

The need for bottom-up assessments of climate risks and adaptation in climate-sensitive regions

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Studies of climate change at specific intervals of future warming have primarily been addressed through top-down approaches using climate projections and modelled impacts. In contrast, bottom-up approaches focus on the recent past and present vulnerability. Here, we examine climate signals at different increments of warming and consider the need to reconcile top-down and bottom-up approaches. We synthesise insights from recent studies in three climate-sensitive systems where change is a defining feature of the human-environment system. Whilst top-down and bottom-up approaches generate complementary insights into who and what is at risk, integrating their results is a much-needed step towards developing relevant information to address the needs of immediate adaptation decisions.

It is well established that a global mean level of warming can include large differences in rates of regional warming and the magnitude of impacts between and within countries, even at 1.5 and 2 °C (refs. ^{1–3}). For example, in the ensemble mean of the Coupled Model Intercomparison Project Phase 5 (CMIP5) models, the future warming rate over drylands was found to be roughly 1.35-times that of the global mean surface warming⁴. Studies on the emergence of climate change also suggest that in low latitude regions climate signals may emerge more quickly than in many areas of the world⁵. Moreover, impacts are not always linearly related to global mean temperature, for example at 1.5 °C simulated maize yields in drylands decrease slightly, whereas at 2.0 °C more significant reductions in yield occur⁴. One estimate, based on a range of emissions scenarios, shows future daily temperature extremes will affect the poorest 20% to a greater extent than the wealthiest 20% of the global population due to the geographical distribution of poverty⁵, a result confirmed in many studies and assessments⁶.

Understanding the impacts of 1.5 °C of mean warming, compared to the impacts at 2 °C, is a major challenge for research and policy, and to date has primarily been addressed through top-down modelling approaches. Top-down assessments involve taking climate model projections as a starting point to assess physical and ecological impacts, and using multiple projections to assess ranges of uncertainty for future states. Here, we refer to this wide body of modelling and assessment activity as the top-down approach^{7,8}. Top-down assessments are most frequently applied to define initial assumptions and to scope adaptation assessments, often without critical engagement with underlying physical or social relations within the original models of the systems⁹. Such approaches are not

without their challenges and, whilst these have been recognized for some time^{7,10,11}, progress towards effective linkage between top-down and alternative approaches has been piecemeal^{12,13}.

There are multiple challenges. First, methodological complexities mean that various methods have been used to develop projections from global climate models at different levels of warming, each with its own strengths and weaknesses¹⁴. Some changes will also continue after global climate has been stabilised around a given level, especially sea-level rise, which has a strong commitment^{15,16}. Second, impact model intercomparison exercises, such as the Inter-Sectoral Impact Model Intercomparison Project (ISIMIP, including biophysical and economic models), have shown that results from different impact models simulating the same systems under the same climate change conditions may show considerable variability^{17,18}. Third, describing biophysical impacts of climate change produces a generalized indication of future risks, but in itself this does not provide a direct entry point into present-day decision-making and adaptation^{19–21}. This additional step involves translation of model results into more user-relevant information that is contextualized to suit the specific needs of agencies, communities and individuals, and generally requires a role for intermediaries^{22–24}. A focus on ‘systems of receptors rather than conventional sectors’²⁵ can be useful; one such example is a multidisciplinary methodology building on value chain mapping, with analysis tailored to the specific characteristics of semi-arid areas (seasonality, mobility and informality) and assessing climatic risks at all stages of the value chain²⁶.

The essential and common elements of bottom-up assessments are: finer geographical scale and focus on physical, ecological or social processes, as well as current sensitivity to weather and climate;

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assessments of the plausible options for adaptation within current technological, ecological or perceived social limits; and a diversity of normative measures of risk to elements of society, including strong analytical emphasis on vulnerable populations^{27,28}. To our knowledge, there are relatively few examples of bottom-up approaches at specific levels of warming²⁹, because these holistic studies include multiple drivers of change (which can be significant), and because many bottom-up studies seek to produce contextualised information relevant for decision-makers, whatever levels of climate impacts are plausible^{7,30}. Furthermore, a major discrepancy exists between the large scale at which biophysical impacts of climate change are generally studied, and the local scale of analysis typically adopted in bottom-up studies^{31,32}. The bottom-up approaches are people-centred, and attempt to derive and generate knowledge based on peoples' understandings of present and changing conditions, risks and responses. Such studies take a person or population as the starting point and seek to locate climate change within a broader array of vulnerabilities and behaviours¹⁹.

