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# Interaction of Lower and Higher Order Hamiltonian Resonances 

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#### Abstract

The tools of normal forms and recurrence are used to analyze the interaction of low and higher order resonances in Hamiltonian systems. The resonance zones where the short-periodic solutions of the low order resonances exist are characterized by small variations of the corresponding actions that match the variations of the higher order resonance; this yields cases of embedded double resonance. The resulting interaction produces periodic solutions that in some cases destabilize a resonance zone. Applications are given to the three dof $1: 1: 4$ resonance and to periodic FPU-chains producing unexpected nonlinear stability results and quasi-trapping phenomena.


Keywords: Symmetry; Hamiltonian; double resonance; quasi-trapping.

## 1. Introduction

The presence of low (prominent) and higher order resonances in Hamiltonian systems enables the possibility of a special kind of double resonance. In such a case the higher order resonance zone will, if it exists, be embedded in the primary resonance zone of the low order resonance.

Consider a $n$ degrees-of-freedom (dof) Hamiltonian system in a neighborhood of stable equilibrium. We assume the Hamiltonian $H(p, q)$ can be expanded in a Taylor series of the form

$$
H(p, q)=H_{2}(p, q)+H_{3}(p, q)+H_{4}(p, q)+\cdots
$$

where the $H_{m}, m=2,3, \ldots$ are homogeneous polynomials in $p, q$ of degree $m$. The quadratic form $H_{2}(p, q)$ is Morse in $(p, q)=(0,0)$. Suppose that we have:

$$
H_{2}=\frac{1}{2} \sum_{m=1}^{n} \omega_{m}\left(p_{m}^{2}+q_{m}^{2}\right)
$$

or equivalently

$$
H_{2}=\frac{1}{2} \sum_{m=1}^{n}\left(p_{m}^{2}+\omega_{m}^{2} q_{m}^{2}\right)
$$

with positive frequencies $\omega_{m}, m=1,2, \ldots, n$. Often it is convenient to scale the coordinates near the stable origin of the system by putting $p, q \rightarrow \varepsilon p, \varepsilon q$ and dividing by $\varepsilon^{2}$. This leads to the Hamiltonian $H=H_{2}+\varepsilon H_{3}+\varepsilon^{2} H_{4}+\varepsilon^{3} \ldots$.

If necessary, we can approximate the frequencies $\omega_{m}, m=1,2, \ldots, n$ by rational numbers as the rationals are dense in the set of real numbers. This will add a perturbation term to the Hamiltonian.

A powerful theorem on the stability of Hamiltonian systems in the sense of exponentially-long time invariance of the actions was formulated and proved in [Nekhoroshev, 1977]. This theorem presupposes the absence of first or second order resonances in the system so it cannot be applied in our cases. In many applications in physics and engineering a combination of low and higher order resonances takes place. To avoid this problem one usually concentrates on the low order resonances neglecting the higher order ones. The purpose of our paper is to explore cases of combined low and higher order resonances to analyze the variation of the nonresonant actions (or amplitudes). The resulting dynamics turns out to be interesting, it throws new light on quasi-trapping phenomena and delayed recurrence.

The formulation of Hamiltonian resonance is well-known, see Sanders et al., 2007, Chapter 10, Tables 10.3-4]. For two dof, the low order resonances are $1: 2,1: 3$ and $1: 1$. A combination of low and high order would for example be the three dof resonances $1: 2: 7$ or $1: 1: 9$. A three dof first order resonance like $1: 2: 2$ can be part of the resonance $1: 2: 2: 7$. A basic observation is that in a large part of phase-space, the dynamics of the low order resonance dominates. However, in the absence of theoretical results that the orbits will remain in these low order resonance regions, we have to include and identify parts of phase-space, the resonance zones (introduced in Sec. (3), where the higher order resonances become important. The essence of the problems we are faced with arise already at three dof. So to understand the phenomena and theory we will in most cases restrict to three dof.

Our main tools will be normal form theory and the use of the Poincaré recurrence theorem from Poincaré, 1892, 1893, 1899, Vol. 3] to characterize the dynamics in resonance zones. The emphasis is on the analysis of dynamics with numerics for illustration. Recurrence in time-independent Hamiltonian systems on bounded domains implies that orbits cannot be trapped in a region that does not contain the initial position in phase-space. However, quasi-trapping, as described by Zaslavsky, 2007], plays an important part with consequences for the recurrence times. Suppose that an orbit travels through a resonance zone $M$. The zone may contain periodic and quasi-periodic solutions, homo- and heteroclinic solutions, tori and other geometric structures. The complexity of $M$ will determine the length of the time interval to pass the resonance zone. It turns out that in the case of three dof with one low order resonance involving two dof, we have two possibilities. In the first case the resonance zone $M$ may contain higher order resonances (see Sec. 31) that complicate the dynamics within the zone. This is a case of secondary or embedded double resonance. An example is found in our treatment of the $1: 1: 4$ resonance. In the second case no higher order resonance will be active in $M$ because of strong detuning, but a nonresonant forcing corresponding to a simple torus structure may impede and delay transition of the zone.

To characterize recurrence we will use the Euclidean distance $d$ in phase-space which is the distance of a phase-point with respect to its initial
conditions as a function of time. When considering the solutions of the initial value problem

$$
\dot{x}=f(x), \quad x(0)=x(0)
$$

in $\mathbb{R}^{n}$, this Euclidean distance written in components $x_{i}(t), x_{i}(0), i=1, \ldots, n$ will be at time $t$ :

$$
d=\sqrt{\sum_{i=1}^{n}\left(x_{i}(t)-x_{i}(0)\right)^{2}} .
$$

Near stable equilibrium, the dynamics of two dof Hamiltonian systems is dominated by a foliation of the energy manifold in tori that separate the phaseflow. This excludes diffusion phenomena. To study recurrence and quasi-trapping we consider mainly the simplest Hamiltonian context that allows for this phenomenon, three dof autonomous Hamiltonian systems. It follows from the proof of the recurrence theorem that for a fixed return distance $d$ the recurrence time on a bounded energy manifold will always be bounded by an upper limit except for a set of initial conditions of measure zero.

A formulation for these systems will be given in Sec. 24, Sec. 4 will introduce secondary resonances that may be active in so-called resonance zones. We find a typical example of these phenomena in the $1: 1: 4$ resonance of Sec. 各, another example, the $2: 2: 3$ resonance, was discussed in Verhulst, 2018]. An application of the $1: 1: \omega$ resonance with $\omega$ nonresonant will be the periodic FPU-chain with four particles in Sec. 6 In this problem, the $\alpha$ - and the $\beta$-chains behave quite differently. It was shown in Bruggeman \& Verhulst, 2018] that a periodic FPU-chain with four particles will be found again as a submanifold in a chain with $4 n$ particles. This motivates us to consider the dynamics of the periodic FPU-chain with eight particles in Secs. 7 and 8 .

Many papers were written on FPU-chains, we cannot do justice to these. A useful modern reference is Christodoulidi et al., 2010]. Regarding the existence of invariant manifolds (called "bushes") in classical FPU-chains, basic results are found in Chechin \& Sakhnenko, 1998; Chechin et al., 2002; Chechin et al., 2005]. In these papers grouptheoretical methods were used for coupled oscillator systems with special attention to $\alpha$ - and $\beta$ FPUchains. See for the existence of invariant manifolds
additional manifolds also Rink, 2001]. We will focus on examples of existence and stability of invariant manifolds for the classical periodic FPU-chain and for the FPU-chain with alternating masses. A remarkable result is that the linear or spectral stability concluded in the papers by [Chechin \& Sakhnenko, 1998; Chechin et al., 2002; Chechin et al., 2005] is in a number of cases destroyed by the nonlinearities. For this nonlinear analysis the idea of interaction of low and higher order resonances in resonance zones is essential.

Apart from chains of oscillators there is also an extensive literature on passage through resonance. Again we cannot do justice to all contributions. We mention Haberman, 2006; Neishtadt \& Su, 2013; Sanders et al., 2007, Chapter 8] with more references there.

We also note that there is clearly a connection with the topics of Arnold-diffusion, Aubry-Mather theory and double resonances. For references on some of these topics see [Cheng, 2015]. A detailed study of double resonances, Arnold diffusion, with many references can be found in [Efthymiopoulos \& Harsoula, 2013; Guzzo \& Lega, 2016]. Double resonances are often connected with the intersection of two resonance manifolds producing a so-called "resonant junction". Our approach is different as we discuss cases where one resonance is dominant but where in the prominent resonance zone a secondary higher order resonance zone is embedded. This scenario is natural in many applications.

The numerical illustrations were obtained by Matcont under Matlab with ode code 78, in most cases relative tolerance and abs. tolerance $e^{-15}$.

## 2. Three Degrees-of-Freedom

Consider the three degrees-of-freedom (dof) Hamiltonian $H(p, q)=H_{2}(p, q)+H_{3}(p, q)+\cdots$ with

$$
\begin{align*}
H_{2}= & \frac{1}{2} \omega_{1}\left(p_{1}^{2}+q_{1}^{2}\right)+\frac{1}{2} \omega_{2}\left(p_{2}^{2}+q_{2}^{2}\right) \\
& +\frac{1}{2} \omega_{3}\left(p_{3}^{2}+q_{3}^{2}\right) . \tag{1}
\end{align*}
$$

The frequencies $\omega_{1}, \omega_{2}, \omega_{3}$ are chosen positive; we assume that two of the frequencies, say $\omega_{1}$ and $\omega_{2}$, are close to a first or second order resonance of two dof, so we have that the ratios $\omega_{1} / \omega_{2}$ are $1: 2,1: 1$ or $1: 3$. Often we rescale the frequencies to obtain $\omega_{1}=1, \omega_{2}=k=1,2$ or $3, \omega_{3}=l$; detuning effects
to allow for small frequency perturbations can be added in applications. The three frequencies are not in first or second order resonance of three dof, so for rational $l$ we exclude neighborhoods of the natural numbers $1,2, \ldots, 6$.

As indicated before, we scale the coordinates near the stable origin of the system by putting $p, q \rightarrow \varepsilon p, \varepsilon q$ and dividing by $\varepsilon^{2}$. This leads to the Hamiltonian

$$
\begin{align*}
H(p, q)= & \frac{1}{2}\left(p_{1}^{2}+q_{1}^{2}\right)+\frac{1}{2} k\left(p_{2}^{2}+q_{2}^{2}\right) \\
& +\frac{1}{2} l\left(p_{3}^{2}+q_{3}^{2}\right)+\varepsilon H_{3}(p, q)+\varepsilon^{2} \ldots \tag{2}
\end{align*}
$$

So $\varepsilon^{2}$ is a measure for the energy with respect to stable equilibrium at the origin. We introduce action-angle coordinates $I, \phi$ by the transformation:

$$
\begin{align*}
& q_{i}=\sqrt{2 I_{i}} \sin \phi_{i}, \quad i=1,2,3, \\
& p_{i}=\sqrt{2 I_{i}} \cos \phi_{i}, \tag{3}
\end{align*}
$$

leading with (2) to

$$
\begin{gathered}
H=I_{1}+k I_{2}+l I_{3}+\varepsilon H_{3}+\varepsilon^{2} \ldots \quad \text { and } \\
\dot{I}=-\frac{\partial H}{\partial \phi}, \quad \dot{\phi}=\frac{\partial H}{\partial I} .
\end{gathered}
$$

We will also use amplitude-phase coordinates $r, \psi$ with transformations

$$
\begin{align*}
q_{i} & =r_{i} \cos \left(\omega_{i} t+\psi_{i}\right),  \tag{4}\\
\dot{q}_{i} & =-\omega_{i} r_{i} \sin \left(\omega_{i} t+\psi_{i}\right) .
\end{align*}
$$

### 2.1. Birkhoff-Gustavson or Born-approximation

After Birkhoff and Gustavson (earlier formulated by [Born, 1927]) we will introduce a symplectic nearidentity transformation producing normal forms (see Sanders et al., 2007] for theory and literature). Prominent terms in the normal forms are produced by the resonances induced by the frequencies $1, k, l$. Introducing annihilation vectors $\mathbf{a} \in \mathbb{Z}^{3}$ with the property $a_{1}+a_{2} k+a_{3} l=0$, the normal form may contain corresponding combination angles of the form:

$$
\chi=a_{1} \phi_{1}+a_{2} \phi_{2}+a_{3} \phi_{3} .
$$

We will call $\|a\|=\left|a_{1}\right|+\left|a_{2}\right|+\left|a_{3}\right|$ the norm of the annihilator. The Birkhoff-Gustavson normal form to $H_{4}$ in action-angle coordinates involves the angles $\phi_{1}, \phi_{2}$; in the cases $k=1,2,3$ we have:

$$
\left\{\begin{array}{lll}
H_{12}=I_{1}+2 I_{2}+l I_{3}+\varepsilon b_{1} I_{1} \sqrt{2 I_{2}} \cos \left(\chi_{1}-b_{2}\right)+\varepsilon^{2} A\left(I_{1}, I_{2}, I_{3}\right), & k=2, & \chi_{1}=2 \phi_{1}-\phi_{2},  \tag{5}\\
H_{11}=I_{1}+I_{2}+l I_{3}+\varepsilon^{2}\left(A\left(I_{1}, I_{2}, I_{3}\right)+b_{1} I_{1} I_{2} \cos 2\left(\chi_{1}-b_{2}\right)\right), & k=1, & \chi_{1}=\phi_{1}-\phi_{2} \\
H_{13}=I_{1}+3 I_{2}+l I_{3}+\varepsilon^{2}\left(A\left(I_{1}, I_{2}, I_{3}\right)+b_{1} I_{1}^{\frac{3}{2}} I_{2}^{\frac{1}{2}} \cos \left(\chi_{1}-b_{2}\right)\right), & k=3, & \chi_{1}=3 \phi_{1}-\phi_{2}
\end{array}\right.
$$

The constants $b_{1}, b_{2}$ are real (for potential problems $\left.b_{2}=0\right), A$ is a homogeneous, quadratic polynomial in $I_{1}, I_{2}, I_{3}$ (quartic in the amplitudes).

Preliminary conclusions on the BirkhoffGustavson normal forms (5):
(1) The three normal forms are integrable.
(2) If $k=2$, the integrals are $H_{12}, I_{1}+2 I_{2}$ and $I_{3}$. The flow is dominated by $H_{2}+\varepsilon H_{12}$.
(3) If $k=1$, the integrals are $H_{11}, I_{1}+I_{2}$ and $I_{3}$.
(4) If $k=3$, the integrals are $H_{13}, I_{1}+3 I_{2}$ and $I_{3}$.
(5) Near stable equilibrium the energy manifolds are topologically the five-dimensional sphere $S^{5}$. They are foliated in families of tori with parametrization by the integral $I_{3}$.
(6) On the energy manifold we find families of shortperiodic solutions parametrized by $I_{3}$ which is a degeneration in the sense of Poincaré. 1892, 1893, 1899, Vol. 1].

