

# Maternal Smoking during Pregnancy and Early Childhood and Development of Asthma and Rhinoconjunctivitis – a MeDALL Project

Jesse D. Thacher,<sup>1</sup> Ulrike Gehring,<sup>2</sup> Olena Gruzjeva,<sup>1</sup> Marie Standl,<sup>3</sup> Göran Pershagen,<sup>1,4</sup> Carl-Peter Bauer,<sup>5</sup> Dietrich Berdel,<sup>6</sup> Theresa Keller,<sup>7</sup> Sibylle Koletzko,<sup>8</sup> Gerard H. Koppelman,<sup>9,10</sup> Inger Kull,<sup>1,11,12</sup> Susanne Lau,<sup>13</sup> Irina Lehmann,<sup>14</sup> Dieter Maier,<sup>15</sup> Tamara Schikowski,<sup>16</sup> Ulrich Wahn,<sup>13</sup> Alet H. Wijga,<sup>17</sup> Joachim Heinrich,<sup>3,18</sup> Jean Bousquet,<sup>19,20</sup> Josep M. Anto,<sup>21,22,23,24</sup> Andrea von Berg,<sup>6</sup> Erik Melén,<sup>1,4,11</sup> Henriette A. Smit,<sup>25</sup> Thomas Keil,<sup>7</sup> and Anna Bergström<sup>1,4</sup>

<sup>1</sup>Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden

<sup>2</sup>Institute for Risk Assessment Sciences (IRAS), Utrecht University, Utrecht, The Netherlands

<sup>3</sup>Institute of Epidemiology, Helmholtz Zentrum München - German Research Centre for Environmental Health, Neuherberg, Germany

<sup>4</sup>Centre for Occupational and Environmental Medicine, Stockholm County Council, Stockholm, Sweden

<sup>5</sup>Department of Pediatrics, Technical University of Munich, Munich, Germany

<sup>6</sup>Research Institute, Department of Paediatrics, Marien-Hospital-Wesel, Wesel, Germany

<sup>7</sup>Institute for Social Medicine, Epidemiology and Health Economics, Charité – Universitätsmedizin Berlin, Berlin, Germany

<sup>8</sup>Dr. von Hauner Children's Hospital, Medical Center of Ludwig-Maximilians-University, Munich, Germany

<sup>9</sup>Department of Paediatric Pulmonology and Paediatric Allergy, Beatrix Children's Hospital, University Medical Centre Groningen, University of Groningen, Groningen, Netherlands

<sup>10</sup>Groningen Research Institute for Asthma and COPD (GRIAC), University Medical Center Groningen, University of Groningen, Groningen, Netherlands

<sup>11</sup>Sachs' Children and Youth Hospital, Södersjukhuset, Stockholm, Sweden

<sup>12</sup>Department of Clinical Science and Education, Södersjukhuset, Karolinska Institutet, Stockholm, Sweden

<sup>13</sup>Department of Pediatrics, Division of Pneumology and Immunology, Charité-Universitätsmedizin Berlin, Berlin, Germany

<sup>14</sup>Department of Environmental Immunology and Core Facility Studies, Helmholtz Centre for Environmental Research – UFZ, Leipzig, Germany

<sup>15</sup>Biomax Informatics AG, Munich, Germany

<sup>16</sup>UF – Leibniz Research Institute for Environmental Medicine, Düsseldorf, Germany

<sup>17</sup>Centre for Nutrition, Prevention and Health Services, National Institute for Public Health and the Environment, Bilthoven, Netherlands

<sup>18</sup>Institute and Outpatient Clinic for Occupational, Social and Environmental Medicine, Inner City Clinic, University Hospital of Munich (LMU), Munich, Germany

<sup>19</sup>MACVIA-France, Contre les Maladies Chroniques pour un Vieillessement Actif en France European Innovation Partnership on Active and Healthy Ageing Reference Site, Montpellier, France

<sup>20</sup>INSERM U 1168, VIMA: Ageing and chronic diseases Epidemiological and public health approaches, Villejuif, Université Versailles St-Quentin-en-Yvelines, UMR-S 1168, Montigny le Bretonneux, France

<sup>21</sup>ISGlobal, Centre for Research in Environmental Epidemiology (CREAL), Barcelona, Spain

<sup>22</sup>Hospital del Mar Medical Research Institute (IMIM), Barcelona, Spain

<sup>23</sup>CIBER Epidemiología y Salud Pública (CIBERESP), Madrid, Spain

<sup>24</sup>Universitat Pompeu Fabra (UPF), Barcelona, Spain

<sup>25</sup>Julius Center for Health Sciences and Primary Care, University Medical Centre Utrecht, Utrecht, Netherlands

**BACKGROUND:** The role of tobacco smoke exposure in the development and persistence of asthma and rhinoconjunctivitis through childhood into adolescence is unclear.

**OBJECTIVES:** We assessed the associations of parental smoking from fetal life through adolescence with asthma and rhinoconjunctivitis during childhood and adolescence.

**METHODS:** We analyzed data for 10,860 participants of five European birth cohort studies from the Mechanisms of the Development of Allergy (MeDALL) consortium. Parental smoking habits and health outcomes (early transient, persistent, and adolescent-onset asthma and rhinoconjunctivitis) were based on questionnaires covering the period from pregnancy to 14–16 y of age. Data were combined and analyzed using a one-stage and two-stage individual participant data meta-analysis.