Both bottom-up and top-down approaches grapple with the challenge of characterising the effects of climate change in complex human-environment systems. This complexity is strongly manifest in many developing countries where current rates of socio-economic and environmental change are unprecedented. Population growth, urbanization and other non-climate stressors may obscure the effects of slow onset changes in climate and changes in the frequency/intensity of infrequent extreme events. The direct and indirect impact pathways of climate effects are entangled in webs of interconnections at various temporal and spatial scales³³. It is noteworthy that the Intergovernmental Panel on Climate Change (IPCC) Fifth Assessment Report only attributes a few changes to observed climate change with high confidence of detection and attribution; many observed effects could be explained by mechanisms other than observed climate change³⁴. The assumptions required for modelling often preclude the ability to capture such detail. Whilst more bottom-up, fine-grained analyses address complexity, their results may be difficult to generalize because of their specificity.

Many frameworks have been proposed for adaptation²⁸, climate risk management^{35,36} or risk screening^{37,38}. Most approaches incorporate elements of top-down and bottom-up approaches, and involve a sequence of actions that can be broadly summarized as follows: (1) consult about the problem and agree the aims of the exercise; (2) integrate climate risks in the context of users' wider attitudes to risk (including non-climate risks) and decision-making processes; (3) identify current vulnerabilities to climate and assess the significance of future climate risks to current situations or plans; (4) identify options and prioritise responses; (5) implement decisions; and (6) monitor, evaluate and adjust.

The assessment of risks (stage (3) in the list above) has been dominated by top-down approaches and is challenging as climate projections and impacts are highly uncertain, even in the near term, and frequently do not match user requirements for specific detail and levels of confidence that are sufficient to influence decisions. Resolution of these issues and the dichotomy between bottom-up and top-down approaches has the potential to contribute to the demands of international and national adaptation policy. Policy-driven requirements are creating examples of pragmatic approaches to climate risk assessment²⁵, although to date they are primarily in high-income countries and none consider change at specific levels of warming. For example, the Dutch National Climate Change Adaptation Strategy adopted a rationalised approach to climate model projections using just four combinations, comprising moderate and warm global temperature increases coupled with low and high atmospheric circulation pattern changes³⁹. The Third United States National Climate Change Assessment emphasised recent climate trends and vulnerabilities within regions and sectors to characterise future risks and opportunities⁴⁰. While, the United Kingdom's

Second Climate Change Risk Assessment adopted a stronger focus on present day and future vulnerability, and prioritisation of adaptation action²⁵.

The synthesis of top-down and bottom-up approaches presented here draws on experiences and examples from the Collaborative Adaptation Research Initiative in Africa and Asia (CARIAA) research programme, which aimed to build resilience in three climate-sensitive systems by supporting research on adaptation to inform policy and practice⁴¹. CARIAA comprised four multi-disciplinary consortia, with partners from the global north and south, mainly universities but also including think-tanks, non-governmental organisations and practitioners. The design and diversity of each consortium, and the programme as a whole, highlight the range of activities and roles necessary to understand and inform actions on adaptation. The requirement to inform policy, and the prior experience of the research teams, led the programme to cultivate similar elements to the national assessments described above and to include many examples of top-down and bottom-up approaches.

In this Perspective, we address two questions: to what extent is it possible to characterise climate signals at increments of warming in rapidly changing situations? And, is it possible to reconcile results from top-down climate model projections of climate change with bottom-up assessments of vulnerability, to inform actions on adaptation? We present insights from both top-down climate projections and bottom-up descriptions based on recent research conducted through CARIAA (see Table 1 for a summary of locations and methods used in the studies presented here). These studies come from three climate sensitive systems (areas with high numbers of vulnerable, poor or marginalized people intersecting with a strong climate change signal^{32,42}): deltas, semi-arid lands, and river basins dependent on glaciers and snowmelt. We describe methodologies for the alternative top-down and bottom-up approaches and summarise results from studies based on contrasting methods. We conclude with a discussion of the need to reconcile the different approaches to produce decision-relevant information for adaptation at specific intervals of global warming.