The treatment of higher order resonance in Sanders, 1977] is quite general for two dof, the theory will be summarized in the next section. For more than two dof the complexity of higher order resonance increases enormously. The case $k=2$ is relatively simple as generically the normal form is dominated by $H_{3}$, see also Verhulst, 2017]; combination angles different from $\chi_{1}$ are in general timelike. Here we will study the remaining cases $k=1$, followed by applications, for instance a low-dimensional FPU-chain.

### 2.2. The notion of genericity

In what follows we use the notion of genericity. This means that in a dynamical system characterized by parameters we keep track of cases producing qualitatively special phenomena that exist only for exceptional choices of the parameters. Genericity is a concept that has to be defined in the context of explicit dynamical systems. For systems in second order resonance as in Sec. (4t its use looks simple: if in Eq. (5) $b_{1} \neq 0$, we have a generic case, $b_{1}=0$ which produces nongeneric dynamics.

However, it can be necessary to extend the definition in these cases, for instance if $b_{1} \neq 0$ with the other parameters producing a bifurcation of periodic solutions.

We illustrate such phenomena for the $1: 1: 4$ resonance that is discussed in Sec. [4. Consider the $H_{2}+\varepsilon^{2} H_{4}$ part of the 1:1:4 resonance with $H_{2}$ slightly different from (2):

$$
\begin{align*}
H= & \frac{1}{2}\left(\dot{q}_{1}^{2}+q_{1}^{2}\right)+\frac{1}{2}\left(\dot{q}_{2}^{2}+q_{2}^{2}\right)+\frac{1}{2}\left(\dot{q}_{3}^{2}+16 q_{3}^{2}\right) \\
& -\varepsilon^{2}\left(b_{1} q_{1}^{4}+b_{2} q_{1}^{2} q_{2}^{2}+b_{3} q_{2}^{4}+b_{4} q_{3}^{4}\right) . \tag{6}
\end{align*}
$$

The third dof is decoupled and plays no part in this illustration. It is easy to show that if $b_{1}=b_{3}=b$, $b_{2}=2 b, b \neq 0$, the system has the second (angular momentum) integral $\dot{q}_{1} q_{2}-q_{1} \dot{q}_{2}$, a feature that is already nongeneric. The analysis of Hamiltonian (6) as far as the 1:1 resonance is concerned was carried out in Verhulst, 1979]; it has been shown that for these values of the coefficients we find short-periodic solutions resulting in exceptional dynamics. This is a degenerate situation; the degeneration of this type was described by Poincaré, 1892, 1893, 1899, Vol. 1]. Moreover $I_{3}$ is still free to choose which makes the degeneration worse. Such parameter values corresponding with nongenericity have to be studied separately.

## 3. Higher Order Resonance in Two Dof

We summarize the theory for two dof from Sanders, 1977] and extend following Tuwankotta \& Verhulst, 2000], see also Sanders et al., 2007]. Consider the two dof Hamiltonian system with linear frequencies $k, l \in \mathbb{N}$. If $k+l>4$ its Birkhoff-Gustavson normal form is in action-angle coordinates:

$$
\begin{align*}
H= & k I_{1}+l I_{2}+\varepsilon^{2}\left(A I_{1}^{2}+2 B I_{1} I_{2}+C I_{2}^{2}\right)+\cdots \\
& +\varepsilon^{k+l-2}\left(D_{1}\left(I_{1}, I_{2}\right)+D_{2}\left(I_{1}, I_{2}\right) \cos (\chi+b)\right), \tag{7}
\end{align*}
$$

where $b$ is a constant phase-shift, the dots stand for Birkhoff normal form terms (dependent on $I_{1}, I_{2}$ only), $\chi=l \phi_{1}-k \phi_{2}$. It can be shown that the actions $I_{1}, I_{2}$ are constant to $O(\varepsilon)$ on the timescale $1 / \varepsilon^{2}$; with some effort the error is reduced to $O\left(\varepsilon^{2}\right)$ on the timescale $1 / \varepsilon^{2}$.

The combination angle $\chi$ may vary locally in a resonance zone as follows: The resonance manifold $N$ embedded in the compact energy manifold $\mathcal{E}$ is defined using $d \chi / d t=0$ by:

$$
\begin{equation*}
N=\left\{I_{1}, I_{2} \in \mathcal{E} \mid(l A-k B) I_{1}+(l B-k C) I_{2}=0\right\} \tag{8}
\end{equation*}
$$

If $N$ exists, small exchanges of energy will take place between the two dof in a resonance zone located in an $O\left(\varepsilon^{(k+l-4) / 2}\right)$ neighborhood of $N$ (this is an improved estimate based on [Tuwankotta \& Verhulst, 2000]). The resonance zone contains stable and unstable periodic solutions, the exchange of energy takes place on tori in the resonance zone with timescale $1 / \varepsilon^{-(k+l) / 2}$. In Tuwankotta \& Verhulst, 2000] it is also proved that for potential problems the phase-shift $b=0$ in (7).

If the frequency ratio is not rational, we approximate the ratio by a suitable rational. "Suitable" means that the detuning of the irrational frequency ratio is matched by the small parameter $\varepsilon$. For an application of detuning see [Sanders \& Verhulst, 1979].

## 4. Three Dof: Interaction with a Second Order Resonance

The dynamics of the $1: 1: l$ and $1: 3: l$ resonances (with $l$ not in a neighborhood of $1,2, \ldots, 6$ ) is different from the case $1: 2: l$ discussed in Verhulst, 2017. To avoid too many parameters we will restrict ourselves from now on in our applications to potential problems; the results can easily be generalized. An implication is that the subsequent Hamiltonians correspond with mechanical systems. The Hamiltonian will be of the form $H(I, \phi)=H_{11}+\varepsilon^{3} \ldots$ or $H(I, \phi)=H_{13}+\varepsilon^{3} \ldots$ with $H_{11}$ or $H_{13}$ containing the combination angle $\chi_{1}=\phi_{1}-\phi_{2}$ or $\chi_{1}=3 \phi_{1}-\phi_{2}$; depending on the frequency $l$ other combination angles will arise at $O\left(\varepsilon^{3}\right)$. The reasoning for $k=3$ runs along the same lines as for $k=1$.

### 4.1. The case $k=1$

With system (5) the normalized equations for $k=$ 1 are in a neighborhood with the normal modes
excluded:

$$
\left\{\begin{array}{l}
\dot{I}_{1}=2 \varepsilon^{2} b_{1} I_{1} I_{2} \sin 2\left(\chi_{1}-b_{2}\right)+\varepsilon^{3} \ldots,  \tag{9}\\
\dot{\phi}_{1}=1+\varepsilon^{2}\left(\frac{\partial A}{\partial I_{1}}+b_{1} I_{2} \cos 2\left(\chi_{1}-b_{2}\right)\right)+\varepsilon^{3} \ldots, \\
\dot{I}_{2}=-2 \varepsilon^{2} b_{1} I_{1} I_{2} \sin 2\left(\chi_{1}-b_{2}\right)+\varepsilon^{3} \ldots, \\
\dot{\phi}_{2}=1+\varepsilon^{2}\left(\frac{\partial A}{\partial I_{2}}+b_{1} I_{1} \cos 2\left(\chi_{1}-b_{2}\right) 1\right)+\varepsilon^{3} \ldots, \\
\dot{I}_{3}=\varepsilon^{3} \ldots \\
\dot{\phi}_{3}=l+\varepsilon^{2} \frac{\partial A}{\partial I_{3}}+\varepsilon^{3} \ldots
\end{array}\right.
$$

A(I) $\left(I=I_{1}, I_{2}, I_{3}\right)$ is a homogeneous quadratic polynomial in its arguments. Starting with $\varepsilon^{3}$ the dots stand for terms dependent on the actions and other resonant combination angles $\chi_{2}, \chi_{3}, \ldots$; from $O\left(\varepsilon^{4}\right)$ on, $\chi_{1}$ may also be present.
$H_{2}=I_{1}+I_{2}+l I_{3}\left(=E_{0}\right)$ is conserved to $O(\varepsilon)$ for all time. In addition we have

$$
\frac{d}{d t}\left(I_{1}+I_{2}\right)=O\left(\varepsilon^{3}\right)
$$

We have $I_{1}+I_{2}=E_{1}+O(\varepsilon)$ on the timescale $1 / \varepsilon^{2}$ with $E_{1} \geq 0 ; \dot{I}_{3}=O\left(\varepsilon^{3}\right)$, so $I_{3}$ is conserved with error $O(\varepsilon)$ on the same timescale. The theorem in [Nekhoroshev, 1977] cannot be applied in this case.

Consider the case with one additional combination angle arising at $H_{5}$. Cases with more angles or still higher order resonances can be treated in a similar way. A resonance at $H_{5}$ with annihilation vector $\left(a_{1}, a_{2}, a_{3}\right)$ generates the combination angle $\chi_{2}$. We have to order $\varepsilon^{2}$ :

$$
\left\{\begin{align*}
\dot{\chi}_{1}= & \varepsilon^{2}\left(\frac{\partial A}{\partial I_{1}}-\frac{\partial A}{\partial I_{2}}\right.  \tag{10}\\
& \left.+b_{1}\left(I_{2}-I_{1}\right) \cos 2\left(\chi_{1}-b_{2}\right)\right)+\varepsilon^{3} \cdots \\
\dot{\chi}_{2}= & \varepsilon^{2}\left(a_{1} \frac{\partial A}{\partial I_{1}}+a_{2} \frac{\partial A}{\partial I_{2}}+a_{3} \frac{\partial A}{\partial I_{3}}\right. \\
& \left.+b_{1}\left(a_{1} I_{2}+a_{2} I_{1}\right) \cos 2\left(\chi_{1}-b_{2}\right)\right)+\varepsilon^{3} \cdots
\end{align*}\right.
$$

Dynamically the situation for $k=1$ (and $k=3$ ) is different from $k=2$ as the normalization removes
the terms derived from $\varepsilon H_{3}$ to the normalized $\varepsilon^{2} H_{4}$. The combination angle $\chi_{2}$, is not necessarily timelike, the equation for $\dot{\chi}_{2}$ may contain zeros; we will call the zeros critical values of the combination angle. Periodic solutions in 1:1 resonance can be found if $\sin 2\left(\chi_{1}-b_{2}\right)=0$ or $2\left(\chi_{1}-b_{2}\right)=0, \pi$, $2 \pi, 3 \pi$, and when we can find solutions for $I_{1}, I_{2}$ from $\dot{\chi}_{1}=0$. We define a primary resonance zone $M$ as a neighborhood of the solutions of

$$
\begin{equation*}
\sin 2\left(\chi_{1}-b_{2}\right)=0, \quad \dot{\chi}_{1}=0 \tag{11}
\end{equation*}
$$

Such solutions of Eqs. (11), if they exist, are parametrized by $I_{3}$ producing to this order manifolds of periodic solutions embedded in the primary resonance zones $M$.

Outside $M$ and excluding the normal mode planes, the flow is dominated to $O(\varepsilon)$ on the timescale $1 / \varepsilon^{2}$ by the $1: 1$ resonance of the first two modes. The action $I_{3}$ varies $O(\varepsilon)$ on the same timescale. Outside the resonance zones, the combination angle $\chi_{2}$ is timelike, so this estimate for $I_{3}$ can be improved.

### 4.2. Normal forms in the resonance zones

Smaller, secondary resonance zones in a primary resonance zone $M$ can possibly be found if a combination angle like $\chi_{2}$ is not timelike in $M$. To analyze the dynamics in the resonance zones in full generality is cumbersome. We discuss the basic ideas in the case that we have one higher order combination angle $\chi_{2}$ arising from $H_{5}$. If necessary, the procedure can be generalized to more angles. See also the more general formulation involving conservative and dissipative systems in Verhulst, 1996, Chapter 11.7]. A few details regarding the asymptotics can be found in the Appendix, Sec. A. 1 Consider the space-like variables $I=\left(I_{1}, I_{2}, I_{3}\right)$ and the angle $\chi_{1}=\phi_{1}-\phi_{2}$ determined by (11), and $\chi_{2}$, a linear combination of $\phi_{1}, \phi_{2}, \phi_{3}$ with annihilator norm 5 . The normalized system in a primary resonance zone is:

$$
\left\{\begin{aligned}
& \dot{I}_{1}=\varepsilon^{3}\left[A_{1}(I)+A_{2}(I) \sin \left(\chi_{2}-b_{3}\right)\right]+\varepsilon^{4} \ldots, \\
& \dot{I}_{2}= \varepsilon^{3}\left[B_{1}(I)+B_{2}(I) \sin \left(\chi_{2}-b_{3}\right)\right]+\varepsilon^{4} \ldots, \\
& \dot{I}_{3}= \varepsilon^{3}\left[C_{1}(I)+C_{2}(I)\right] \sin \left(\chi_{2}-b_{3}\right)+\varepsilon^{4} \ldots, \\
& \dot{\chi}_{1}= \varepsilon^{3} D_{1}(I)+\varepsilon^{4} \ldots, \\
& \dot{\chi}_{2}= \varepsilon^{2} E_{1}(I)+\varepsilon^{3}\left[E_{2}(I)+E_{3}(I)\right. \\
&\left.\quad \times \cos \left(\chi_{2}-b_{3}\right)\right]+\varepsilon^{4} \ldots
\end{aligned}\right.
$$

In the case of potential problems we have $b_{2}=b_{3}=$ 0 . In general, the angle $\chi_{1}$ will arise again at $H_{6}$ ( $O\left(\varepsilon^{4}\right)$ terms). The explicit form of the expressions $A(I) \ldots E(I)$ does not concern us at this stage; we will see examples later. Omitting the $O\left(\varepsilon^{3}\right)$ terms in system (9) and solving the resulting system produces an $O(\varepsilon)$ approximation of the solutions on the timescale $1 / \varepsilon^{2}$.

In the primary resonance zone we have that the $O\left(\varepsilon^{2}\right)$ terms of $\dot{\chi}_{1}$ in system (10) vanish. For fixed energy a few unique solutions $I_{1}=I_{1}^{0}, I_{2}=I_{2}^{0}$ may arise parametrized by $I_{3}$. There are now at least two possibilities:

- The equation

$$
\begin{equation*}
E_{1}\left(I_{1}^{0}, I_{2}^{0}, I_{3}\right)=0 \tag{13}
\end{equation*}
$$

has no positive solution $\bar{I}_{3}$ for $I_{3}$; in this case the angle $\chi_{2}$ is timelike, we can average over $\chi_{2}$ reducing the normalized system drastically.

- Equation (13) has unique positive solution $I_{3}=$ $\bar{I}_{3}$ with the point $P=\left(I_{1}^{0}, I_{2}^{0}, \bar{I}_{3}\right)$ located in the primary resonance zone.

Assume that $\bar{I}_{3}$ exists. We localize in the primary resonance zone $M$ near $P$ putting

$$
\xi_{1}=\frac{I_{1}-I_{1}^{0}}{\delta(\varepsilon)}, \quad \xi_{2}=\frac{I_{2}-I_{2}^{0}}{\delta(\varepsilon)}, \quad \xi_{3}=\frac{I_{3}-\bar{I}_{3}}{\delta(\varepsilon)}
$$

with $\delta(\varepsilon) \rightarrow 0$ as $\varepsilon \rightarrow 0$. For the secondary resonance zone embedded in the primary zone (a neighborhood of $P$ ) we have the lowest order of equations:

$$
\left\{\begin{align*}
\delta(\varepsilon) \dot{\xi}_{1} & =\varepsilon^{3}\left(A_{1}(P)+A_{2}(P) \sin \left(\chi_{2}-b_{3}\right)\right)  \tag{14}\\
\delta(\varepsilon) \dot{\xi}_{2} & =\varepsilon^{3}\left(B_{1}(P)+B_{2}(P) \sin \left(\chi_{2}-b_{3}\right)\right) \\
\delta(\varepsilon) \dot{\xi}_{3} & =\varepsilon^{3}\left(C_{1}(P)+C_{2}(P) \sin \left(\chi_{2}-b_{3}\right)\right) \\
\dot{\chi}_{2}= & \varepsilon^{2} \delta(\varepsilon)\left(\frac{\partial E_{1}}{\partial I_{1}}(P) \xi_{1}\right. \\
& \left.+\frac{\partial E_{1}}{\partial I_{2}}(P) \xi_{2}+\frac{\partial E_{1}}{\partial I_{3}}(P) \xi_{3}\right)
\end{align*}\right.
$$

Balancing the equations (significant degeneration) means putting $\varepsilon^{3} / \delta(\varepsilon)=\varepsilon^{2} \delta(\varepsilon)$; this produces the choice $\delta(\varepsilon)=\sqrt{\varepsilon}$ which is the size of the secondary resonance zone near $P$. Differentiation of $\dot{\chi}_{2}$ yields that the dynamics of the secondary resonance near $P$ is to the lowest order characterized by the
pendulum system:

$$
\left\{\begin{align*}
\ddot{\chi}_{2} & -\varepsilon^{5}\left[\frac{\partial E_{1}(P)}{\partial I_{1}}\left(A_{1}(P)+A_{2}(P) \sin \left(\chi_{2}-b_{3}\right)\right)\right.  \tag{15}\\
& +\frac{\partial E_{1}(P)}{\partial I_{2}}\left(B_{1}(P)+B_{3}(P) \sin \left(\chi_{2}-b_{3}\right)\right) \\
& \left.+\frac{\partial E_{1}(P)}{\partial I_{3}}\left(C_{1}(P)+C_{2}(P) \sin \left(\chi_{2}-b_{3}\right)\right)\right]=0 .
\end{align*}\right.
$$

The system admits a saddle and a center equilibrium; the saddle character is persistent under higher order perturbations and will produce instability. The equilibria will correspond with periodic solutions and will produce other geometric structures in the primary resonance zone. The dynamics in the secondary resonance zone is governed by the timescale $1 / \varepsilon^{\frac{5}{2}}$.

The analysis of the secondary resonance and the associated timescale until now is based on the role of $\varepsilon^{2}$ and $\varepsilon^{3}$ terms. If we have the combination angles $\chi_{1}$ and $\chi_{2}$ with

$$
\dot{I}_{3}=\varepsilon^{m} C\left(I, \sin \chi_{1}\right) \sin \chi_{2}+\varepsilon^{m+1} \ldots, \quad m \geq 3
$$

we find $\delta(\varepsilon)=\sqrt{\varepsilon^{m-2}}$ and timescale $\varepsilon^{-\frac{m+2}{2}}$. If we have $m>3$, the size of the secondary resonance domain becomes smaller and the timescale changes accordingly to become larger.

Another natural possibility is that $H_{5}$ generates more independent combination angles: $\chi_{1}, \ldots, \chi_{m}$, $m \geq 2$. In such a case the dimension of system (12) will become $m+3$, in general we will have more equations to analyze. In the next section we will meet an example.

As stated in Sec. 1, the usual practice in engineering and physics is to focus on low order resonances and neglect the higher order ones. In this respect, a very important question is now: can an instability in a secondary resonance zone destabilize a primary resonance zone? Surprisingly enough, the answer is positive.

### 4.3. Critical values in a resonance zone

We will consider an application to small chains of oscillators in the next sections. Examples from
physical models are usually special but interesting. It is natural in applications to have a spectrum of the linearized system such as $1,1,5.5$ or $2, \sqrt{2}$, $\sqrt{2}$. First we consider the case of the spectrum $1,1, m$ with $m \in \mathbb{N}, m \geq 4$ as another typical example.

Suppose we find from Eqs. (11) a primary resonance zone $M$ with solutions

$$
I_{1}=I_{1}^{0}, \quad I_{2}=I_{2}^{0}, \quad \dot{\chi}_{1}=0
$$

At the level of $H_{m+1}$, higher order resonances involving the third dof may be found with annihilation vectors

$$
\left(a_{1}, a_{2}, a_{3}\right)=\left(a_{1}, m-a_{1},-1\right)
$$

In $M$ where $I_{1}, I_{2}$ have fixed values, such smaller, secondary resonances may be found as zeros of the right-hand side of:

$$
\begin{align*}
\frac{d \chi_{j}}{d t} & =a_{1} \dot{\phi}_{1}+a_{2} \dot{\phi}_{2}+a_{3} \dot{\phi}_{3} \\
& =a_{1} \dot{\phi}_{1}+\left(m-a_{1}\right) \dot{\phi}_{2}-\dot{\phi}_{3} \\
& =m \dot{\phi}_{2}-\dot{\phi}_{3}, \quad j \geq 2 \tag{16}
\end{align*}
$$

This is a remarkable result as it means that for all possible annihilation vectors at $H_{m+1}$ the critical $I_{3}$ value for zeros of Eq. (16) in $M$ will be the same. This is a special feature of the resonance $1,1, m$ with $m \in \mathbb{N}, m \geq 4$. Furthermore, we expect that the variation of $\phi_{3}$ caused by the $O\left(\varepsilon^{3}\right)$ terms will lead to instability of these accumulated resonances in $M$. The example in the following section will illustrate this.

## Computational Strategy

To calculate normal forms of $O\left(\varepsilon^{3}\right)$ or higher is not always necessary in applications. For the 1:1:w resonance of system (9) one needs the $O\left(\varepsilon^{2}\right)$ terms of the normal form (12). This system gives the location of primary resonance zones (if any) and from the equation for $\chi_{2}$ we may find the critical values in a resonance zone. This will establish the possible presence of secondary resonances in the resonance zones.

In the subsequent applications, the details of the analysis in the resonance zones are similar. We shall give them explicitly for the $1: 1: 4$ resonance in the next section.

## 5. Example: the 1:1:4 Resonance

We illustrate the dynamics of the 1:1:4 resonance for the Hamiltonian:

$$
\left\{\begin{align*}
H= & \frac{1}{2}\left(\dot{q}_{1}^{2}+q_{1}^{2}\right)+\frac{1}{2}\left(\dot{q}_{2}^{2}+q_{2}^{2}\right)+\frac{1}{2}\left(\dot{q}_{3}^{2}+16 q_{3}^{2}\right)-\frac{1}{4} \varepsilon^{2}\left(\alpha_{1} q_{1}^{4}+2 \alpha_{2} q_{1}^{2} q_{2}^{2}+\alpha_{3} q_{2}^{4}+\alpha_{4} q_{3}^{4}\right)  \tag{17}\\
& -\varepsilon^{3}\left(b_{1} q_{1}^{4} q_{3}+b_{2} q_{2}^{4} q_{3}+b_{3} q_{1}^{2} q_{2}^{2} q_{3}+b_{4} q_{1}^{3} q_{2} q_{3}+b_{5} q_{1} q_{2}^{3} q_{3}\right) .
\end{align*}\right.
$$

The Hamiltonian was chosen in intermediate normal form with the cubic terms transformed to higher order by Birkhoff-Gustavson normalization; we have included $\chi_{1}=\phi_{1}-\phi_{2}$ at $H_{4}$ and five combination angles at $H_{5}: \chi_{2}, \ldots, \chi_{6}$. The equations of motion induced by (17) are:

$$
\left\{\begin{array}{l}
\ddot{q}_{1}+q_{1}=\varepsilon^{2}\left(\alpha_{1} q_{1}^{3}+\alpha_{2} q_{1} q_{2}^{2}\right)+\varepsilon^{3}\left(4 b_{1} q_{1}^{3} q_{3}+2 b_{3} q_{1} q_{2}^{2} q_{3}+3 b_{4} q_{1}^{2} q_{2} q_{3}+b_{5} q_{2}^{3} q_{3}\right),  \tag{18}\\
\ddot{q}_{2}+q_{2}=\varepsilon^{2}\left(\alpha_{2} q_{1}^{2} q_{2}+\alpha_{3} q_{2}^{3}\right)+\varepsilon^{3}\left(4 b_{2} q_{2}^{3} q_{3}+2 b_{3} q_{1}^{2} q_{2} q_{3}+b_{4} q_{1}^{3} q_{3}+3 b_{5} q_{1} q_{2}^{2} q_{3}\right), \\
\ddot{q}_{3}+16 q_{3}=\varepsilon^{2} \alpha_{4} q_{3}^{3}+\varepsilon^{3}\left(b_{1} q_{1}^{4}+b_{2} q_{2}^{4}+b_{3} q_{1}^{2} q_{2}^{2}+b_{4} q_{1}^{3} q_{2}+b_{5} q_{1} q_{2}^{3}\right) .
\end{array}\right.
$$

At $H_{5}$ with annihilation vector $\left(a_{1}, a_{2}, a_{3}\right), a_{1}+a_{2}=4, a_{3}=-1$, we have:

$$
\chi_{2}=4 \phi_{1}-\phi_{3}, \quad \chi_{3}=4 \phi_{2}-\phi_{3}, \quad \chi_{4}=2 \phi_{1}+2 \phi_{2}-\phi_{3}, \quad \chi_{5}=3 \phi_{1}+\phi_{2}-\phi_{3}, \quad \chi_{6}=\phi_{1}+3 \phi_{2}-\phi_{3} .
$$

We will use polar (amplitude-phase) coordinates $r, \psi$. Using transformation (4) we find after averaging to $O\left(\varepsilon^{2}\right)$ :

$$
\left\{\begin{array}{l}
\dot{r}_{1}=-\varepsilon^{2} \frac{\alpha_{2}}{8} r_{1} r_{2}^{2} \sin 2 \chi_{1}+\varepsilon^{3} \ldots, \quad \dot{\phi}_{1}=-\varepsilon^{2} \frac{1}{8}\left(3 \alpha_{1} r_{1}^{2}+2 \alpha_{2} r_{2}^{2}+\alpha_{2} r_{2}^{2} \cos 2 \chi_{1}\right)+\varepsilon^{3} \ldots,  \tag{19}\\
\dot{r}_{2}=\varepsilon^{2} \frac{\alpha_{2}}{8} r_{1}^{2} r_{2} \sin 2 \chi_{1}+\varepsilon^{3} \ldots, \quad \dot{\phi}_{2}=-\varepsilon^{2} \frac{1}{8}\left(2 \alpha_{2} r_{1}^{2}+\alpha_{2} r_{1}^{2} \cos 2 \chi_{1}+3 \alpha_{3} r_{2}^{2}\right)+\varepsilon^{3} \ldots, \\
\dot{r}_{3}=\varepsilon^{3} \ldots, \quad \dot{\phi}_{3}=-\varepsilon^{2} \frac{3 \alpha_{4}}{32} r_{3}^{2}+\varepsilon^{3} \ldots
\end{array}\right.
$$

This system corresponds with system (9) in amplitude-phase form. The dots represent higher order terms containing the amplitudes and the combination angles $\chi_{2}, \ldots, \chi_{6}$. For the averagingnormal form (19) we have

$$
r_{1}^{2}+r_{2}^{2}-2 E_{1}=O(\varepsilon)
$$

and $r_{3}-r_{3}(0)=O(\varepsilon)$ with both estimates valid on the timescale $1 / \varepsilon^{2}$. With the Hamiltonian as first integral this makes normal form (19) integrable to $O\left(\varepsilon^{2}\right)$.

As before, a primary resonance zone $M$ is defined as a neighborhood of the solutions of $\sin 2 \chi_{1}=0, \dot{\chi}_{1}=0$. We find with system (19):

$$
\begin{align*}
\dot{\chi}_{1}= & -\frac{1}{8} \varepsilon^{2}\left(\left(3 \alpha_{1}-2 \alpha_{2}\right) r_{1}^{2}+\left(2 \alpha_{2}-3 \alpha_{3}\right) r_{2}^{2}\right. \\
& \left.+\alpha_{2}\left(r_{2}^{2}-r_{1}^{2}\right) \cos 2 \chi_{1}\right) . \tag{20}
\end{align*}
$$

Taking the right-hand side of Eq. (20) as zero we find the primary resonance zones $M_{1}, M_{2}$ :

$$
\left\{\begin{array}{l}
M_{1}: r_{1}^{2}=\frac{\alpha_{2}-\alpha_{3}}{\alpha_{2}-\alpha_{1}} r_{2}^{2}  \tag{21}\\
M_{2}: r_{1}^{2}=\frac{\alpha_{2}-3 \alpha_{3}}{\alpha_{2}-3 \alpha_{1}} r_{2}^{2}
\end{array}\right.
$$

We require the right-hand sides of $r_{1}^{2}$ in (21) to be finite and positive. In Fig. 1 we present (a) the resonant actions $I_{1}, I_{2}$ and (b) the nearly invariant $I_{3}$ starting outside the primary resonance zones defined by (21). We find 1:1 resonant interaction of the first two modes and small modulation of the third mode.