**RESULTS:** Overall, any maternal smoking during pregnancy tended to be associated with an increased odds of prevalent asthma [adjusted odds ratio (aOR) = 1.19 (95% CI: 0.98, 1.43)], but not prevalent rhinoconjunctivitis [aOR = 1.05 (95% CI: 0.90, 1.22)], during childhood and adolescence. In analyses with phenotypes related to age of onset and persistence of disease, any maternal smoking during pregnancy was associated with early transient asthma [aOR = 1.79 (95% CI: 1.14, 2.83)]. Maternal smoking of ≥10 cigarettes/day during pregnancy was associated with persistent asthma [aOR = 1.66 (95% CI: 1.29, 2.15)] and persistent rhinoconjunctivitis [aOR = 1.55 (95% CI: 1.09, 2.20)]. Tobacco smoke exposure during fetal life, infancy, childhood, and adolescence was not associated with adolescent-onset asthma or rhinoconjunctivitis.

**CONCLUSIONS:** Findings from this combined analysis of five European birth cohorts strengthen evidence linking early exposure to tobacco smoke with asthma during childhood and adolescence. Children with high early-life exposure were more likely than unexposed children to have early transient and persistent asthma and persistent rhinoconjunctivitis. <https://doi.org/10.1289/EHP2738>

Address correspondence to J. Thacher, Institute of Environmental Medicine, Karolinska Institutet, Box 210, SE-171 77 Stockholm, Sweden. Telephone: 46 (0)704 220 115. Email: [Jesse.thacher@ki.se](mailto:Jesse.thacher@ki.se)

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## Introduction

The prevalence of asthma, rhinoconjunctivitis, and other allergic diseases has increased markedly in the past decades (Asher et al. 2006; Patil et al. 2015). Globally, the prevalence of maternal smoking during pregnancy varies from <10% to >30% (Cheraghi and Salvi 2009). The role of tobacco smoke exposure and other lifestyle factors in the epidemic remain unclear (Frazer et al. 2016). Prenatal and perinatal events are fundamental in health, development of diseases, and aging (Bousquet et al. 2015). In high-income countries, the number of pregnant women who smoke is waning, but in low-income countries, this number is on the rise (Murin et al. 2011). Neonates and children have little control over their environment and are vulnerable to the harmful effects of

tobacco smoke. Exposure early in life, starting from exposure to maternal smoking during pregnancy, often continues into early childhood (Murin et al. 2011). Maternal smoking during pregnancy and secondhand tobacco smoke (SHS) exposure in infancy have been associated with an increased risk of developing asthma and rhinitis in young children, and a dose–response relationship has been suggested (Burke et al. 2012; Grabenhenrich et al. 2014; Neuman et al. 2012; Thacher et al. 2014; Vardavas et al. 2016). However, few prospective studies have investigated these risks among children >10 y of age (Grabenhenrich et al. 2014), and even less is known about the association between SHS and other allergic diseases such as rhinoconjunctivitis (Civelek et al. 2010; Thacher et al. 2014). Moreover, it is unclear if tobacco smoke exposure during the fetal period, in infancy, or in childhood influences the onset, progression, or persistence of allergic disease up to adolescence. Asthma and rhinoconjunctivitis are both heterogeneous diseases with many phenotypes suggested to have different etiologies (Ballardini et al. 2015; Bousquet et al. 2011). Rhinoconjunctivitis tends to debut somewhat later than asthma, and it is unclear if exposure to maternal smoking during pregnancy or SHS during early life influences age at onset or the persistence of asthma or rhinoconjunctivitis up to adolescence. The associations between tobacco smoke exposure and characterized phenotypes of asthma and rhinoconjunctivitis, which extend into adolescence, have yet to be elucidated.

Long-term birth cohort studies are essential to understanding the life course and childhood predictors of allergy-related diseases (Bousquet et al. 2013). However, single cohorts are often underpowered to provide robust effect estimates. Therefore, within the MeDALL (Mechanisms of the Development of Allergy) project, we attempted to better understand the complex associations between tobacco smoke exposure and asthma as well as rhinoconjunctivitis by pooling ongoing European birth cohorts (Bousquet et al. 2011, 2016).

As part of MeDALL, our aim was to examine the association of exposure to parental smoking during fetal life, infancy, childhood, and adolescence with the onset, progression, and persistence of asthma and rhinoconjunctivitis during childhood and adolescence using data from five ongoing European birth cohorts.

## Methods

### Study Design and Participants

This study is based on data from five ongoing European birth cohorts in three different countries participating in MeDALL. Of the cohorts included, we selected those with *a*) relevant information on maternal smoking during pregnancy or SHS exposure during the first year of life; *b*) follow-up between 14 and 16 y of age; and *c*) suitable outcome assessments from three predefined age intervals (4–6, 8–10, and 14–16 y).

The following five cohorts were included: Children, Allergy, Milieu, Stockholm, Epidemiology (BAMSE) (single-center, Sweden) (Wickman et al. 2002), German Infant Nutritional Intervention (GINIplus) (multicenter, Germany) (Berg et al. 2010), Influences of Lifestyle-Related Factors on the Immune System and the Development of Allergies in Childhood (LISAplus) (multicenter, Germany) (Zutavern et al. 2008), Multicentre Allergy Study (MAS) (multicenter, Germany) (Bergmann et al. 1994), and Prevention and Incidence of Asthma and Mite Allergy (PIAMA) (multicenter, the Netherlands) (Wijga et al. 2014). BAMSE and MAS were performed in metropolitan areas, and GINIplus, LISAplus, and PIAMA included children from both urban and mixed urban–rural areas. PIAMA and GINIplus included children from both intervention and observational study arms, whereas all other cohorts were purely observational. By design, MAS was risk-enriched, meaning

that the cohort purposely included more children with higher allergy risk. Additionally, in GINIplus, LISAplus, and MAS, preterm children (<37 weeks gestation) were excluded by study design. The cohorts recruited newborns between 1990 (MAS) and 1999 (LISAplus), with sample sizes varying from 1,314 (MAS) to 5,991 (GINIplus) participants (Table 1). Further details on study design, recruitment, and data collection for each cohort are provided in the supplemental material and elsewhere (Berg et al. 2010; Bergmann et al. 1994; Wickman et al. 2002; Wijga et al. 2014; Zutavern et al. 2008). In all cohorts, the information on participants' health and exposure used in this analysis was assessed through repeated questionnaires completed by the parents and children (at 14–16 y of age). Data and variables were harmonized according to predefined exposure and outcome definitions (Hohmann et al. 2014).

In each cohort, parents or legal guardians gave written informed consent, and ethical approval was obtained from local review boards.

### Procedures

Maternal smoking during pregnancy was defined as the mother smoking  $\geq 1$  cigarette/day during any trimester of pregnancy.

SHS exposure during infancy was defined as the mother, father, and/or other persons in the home smoking at any time during the infant's first year of life. For GINIplus, only maternal smoking habits were queried for this time period, and only for participants of the intervention study arm (see Table S1). In BAMSE, parental smoking was queried regardless of location, and in the other cohorts (GINIplus, LISAplus, MAS, and PIAMA), parental smoking in the dwelling was queried.

SHS exposure during childhood and adolescence was defined as the mother, father, and/or other persons in the home smoking. This exposure was divided into four time intervals: 1–2, 4–6, 8–10, and 14–16 y of age.

Health outcomes were determined from symptom-based questionnaires. Available data were pooled for three age intervals: 4–6 y, 8–10 y, and 14–16 y. These age ranges were chosen to include data from as many cohorts as possible. Parental responses were used to assess disease outcomes at 4–6 and 8–10 y of age, and at 14–16 y of age, a combination of parental and children's responses (symptom-related) were incorporated for PIAMA, GINIplus, LISAplus, and BAMSE; for MAS, only parental responses were used because children's answers were unavailable (see Table S2; see Table S3 for an outline of the follow-ups and corresponding outcome assessment intervals in the different cohorts). In cohorts with multiple follow-ups for a specific age period, the age with the most complete information was used.

Asthma was defined as fulfilling at least two of the following three criteria: *a*) doctor-diagnosed asthma ever; *b*) asthma medication in the past 12 mo; and *c*) wheezing in the past 12 mo (see Table S2) (Gehring et al. 2015).

Rhinoconjunctivitis was defined as positive if the following criteria were fulfilled based on reports for the previous 12 mo: *a*) problems with sneezing, or a runny, or blocked nose when the child did not have a cold or flu; and *b*) nose problem accompanied by itchy-watery eyes (see Table S2) (Gehring et al. 2015).

The definitions of asthma and rhinoconjunctivitis were agreed upon by a panel of experts within the MeDALL collaboration (Gehring et al. 2015).

We categorized asthma and rhinoconjunctivitis into three distinct phenotypes: early transient, persistent, and adolescent-onset disease. Early transient disease was defined as having the disease only during the 4–6 y age interval, but not thereafter (age intervals 8–10 and 14–16 y). Persistent disease was defined as having the disease of interest at the first age interval (4–6 y) and still having the disease at the latest age interval (14–16 y). Finally, the

**Table 1.** Participant characteristics from five European birth cohorts.

Characteristic	BAMSE	GINIplus	LISAplus	MAS	PIAMA
Country	Sweden	Germany	Germany	Germany	The Netherlands
Years of recruitment	1994–1996	1995–1998	1997–1999	1990	1996–1997
Number of children at recruitment	4,089	5,991	3,094	1,314	3,963
Number of children included in final study population, <i>n</i> (%)	3,112 (76.1)	2,956 (49.3)	1,456 (47.1)	560 (42.6)	2,519 (63.6)
Number of children with complete information on all selected covariates <sup>a</sup> , <i>n</i> (%)	2,928 (71.6)	2,254 (37.6)	733 (23.7)	427 (32.5)	2,423 (61.1)
Maternal smoking during pregnancy, <i>n</i> (%)					
Yes	379 (12.2)	352 (12.0)	183 (13.0)	106 (20.1)	362 (14.5)
No	2,732 (87.8)	2,589 (88.0)	1,229 (87.0)	421 (79.9)	2,140 (85.5)
Missing ( <i>n</i> )	1	15	44	33	17
SHS during infancy, <i>n</i> (%)					
Yes	631 (20.4)	289 (17.2)	215 (15.6)	224 (42.9)	536 (21.4)
No	2,463 (79.6)	1,396 (82.8)	1,161 (84.4)	298 (57.1)	1,974 (78.6)
Missing ( <i>n</i> )	18	1,271	80	38	9
Male sex, <i>n</i> (%)					
Male	1,530 (49.2)	1,468 (49.7)	744 (51.1)	292 (52.1)	1,267 (50.3)
Female	1,582 (50.8)	1,488 (50.3)	712 (48.9)	268 (47.9)	1,252 (49.7)
Missing ( <i>n</i> )	0	0	0	0	0
Mean birth weight (g), mean ± SD	3,530 ± 561	3,466 ± 464	3,483 ± 448	3,398 ± 462	3,531 ± 532
Missing ( <i>n</i> )	29	96	0	3	8
Mean gestation age (wk), mean ± SD	39.8 ± 2.0	39.8 ± 1.5	39.9 ± 1.2	40.0 ± 1.5	39.9 ± 1.6
Missing ( <i>n</i> )	0	366	24	13	5
Parental education, <i>n</i> (%)					
Low	514 (16.5)	231 (8.2)	49 (3.4)	38 (7.5)	263 (10.5)
Medium	884 (28.4)	793 (28.1)	352 (24.4)	174 (34.7)	866 (34.5)
High	1,710 (55.1)	1,802 (63.7)	1,044 (72.2)	290 (57.8)	1,384 (55.0)
Missing ( <i>n</i> )	4	130	11	58	6
Parental allergy <sup>b</sup> , <i>n</i> (%)					
Yes	944 (30.6)	1,303 (46.2)	713 (52.3)	270 (50.3)	1,064 (42.7)
No	2,138 (69.4)	1,520 (53.8)	651 (47.7)	267 (49.7)	1,427 (57.3)
Missing ( <i>n</i> )	30	133	92	23	28
Older siblings, <i>n</i> (%)					
Yes	1,472 (47.3)	1,469 (50.3)	652 (44.8)	219 (39.1)	1,234 (49.0)
No	1,640 (52.7)	1,450 (49.7)	803 (55.2)	341 (60.9)	1,285 (51.0)
Missing ( <i>n</i> )	0	37	1	0	0
Breastfeeding, <i>n</i> (%)					
≥4 mo	2,442 (80.3)	2,031 (70.9)	1,138 (82.7)	338 (60.4)	990 (39.6)
<4 mo	600 (19.7)	835 (29.1)	238 (17.3)	222 (39.6)	1,508 (60.4)
Missing ( <i>n</i> )	70	90	80	0	21
Early mold or dampness in dwelling (0–2 y), <i>n</i> (%)					
Yes	785 (25.3)	447 (26.1)	559 (39.0)	74 (14.2)	1,049 (45.8)
No	2,319 (74.7)	1,264 (73.9)	875 (61.0)	444 (85.8)	1,242 (54.2)
Missing ( <i>n</i> )	8	17	22	42	228
Early day care (0–2 y), <i>n</i> (%)					
Yes	2,548 (84.3)	126 (4.7)	384 (44.6)	145 (29.0)	1,472 (59.2)
No	476 (15.7)	2,586 (95.3)	478 (55.4)	355 (71.0)	1,013 (40.8)
Missing ( <i>n</i> )	88	244	594	60	34

Note: Based on children with information about smoke exposure during pregnancy or infancy and at least one health outcome at 14–16 y of age. BAMSE, Children, Allergy, Milieu, Stockholm, Epidemiology; GINIplus, German Infant Nutritional Intervention; LISAplus, Influences of Lifestyle-Related Factors on the Immune System and the Development of Allergies in Childhood; MAS, Multicentre Allergy Study; PIAMA, Prevention and Incidence of Asthma and Mite Allergy; SD, standard deviation; SHS, secondhand smoke.

<sup>a</sup>Participants in the final study population with complete information on the following covariates: maternal smoking during pregnancy, SHS exposure during infancy, sex, birth weight, gestational age, parental education, parental allergy, older siblings, breastfeeding, early mold or dampness in dwelling, and early day-care attendance.

<sup>b</sup>Mother and/or father with asthma and/or hay fever.

adolescent-onset phenotype was defined as being disease-free at the first two age intervals (4–6 y and 8–10 y) and only having the disease at the latest age interval (14–16 y).

Potential confounders and modifiers of the associations of asthma and rhinoconjunctivitis with tobacco smoke exposure were considered. Based on *a priori* knowledge, we adjusted all models for child's sex (male, female); parental allergic history (any maternal or paternal history of asthma or hay fever, yes or no); parental education level, based on the highest level of education for either parent (low: primary school, lower vocational, or lower secondary education; intermediate: intermediate vocational or intermediate/higher secondary education; high: higher vocational education or university degree); older siblings (≥ 1 older sibling at birth, yes or no); study center for multicenter studies (GINIplus: Munich, Bavaria, Wesel, or North-Rhine-Westphalia; LISAplus: Munich, Leipzig, Wesel, or Bad Honnef; and PIAMA: North-Groningen, Friesland, Drenthe; Central-Utrecht, Gelderland; West-Rotterdam and

surrounding municipalities), and intervention versus observational study arms (for GINIplus and PIAMA) (Filipiak et al. 2007; Gehring et al. 2012). We also considered additional covariates, including cohort, birth weight (g), gestational age at birth (wk), breastfeeding (exclusive breastfeeding for ≥ 4 months, or any breastfeeding for PIAMA participants, yes or no), mold or dampness in the dwelling (signs of mold or dampness in the home at 0, 1, or 2 y of age, yes or no), and day-care attendance (any nursery or day care with other children at 0, 1, or 2 y of age, yes or no). Final models included the *a priori* covariates plus breastfeeding and early day-care attendance, which were selected based on a >5% change in the odds ratio (OR) with adjustment. In addition, some models of maternal smoking during pregnancy were adjusted for SHS throughout childhood (exposure to SHS at any interval between 1 and 2, 4 and 6, 8 and 10, or 14 and 16 y of age), and some models of SHS during childhood were adjusted for maternal smoking during pregnancy.



## Statistical analysis

Data were combined and analyzed using a one-stage and two-stage individual participant data meta-analysis (IPD-MA) (Debray et al. 2013). In these analyses, the overall associations of maternal smoking during pregnancy and SHS during infancy with asthma and rhinoconjunctivitis prevalence until 16 y of age were assessed in each cohort separately using generalized estimating equation (GEE) models, taking into account correlation between repeated observations within subjects. Adjusted cohort-specific odds ratios (ORs) and 95% confidence intervals (CIs) were then combined using inverse variance weighted random effects models, taking into account possible nonrandom variability within and between cohorts. Forest plots were produced with sizes of squares representing the weights of the individual cohort estimates. The  $I^2$  statistic was used to evaluate heterogeneity between the cohorts (Higgins and Thompson 2002).

Because we had access to primary data and little heterogeneity of associations was observed between the cohorts, subsequent analyses were conducted using a one-stage IPD-MA model with indicator variables for cohort/study center, which provided additional power to assess asthma and rhinoconjunctivitis phenotypes. Multinomial logistic regression was used to examine associations between exposure to maternal smoking during pregnancy (yes/no and three categories as described above) and early transient, persistent, and adolescent-onset phenotypes, adjusting for the same confounders as in cohort-specific analyses. To assess dose-response relationships between the number of cigarettes smoked and health outcomes, the number of cigarettes smoked during pregnancy (mother) was categorized as follows: *a*) no smoking during pregnancy (reference category); *b*) 1–9 cigarettes/day; and *c*)  $\geq 10$  cigarettes/day during any trimester. Potential effect modification by parental allergy and sex were tested using stratified and interaction models. We tested for multiplicative interaction by including product terms for tobacco smoke exposures and sex or parental allergy in multivariable regression analyses. Because asthma and rhinoconjunctivitis often coexist, we also examined the association of tobacco smoke exposure with asthma only, rhinoconjunctivitis only, and concurrent asthma and rhinoconjunctivitis. Each analysis was limited to participants with complete

data on the exposure, outcome, and covariates included in that analysis.

All statistical analyses were performed with STATA statistical software (release 12; StataCorp LLC).

## Results

### Study Participants

The final study population consisted of 10,603 participants for whom information was available on tobacco smoke exposure during pregnancy, infancy, or both, and on at least one health outcome in the age interval 14–16 y (57% of the 18,454 children at recruitment). The distributions of environmental exposures and potential confounders in the study population are given in Table 1 [see Table S4 for the distributions for the entire (baseline) cohort].

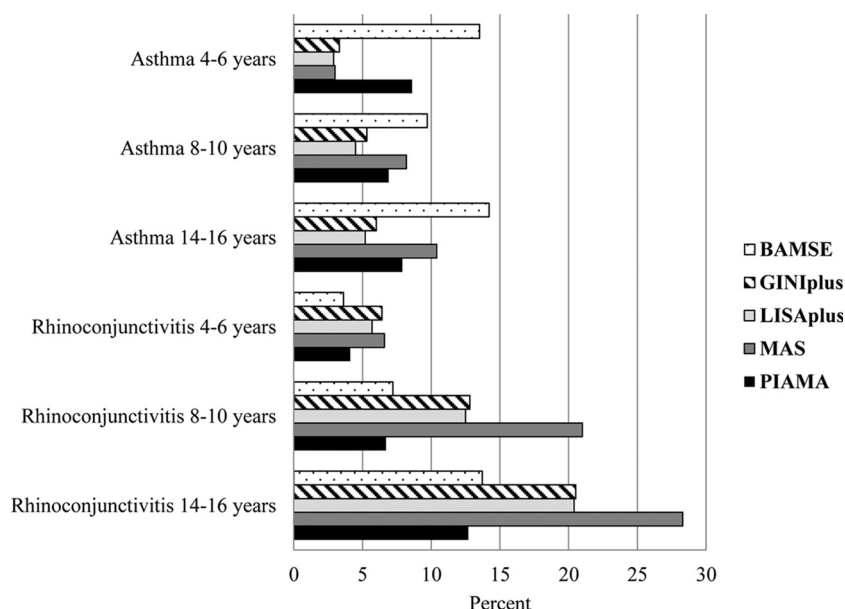
The prevalence of maternal smoking during pregnancy ranged from 12–20%, and SHS exposure during infancy ranged from 16–43% (see Figure S1). The prevalence of parental smoking was relatively similar across the cohorts, with the exception of the MAS cohort, which had the highest prevalence.

The prevalence of asthma varied across cohorts (Figure 1). At all ages, the prevalence was highest in BAMSE. In GINIplus, LISApplus, and MAS the prevalence nearly doubled from preschool age to primary school age. The prevalence of rhinoconjunctivitis increased with age in all cohorts, and higher prevalences were observed in GINIplus, LISApplus, and MAS than in BAMSE and PIAMA (Figure 1).

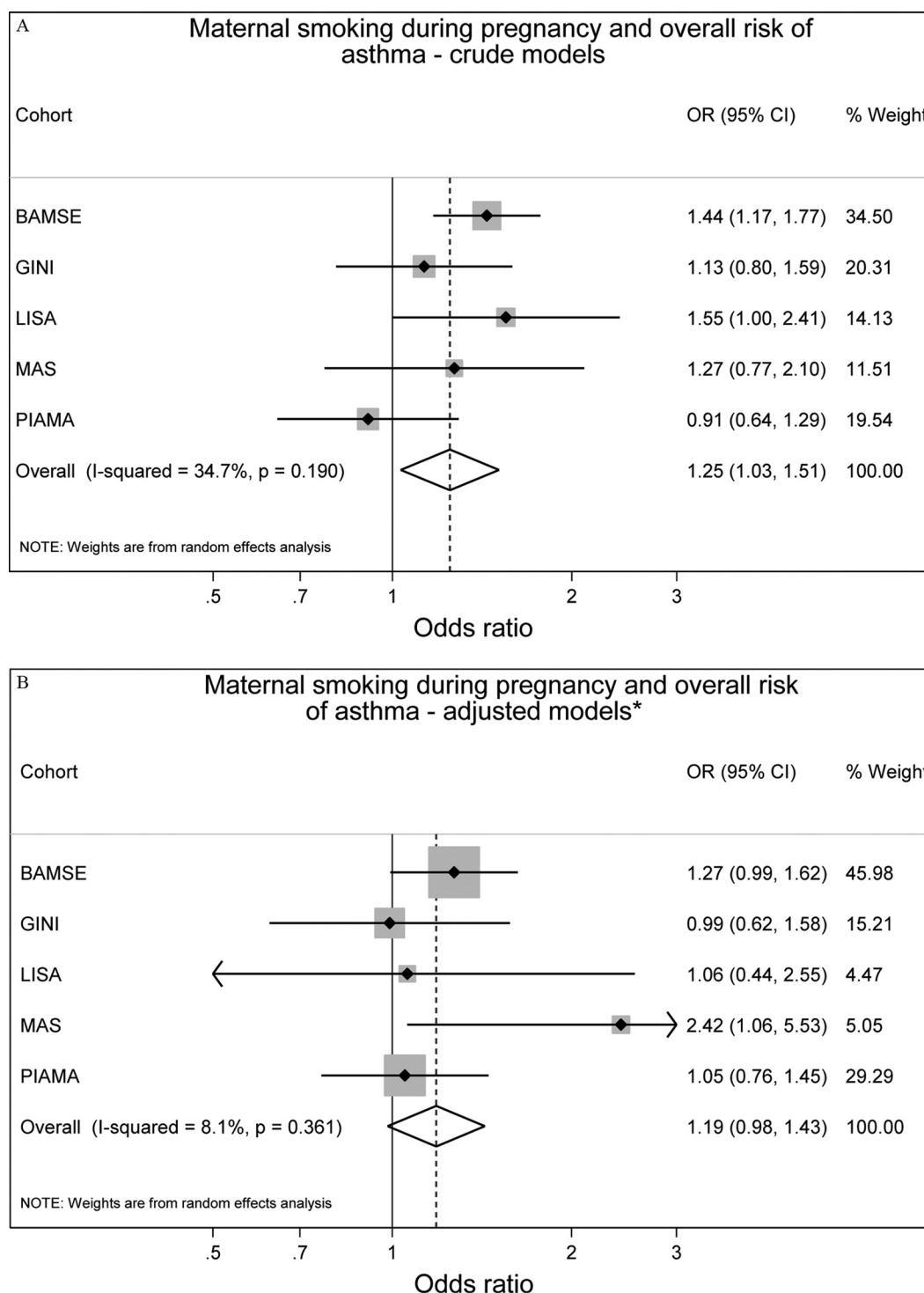
The prevalences of different asthma phenotypes were comparable (3.1% for early transient, 4.0% for persistent, and 4.3% for adolescent-onset asthma), whereas the prevalence of rhinoconjunctivitis was highest for adolescent-onset (12.2%) compared with early transient (1.6%) and persistent rhinoconjunctivitis (3.5%) (see Figure S2).

### Tobacco Smoke Exposure and Prevalence of Asthma and Rhinoconjunctivitis

Overall, after adjustment for confounders, we observed increased but not statistically significant odds of prevalent asthma up



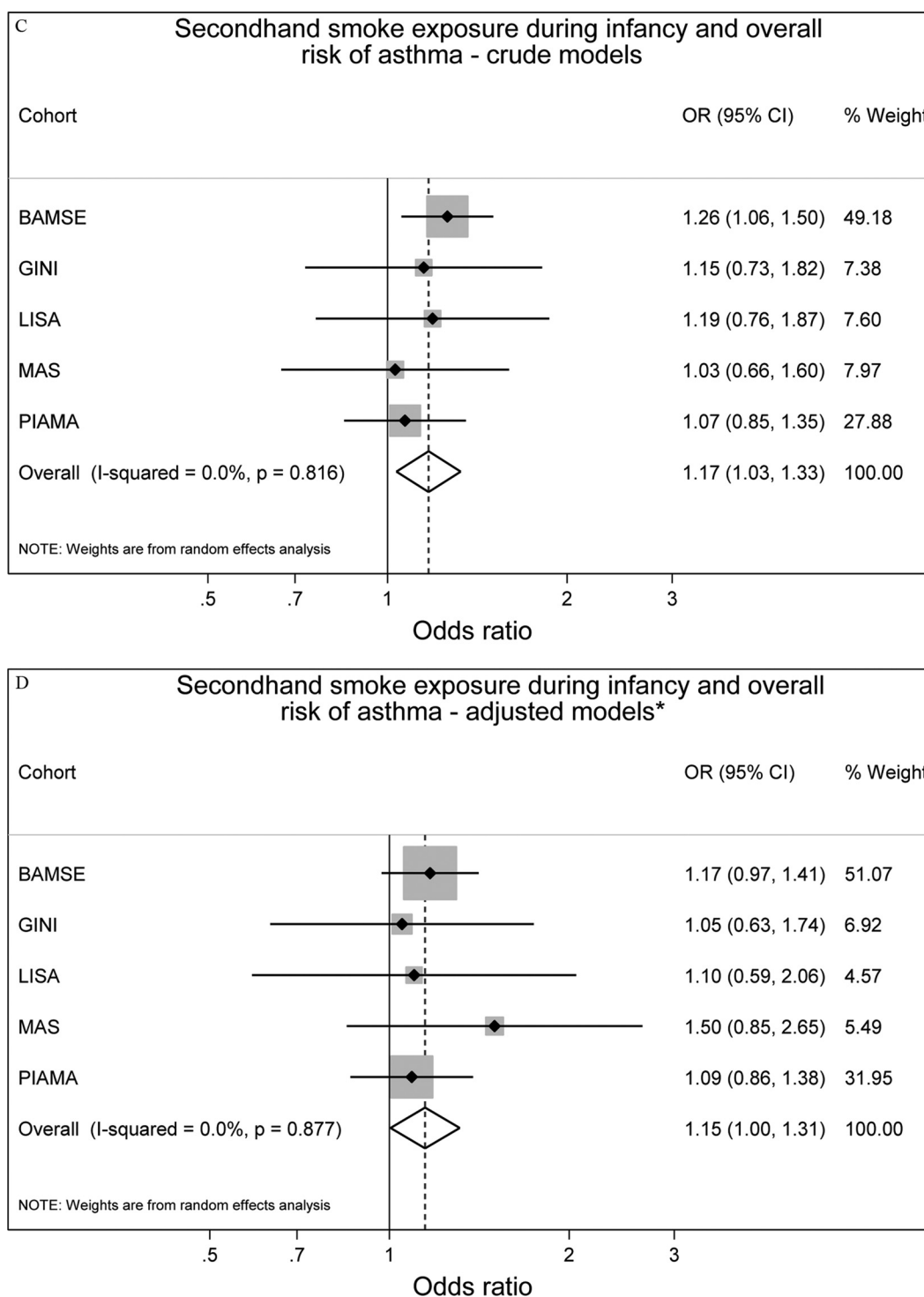
**Figure 1.** Prevalence of asthma and rhinoconjunctivitis in five European birth cohorts. Note: BAMSE, Children, Allergy, Milieu, Stockholm, Epidemiology; GINIplus, German Infant Nutritional Intervention; LISApplus, Influences of Lifestyle-Related Factors on the Immune System and the Development of Allergies in Childhood; MAS, Multicentre Allergy Study; PIAMA, Prevention and Incidence of Asthma and Mite Allergy.



**Figure 2.** Associations between maternal smoking during pregnancy ( $N=9,052$ ) or any secondhand smoke (SHS) during infancy ( $N=7,970$ ) and prevalence of asthma up to 14–16 y of age in five European birth cohorts. Cohort-specific odds ratios (ORs) and 95% confidence intervals (CIs) were obtained by generalized estimating equation models. Adjusted for sex, parental education level, parental allergy, older siblings, breastfeeding, study center, intervention arm, and early day-care attendance. Combined OR and 95% CI were derived from cohort-specific OR and 95% CI using a random effects model. Note: BAMSE, Children, Allergy, Milieu, Stockholm, Epidemiology; GINIplus, German Infant Nutritional Intervention; LISA, Influences of Lifestyle-Related Factors on the Immune System and the Development of Allergies in Childhood; MAS, Multicentre Allergy Study; PIAMA, Prevention and Incidence of Asthma and Mite Allergy.

to 14–16 y of age with any maternal smoking during pregnancy [OR = 1.19 (95% CI: 0.98, 1.43)] and SHS exposure during infancy [OR = 1.15 (95% CI: 1.00, 1.31)] (Figure 2). Heterogeneity of cohort-specific estimates was low for both maternal smoking during pregnancy and SHS during infancy ( $I^2 = 8.1\%$  and  $I^2 = 0\%$ , respectively).

Neither maternal smoking during pregnancy nor SHS exposure during infancy was associated with prevalence of rhinoconjunctivitis up to 14–16 y of age, OR = 1.05 (95% CI: 0.90, 1.22) and OR = 1.05 (95% CI: 0.92, 1.19), respectively (Figure 3). There was no significant heterogeneity between the studies ( $I^2 = 0\%$  and  $I^2 = 0\%$ , respectively).



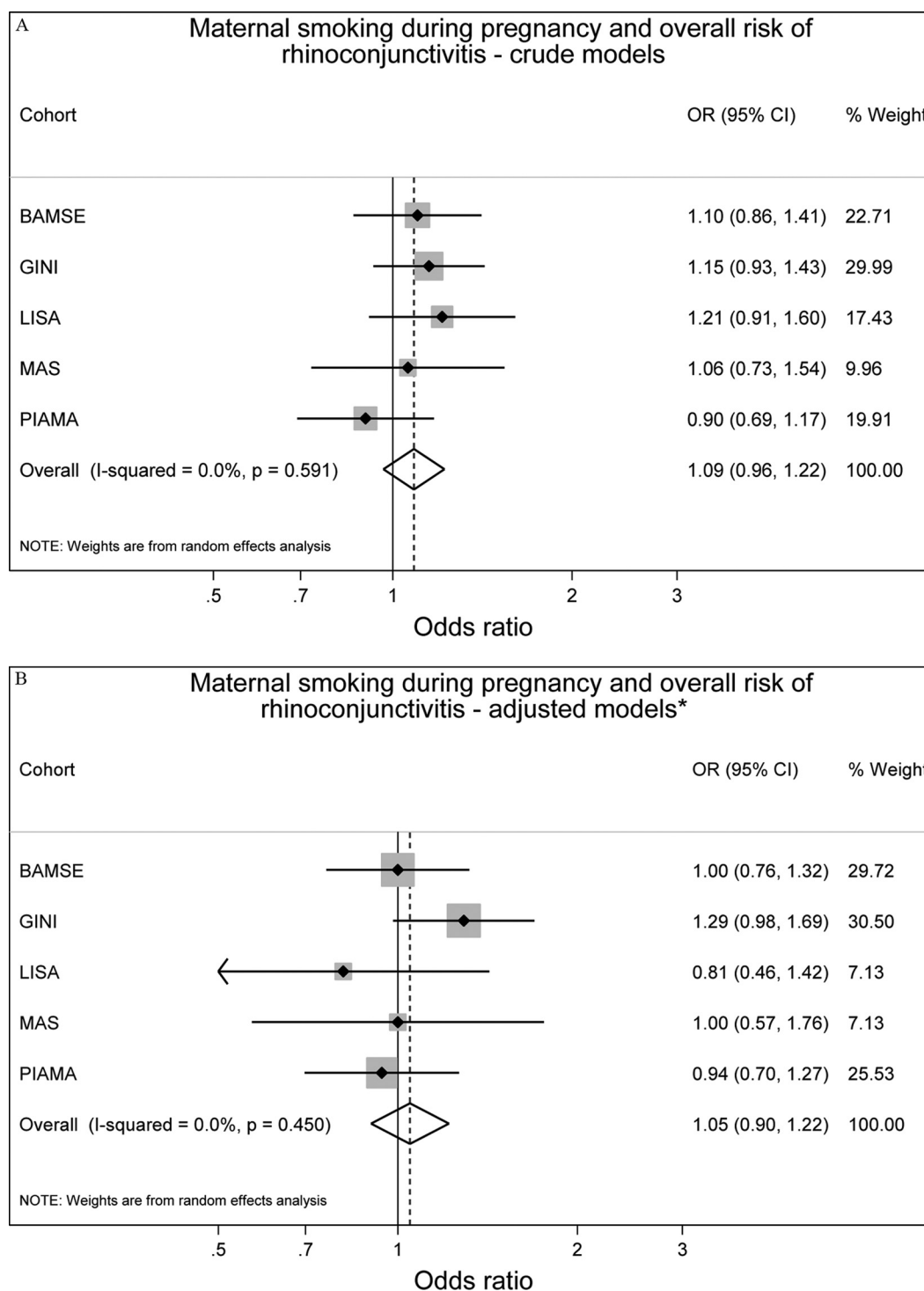
**Figure 2.** (Continued.)

For asthma and rhinoconjunctivitis, the differences between crude and adjusted effect estimates were generally small (Figures 2 and 3), and slightly reduced but comparable results were obtained from one-stage IPD-MA (see Table S5).

#### ***Tobacco Smoke Exposure and Phenotypes of Asthma and Rhinoconjunctivitis***

Associations between maternal smoking during pregnancy and early transient, persistent, and adolescent-onset phenotypes are

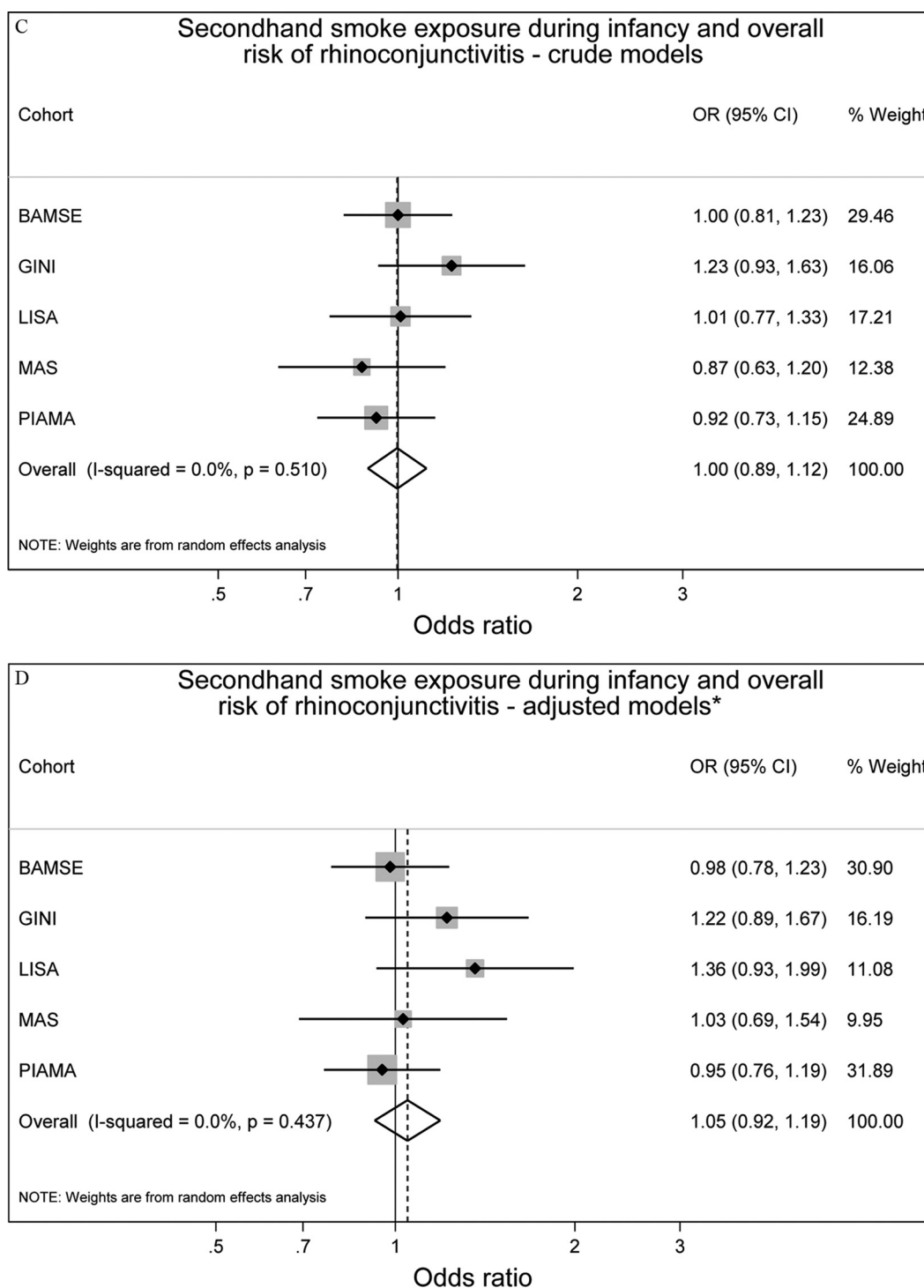
presented in Figure 4. Compared with children who were unexposed during pregnancy, children with any exposure to maternal smoking during pregnancy were more likely to have early transient asthma [OR = 1.71 (95% CI: 1.21, 2.41)], and a nonsignificantly increased odds ratio was observed for persistent asthma [OR = 1.22 (95% CI: 0.87, 1.71)]. Maternal smoking during pregnancy was also associated with persistent rhinoconjunctivitis [OR = 1.77 (95% CI: 1.20, 2.59)]. After additional adjustment for SHS exposure throughout childhood, associations remained similar; however, the association with persistent rhinoconjunctivitis



**Figure 3.** Associations between maternal smoking during pregnancy ( $N=9,016$ ) or any secondhand smoke (SHS) during infancy ( $N=7,932$ ) and prevalence of rhinoconjunctivitis up to 14 y of age in five European birth cohorts. Cohort-specific odds ratios (ORs) and 95% confidence intervals (CIs) were obtained by generalized estimating equation models. Adjusted for sex, parental education level, parental allergy, older siblings, breastfeeding, study center, intervention arm, and early day-care attendance. Combined OR and 95% CI were derived from cohort-specific OR and 95% CI using a random effects model. