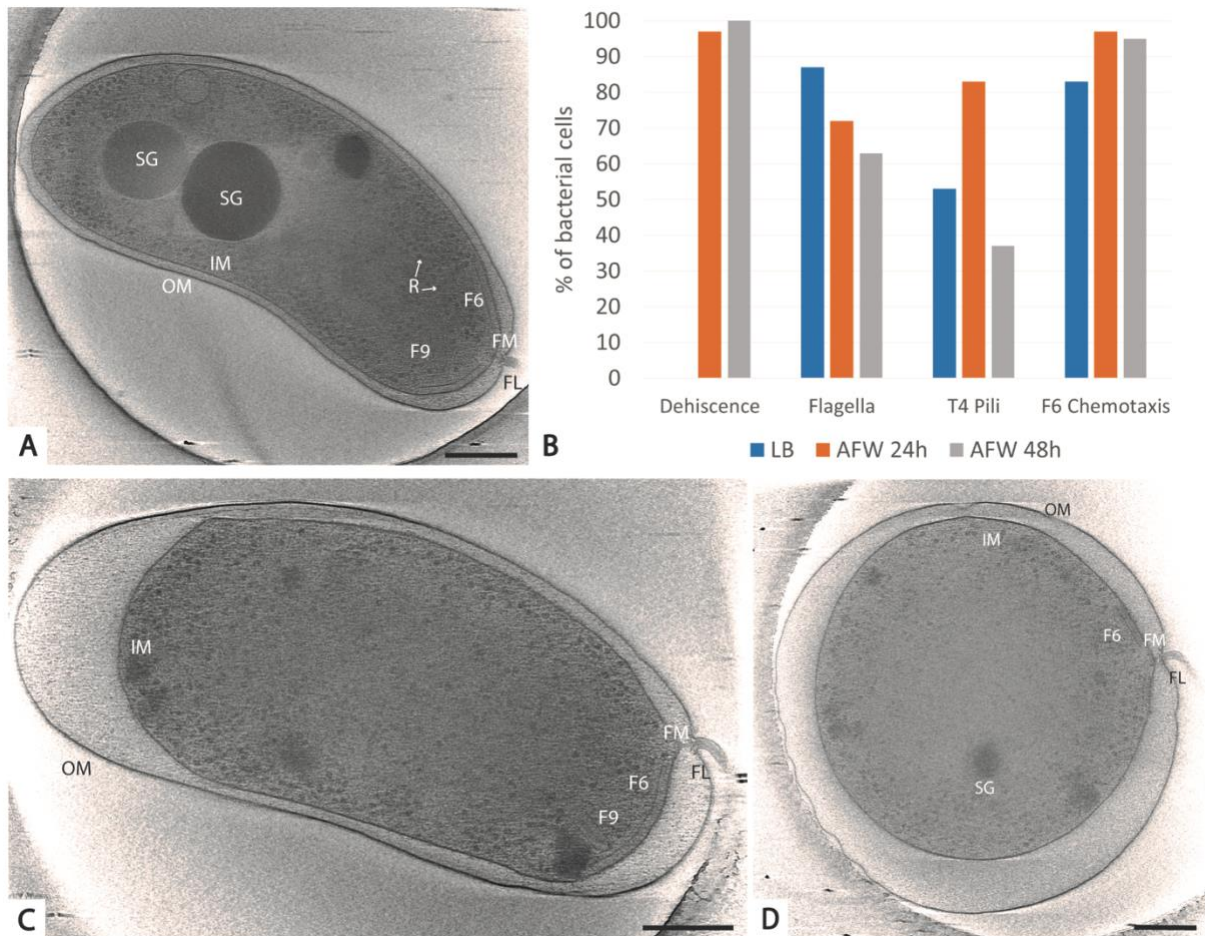
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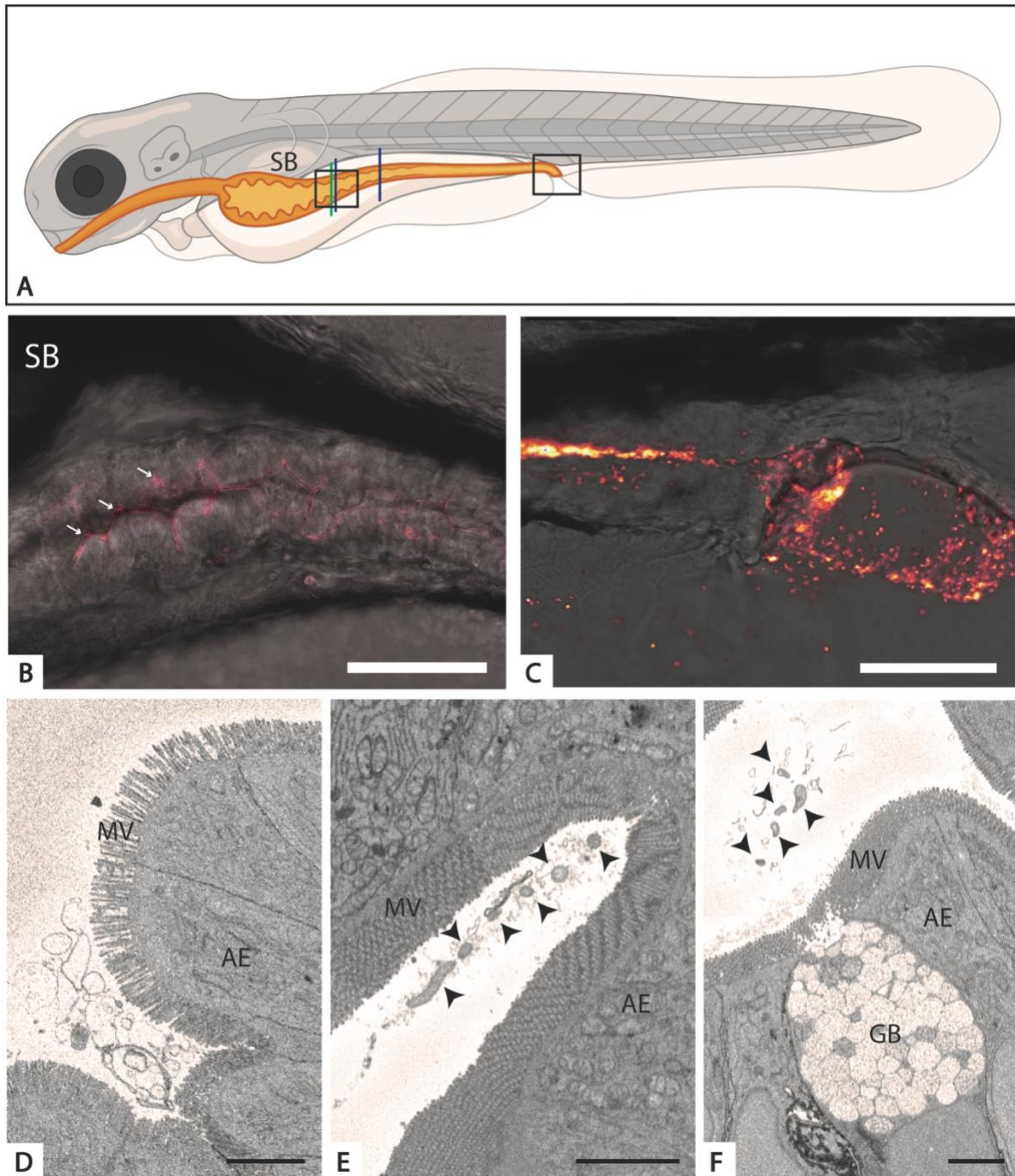
493 Figure legends



494

495 **Figure 1:** Ultrastructural analysis of *V. cholerae* transition from LB to artificial fresh water. *V. cholerae*
496 A1552 in LB retain their characteristic comma shape and features (A). Quantification of the presence or
497 absence of the dehiscence phenotype and the molecular machines known to be important in infection
498 are detailed in B. After 24 h in AFW, the shape drastically changes, especially between the inner and
499 outer membrane (C), and this dehiscence phenotype continues after 48 h in AFW (D). OM, outer
500 membrane; IM, inner membrane; SG, storage granule; F6, membrane-embedded chemotaxis array; FM,
501 flagellar motor; FL, flagella, R, ribosome; F9, cytoplasmic chemotaxis array. Scale bar = 250nm.

502



503

504 **Figure 2:** Colonization of the 5 dpf zebrafish larvae with C6706-tdTomato characterized by fluorescence

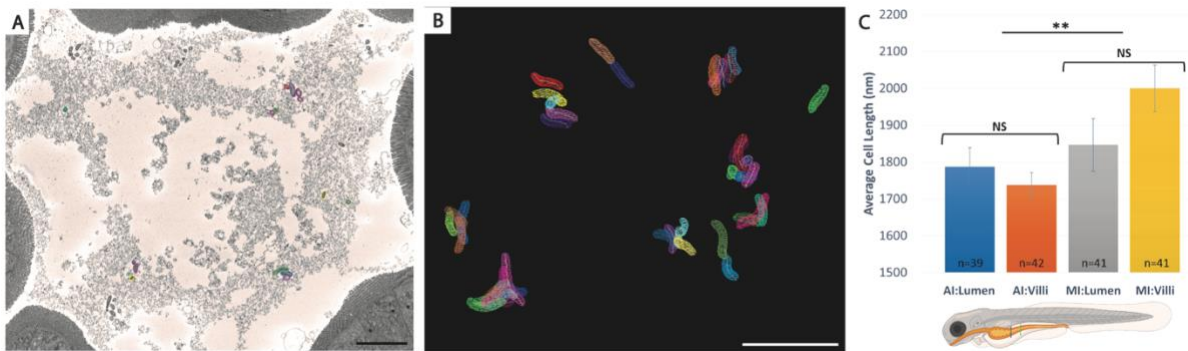
505 and serial block face scanning electron microscopy. A. A schematic of the zebrafish larvae highlighting

506 the gastrointestinal system (orange) and the areas of interest. B. & C. Fluorescent imaging of the

507 anterior intestine (B, left square in A) and posterior intestine and cloaca (C, right square in A). The white

508 arrows in B indicate areas of colonization. D-F. Representative sections of the germ-free (D, green line in
509 A) and C6706-tdTomato infected zebrafish larvae at the anterior (E, left blue line in A) and mid-intestine
510 (F, right blue line in A). *V. cholerae* cells are indicated with black arrows. SB, swim bladder; AE,
511 absorptive enterocytes; MV, microvilli; GB, goblet cells. Panel A was created with Biorender.com. Scale
512 bar = 75 μ m (B); 50 μ m (C); 3 μ m (D-F).

513



514

515 **Figure 3:** Quantification of *V. cholerae* cell length at different locations in the zebrafish gut. A.

516 Representative SBF SEM micrograph from the lumen denoting the location of bacteria and highlighting

517 the ones that had been segmented in that section. B. A graphic of most of the bacteria that were

518 segmented for the analysis of bacteria in the lumen and unassociated with the brush border. C. A graph

519 showing the average length of the segmented cells and associated standard deviations. Groups include

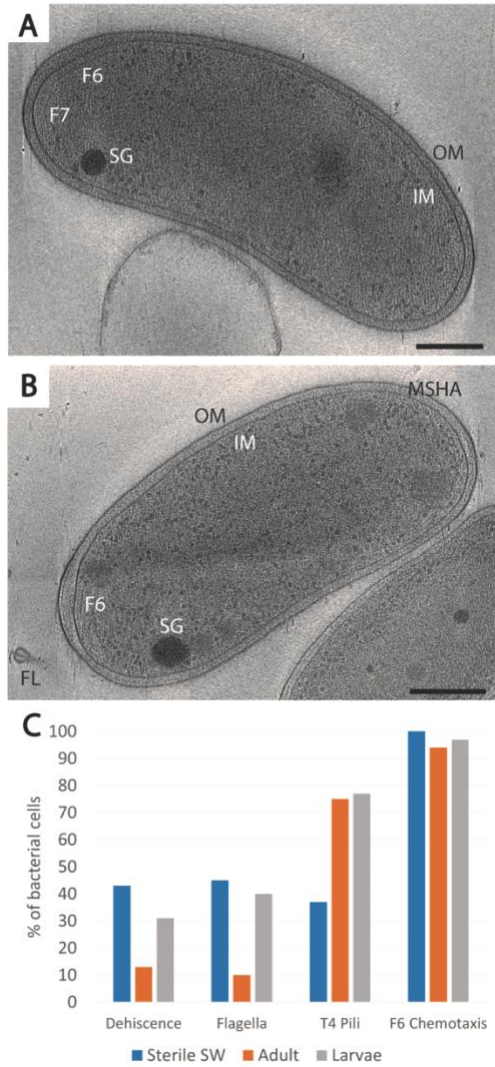
520 anterior intestine –lumen (AI-Lumen, blue line), anterior intestine -villi (AI-villi, blue line); mid-intestine

521 lumen (MI-Lumen, green line); mid-intestine-villi (MI-Villi, green line); and the sum of each area: anterior

522 intestine villi and lumen (AI-Total); and mid-intestine villi and lumen (MI-total). Zebrafish schematic in C

523 subset was created in Biorender.com. Scale bars = 5 μ m. ** p < 0.01.

524



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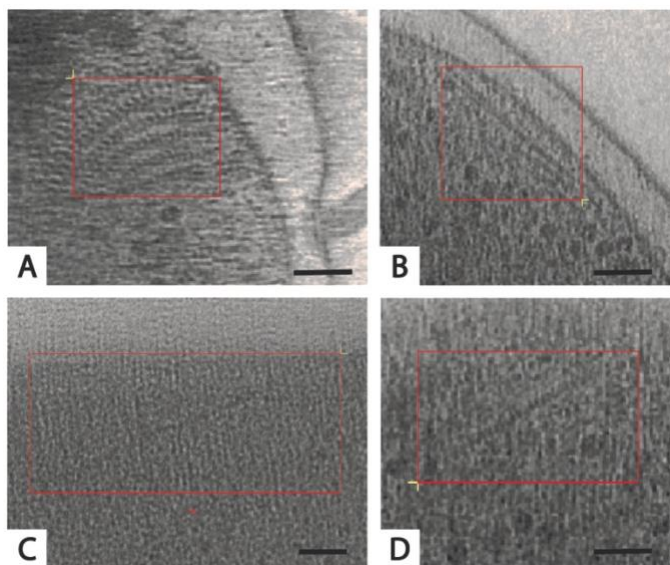
526 **Figure 4:**Morphology and machine changes of *V. cholerae* excreted from zebrafish (adult or larvae).

527 Individual micrographs of a cell excreted from the adult zebrafish (A) or larvae (B). C. Quantification of

528 structures important to the infection cycle. OM, outer membrane; IM, inner membrane; SG, storage

529 granule; F6, membrane-imbedded chemotaxis array; FL, flagella. Scale bar = 250nm.

530 Supplementary Figure



531

532 Figure S1. Unknown structures observed in cells in freshwater environments. A. Wavy filament. B.

533 Linear filament 1. C. Periplasmic filament. D. Linear filament 2. Red box identifies boundaries of

534 structure. Scale = 50nm

535