### 5.1. Secondary resonance in the primary resonance zones

For the five combination angles $\chi_{2}, \ldots, \chi_{6}, j=$ $2, \ldots, 6$, we find with annihilation vector $\left(a_{1}, a_{2}\right.$, $\left.a_{3}\right)=\left(a_{1}, 4-a_{1},-1\right)$ and Eq. (16) to $O\left(\varepsilon^{2}\right)$ in the


Fig. 1. The 1:1:4 resonance with the actions $I_{1}, I_{2}, I_{3}$ in 10000 timesteps for Hamiltonian (17) starting outside the primary resonance zones; initial conditions: $q_{1}(0)=0.2, q_{2}(0)=0.8, q_{3}(0)=1$ and parameters: $\varepsilon=0.1, \alpha_{1}=0.4, \alpha_{2}=1, \alpha_{3}=$ $0.6, \alpha_{4}=4, b_{1}=1, b_{2}=-1.5, b_{3}=1, b_{4}=-1, b_{5}=2$. (a) $I_{1}, I_{2}$ showing strong energy exchanges, the $q_{1}$ and $q_{2}$ normal modes are unstable. (b) The action $I_{3}$ showing variations of order 0.01 .
primary resonance zones:

$$
\begin{align*}
\dot{\chi}_{j}= & -\frac{1}{8} \varepsilon^{2}\left(8 \alpha_{2} r_{1}^{2}+12 \alpha_{3} r_{2}^{2}+4 \alpha_{2} r_{1}^{2} \cos 2 \chi_{1}\right. \\
& \left.-\frac{3}{4} \alpha_{4} r_{3}^{2}\right), \quad \cos 2 \chi_{1}= \pm 1 \tag{22}
\end{align*}
$$

Secondary resonances involving the five combination angles in $M_{1}$ and $M_{2}$ may arise where the right-hand side of Eq. (22) vanishes; in such a case the angle $\chi_{j}$ is not timelike. Remarkably enough the condition is the same for the five combination angles as predicted in Sec. 4.3. To study the stability within the resonance zones we compute $\dot{\phi}_{3}$ to $O\left(\varepsilon^{3}\right)$. We find:

$$
\begin{aligned}
\dot{\phi}_{3}= & -\varepsilon^{2} \frac{3 \alpha_{4}}{32} r_{3}^{2}-\varepsilon^{3} \frac{69}{128^{2}} \alpha_{4}^{2} r_{3}^{4} \\
& -\frac{\varepsilon^{3}}{64 r_{3}} A\left(r_{1}, r_{2}, \chi_{2}, \ldots, \chi_{6}\right)
\end{aligned}
$$

with

$$
\begin{aligned}
& A\left(r_{1}, r_{2}, \chi_{2}, \ldots, \chi_{6}\right) \\
& \quad=b_{1} r_{1}^{4} \cos \chi_{2}+b_{2} r_{2}^{4} \cos \chi_{3}+b_{3} r_{1}^{2} r_{2}^{2} \cos \chi_{4} \\
& \quad+b_{4} r_{1}^{3} r_{2} \cos \chi_{5}+b_{5} r_{1} r_{2}^{3} \cos \chi_{6} .
\end{aligned}
$$

We conclude that unless all $b_{i}$ coefficients and $\alpha_{4}$ vanish, $\phi_{3}$ may move out of resonance in the primary resonance zones on a timescale longer than $1 / \varepsilon^{2}$. The higher order resonances included in $M_{1}, M_{2}$ may generate instabilities, see Fig. 2. From Sec. 4.2 we conclude that if secondary resonances arise from zeros of $\dot{\chi}_{j}, j=2, \ldots, 6$, we find stable and unstable periodic solutions from the normal forms in the resonance zones and characteristic timescale $1 / \varepsilon^{5 / 2}$. Consider the following analysis.

The recurrency properties of the phase-flow are strongly dependent on the initial conditions. To study the structure of the resonance zones we consider the normal form to $O\left(\varepsilon^{3}\right)$ in $M_{1}$. To make the expressions more transparent we keep only $b_{3}$ and combination angle $\chi_{4}$. With $\cos 2 \chi_{1}=1$ and Eq. (22) we find in $M_{1}$ the following normal form:

$$
\left\{\begin{array}{l}
\dot{r}_{1}=-\varepsilon^{3} \frac{b_{3}}{8} r_{1} r_{2}^{2} r_{3} \sin \chi_{4}, \quad \dot{\phi}_{1}=-\varepsilon^{2} \frac{3}{8}\left(\alpha_{1} r_{1}^{2}+\alpha_{2} r_{2}^{2}\right)-\varepsilon^{3} \frac{b_{3}}{8} r_{2}^{2} r_{3} \cos \chi_{4}  \tag{23}\\
\dot{r}_{2}=-\varepsilon^{3} \frac{b_{3}}{8} r_{1}^{2} r_{2} r_{3} \sin \chi_{4}, \quad \dot{\phi}_{2}=-\varepsilon^{2} \frac{3}{8}\left(\alpha_{2} r_{1}^{2}+\alpha_{3} r_{2}^{2}\right)-\varepsilon^{3} \frac{b_{3}}{8} r_{1}^{2} r_{3} \cos \chi_{4} \\
\dot{r}_{3}=\varepsilon^{3} \frac{b_{3}}{64} r_{1}^{2} r_{2}^{2} \sin \chi_{4}, \quad \dot{\phi}_{3}=-\varepsilon^{2} \frac{3 \alpha_{4}}{32} r_{3}^{2}-\varepsilon^{3} \frac{b_{3}}{64} \frac{r_{1}^{2} r_{2}^{2}}{r_{3}} \cos \chi_{4} \\
\dot{\chi}_{4}=-\varepsilon^{2} \frac{3}{2}\left(\alpha_{2} r_{1}^{2}+\alpha_{3} r_{2}^{2}-\frac{1}{16} \alpha_{3} r_{3}^{2}\right)-\varepsilon^{3} \frac{b_{3} r_{1}^{2}}{64 r_{3}}\left(32 r_{3}^{2}-r_{2}^{2}\right) \cos \chi_{4}
\end{array}\right.
$$



Fig. 2. The 1:1:4 resonance in 20000 timesteps. (a) The Euclidean distance $d$ of the orbits to their initial conditions in the case of initial conditions (outside $M_{1}$ ) and parameters of Fig. 1 recurrence takes many more timesteps; computing with higher precision than relative tolerance $e^{-15}$, abs. tolerance $e^{-15}$ does not change the picture. (b) The Euclidean distance $d$ for the same Hamiltonian (17) but inside primary resonance zone $M_{1}$, starting at a location of higher order resonances $q_{1}(0)=0.3674, q_{2}(0)=0.45, q_{3}(0)=1.0129\left(\cos 2 \chi_{1}=1\right)$. The recurrence is stronger until the orbit drifts further than around 2000 timesteps outside the higher order resonance location in $M_{1} . I_{3}$ (and $r_{3}$ ) experiences 0.01 variation downwards.

The normal form (23) in $M_{1}$ has the integral

$$
\begin{equation*}
r_{1}^{2}+r_{2}^{2}+16 r_{3}^{2}=2 E_{2}, \tag{24}
\end{equation*}
$$

with $E_{2}$ a positive constant. The integral corresponds with $H_{2}$ of the Hamiltonian and is valid for all time. The combination angle $\chi_{4}$ is not timelike if in $M_{1}$ :

$$
\begin{equation*}
\alpha_{2} r_{1}^{2}+\alpha_{3} r_{2}^{2}-\frac{1}{16} \alpha_{4} r_{3}^{2}=0 \tag{25}
\end{equation*}
$$

From Eq. (21) we have the relation between $r_{1}$ and $r_{2}$ in $M_{1}$, with the first integral (24) we determine $r_{3}$ in the primary resonance zone. In system (23) the motion of $\chi_{4}$ dominates the dynamics. Differentiation of $\dot{\chi}_{4}$ produces the equation:

$$
\begin{align*}
& \ddot{\chi}_{4}-\varepsilon^{5} F\left(r_{1}, r_{2}, r_{3}\right) \sin \chi_{4}=O\left(\varepsilon^{6}\right), \\
& \quad F\left(r_{1}, r_{2}, r_{3}\right)=\frac{3}{8}\left(\alpha_{2}+\alpha_{3}+\frac{1}{128} \alpha_{4}\right) b_{3} r_{1}^{2} r_{2}^{2} r_{3} . \tag{26}
\end{align*}
$$

The amplitudes are constant to this order of approximation, the timescale for $\chi_{4}(t)$ is $1 / \varepsilon^{5 / 2}$. The equilibria, center and saddle, produce the stable and unstable resonances in $M_{1}$. In the terminology of papers on double resonances, a neighborhood of the center and saddle in $M_{1}$ will be called a resonant junction. Note that chaos will in general be present in the resonance zones, but as we see from
system (23) it will be of small scale, the normal form is integrable to this high order.

The unstable manifolds of the unstable periodic solutions will be guiding the solutions that leave the resonance zone or are passing through it.

For illustrations we postponed the choice of the constants $\alpha_{1}, \ldots, \alpha_{4}$ to be able to exclude nongeneric cases like $\alpha_{1}=\alpha_{3}$. We choose

$$
\begin{equation*}
\alpha_{1}=0.4, \quad \alpha_{2}=1, \quad \alpha_{3}=0.6, \quad \alpha_{4}=4 . \tag{27}
\end{equation*}
$$

This choice results in

$$
\begin{equation*}
\dot{\chi}_{1}=-\frac{1}{8} \varepsilon^{2}\left(-0.8 r_{1}^{2}+0.2 r_{2}^{2}+\left(r_{2}^{2}-r_{1}^{2}\right) \cos 2 \chi_{1}\right) . \tag{28}
\end{equation*}
$$

Equation (28) results in resonance zones generated by $\chi_{1}$, i.e. small neighborhoods of

$$
\left.\begin{array}{ll}
M_{1}: & 3 r_{1}^{2}-2 r_{2}^{2}=0, \\
M_{2}: & r_{1}^{2}-4 r_{2}^{2}=0, \tag{29}
\end{array}\left(2 \chi_{1}=0,2 \pi\right), ~ 子 \pi, 3 \pi\right) . ~ \$
$$

In Fig. 2 we show the Euclidean distance to the initial conditions in two cases. On the left we start away from stable periodic solutions (outside $M_{1}$ ), the orbits have a recurrence delayed by quasitrapping in $M_{1}$; this is related to the invariant manifolds described above. On the right we start with the same Hamiltonian in the resonance zone $M_{1}$ but
near a location where the higher order combination angles are not timelike; the recurrence is stronger but then the variation of $\phi_{3}$ produces a drift-off of the solutions in $M_{1}$ and worse recurrence.

In Fig. 3 we show the recurrence in $M_{1}$ when we start with initial conditions for the third mode in the stable regime. The three projections of the corresponding orbits illustrate the regular recurrence.

The combination angle $\chi_{j}, j=2,3, \ldots$ from Eq. (22) is not timelike in a subset of $M_{1}$ if we can find values of the amplitudes (or actions) such
that:

$$
\begin{equation*}
4 r_{1}^{2}+2.4 r_{2}^{2}=r_{3}^{2} \tag{30}
\end{equation*}
$$

In $M_{2}$ we find:

$$
\begin{equation*}
4 r_{1}^{2}+7.2 r_{2}^{2}=3 r_{3}^{2} \tag{31}
\end{equation*}
$$

To illustrate the stable and unstable behaviors of the solutions starting in $M_{1}$ we present in Fig. 4, the case where $q_{3}(0)=0.3\left(\chi_{j}\right.$ is timelike) on the left and the unstable case $q_{3}(0)=1.0129$ on the


Fig. 3. (Top) Recurrence in the primary resonance zone $M_{1}$ measured by the Euclidean distance $d$ in 10000 timesteps of the orbits to their initial conditions. The initial conditions and parameters are as in Fig. 2 except that we considered different regions of $M_{1}$ by choosing (left) $q_{3}(0)=0.3$ and (right) $q_{3}(0)=0.8$. The recurrence is in both cases much faster but different as we are removed from the small higher order resonance zones in $M_{1}$. The orbits are caught in the resonance zone $M_{1}$. (Bottom) Projections of the corresponding orbits in $M_{1}$.


Fig. 4. Dynamics in the primary resonance zone $M_{1}$ by the diagrams $\left(I_{1}, I_{3}\right)$ for 20000 timesteps. (a) The case $q_{3}(0)=0.3$ of Fig. 目 where $I_{1}(t)$ and $I_{3}(t)$ are close to constant (variations of order $10^{-3}$ and $10^{-4}$ ). (b) The unstable case of $q_{3}(0)=1.0129$ in Fig. 22 the variations of $I_{1}(t)$ are considerable, in this case, the orbits leave the primary resonance zone (the arrow indicates the start).
right. The scales have been adjusted to the variations of $I_{1}(t), I_{3}(t)$.

## 6. Application to a FPU-Chain with Four Particles

The original motivation for this paper came from the spatially periodic Fermi-Pasta-Ulam problem with alternating masses (see [Bruggeman \& Verhulst, 2018]), and from studying nonlinear wave equations with Galerkin projection. The Hamiltonian in Bruggeman \& Verhulst, 2018] is more general than the classical FPU case and is of the form:

$$
\begin{align*}
H(p, q)=\sum_{j=1}^{n}\left(\frac{1}{2 m_{j}} p_{j}^{2}+V\left(q_{j+1}-q_{j}\right)\right) \\
\quad \text { with } V(z)=\frac{1}{2} z^{2}+\frac{\alpha}{3} z^{3}+\frac{\beta}{4} z^{4} . \tag{32}
\end{align*}
$$

For odd index $j$ we have $m_{j}=1$, for even $j$, $m_{j}=m>0$. If $m=1$ we have the classical FPUchain. If $\alpha \neq 0, \beta=0$ we will call this an $\alpha$-chain, if $\alpha=0, \beta \neq 0$, a $\beta$-chain. In the case $\alpha \beta \neq 0$, we keep $\alpha$ and $\beta$ as free parameters as the dynamics depends on their ratio.

To consider four particles only, is less restrictive than it appears. It was shown in [Bruggeman \& Verhulst, 2018] that a system of four particles with its dynamics can be identified as a submanifold of a periodic FPU-chain with $4 n$ particles ( $n$ an arbitrary natural number). There exist in this
system bushes (in the terminology of Chechin et al., 2002]) of submanifolds with this dynamics.

The equations of motion have the momentum integral

$$
\begin{equation*}
m_{1} \dot{q}_{1}+m_{2} \dot{q}_{2}+\cdots+m_{n} \dot{q}_{n}=P_{0} \tag{33}
\end{equation*}
$$

$P_{0}$ is a constant. We will consider the case of four particles. The second integral (33) enables us to reduce the system by one dof. In the case of four particles we find with the usual scaling near stable equilibrium:

$$
\left\{\begin{array}{c}
\ddot{x}_{1}+2(1+a) x_{1}=\varepsilon \alpha\left(\gamma x_{2} x_{3}\right)+\varepsilon^{2} \beta\left(-(1+a)^{2} x_{1}^{3}\right.  \tag{34}\\
\left.-3(1+a) x_{1}\left(x_{2}^{2}+a x_{3}^{2}\right)\right), \\
\ddot{x}_{2}+2 x_{2}=\varepsilon \alpha\left(\gamma x_{1} x_{3}\right)+\varepsilon^{2} \beta\left(-x_{2}^{3}-3 a x_{2} x_{3}^{2}\right. \\
\left.-3(1+a) x_{1}^{2} x_{2}\right), \\
\ddot{x}_{3}+2 a x_{3}= \\
\varepsilon \alpha\left(\gamma x_{1} x_{2}\right)+\varepsilon^{2} \beta\left(-3 a x_{2}^{2} x_{3}-a^{2} x_{3}^{3}\right. \\
\left.-3 a(1+a) x_{1}^{2} x_{3}\right) .
\end{array}\right.
$$

In this system $a=1 / m, \gamma=2 \sqrt{2 a(1+a)}$. Three exact families of periodic solutions are the normal modes associated with the eigenvalues $2(1+a), 2$ and $2 a$. The exact solutions are harmonic for an $\alpha$-chain. In the classical case $a=1$ we find in addition for the $\beta$-chain exact periodic solutions with $x_{2}(t)= \pm x_{3}(t)$. The solutions satisfy $x_{1}=\dot{x}_{1}=0$ and

$$
\ddot{x}_{2}+2 x_{2}=-4 \varepsilon^{2} \beta x_{2}^{3} .
$$

Important sets of special (exact) solutions of system (34) are found if $a=1$ and for arbitrary $\alpha, \beta$ on putting $x_{2}(t)= \pm x_{3}(t)$. The variable $x_{1}$ is still free, so we have with these assumptions two manifolds of solutions of system (34) satisfying for $a=1$ the system:

$$
\left\{\begin{array}{l}
\ddot{x}_{1}+4 x_{1}= \pm 4 \varepsilon \alpha x_{2}^{2}+4 \varepsilon^{2} \beta\left(-x_{1}^{3}-3 x_{1} x_{2}^{2}\right),  \tag{35}\\
\ddot{x}_{2}+2 x_{2}= \pm 4 \varepsilon \alpha x_{1} x_{2}+2 \varepsilon^{2} \beta\left(-2 x_{2}^{3}-3 x_{1}^{2} x_{2}\right), \\
x_{2}(t)= \pm x_{3}(t) .
\end{array}\right.
$$

## Near-Identity Transformation

To obtain normal forms for the equations of motion one uses near-identity transformations following Birkhoff-Gustavson or equivalently averaging, see Sanders et all, 2007]. We will use both.

For all choices of $a$ the first order averaging terms of system (34) vanish (although two first
order resonances are present: $a=\frac{1}{4}$ and $a=\frac{1}{3}$ ). Using polar coordinates as before, the implication is that the three amplitudes and phases are constant with error $O(\varepsilon)$ on the timescale $1 / \varepsilon$. Interesting phenomena happen on a longer timescale; for the actions we have of course the same result.

The estimate of [Nekhoroshev, 1977] for near and long-time conservation of the actions cannot be applied in the classical case $m=1$ because of the $1: 1$ resonance. For arbitrary $m$, this also holds if $m \gg 1(0<a \ll 1)$ as we find detuned $1: 1$ resonances. With four particles, we will focus in the sequel on the classical case $a=1$.

### 6.1. Normalizing the classical FPU-chain ( $a=1$ )

The normalization to second order was carried out by Rink \& Verhulst, [2000], we will add results regarding passage through resonance zones to the analysis. The normalized Hamiltonian $\bar{H}$ to quartic terms, quadratic in the actions, is:

$$
\left\{\begin{align*}
\bar{H}= & 2 I_{1}+\sqrt{2} I_{2}+\sqrt{2} I_{3}-\varepsilon^{2}\left[\left(\frac{1}{2} \alpha^{2}-\frac{3}{8} \beta\right) I_{2} I_{3} \cos 2\left(\phi_{2}-\phi_{3}\right)\right.  \tag{36}\\
& \left.-\frac{3}{8} \beta I_{2} I_{3}-\frac{3}{16} \beta\left(I_{2}+I_{3}\right)^{2}-\frac{3}{8} \beta I_{1}^{2}+\sqrt{2}\left(\frac{1}{2} \alpha^{2}-\frac{3}{4} \beta\right) I_{1}\left(I_{2}+I_{3}\right)\right] .
\end{align*}\right.
$$

For the mode with frequency $\omega$ we have $q=$ $\sqrt{2 I / \omega} \sin \phi, p=\sqrt{2 \omega I} \cos \phi$. We will consider the $\alpha$ - and $\beta$-chain in the case that the two normal modes $x_{2}, x_{3}$ of the $1: 1$ resonance are unstable, producing passage through resonance zones and strong exchanges of energy between the two modes; the $x_{1}$ mode acts as a perturbation on the $1: 1$ resonance. In both cases, we have, in general, the position of four periodic solutions of the normalized Hamiltonian with $\chi=\phi_{2}-\phi_{3}, \sin 2 \chi=0$ located in a primary resonance zone $M$. Starting near an unstable normal mode will induce passage through $M$. The quantity

$$
\begin{equation*}
\sqrt{2}\left(I_{2}+I_{3}\right)=E_{1} \tag{37}
\end{equation*}
$$

with constant $E_{1} \geq 0$ is conserved to $O(\varepsilon)$ on the timescale $1 / \varepsilon^{2}, \dot{I}_{1}=O\left(\varepsilon^{3}\right)$. In addition, we have $2 I_{1}+\sqrt{2} I_{2}+\sqrt{2} I_{3}=E_{0}+O(\varepsilon)$ for all time $\left(E_{0}, E_{1}\right.$ positive constants).

### 6.2. The $\alpha$-chain

Consider the $\alpha$-chain $(\alpha=1, \beta=0)$. We note that the nondegeneracy condition of the KAM
theorem is not satisfied for the normal form Hamiltonian (36) if $\beta=0$ as the nonresonant frequency of $x_{1}$ removes the twist character of the $\dot{x}_{1}, x_{1}$-flow. As we will see, this has consequences for the analysis.

From Rink \& Verhulst, 2000] we know that the $x_{2}, x_{3}$ normal modes are unstable, the $x_{1}$ normal mode is spectrally stable. From the normal form (36) we have for the actions and the combination angle $\chi=\phi_{2}-\phi_{3}$ omitting terms $O\left(\varepsilon^{3}\right)$ :

$$
\left\{\begin{array}{l}
\dot{I}_{1}=0, \quad \dot{I}_{2}=-\varepsilon^{2} I_{2} I_{3} \sin 2 \chi  \tag{38}\\
\dot{I}_{3}=\varepsilon^{2} I_{2} I_{3} \sin 2 \chi \\
\dot{\phi}_{1}=2-\frac{\varepsilon^{2}}{2} \sqrt{2}\left(I_{2}+I_{3}\right) \\
\dot{\phi}_{2}=\sqrt{2}-\frac{\varepsilon^{2}}{2}\left(I_{3} \cos 2 \chi+\sqrt{2} I_{1}\right), \\
\dot{\phi}_{3}=\sqrt{2}-\frac{\varepsilon^{2}}{2}\left(I_{2} \cos 2 \chi+\sqrt{2} I_{1}\right), \\
2 \dot{\chi}=\varepsilon^{2}\left(I_{2}-I_{3}\right) \cos 2 \chi
\end{array}\right.
$$

General positions of periodic solutions are found from the normal form for $I_{2}=I_{3}=\frac{1}{4} \sqrt{2} E_{1}$, $\chi=0, \pi$ producing resonance zone $M_{1}$, or $\pi / 2$, $3 \pi / 2$ producing resonance zone $M_{2}$; they are spectrally stable. As $I_{1}(0)$ is still free to choose, these periodic solutions correspond in the normal form system with manifolds located in each of the primary resonance zones $M_{1}, M_{2}$ on a fixed energy manifold; we have parametrization of the periodic solutions for $0 \leq I_{1}(0) \leq \frac{1}{2} E_{0}$. The primary resonance zones are small neighborhoods of the solutions given by $I_{2}=I_{3}, \chi=0, \pi\left(M_{1}\right)$ and $I_{2}=I_{3}$, $\chi=\pi / 2,3 \pi / 2\left(M_{2}\right)$.


From system (34) for $a=1$ we have the special (exact) solutions $x_{2}(t)= \pm x_{3}(t)$ satisfying:

$$
\left\{\begin{array}{l}
\ddot{x}_{1}+4 x_{1}= \pm 4 \varepsilon x_{2}^{2},  \tag{39}\\
\ddot{x}_{2}+2 x_{2}= \pm 4 \varepsilon x_{1} x_{2} .
\end{array}\right.
$$

So $x_{1}(t)$ experiences when passing through $M_{1,2}$ a small nonresonant excitation, see Fig. [5. The periodic solutions in general position obtained from the normal form (38) do not persist in the original system as periodic solutions; we conjecture that they can be continued as quasi- or almost-periodic solutions. We offer the following

(b)

Fig. 5. The classical $\alpha$-chain, passage through a primary resonance zone. The actions $H_{21}$ for system (34) (case $a=1$ ) with $\alpha=1, \beta=0$ in three cases with $H_{2}(0)=3.01$. Initial conditions: $\left(x_{1}(0)=0.3, x_{2}(0)=1.6793, x_{3}(0)=0.1\right)$, $\left(x_{1}(0)=0.6, x_{2}(0)=1.50997, x_{3}(0)=0.1\right)$ and $\left(x_{1}(0)=0.8, x_{2}(0)=1.3115, x_{3}(0)=0.1\right)$, initial velocities zero and $\varepsilon=0.1$. The action $H_{21}$ shows variations of magnitude 0.02 outside the resonance zone and significant excitation, magnitude 0.2 , in the zone.
evidence:
From the normal form system (38) we have for these solutions in $M_{1}$ the $O(\varepsilon)$ approximations on the timescale $1 / \varepsilon^{2}$ :

$$
\left\{\begin{array}{l}
x_{1}(t)=\sqrt{2 I_{1}(0)} \sin \left(2 t-\frac{1}{2} \varepsilon^{2} t \sqrt{2}\left(I_{2}(0)+I_{3}(0)\right)+\frac{\pi}{2}\right)  \tag{40}\\
x_{2}(t)=\sqrt{2 I_{2}(0)} \sin \left(\sqrt{2} t-\frac{1}{2} \varepsilon^{2} t I_{2}(0)-\frac{1}{2} \varepsilon^{2} t \sqrt{2} I_{1}(0)+\frac{\pi}{2}\right) \\
x_{3}(t)=x_{2}(t)
\end{array}\right.
$$

A similar result holds for $M_{2}$. The approximate solutions are quasi-periodic with, for fixed energy, periods dependent on the initial values of the nonresonant mode $x_{1}$ and $x_{2}, x_{3}$. In the resonance zones, the excitation of $x_{1}$ is during the passage $O(\varepsilon)$.


Fig. 6. The classical $\alpha$-chain, passage through a primary resonance zone showing the actions $H_{22}, H_{23}$ corresponding with $x_{2}, x_{3}$ of system (34] (case $a=1$ ) with $\alpha=1, \beta=0$. The three cases have the initial conditions of the three cases in Fig. (5) with $H_{2}(0)=3.01$. Whenever $H_{22}=H_{23}$ we observe excitation of the $x_{1}$ mode in the resonance zone. The time of passage increases with $x_{1}(0)$.

In the illustrations, we use quantities that, apart from a scaling factor, are equal to the actions:

$$
\begin{align*}
& H_{21}=\frac{1}{2}\left(\dot{x}_{1}^{2}+4 x_{1}^{2}\right) \\
& H_{22}=\frac{1}{2}\left(\dot{x}_{2}^{2}+2 x_{2}^{2}\right)  \tag{41}\\
& H_{23}=\frac{1}{2}\left(\dot{x}_{3}^{2}+2 x_{3}^{2}\right) .
\end{align*}
$$

We keep $H_{2}(0)$ constant in the pictures as $H_{2}$ is an integral of the normal form. Figure 5 shows, as expected, small variations of the first mode except for the excitation when passing a resonance zone, see system (39). The fluctuations of $x_{1}, \dot{x}_{1}$ in Fig. 5

are clearly larger when passing the primary resonance zone where $H_{22}=H_{23}$. We demonstrate this in the corresponding figures of the exchanges of energy in Fig. 6. As we start near the unstable $x_{2}$ normal mode, we find rather strong exchanges of energy; this suggests that we will have quasitrapping near the tori surrounding the solutions in the resonance zones where $x_{1}$ also plays a part.

The recurrence times $T_{r}$ of the phase-flow can be deduced from the behavior of the actions in Figs. 5 and 6. The mechanism of quasi-trapping is illustrated by the recurrence displayed in Fig. 7. The Euclidean distance $d$ to the initial conditions corresponding with the three cases of Fig. 5 shows large gaps in the recurrence behavior.


Fig. 8. The classical $\alpha$-chain, recurrence times $T_{r}$ after passage through a primary resonance zone from numerical integration of system (34) (case $a=1$ ) with $\alpha=1, \beta=0$. We consider 12 cases with $H_{2}(0)=3.01, x_{3}(0)=0.1$ fixed; initial velocities of the components are zero and $\varepsilon=0.1$. Starting near the unstable $x_{2}$ normal mode, the recurrence time increases strongly when the nonresonant $x_{1}$ mode starts at a higher energy level.

A systematic integration of system (34) for $x_{1}(0)$ ranging from values 0 to 1 and fixed $H_{2}(0)=$ 3.01 shows the increase of recurrence times $T_{r}$ if $x_{1}(0)$ increases. The excitation of $x_{1}$ in the resonance zones produces clearly a quasi-trapping obstruction to the passage of the phase-flow through the resonance zone, see Fig. 8 . The recurrence times will depend polynomially on $x_{1}(0)$ as $T_{r}$ is bounded for a neighborhood of the initial conditions with positive measure. The form of the dependence is sensitive to the six initial conditions.

A detuned higher order resonance of any dynamical importance in the primary resonance zones cannot be expected in the classical FPU-chain with four particles. Expressing $\sqrt{2}$ by the rational $1.4+\delta(\varepsilon), \delta(\varepsilon)=0.0142 \ldots$ we can study the combination angle

$$
\chi_{755}=7 \phi_{1}-5 \phi_{2}-5 \phi_{3} .
$$

If this angle is active it will be at very small size and at very long timescales. We find in the primary resonance zones $M_{1}, M_{2}$ that the three actions and $\chi_{1}$ are varying in $O\left(\varepsilon^{3}\right)$ whereas:

$$
\begin{align*}
\dot{\chi}_{755}= & -\frac{\varepsilon^{2}}{2}\left(7 E_{1}-\frac{5}{\sqrt{2}} E_{1} \cos 2 \chi_{1}-10 \sqrt{2} I_{1}\right) \\
& -10 \delta(\varepsilon)+O\left(\varepsilon^{3}\right) . \tag{42}
\end{align*}
$$

If $\delta(\varepsilon) / \varepsilon^{2}$ is not small, the right-hand side has no zeros, $\chi_{755}$ will be timelike and we can average over the angle to remove the $O\left(\varepsilon^{2}\right)$ terms of Eq. (42). But even if $\delta(\varepsilon) / \varepsilon^{2}$ is small, we need not have a term of the form $x_{1}^{7} x_{2}^{5} x_{3}^{5}$ in the higher order normal form. Extensive numerical experiments suggest that this resonance plays no part. The same holds for resonances like 7:10.

We conclude, see Figs. 廌 $\mathbf{7}$, that because of nonresonant excitation, passage through a resonance zone can produce a considerable delay of recurrence. Starting in a resonance zone the choice of $H_{21}(0)$ has a strong influence on the recurrence properties.

### 6.3. The $\beta$-chain

The $\beta$-chain ( $\alpha=0, \beta=1$ ) shows dynamics that is different. From Rink \& Verhulst, 2000], we know that the $x_{2}, x_{3}$ normal modes are unstable; the resonance zone $M_{1}: I_{2}=I_{3}=\frac{1}{2} E_{1}$ contains two stable periodic solutions for $\chi=0, \pi$; we have $M_{2}$ with two unstable periodic solutions for $\chi=\pi / 2,3 \pi / 2$ (parametrized by $I_{1}(0)$ as for the $\alpha$-chain). One of the motivations to study also the $\beta$-chain is that the nearest-neighbor interaction in this case is symmetric. We will find that this results in different dynamics.

From system (35) we find the exact solutions of the $\beta$-chain:

$$
\left\{\begin{array}{l}
\ddot{x}_{1}+4 x_{1}=4 \varepsilon^{2} \beta\left(-x_{1}^{3}-3 x_{1} x_{2}^{2}\right),  \tag{43}\\
\ddot{x}_{2}+2 x_{2}=2 \varepsilon^{2} \beta\left(-2 x_{2}^{3}-3 x_{1}^{2} x_{2}\right), \\
x_{2}(t)= \pm x_{3}(t) .
\end{array}\right.
$$

From the normal form (36) we have for the actions and the combination angle $\chi$ when omitting terms $O\left(\varepsilon^{3}\right)$ :

$$
\left\{\begin{array}{l}
\dot{I}_{1}=0, \dot{I}_{2}=-\frac{3}{4} \varepsilon^{2} I_{2} I_{3} \sin 2 \chi, \dot{I}_{3}=\frac{3}{4} \varepsilon^{2} I_{2} I_{3} \sin 2 \chi,  \tag{44}\\
\dot{\phi}_{1}=2+\frac{3}{4} \varepsilon^{2}\left[I_{1}+\sqrt{2}\left(I_{2}+I_{3}\right)\right], \\
\dot{\phi}_{2}=\sqrt{2}+\frac{3}{8} \varepsilon^{2}\left(I_{3} \cos 2 \chi+I_{2}+2 I_{3}+2 \sqrt{2} I_{1}\right), \\
\dot{\phi}_{3}=\sqrt{2}+\frac{3}{8} \varepsilon^{2}\left(I_{2} \cos 2 \chi+2 I_{2}+I_{3}+2 \sqrt{2} I_{1}\right), \\
2 \dot{\chi}=-\frac{3}{4} \varepsilon^{2}\left(I_{2}-I_{3}\right)(\cos 2 \chi+1) .
\end{array}\right.
$$

The 1:1 resonance zone is with the integral (37): $\sqrt{2}\left(I_{2}+I_{3}\right)=E_{1}$ again determined by $I_{2}=I_{3}=$ $\frac{1}{4} \sqrt{2} E_{1}$. The analysis runs along the same lines as for the $\alpha$-chain. The transitions through the resonance zone are shown in Figs. 911. We observe a few differences and, because of the two unstable periodic solutions in the resonance zone, we consider the dynamics in the resonance zones.

We consider again the possibility of higher order resonance. As before, we consider the combination angle $\chi_{755}=7 \phi_{1}-5 \phi_{2}-5 \phi_{3}$. However, it is easy to show that $d \chi_{755} / d t$ is sign-definite,
so higher order resonance of this type cannot be expected to exist. Also the $7: 10$ resonance is not present in the classical $\beta$-chain with four particles.

Passage through a primary resonance zone of the $\beta$-chain produces considerable delay of recurrence. Figure 11 shows that increasing $x_{1}(0)$ while keeping $H_{2}(0)=3.01$ fixed, the recurrence time increases. The increase is caused by the increasing amplitude of the $x_{1}$-oscillations resulting in a larger geometric obstruction in the resonance zone. If $x_{1}(0)=0.3, H_{21}$ varies by 0.004 around value 0.186 , if $x_{1}(0)=0.6, H_{21}$ varies by 0.02 around

(a)

(b)

(c)

Fig. 9. The classical $\beta$-chain, passage through a primary resonance zone. The actions $H_{21}$ for system (34) (case $a=1$ ) with $\alpha=0, \beta=1$ in three cases with $H_{2}(0)=3.01$. Initial conditions: $\left(x_{1}(0)=0.3, x_{2}(0)=1.6793, x_{3}(0)=0.1\right)$, $\left(x_{1}(0)=0.6, x_{2}(0)=1.50997, x_{3}(0)=0.1\right)$ and $\left(x_{1}(0)=0.8, x_{2}(0)=1.3115, x_{3}(0)=0.1\right)$, initial velocities are zero and $\varepsilon=0.1$. The nonresonant action $H_{21}$ shows small variations outside the resonance zone and smaller ones in the zone.


Fig. 10. The classical $\beta$-chain, passage through a primary resonance zone showing the actions $H_{22}, H_{23}$ corresponding with $x_{2}, x_{3}$ of system (34) (case $a=1$ ) with $\alpha=0, \beta=1$. The three cases have the initial conditions of the three cases in Fig. 9 with $H_{2}(0)=3.01$ fixed. Whenever $H_{22}=H_{23}$ we observe smaller excitation of the $x_{1}$ mode in the resonance zone. The time of passage and the recurrence times increase with $x_{1}(0)$.
value 0.74 , if $x_{1}(0)=0.8, H_{21}$ varies by 0.03 around value 1.31 .

Starting in the resonance zone, $M_{1}$ yields fairly good recurrence because of the stability of the periodic solutions; see Fig. 12(a). In Fig. 12(b) we show the recurrence when starting near an unstable quasi-periodic solution in $M_{2}$. Whereas in $M_{1}$ recurrence times are typically around 500 timesteps, starting in $M_{2}$ with $x_{1}(0)=0.6$, this is nearly 30000 timesteps. In the second case the variations of $H_{22}$ and $H_{23}$ are near $2, H_{21}$ shows variations of size 0.02 on the time-interval 0-30 000 .

The recurrence time varies with $x_{1}(0)$. In Fig. 13 we have for $x_{1}(0)=0.1$ a recurrence time of more than 130000 timesteps, for $x_{1}(0)=0.8$ at least 30000 timesteps, for $x_{1}(0)=1$ the recurrence time is more than 40000 timesteps. As we have noted, the 1:1 quasi-periodic solutions in $M_{2}$ are unstable with corresponding unstable manifolds dominating the expansion if $x_{1}(0)$ is small. The $x_{1-}$ oscillations are spectrally stable. Increasing $x_{1}(0)$ will reduce the size of the unstable manifolds resulting in reduced expansion and so relatively shorter recurrence times. However, increasing $x_{1}(0)$ even


Fig. 11. The classical $\beta$-chain, passage through resonance, showing the Euclidean distance $d$ to the initial conditions in the cases of Fig. 9 with $H_{2}(0)=3.01$ fixed. The recurrence times increase with $x_{1}(0)$.


Fig. 12. (a) The classical $\beta$-chain, dynamics in the resonance zone $M_{1}$, showing relative fast recurrence $d$ with initial conditions $x_{1}(0)=0.6, x_{2}(0)=1.2356, x_{3}(0)=1.2356$ and initial velocities zero, starting near a stable quasi-periodic solution. (b) We start near an unstable quasi-periodic solution in resonance zone $M_{2}$, initial conditions $x_{1}(0)=0.6, \dot{x}_{1}(0)=0, x_{2}(0)=$ $1.0700, \dot{x}_{2}(0)=0, x_{3}(0)=0, \dot{x}_{3}(0)=-1.5132$. Starting in $M_{2}$ the recurrence time increases strongly, in this case to around 30000 timesteps.

(c)

(c
(a)

(b) an unstable quasi-periodic solution with $H_{2}(0)=3.01$ fixed. (a)-(c) Initial conditions $x_{1}(0)=0.1, \dot{x}_{1}(0)=0, x_{2}(0)=1.2227, \dot{x}_{2}(0)=0, x_{3}(0)=0, \dot{x}_{3}(0)=-1.7292$, $x_{1}(0)=0.8, \dot{x}_{1}(0)=0, x_{2}(0)=0.93005, \dot{x}_{2}(0)=0, x_{3}(0)=0, \dot{x}_{3}(0)=-1.3153, x_{1}(0)=1, \dot{x}_{1}(0)=0, x_{2}(0)=0.7106, \dot{x}_{2}(0)=0, x_{3}(0)=0, \dot{x}_{3}(0)=-1.00499$. Starting in $M_{2}$ the recurrence time varies considerably with $x_{1}(0)$ of the nonresonant mode.
more, the $x_{1}$-oscillations clearly pose a separate obstruction to recurrence as in Fig. 11 for $M_{1}$.

### 6.4. Comparison between Toda chain and FPU $\alpha$-chains

An interesting question was raised in [Ferguson et al., 1982]. Considering chains of unit masses connected by identical springs, they analyzed the cases of harmonic forces, the Toda chain which is integrable and the FPU $\alpha$-chain. In the case of the FPU $\alpha$-chain the force field derived from Hamiltonian (32) is

$$
\begin{equation*}
F_{\mathrm{FPU}}(z)=-z-\alpha z^{2}, \tag{45}
\end{equation*}
$$

whereas we have for the Toda chain with constant $B$ :

$$
\begin{align*}
F_{\text {Toda }}(z) & =\frac{1}{B}\left(e^{-B z}-1\right) \\
& =-z+\frac{1}{2} B z^{2}-\frac{1}{6} B^{2} z^{3}+\cdots \tag{46}
\end{align*}
$$

With the choice $\alpha=1 / 4, B=-1 / 2$ and so making the first two terms of the forces equal, regarding the well-known recurrence phenomena of the $\alpha$-chain and a numerical computation, Ferguson et al. 1982, Figs. 25-26] conjecture that both chains show, at least at low energy level, the same qualitative and nearly the same quantitative behaviors.

We will show that in the case of four particles this conjecture is correct at low energy level for a small range of $\alpha, B$ values but not in general. For the force fields to be equal to quadratic terms we require $-\alpha=B / 2$. It was shown by [Rink \& Verhulst, 2000] that for a FPU-chain with four particles and both $\alpha$ and $\beta$ terms, the qualitative behavior is governed by the bifurcation parameter:

$$
\begin{equation*}
\gamma=\frac{3 \beta}{3 \beta-4 \alpha^{2}} . \tag{47}
\end{equation*}
$$

The bifurcations involve existence and stability of periodic solutions. For the $\alpha$-chain we find $\gamma=0$. With $B=-2 \alpha$ we have for the Toda chain $\gamma=$ $-B^{4} / 4$, so positive bifurcation values are excluded. According to Rink \& Verhulst, 2000], a bifurcation involving exchanges of stability takes place for $\gamma= \pm 1$ or $B=\sqrt{2}$. Note that the choice of Ferguson et al. [1982] was $B=-1 / 2$ so that $\gamma=-1 / 64$, close to the value of the $\alpha$-chain. The zones $M_{1}, M_{2}$ found in Sec. 6.2 will for these values also be found in the Toda chain.

Recently it was shown by Bruggeman and Verhulst [2018] that for the FPU-chain with $4 n$ particles the system with four particles is recovered in an invariant manifold. This settles the question of qualitative inequality of Toda chain and FPU-chain in more generality.

## 7. Application to the Classical FPU $\beta$-Chain with Eight Particles

A $\beta$-chain with four particles shows different dynamics as compared with an $\alpha$-chain. This difference persists in a system with eight particles, in general, in a system with $4 n$ particles. In addition, as indicated in Sec. 66 and [Bruggeman \& Verhulst, 2018], a FPU-system with eight particles is found again as a submanifold in FPU-chains with $16,24, \ldots$, or $8 n$ particles. This is in itself is a motivation to study low-dimensional FPU-chains.

Consider the FPU-chain (32) in the classical case with equal masses, eight particles and $\alpha=0$, $\beta=1$. We have for the eigenvalues $\lambda_{i}=\omega_{i}^{2}$ of the linearized system:

$$
\omega_{i}^{2}: 4,2+\sqrt{2} \text { (twice), 2, 2, } 2-\sqrt{2} \text { (twice), } 0 .
$$

We have $\omega_{1}=2, \omega_{2,3}=1.848 \ldots, \omega_{4,5}=1.414 \ldots$, $\omega_{6,7}=0.765 \ldots$ Using the momentum integral we can reduce the system from eight dof to seven dof. The symplectic transformation $(p, q) \rightarrow(y, x)$ produces a quartic Hamiltonian with 49 terms, see Sec. A. 2 where we list the coefficients.

### 7.1. Two invariant manifolds

Inspection of the equations of motion produces the following invariant manifolds:

- $I M_{145}$ (six-dimensional) defined by $x_{2}(t)=$ $x_{3}(t)=x_{6}(t)=x_{7}(t)=0$.

The equations of motion describing the dynamics in $I M_{145}$ are:

$$
\left\{\begin{align*}
\ddot{x}_{1} & +4 x_{1}  \tag{48}\\
& =-\varepsilon^{2}\left(4 e_{1111} x_{1}^{3}+2 e_{1144} x_{1} x_{4}^{2}+2 e_{1155} x_{1} x_{5}^{2}\right) \\
\ddot{x}_{4} & +2 x_{4} \\
& =-\varepsilon^{2}\left(2 e_{1144} x_{1}^{2} x_{4}+4 e_{4444} x_{4}^{3}+2 e_{4455} x_{4} x_{5}^{2}\right) \\
\ddot{x}_{5} & +2 x_{5} \\
& =-\varepsilon^{2}\left(2 e_{1155} x_{1}^{2} x_{5}+2 e_{4455} x_{4}^{2} x_{5}+4 e_{5555} x_{5}^{3}\right)
\end{align*}\right.
$$

As predicted by the theorem in Bruggeman \& Verhulst, 2018], this invariant manifold corresponds with the six-dimensional phase-space of the FPU-chain with four particles discussed in Sec. 6.

- $I M_{2367}$ (eight-dimensional) defined by $x_{1}(t)=x_{4}(t)=x_{5}(t)=0$.

We will analyze the dynamics in $I M_{2367}$ separately.
One of the conclusions of Bruggeman \& Verhulst, 2018] is that in a system with eight particles the submanifolds are spectrally stable except if $a=0.75(m=4 / 3)$. However, we will find instability in the classical case. Using the list in Sec. A. 2 we find the equations of motion in $I M_{2}$ :

$$
\left\{\begin{align*}
\ddot{x}_{2}+\omega_{2}^{2} x_{2}= & -\varepsilon^{2}\left(4 e_{2222} x_{2}^{3}+3 e_{2226} x_{2}^{2} x_{6}+2 e_{2233} x_{2} x_{3}^{2}+2 e_{2237} x_{2} x_{3} x_{7}+2 e_{2266} x_{2} x_{6}^{2}\right.  \tag{49}\\
& \left.+2 e_{2277} x_{2} x_{7}^{2}+e_{2336} x_{3}^{2} x_{6}+e_{2367} x_{3} x_{6} x_{7}+e_{2666} x_{6}^{3}+e_{2677} x_{6} x_{7}^{2}\right), \\
\ddot{x}_{3}+\omega_{3}^{2} x_{3}= & -\varepsilon^{2}\left(2 e_{2233} x_{2}^{2} x_{3}+e_{2237} x_{2}^{2} x_{7}+2 e_{2336} x_{2} x_{3} x_{6}+e_{2367} x_{2} x_{6} x_{7}+4 e_{3333} x_{3}^{3}\right. \\
& \left.+3 e_{3337}^{2} x_{3}^{2} x_{7}+2 e_{3366} x_{3} x_{6}^{2}+2 e_{3377} x_{3} x_{7}^{2}+e_{3667} x_{6}^{2} x_{7}+e_{3777} x_{7}^{3}\right), \\
\ddot{x}_{6}+\omega_{6}^{2} x_{6}= & -\varepsilon^{2}\left(e_{2226} x_{2}^{3}+2 e_{2266} x_{2}^{2} x_{6}+e_{2336} x_{2} x_{3}^{2}+e_{2367} x_{2} x_{3} x_{7}+3 e_{2666} x_{2} x_{6}^{2}+e_{2677} x_{2} x_{7}^{2}\right. \\
& \left.+2 e_{3366} x_{3}^{2} x_{6}+2 e_{3667} x_{3} x_{6} x_{7}+4 e_{6666} x_{6}^{3}+2 e_{6677} x_{6} x_{7}^{2}\right), \\
\ddot{x}_{7}+\omega_{7}^{2} x_{7}= & -\varepsilon^{2}\left(e_{2237} x_{2}^{2} x_{3}+2 e_{2277} x_{2}^{2} x_{7}+e_{2367} x_{2} x_{3} x_{6}+2 e_{2677} x_{2} x_{6} x_{7}+e_{3337} x_{3}^{3}\right. \\
& \left.+2 e_{3377} x_{3}^{2} x_{7}+e_{3667} x_{3} x_{6}^{2}+3 e_{3777} x_{3} x_{7}^{2}+2 e_{6677} x_{6}^{2} x_{7}+4 e_{7777} x_{7}^{3}\right) .
\end{align*}\right.
$$

The dynamics in $I M_{2367}$ is interesting as it involves two $1: 1$ resonances ( $\omega_{2}=\omega_{3}, \omega_{6}=\omega_{7}$ ) that are mutually nonresonant. The $I M_{2367}$ Hamiltonian contains 19 terms; after normalization, 11 quartic terms remain.

We are interested in the phase-flow in $I M_{2367}$, the stability of the two invariant manifolds and their interaction. From the preceding section we conclude that $I M_{2367}$ will be unstable as we can start in a neighborhood of the manifold in the unstable resonance zone $M_{2}$ of manifold $I M_{145}$. This is illustrated in Fig. 14


Fig. 14. The classical $\beta$-chain with eight particles, recurrence given by the Euclidean distance $d$ when starting near $I M_{2367}$ in the resonance zone $M_{2}$ of $I M_{145}$. This illustrates the instability of invariant manifold $I M_{2367}$. We choose in $I M_{2367}$ the case $x_{2}(0)=x_{3}(0)=0.5, x_{6}(0)=x_{7}(0)=0.4$ with $\left(\chi_{23}, \chi_{67}\right)=(0,0)$. For modes 1 , 4 and 5 we took $x_{1}(0)=0.1, \dot{x}_{1}(0)=0, x_{4}(0)=0.1, \dot{x}_{4}(0)=0, x_{5}(0)=0, \dot{x}_{5}(0)=-0.1414$. The integration was carried out for the original system induced by (32) with $\varepsilon^{2}=0.1$ (to speed up the dynamics).

### 7.2. The normalized amplitudes in seven dof

We normalize the full system of seven dof equations using transformation (4). The Hamiltonian of the $\beta$ chain in $y$, $x$-coordinates contains 49 quartic terms. We find after transformation and normalization, using Sec. A.2, combination angles:

$$
\begin{gather*}
\chi_{23}=\phi_{2}-\phi_{3}, \quad \chi_{45}=\phi_{4}-\phi_{5}, \quad \chi_{67}=\phi_{6}-\phi_{7}, \\
\left\{\begin{array}{l}
\dot{r}_{1}=0, \quad \dot{r}_{2}=\frac{\varepsilon^{2}}{4 \omega_{2}}\left(\frac{3}{16}(3+2 \sqrt{2}) r_{2} r_{3}^{2} \sin 2 \chi_{23}+\frac{3}{4} r_{3} r_{6} r_{7} \sin \chi_{23} \cos \chi_{67}\right), \\
\dot{r}_{3}=-\frac{\varepsilon^{2}}{4 \omega_{3}}\left(\frac{3}{16}(3+2 \sqrt{2}) r_{2}^{2} r_{3} \sin 2 \chi_{23}+\frac{3}{4} r_{2} r_{6} r_{7} \sin \chi_{23} \cos \chi_{67}\right), \\
\dot{r}_{4}=\frac{3 \varepsilon^{2}}{16 \sqrt{2}} r_{4} r_{5}^{2} \sin \chi_{45}, \quad \dot{r}_{5}=-\frac{3 \varepsilon^{2}}{16 \sqrt{2}} r_{4}^{2} r_{5} \sin \chi_{45}, \\
\dot{r}_{6}=\frac{\varepsilon^{2}}{4 \omega_{6}}\left(\frac{3}{4} r_{2} r_{3} r_{7} \cos \chi_{23} \sin \chi_{67}+\frac{3}{16}(3-2 \sqrt{2}) r_{6} r_{7}^{2} \sin 2 \chi_{67}\right) \\
\dot{r}_{7}=-\frac{\varepsilon^{2}}{4 \omega_{7}}\left(\frac{3}{4} r_{2} r_{3} r_{6} \cos \chi_{23} \sin \chi_{67}+\frac{3}{16}(3-2 \sqrt{2}) r_{6}^{2} r_{7} \sin 2 \chi_{67}\right)
\end{array}\right. \tag{50}
\end{gather*}
$$

The use of transformation (4) assumes that the amplitudes do not vanish, but it has been checked by using co-moving coordinates that, as system (50) suggests, the normal modes are solutions of the normalized system. We find four integrals of the amplitude normal form:

$$
r_{1}=r_{1}(0), \quad r_{2}^{2}+r_{3}^{2}=2 E_{1}, \quad r_{4}^{2}+r_{5}^{2}=2 E_{2}, \quad r_{6}^{2}+r_{7}^{2}=2 E_{3} \quad\left(E_{1}, E_{2}, E_{3} \geq 0\right) .
$$

To this order of normalization, interaction between the two invariant manifolds does not take place by the amplitudes, but as we shall see, by the angle $\phi_{1}$. Although the first mode, $x_{1}$, is nonresonant, we have seen in Sec. 6.3 that the choice of $x_{1}(0)$ influences the dynamics and the recurrence.

### 7.3. The normalized phases in seven dof

$$
\left\{\begin{align*}
\dot{\phi}_{1}= & \frac{3 \varepsilon^{2}}{8}\left(r_{1}^{2}(0)+(2+\sqrt{2}) E_{1}+2 E_{2}+(2-\sqrt{2}) E_{3}\right),  \tag{51}\\
\dot{\chi}_{23}= & \frac{\varepsilon^{2}}{\omega_{2}}\left(\frac{9}{64}(3+2 \sqrt{2})\left(r_{2}^{2}-r_{3}^{2}\right)+\frac{3}{32}(3+2 \sqrt{2})\left(r_{3}^{2}-r_{2}^{2}\right)\left(1+\frac{1}{2} \cos 2 \chi_{23}\right)\right. \\
& \left.+\frac{3}{16}\left(r_{7}^{2}-r_{6}^{2}\right)+\frac{3}{16}\left(\frac{r_{3}}{r_{2}}-\frac{r_{2}}{r_{3}}\right) r_{6} r_{7} \cos \chi_{23} \cos \chi_{67}\right), \\
\dot{\chi}_{45}= & \frac{3 \varepsilon^{2}}{16}\left(r_{5}^{2}-r_{4}^{2}\right)\left(1+\frac{1}{2} \cos 2 \chi_{45}\right), \\
\dot{\chi}_{67}= & \frac{\varepsilon^{2}}{\omega_{6}}\left(\frac{3}{16}\left(r_{3}^{2}-r_{2}^{2}\right)+\frac{3}{16} r_{2} r_{3} \cos \chi_{23} \cos \chi_{67}\left(\frac{r_{7}}{r_{6}}-\frac{r_{6}}{r_{7}}\right)\right. \\
& \left.+\frac{3}{32}(3-2 \sqrt{2})\left(r_{6}^{2}-r_{7}^{2}\right)+\frac{1}{4}\left(r_{7}^{2}-r_{6}^{2}\right) \cos 2 \chi_{67}\right) .
\end{align*}\right.
$$

We find from Eqs. (50) and (51) in $I M_{145}$ :
(1) The three normal mode periodic solutions $x_{1}$, $x_{4}, x_{5}$.
(2) Periodic solutions in the primary resonance zones $r_{1}(0)=0, r_{4}=r_{5}, \sin 2 \chi_{45}=0$.
We find in $I M_{2367}$ :
(1) Two periodic solutions:
$r_{6}=r_{7}=0, \sin 2 \chi_{23}=0, r_{2}=r_{3}$.
$r_{2}=r_{3}=0, \sin 2 \chi_{67}=0, r_{6}=r_{7}$.
(2) Eight quasi-periodic solutions if $r_{2} r_{3} r_{6} r_{7} \neq 0$ :
$\sin \chi_{23}=\sin \chi_{67}=0, r_{2}=r_{3}, r_{6}=r_{7}$ producing $\left(\chi_{23}, \chi_{67}\right)=(0,0),(0, \pi),(\pi, 0),(\pi, \pi)$.
$\cos \chi_{23}=\cos \chi_{67}=0, r_{2}=r_{3}, r_{6}=r_{7}$ producing $\left(\chi_{23}, \chi_{67}\right)=\left(\frac{\pi}{2}, \frac{\pi}{2}\right),\left(\frac{\pi}{2}, 3 \frac{\pi}{2}\right),\left(3 \frac{\pi}{2}, \frac{\pi}{2}\right)$, ( $3 \frac{\pi}{2}, 3 \frac{\pi}{2}$ ).

### 7.4. Interaction of the two invariant manifolds

We consider perturbations of the solutions starting in a primary resonance zone of invariant manifold $I M_{2367}$ by small values of $x_{1}(0), x_{4}(0), x_{5}(0)$ in the unstable resonance zone $M_{2}$ of $I M_{145}$. In Fig. 14 we show the instability of $I M_{2367}$ by plotting the Euclidean distance $d$ to the initial conditions in 30000 timesteps. The normal form Eqs. (50) and (51) show interaction of the angle of mode $x_{1}$ with the other six modes but not vice versa. As we have shown earlier, the $O\left(\varepsilon^{3}\right)$ terms of the normal form equations induce the instability on a long timescale; we took $\varepsilon^{2}=0.1$ to speed up the dynamics.

## Conclusion

As stated before, we will find invariant manifold $I M_{145}$ in the classical FPU-chain with $4 n$ particles. An important consequence of our analysis is that any other invariant manifold present in the classical FPU-chain with $4 n$ particles will be unstable.

## 8. Note on the FPU-Chain with Eight Particles and Alternating Masses

It has been shown in Bruggeman \& Verhulst, 2018] that also in the case of alternating masses, the dynamics of a FPU-chain with eight particles will be found again in submanifolds of periodic FPU-chains
with $8 n$ particles. In the classical case $(m=1)$ we have found in a chain with four particles instability phenomena in a resonance zone of the $\beta$-chain. In the case of four alternating masses, low order resonances arise if $m=3,4,8,9$. However, the normal forms in these cases degenerate so that we would have to consider high order normal forms in these cases.

We will make some remarks on the $\alpha$-chain, the $\beta$-chain with eight alternating masses is left as an open problem.

## The $\alpha$-chain

The analvsis for eight particles in [Bruggeman \& Verhulst, 2018] shows that for the $\alpha$-chain we have from the equations of motion, three invariant manifolds: $M_{145}$ (as expected), $M_{256}$ and $M_{357}$.

The first order normal forms are degenerate except in the cases $a=0.5$ and 0.75 . Spectral stability analysis in Bruggeman \& Verhulst, 2018] shows that only for $a=0.75$ we find from the normal forms instability of the invariant manifolds. This instability persists in alternating periodic FPU-chains with $a=0.75$ and $8 n$ particles.

The remaining problem at this order of normalization is to show whether the spectral stability of the three manifolds persists as stability in the case $a=0.5$. We are inspired by the fact that mode $x_{5}$ plays a pivotal role in the three manifolds. Consider the invariant manifold $M_{256}$ in the case of eight particles, $a=0.5$. According to [Bruggeman \& Verhulst, 2018, system (12)], the dynamics in the manifold for the $x_{2}, x_{5}$ and $x_{6}$ modes is governed by:

$$
\left\{\begin{array}{l}
\ddot{x}_{2}+\lambda_{2} x_{2}=-\varepsilon\left(2 x_{2} x_{5} d_{225}+x_{5} x_{6} d_{256}\right)  \tag{52}\\
\ddot{x}_{5}+x_{5}=-\varepsilon\left(x_{2}^{2} d_{225}+x_{6} x_{2} d_{256}+x_{6}^{2} d_{665}\right), \\
\ddot{x}_{6}+\lambda_{6} x_{6}=-\varepsilon\left(x_{2} x_{5} d_{256}+2 x_{5} x_{6} d_{665}\right)
\end{array}\right.
$$

Here $\lambda_{2}=\frac{1}{2}(3+\sqrt{5}), \lambda_{6}=\frac{1}{2}(3-\sqrt{5})$, the $d-$ coefficients are given in Bruggeman \& Verhulst, 2018] with $d_{225}<0, d_{256}=\sqrt{10} / 10, d_{665}>0$. Restricting to $I M_{256}$ only, $d_{256}$ plays a part in the intermediate normal form of system (52). The $x_{5}, \dot{x}_{5}$ coordinate plane contains harmonic solutions of the form $r_{0} \cos \left(t+\phi_{0}\right)$ that produce by linearization a Floquet system of the form:

$$
\begin{align*}
& \ddot{x}_{2}+\lambda_{2} x_{2}=-\varepsilon d_{256} r_{0} \cos \left(t+\phi_{0}\right) x_{6},  \tag{53}\\
& \ddot{x}_{6}+\lambda_{6} x_{6}=-\varepsilon d_{256} r_{0} \cos \left(t+\phi_{0}\right) x_{2} .
\end{align*}
$$



Fig. 15. The instability of manifold $I M_{357}$ in the eight particle $\alpha$-chain with $a=0.5, \varepsilon=0.1$. (a) The recurrence $d$ with initial conditions $x(0)=0,-0.1,0.5,0,0.2,0.1,0.4$ and initial velocities $\dot{x}(0)=0,-0.1,0,0,0.2,0.1,0.4$. (b) The distance to the initial conditions of the modes $3,5,7$ in the manifold $I M_{357}$ without the perturbing modes $1,2,4,6, x_{3}(0)=0.5, x_{5}(0)=0.2, x_{7}(0)=$ 0.4 , velocities $\dot{x}_{3}(0)=0, \dot{x}_{5}(0)=0.2, \dot{x}_{7}(0)=0.4$. For the integration we used the original system derived from Hamiltonian (32) with corresponding initial conditions (a) $q(0)=0.1,-0.0646447,-0.45,0.135355,-0.1,0.135355,0.45,0.0646447$ and initial velocities $\dot{q}(0)=0.1,-0.241421,-0.2,-0.0414214,-0.1,0.0414214,0.2,0.241421$.

The resonance $\sqrt{\lambda_{2}}=1+\sqrt{\lambda_{6}}$ destabilizes the normal mode; this is confirmed by averaging of the linearized system (53) and numerical simulations of system (52). We conjecture now that the instability of the $x_{5}$ normal mode in $I M_{256}$ will affect the stability of manifold $I M_{357}$. Figure 15 shows the instability; in the manifold we start with $x(0)=$ $0.5,0.2,0.4, \dot{x}(0)=0,0.2,0.4$ and add small perturbations to the other modes. Inverting the symplectic transformation we integrate numerically for the original $\alpha$-chain generated by Hamiltonian (32). On the left we show the Euclidean distance $d$ to the initial conditions for the eight modes of the chain; the interval of time, 50000 timesteps, in this unstable case is not enough for recurrence. On the right we show the Euclidean distance for the modes starting in $I M_{357}$ without other perturbing modes. The recurrence is relatively fast.

## 9. Discussion and Conclusions

(1) The main purpose of this paper is to show how in Hamiltonian systems low and high order resonances may interact to produce delay of recurrence and instability of invariant manifolds. The dynamics involves a special type of double resonance. This has been demonstrated for three dof systems with as an example, the $1: 1: 4$ resonance. In addition this has been applied for
the periodic FPU-chain with four and eight particles (and so for $4 n$ and $8 n$ particles).
(2) In Ferguson et al., 1982] it was shown that for certain parameter values the FPU $\alpha$-chain and the Toda chain have the same qualitative and nearly the same quantitative behavior. We have shown in Sec. 6.4 that this is not a general feature, it is correct for a range of parameters involving small values of the parameter $\gamma$ in Eq. (47).
(3) Delay of recurrence takes different forms. An important one is caused by quasi-trapping in resonance zones where the higher order resonance may become effective. This involves an extension of the theory of higher order resonance as described by Sanders, 1977; Sanders et al., 2007; Tuwankotta \& Verhulst, 2000]. The presence of tori and other invariant manifolds in the resonance zones is a well-known explanation of delay of recurrence.

An unexpected other effect resulting in delay occurs in the classical periodic $\alpha$-chain with $4 n$ particles. It is shown in Sec. 6.2 that nonresonant excitation may take place in a resonance zone.
(4) Normalization helps to describe in detail the phase-flow in primary zones with double resonance. We have noted that the normal form of the $1: 1: 4$ resonance is integrable, this
also holds in the primary resonance zone and near the resonant junction. In this sense the embedded double resonance is different from the general double resonance as described in Efthymiopoulos \& Harsoula, 2013]. In this case chaos does not play an important part at low energy level.
(5) Hamiltonian systems contain in general an infinite number of periodic solutions that are close (detuned) to the main resonances producing the so-called short-periodic orbits. This implies that the picture we have developed corresponds with the dominant aspects of the phase-flow in three dof. Our picture is not complete but this becomes apparent only when going beyond the low energy level where the normal forms are valid. Detuned resonances will arise in normal forms that contain terms of size $\varepsilon^{c\|a\|}$ with $c$ positive and $\|a\|$ the annihilator norm of the detuned resonance. The domains where they are found are extremely small or even nonexistent at low energy level.
(6) In a number of cases we find that spectral stability of a periodic solution or a manifold does not persist in the nonlinear setting. For Hamiltonian systems this a known phenomenon, but explicit examples in the case of three or more dof are rare. For instance in Sec. 园 we have spectral stability of an invariant manifold that does not persist in an FPU-chain with alternating mass.
(7) We mention a number of open problems.

The periodic FPU-chain with six particles was studied in Rink \& Verhulst, 2000]. In this system we find a degenerate $1: 2: 1$ resonance which may cause quasi-trapping phenomena. In itself, this system, which is typical for the classical periodic FPU-chain with $6 n$ particles would be useful to study in more detail.

Another interesting open problem is the dynamics of the $\beta$ FPU-chain with alternating masses indicated in Sec. 8

A basic approximation problem is that the exponential estimates in Nekhoroshev, 1977] cannot be applied in the case of interacting low and higher resonances; new mathematical estimates are necessary here.

Finally, a natural problem would be to use the present theory for FPU cell-chains as described in Verhulst, 2016.

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## Appendix A

## A.1. On normalization

Our results on normalization and error estimates are based on [Sanders et al., 2007] with slight modifications. We assume existence and uniqueness of solutions of initial value problems, sufficient smoothness and $T$-periodicity of vector fields. To study the dynamics of secondary resonance in three dof, we have to normalize at least to $O\left(\varepsilon^{3}\right)$, in a Hamiltonian formulation to $H_{5}$. We start with
putting system (5) with $k=1,3$ in the standard form for averaging-normalization using transformation (4):

$$
\begin{equation*}
\dot{x}=\varepsilon^{2} f(t, x)+\varepsilon^{3} g(t, x)+\varepsilon^{4} \ldots, x(0)=x_{0} \tag{A.1}
\end{equation*}
$$

Consider the averaged vector field

$$
f^{0}(x)=\frac{1}{T} \int_{0}^{T} f(s, x) d s
$$

and the initial value problem

$$
\dot{y}=\varepsilon^{2} f^{0}(y), \quad y(0)=x_{0}
$$

then $x(t)-y(t)=O(\varepsilon)$ on the timescale $1 / \varepsilon^{2}$. Suppose that we need a higher order approximation. We will use the near-identity transformation:

$$
\begin{equation*}
x=z+\varepsilon^{2} u^{1}(t, z) \tag{A.2}
\end{equation*}
$$

with

$$
u^{1}(t, z)=\int_{0}^{t}\left(f(s, z)-f^{0}(z)\right) d s
$$

Introduce the vector field

$$
f_{1}(t, z)=\nabla f(t, z) u^{1}(t, z)
$$

with $f_{1}^{0}$ the average of $f_{1}$, then the next approximation arising from the $O\left(\varepsilon^{2}\right)$ terms in Eq. (A.1) are shifted to $O\left(\varepsilon^{4}\right)$. To $O\left(\varepsilon^{3}\right)$, the averaging normal form of Eq. (A.1) is

$$
\dot{x}=\varepsilon^{2} f^{0}(x)+\varepsilon^{3} g^{0}(x)
$$

We can obtain an $O\left(\varepsilon^{2}\right)$ approximation on the timescale $1 / \varepsilon^{2}$. The analysis of primary and secondary resonances is too complicated to present here in full generality.

## A.2. Transformation to eigenmodes by Mathematica

Here we document the Mathematica computations in the case of a classical periodic FPU $\alpha$ - and $\beta$ chain (equal masses) with eight particles. We follow the reasoning as in [Bruggeman \& Verhulst, 2018, Sec. 3. The Hamiltonian is

$$
\begin{equation*}
H(p, q)=H_{2}(p, q)+\varepsilon \alpha H_{3}(q)+\varepsilon^{2} \beta H_{4}(q) \tag{A.3}
\end{equation*}
$$

with $H_{3}(q)=\frac{1}{3} \sum_{j=1}^{8}\left(q_{j+1}-q_{j}\right)^{3}, H_{4}(q)=\frac{1}{4} \times$ $\sum_{j=1}^{8}\left(q_{j+1}-q_{j}\right)^{4}$. The vector $p=\left(p_{1}, p_{2}, \ldots, p_{8}\right) \in$ $\mathbb{R}^{8}$ gives the impulses of the eight particles, and the vector $q \in \mathbb{R}^{8}$, the positions with convention $q_{m+8}=q_{m}$. The symplectic transformation $p=K y$, $q=L x$ transforms the Hamiltonian in coordinate vectors with respect to a basis of eigenvectors of the linearized system $(\varepsilon=0)$. With the coordinate
vectors $y, x \in \mathbb{R}^{8}$ we find the expression $\frac{1}{2} \sum_{j=1}^{8} y_{j}^{2}+$ $\frac{1}{2} \sum_{j=1}^{7} \lambda_{j} x_{j}^{2}$ for $H_{2}$, as the eighth eigenvalue equals zero.

For the sake of reference we add the result for the cubic terms (the $\alpha$-chain). We find expressions $H_{3}=\sum_{i j k} d_{i j k} x_{i} x_{j} x_{k}$ and $H_{4}=\sum_{i j k l} e_{i j k l} x_{i} x_{j} x_{k} x_{l}$ with the range of indices and coefficients in the following lists:

$$
\begin{array}{llrlr}
d_{225}=-\frac{1}{2}(1+\sqrt{2}) & d_{335}=\frac{1}{2}(1+\sqrt{2}) & d_{665}=\frac{1}{2}(\sqrt{2}-1) & d_{775}=-\frac{1}{2}(\sqrt{2}-1) & d_{127}=-2 \\
d_{136}=-2 & d_{234}=1+\sqrt{2} & d_{145}=-2 \sqrt{2} & d_{346}=1 & d_{256}=1 \\
d_{247}=-1 & d_{357}=1 & d_{467}=-1+\sqrt{2} & \tag{A.4}
\end{array}
$$

and

$$
\begin{aligned}
& e_{1111}=\frac{1}{2} \\
& e_{1155}=\frac{3}{2} \\
& e_{1235}=-\frac{3}{2}(2+\sqrt{2}) \quad e_{1246}=-\frac{3}{2} \sqrt{2} \\
& e_{1356}=-\frac{3}{2} \sqrt{2} \\
& e_{2222}=\frac{3}{32}(3+2 \sqrt{2}) \\
& e_{1133}=\frac{3}{4}(2+\sqrt{2}) \\
& e_{1144}=\frac{3}{2} \\
& e_{1166}=\frac{3}{4}(2-\sqrt{2}) \\
& e_{1177}=\frac{3}{4}(2-\sqrt{2}) \quad e_{1224}=\frac{3}{4}(2+\sqrt{2}) \\
& e_{1347}=-\frac{3}{2} \sqrt{2} \\
& e_{1567}=-\frac{3}{2}(2-\sqrt{2}) \\
& e_{2244}=\frac{3}{8}(2+\sqrt{2}) \quad e_{2255}=\frac{3}{8}(2+\sqrt{2}) \quad e_{2266}=\frac{3}{16} \\
& e_{2277}=\frac{9}{16} \\
& e_{2336}=\frac{3}{8}(1+\sqrt{2}) \\
& e_{2367}=\frac{3}{4} \quad e_{2457}=\frac{3}{2} \sqrt{2} \\
& e_{2666}=\frac{1}{8}(\sqrt{2}-1) \\
& e_{2677}=-\frac{3}{8}(\sqrt{2}-1) \\
& e_{3333}=\frac{3}{32}(3+2 \sqrt{2}) \quad e_{3337}=\frac{1}{8}(1+\sqrt{2}) \\
& e_{3344}=\frac{3}{8}(2+\sqrt{2}) \\
& e_{3355}=\frac{3}{8}(2+\sqrt{2}) \\
& e_{3366}=\frac{9}{16} \\
& e_{3377}=\frac{3}{16} \\
& e_{3456}=\frac{3}{2} \sqrt{2} \\
& e_{3667}=\frac{3}{8}(\sqrt{2}-1) \\
& e_{3777}=-\frac{1}{8}(\sqrt{2}-1) \quad e_{4444}=\frac{1}{8} \\
& e_{4455}=\frac{3}{4} \\
& e_{4466}=\frac{3}{8}(2-\sqrt{2}) \quad e_{4477}=\frac{3}{8}(2-\sqrt{2}) \quad e_{5555}=\frac{1}{8} \\
& e_{5566}=\frac{3}{8}(2-\sqrt{2}) \quad e_{5577}=\frac{3}{8}(2-\sqrt{2}) \quad e_{6666}=\frac{3}{32}(3-2 \sqrt{2}) \quad e_{6677}=\frac{3}{16}(3-2 \sqrt{2}) \\
& e_{7777}=\frac{3}{32}(3-2 \sqrt{2})
\end{aligned}
$$