Top-down climate projections and impact-modelling

Table 2 summarises the main results of global climate model (GCM) projections for each climate-sensitive system. With warming at 1.5 and 2.0 °C, deltas experience slow ongoing sea-level rise (even if emissions or temperatures stabilise), compounded by subsidence, and potential impacts increase to 2100 and beyond. The GCM projections show rates of warming higher than the global mean in most cases across 49 African countries/semi-arid lands⁴³. Higher warming is also seen across river basins dependent on the glaciers and snowmelt of the Indus, Ganges and Brahmaputra. Due to elevation-dependent warming, mountains are more susceptible to warming than the global average⁴⁴. A global temperature rise of 1.5 °C implies a warming of 2.1 ± 0.1 °C in the high mountains of Asia⁴⁵. Whilst the studies did not include detailed impact modelling, the levels of warming suggest that adaptation for these regions (which is not specified) would need to consider impacts of warming above 1.5 and 2.0 °C in both systems.

Bottom-up dynamics of vulnerability and adaptation

We present four examples of bottom-up approaches (including two from semi-arid lands) employing a range of qualitative and quantitative methods.

Deltas: observational mixed-method studies. Adaptation options are diverse in delta environments: these regions are accessible, productive, and are frequently sites of major populations and urban economic growth poles⁴⁶. Delta social-ecological systems are functionally diverse, and incorporate regions dependent on fisheries, aquaculture, agriculture and rapidly developing economies. Global

Table 1 | Summary of methods used in the studies presented

	Deltas	African countries/semi-arid lands	River basins dependent on glaciers and snowmelt ^a
Top-down	To assess the cumulative area in the flood plain, the magnitude of sea-level rise in a given year ¹⁰⁵ was added to a modelled surge component. This was undertaken for the Ganges–Brahmaputra, Indian Bengal, Mahanadi and Volta deltas in 2000, and with sea-level rise at 1.5 and 2.0 °C in 2100 and 2300 (ref. ¹⁰⁶).	Thirty-five GCMs were used from CMIP5 with the RCP8.5 forcing scenario for projections of temperature and precipitation. They evaluated the national level changes in temperature and precipitation in 49 African countries at global warming levels of 1.5 and 2 °C (ref. ⁴³).	An ensemble of 2 x 4 downscaled GCMs representative of the CMIP5 ensemble under RCP4.5 and RCP8.5 was used for the Indus, Ganges and Brahmaputra river basins in South Asia. A regional quantitative assessment of the impacts of a 1.5 °C versus a 2 °C global warming was undertaken ¹¹⁰ .
Bottom-up	Cross-sectional survey in 120 locations in the Volta, Mahanadi, Indian Bengal and Ganges–Brahmaputra–Meghna (Bangladesh) deltas that resulted in 5,450 completed questionnaires ⁵⁵ . Complemented with observational mixed-methods studies ^{52,107–109} .	Two examples: 1) Data on adaptation collected through a structured questionnaire survey of 325 small and medium enterprises in Kenya and Senegal ⁵³ . 2) Qualitative interview methodology used to detail life histories of individuals in Ghana, Kenya, Namibia and India ⁵⁹ .	A hybrid approach employing both qualitative and quantitative tools in the Chitwan District of the Gandaki basin in Nepal. Household surveys using stratified and some purposive sampling ⁸¹ . Qualitative methods included focus groups with communities, and discussions with local, district and national level stakeholders ⁸³ .

Full details can be found in the respective publications. ^aIndus, Ganges and Brahmaputra river basins.

assessments of climate risks to deltas as natural systems have principally highlighted biophysical risks from sea level change, subsidence and salinization of coastal waters, exacerbated by dam building and regulation of rivers⁴⁷. To test propositions about adaptation options and vulnerability, integrated assessments of adaptation, vulnerability and mobility were designed as part of the CARIAC programme. These assessments utilized policy analysis and observational studies on individual behaviour and choice, using both in-depth and extensive methods, building on experience of integrating bottom-up and top-down assessments for delta regions⁴⁸.

Critical adaptation dilemmas in deltas include the balance between hard engineering for protection, living with risks and possibly trying to work with nature, and the potential for eventual submergence/loss of coastal land. Governments seek to reconcile these dilemmas and have, for example, intervened to relocate whole vulnerable settlements from coastal regions^{49,50}. Many such planned relocations have been shown in bottom-up assessments to create new vulnerabilities and loss of agency for the communities involved⁵¹.

How delta resources are used are the outcome of myriads of individual decisions: hence a need for observational studies on agency and choice. Rice farming practices in deltas, for example, are highly exposed to both periodic floods and to creeping salinization, affecting food security and health outcomes^{52,53}. In-depth methods, including semi-structured interviews and focus groups with farming communities in the Mahanadi delta in India, show that insecure land tenure and uneven access to credit drives the spatial patterns of vulnerability to environmental hazards⁵².

Where populations are vulnerable to climate change, does this lead to higher levels of mobility and out-migration from these marginalised areas? Migration is a well-established means of economic development in deltas, which have been net recipients of population over the past five decades⁵⁴. A major cross-sectional representative survey in four delta regions ($n = 5,450$; Table 1) reported 31% of households with at least one migrant⁵⁵. Additionally, 40% of household heads reported an intention to migrate in the future. Are environmental risks part of this movement in deltas? The survey data captured motivations for migration: of 1,668 households with out-migrants, 60% reported that economic opportunities were the principal reason behind migration. Only 0.6% of respondents cited an environmental issue as the main deciding factor. Ostensibly, there were no or few self-reported environmental migrants in deltas under present conditions.

These bottom-up assessments of migration systems and decision-making have shown, across vulnerable environments globally, that environmental factors are significant in driving migration decisions, even where they are not directly reported as the principal motivation or where the risks are long term in nature^{56–58}. In the CARIAC research, a large proportion of populations over the four delta areas reported increased degradation, increased exposure to hazards and declining environmental quality over a five-year period. Perceived environmental risks, such as erosion, floods and cyclones, were found to be positively and significantly correlated with future migration behaviour across all deltas⁵⁵. The diverse studies across deltas indicate that adaptation options are highly limited in socially marginalised populations, and that established migration flows, which have acted as a mechanism for diversifying risk, are sensitive to climate changes.

Semi-arid lands: life histories. Livelihoods in semi-arid lands are under pressure due to macro-economic changes and incorporation into global markets, national development priorities, increasingly variable and stressed environmental conditions, and social and cultural change⁵⁹. The interaction of macro-level changes with highly dynamic local conditions generates a constant flux in livelihoods as people respond to changes and seek to actively manage their vulnerability^{60–62}. A life history approach was adopted by the CARIAC programme to understand the trajectories of people's lives^{63–66}, which builds on approaches in the area of livelihood responses but has rarely been applied to study vulnerability and adaptation in relation to climate change^{67,68} (Table 1). The study examined how livelihoods in semi-arid lands are characterised by 'everyday mobility' (less exceptional than migration and built into the fabric of people's lives) and how this mobility shapes household risk portfolios and adaptation behaviour⁶⁹. A strength of this approach is its capacity to capture significant points in people's lives and emphasise how risk and response portfolios change over time.

Across four semi-arid regions studied in Ghana, Kenya, Namibia and India, the results showed that mobility is an essential feature of many livelihoods (such as pastoralism, farming and natural-resource-based trading). Mobility enables people to access livelihoods (for example, by commuting), and provides a means to relocate and swap one location for another⁷⁰. Four dominant, but not exclusive, mobility types were identified: high frequency, short duration and often cyclical mobility; more idiosyncratic movement

Table 2 | Summary of three studies in climate-sensitive systems focussing on climate model projections and implications at 1.5 and 2.0 °C

Example	Global climate change			
	1.5 °C		2.0 °C	
	Projections	Implications	Projections	Implications
Deltas (GB, Indian Bengal, Mahanadi and Volta) ^{11,12}	Sea-level rise slows but does not stop with temperature stabilisation, representing a long-term threat.			
African countries/ semi-arid lands ⁴³	Sea level is projected to be 0.40 m and 1.00 m above present values by 2100 and 2300 ¹⁰⁶ , respectively (plus local subsidence). The relative change between 1.5 and 2.0 °C is much larger for countries with high aridity. There is greater national-level warming relative to global in the more arid countries, and less warming in more humid countries. African national-level temperatures, and in a number of cases precipitation, are climatologically different at 1.5 and 2.0°. This suggests that, at current levels of vulnerability, the differential impacts of climate change at these two stabilisation levels will be significant. Of 49 countries analysed, only five show an ensemble median national-warming less than 1.5 °C, and 19 countries show more than 1.75 °C. In southern Africa, all countries show ensemble median changes in drying; In East Africa, there is wetting in all countries, except Djibouti and Eritrea. West African countries exhibit a mixed signal.	Flood plain area increases up to 46% (GB); 80% (Indian Bengal); 47% (Mahanadi); and 58% (Volta) from 2000 to 2100.	Sea level is projected to be 0.46 m and 1.26 m above present values by 2100 and 2300 ¹⁰⁶ , respectively (plus local subsidence).	Flood plain area increases up to 47% (GB); 80% (Indian Bengal); 49% (Mahanadi); and 58% (Volta) from 2000 to 2100.
River basins dependent on glaciers and snowmelt (IGB) ¹⁰	A global average warming of 1.5 °C is associated with warming of 1.4–2.6 °C for the IGB. Precipitation most likely increases for the entire IGB. Inter-annual variability of precipitation decreases in areas with low inter-annual variability and increases in areas with high inter-annual variability.	Quantitative changes in a set of ten climate change indicators are linked to expected impacts for different sectors.	At 2.0 °C global average warming, the IGB is associated with 2.0–3.4 °C. Changes in climate change indicators other than air temperature correlate linearly with temperature increase. The range in the precipitation projections is large.	African national-level temperatures, and in a number of cases precipitation, at 1.5 and 2.0 °C are climatologically different. This suggests that, at current levels of vulnerability, the differential impacts of climate change at these two levels will be significant.

GB, Ganges-Brahmaputra delta; IGB, Indus, Ganges and Brahmaputra river basins.

of varying durations and frequencies; permanent relocation; and immobility.

These cases demonstrate the fluid nature of migrant livelihoods across rural and urban areas, and showcase how people switch between livelihoods in often opportunistic and unplanned ways. Whilst the risks—whether environmental, such as drought, or socio-political, such as conflict, gender-based violence and family deaths—are strongly associated with specific livelihoods, they also hint at the more structural nature of vulnerability. For example, chronic conflict that erupts periodically and is simply unavoidable for many, undermines the already marginal livelihoods practiced. Moving is often found to bring new risks as well as helping to positively impact on the profile of existing risks.

A dynamic relationship between livelihood shocks and responses is apparent. The ability to conceptualise a person's trajectory is important as it can reveal whether they are moving in a positive or negative direction⁵⁹. Knowledge about a trajectory, and the nature of the risks and adaptation options available to a person or household, can provide a good indication of the type of interventions that might be effective^{68,69,71} and when to intervene.

Semi-arid lands: survey and econometrics. Econometric techniques can be used to tease out specific relationships between climate factors and wider socio-economic activities, to study how adaptation is manifest and its major influences, based on empirical

data obtained through one-off or repeat surveys. The object of analysis is generally economic agents, often farmers^{72,73}, but includes small businesses⁷⁴ that represent a critical employment opportunity for many people, in particular in rural areas in developing countries⁷⁵. Analytical scales may range from studies of individuals using qualitative⁷⁶ and quantitative methods⁷⁷, to studies of large organisations⁷⁸.

Within the CARRIAA programme, a survey of small and medium enterprises (SMEs) in Kenya and Senegal was designed to collect extensive information on firms' adaptation behaviour to both current climate variability and future climate change⁵³ (Table 1). Adaptation responses were grouped into three categories: sustainable adaptation (business preservation measures); unsustainable adaptation (business contraction measures, including sale of assets); and planning measures firms take to prepare for climate change (forward looking and long term). Statistical models were used to examine two questions: how the balance between sustainable and unsustainable adaptation changed as a function of climate stress; and how current adaptation behaviour affected the likelihood of firms planning for future climate change. Surveyed firms reported on their exposure to droughts, floods and various other extreme climate events.

The average number of climate extremes experienced by firms in the last five years was 1.86 (s.d. = 1.49). Of those surveyed, two thirds did not recognize climate change as an immediate priority.

Nevertheless, the survey results revealed that the majority of firms (52%) are adapting to current climate variability and employing a range of strategies, often including a mixture of sustainable and unsustainable measures. Adapting firms experienced substantially higher climate risks but only 45.2% of firms had adopted some sustainable adaptation measures, whilst 25.6% resorted to business contraction strategies. The most frequent adaptation response was an adjustment in the commodities or crops produced.

Using an ordered probit model, the link between current adaptation behaviour and the likelihood of planning for future climate change was examined⁵³. The extent and quality of current adaptation practices was found to have a significant influence on the probability that SMEs would plan for future climate change. SMEs that were currently engaging in adaptation practices were more likely to plan for future climate change, and the likelihood of future planning was higher for those adopting sustainable practices. The authors note that their analysis was based on cross-sectional evidence, making it difficult to conclusively determine the causality of some of the correlations obtained—collection of panel data would strengthen the evidence base⁵³.

Glacier- and snowmelt-dependent river basins: mixed methods. There is an important strand of bottom-up approaches, represented in community-based adaptation⁷⁹ and community-level risk assessments¹⁹, that draw from an underlying positionality that aims to foster participatory engagement through a suite of methods comprising participatory rural appraisal⁸⁰. These methods are designed to elicit information about livelihood contexts, resilience and local hazards through dialogues, seeking to gain trust of communities. Through learning about the indigenous capacities, knowledge and practices, the aim is to identify local risks and responses⁷⁹.

As part of CARIAA, in the Gandaki river basin in Nepal, household surveys that considered migration decisions, major environmental stressors and adaptations⁸¹ were complemented by consultations including focus group discussions with village development committees, and interviews with stakeholders at local, district and national levels to identify, categorize and rank feasible adaptation options⁸². A majority of the households (91%) reported perceiving changes in the climate and experiencing environmental shocks over the last decade, including increase in annual, summer and winter average temperatures. Households also reported a decrease in rainfall and snowfall, as well as more erratic rainfall. Agriculture is the major source of livelihood for more than 80% of the households, but only 35% of the households reported at least one adaptation measure, despite more than 90% perceiving a change in the climate. The response measures undertaken by households are mostly autonomous and taken to ward off immediate risks rather than being proactive adaptive strategies.

In upstream areas of the basin, education was the major reason given for migration, followed by employment; whereas in midstream and downstream areas, seeking employment was the major driver. Only three per cent of respondents had been displaced temporarily due to extreme events in the last ten years. Permanent outmigration of whole families was high and this large-scale depopulation was felt to have negatively impacted existing socio-ecological systems, increased human–wildlife conflict and increased invasive species, with negative consequences in the agricultural sector. The overall impact of these changes is contributing to the neglect or abandonment of agricultural lands in these study sites⁸³.

Conclusions and outlook

We set out to consider the extent to which it is possible to characterise climate signals in rapidly changing developing country situations and at particular increments of warming. The top-down climate model projections suggest that rates of warming in climate sensitive systems are likely to be higher than the global mean and that there

are quantifiable differences in temperature and, to a lesser extent precipitation, between 1.5 and 2.0 °C. We note that the methodological challenges associated with defining changes in GCM projections have not been dealt with consistently across the studies and this might affect the magnitude of some of the differences obtained. Whilst this is an important point from a scientific perspective, the level of technical complexity required to achieve full consistency would likely be too demanding for the operational realities of adaptation planning. For deltas, the slow response in sea level rise has consequences beyond 2100 even with a stable temperature¹⁶. Hence stabilisation of climate reduces the threats to deltas, but it is insufficient to characterise these benefits solely by analysing reduced flood depths and areas in this century. Similarly, even if global temperature stabilized at its present level, Asian glaciers would continue to lose mass through the entire twenty-first century⁴⁵.

The top-down studies we consider here do not simulate the sectoral impacts of climate model projections—the impacts are implied—and are presented with the message that in many cases they will be greater in these climate sensitive systems than the global mean. Such information is valuable to a mitigation agenda aiming to cut emissions to reduce long-term future impacts¹³. It might be desirable to run sectoral or integrated assessment models with these projections to describe impacts. However, impact models have their own limitations, including inter-model differences and high demands for data inputs and technical capacity, often lacking in low-income countries. These issues compound the challenge of incorporating and communicating the high levels of uncertainty arising from multiple climate projections, particularly for precipitation (for example, the projections for African countries/semi-arid lands in West Africa, in Table 2, include both wetting and drying scenarios).

In all four bottom-up examples socio-economic change is, if not a defining then at least highly important, feature of the human-environment system. However, the extent to which socio-economic change dominates the climate narrative is partly a function of the aims and scope of the analysis. Where there is a strong aim to focus purely on the role of climate, it inevitably forms a large part of the results. For example, analysis in Nepal (in one of the glacier- and snowmelt-dependent basins) shows strong linkages between the effects of climate trends and extremes on livelihood outcomes (including migration). In cases where the aims are more targeted to understanding system dynamics (such as in the life histories approach in semi-arid regions), a more complex picture emerges in which the role of climate is hard to disentangle, or features as a minor direct influence on the process being studied. In deltas, the rates of socio-economic change are so high in recent and near-term future decades (for example, in the last 70 years, the population of Bangladesh increased more than four times) that they all but swamp climate signals^{46–48}, apart from short-run effects of extreme events such as cyclones. In semi-arid lands, variability and flux are clearly inherent and critical aspects of the human-environment system; it is therefore essential to consider both climate and non-climate factors for a full understanding of such systems relevant to effective adaptation and development, even within the timescales of when 1.5 and 2.0 °C warming could occur.

The bottom-up approaches consider the effects of climate change in the recent past, typically based on recall, and on specific aspects of human-environment systems. The surveys and statistical modelling exercises presented here test hypotheses about the role of climate hazards in affecting migration decisions and SME actions on adaptation. The life histories and participatory survey provide insights to the frequency of mobility associated with changing environmental conditions, and the livelihood impacts of climate trends and hazards, respectively. These methods add to the existing suite of approaches, such as agent-based modelling, climate analogues and participatory scenario planning, that examine

climatic and non-climatic drivers of adaptation action⁶⁸. Climate signals in all four examples are manifest in complex ways within each system and, beyond damage assessments of specific extreme events, it is extremely challenging to characterise in detail the role of climate variability/change. Respondents in the surveys rank environmental factors as a very low, linear (or direct) influence on decisions about migration in deltas⁵⁵, and indicate climate change to be a low priority for most SMEs in semi-arid lands⁵³. However, in both cases respondents may not include indirect effects in their evaluations, and secondary impacts could include disruption to livelihoods and to reliability of service delivery, such as water and electricity, through disruption to infrastructure⁸⁴. The literature on migration cautions against simplistic ‘driver-response’ analyses, arguing that decisions to migrate are highly complex and location specific^{69,85}. The bottom-up research highlights the reliance, either directly or indirectly, of many people on the natural environment and the significant role of compounding shocks in people’s (downward) trajectories. Bottom-up studies may also address why people are differentially vulnerable and why some people adapt while others do not.

In summary, the four bottom-up examples presented here do not provide clear attribution of climate signals at increments of warming because of confounding factors, but they do find that climatic risks mediate response behaviour. Their focus on the recent past provides valuable insights into vulnerabilities within societies that have experienced the local climate manifestation of about 0.65 °C global warming since 1950. These insights are empirical evidence of likely sensitivities and opportunities that will arise as climate change is increasingly manifest in the future. The embeddedness and interplay between climate and society (and hence difficulty with attributing causality) underscores the critical need to situate climate adaptation within the context of broader socio-economic, environmental and political processes; something that top-down approaches often fail to consider.

Our second aim was to examine whether it is possible to reconcile results of top-down model simulations of climate impacts with bottom-up analyses of vulnerability, to inform actions on adaptation. A large part of the difference in the resulting knowledge generated is ultimately derived from this contrast in approach: one that embraces the complexity of lived experiences and the other that aims to simplify complex systems to simulate the climate signal. Bottom-up approaches comprise a vast array of initial assumptions, methods, scales and analytical designs. Likewise, top-down approaches have to choose from many different models and assumptions, scales and analytical designs. All methods have their strengths and weaknesses, for example three of the four bottom-up studies have used questionnaire surveys that can be biased in favour of the respondent (particularly the head of household) or lack flexibility to elicit nuance in responses with respect to environmental change and degradation⁸⁶. There are important methodological concerns and more fundamental critiques of the discourse of participation^{87,88}.

The multiplicity of choice is not necessarily a bad thing, but providing clear guidance on strengths and weaknesses of methods will help researchers and practitioners with less experience. Moreover, as programmes such as ISIMIP (ref. ¹⁷) support standardised approaches to promote consistency and comparability in impacts studies, so bottom-up approaches will need to consider consistency and representativeness. Whilst some bottom-up approaches are not easily commensurate with or appropriate for such requirements⁸⁹, the demand for studies of specific intervals of warming (for example, to inform the IPCC) and the requirement of international programmes to measure and track progress on adaptation⁹⁰ (for example, Article 7 in the Paris Agreement) will prompt renewed efforts to achieve this. Calls to systematise evidence and findings from the rapidly growing literature on adaptation^{91,92} recognise the importance of this need. Bottom-up studies of adaptation are also

important for policy development. Governments look for examples of what works, and what does not, when developing adaptation policies and thus corroborating studies. At the same time, such policies are developed within a broader climate change framework often informed by model projections. Most, if not all, National Adaptation Plans and Climate Change Acts will mention or frame policies within a context of future climate projections.

Whilst the examples from the CARIAA programme shown here do not reconcile the alternative approaches (for example, their timescales and types of information), we argue that it is possible to blend insights from bottom-up and top-down approaches using expert judgement to generate a description of vulnerability and risks that is sufficiently detailed to inform decisions. The four bottom-up cases all provide contextualised insights to climate impacts that can capture the complex exposure units of interest to stakeholders and decision-makers (for example, factors influencing mobility and business decisions). Although there is a different temporal focus between top-down (future) and bottom-up approaches (past and present) the distinction is not exclusive. Bottom-up knowledge of complex human-environment dynamics has informed agent-based modelling for simulations of the future^{93,94}, and the role of climate therein can be used to infer consequences of future climate change impacts at different levels of warming derived from top-down approaches. Top-down approaches can be designed to focus more on recent and current trends, for example, the use of empirical crop-climate relationships and GCM projections to assess near-term food security risks⁹⁵. They can also be designed to address more practical and policy-oriented questions (considering systems of receptors) and to include a wider range of socio-economic and other changes alongside climate. Alternatives to projections involving narrative-based descriptions of climate are also gaining traction^{96–98}. In the absence of local and national impact assessments at specific global warming increments, one CARIAA consortium used a hybrid approach to generate locally relevant impact information⁹⁹. Previous national and regional impact assessments using transient GCM projections were used to identify relevant impacts in water resources, agriculture and health, at specific time slices in the future; these results were then scaled by the global temperature in the underlying GCMs to estimate impacts at 1.5 and 2.0 °C.

Much-needed progress in this direction will require increasing engagement between the two broad approaches^{25,39,40,100}. For example, the need for an iterative process that uses the outputs from top-down approaches to feed into the bottom-up approaches, the outputs of which can then be used to increase the skill of top-down approaches. In this way, we see a continual process through which both top-down and bottom-up approaches inform each other conceptually and practically, generating hybrid methods and information that is likely to be of greater utility in the short and long-term. A role for knowledge brokers is central to this process as it relies on knowledge synthesis and communication to inform practical actions. This role is already well recognised^{23,24,101}. Information from research needs to be filtered to fit knowledge demands of diverse stakeholders, a role or skillset that researchers often lack. In CARIAA, for example, each consortium adopted a strongly stakeholder-oriented approach in their research processes, including examples of co-design or repeat consultation through mechanisms like multi-stakeholder platforms, participatory vulnerability and risk assessments¹⁰², transformative scenario planning¹⁰³, and engagement through participatory research and transformative action research with migrants to delta cities⁵⁵. By recognising the fact that throughout any decision-process subjective prioritisation and normative judgements are required^{128,104}, no matter how much the process is quantified, an integrated approach based on expert judgement and consultation provides a pragmatic basis for decision-making.

Human-environment systems have co-evolved with climate and, by necessity, untangling them will always be challenging and

will inevitably require blending of methodological approaches. We have presented examples that show the importance of understanding climate within the context of rapidly changing climate-sensitive systems in the developing world through bottom-up approaches. Insights from such approaches provide critical information that addresses the needs of practical adaptation agendas. Bottom-up approaches need to receive more recognition in climate risk assessments, including those aiming to characterise impacts at different levels of global warming.

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D.C. and R.J.N. conceived the paper and outlined the first draft; D.C led subsequent drafts; S.B., M.T., B.A., C.S., R.D.C., W.N.A., F.C., A.L. and M.Z. contributed case study examples. All authors commented on subsequent drafts and revisions.

Competing interests

The authors declare no competing interests.

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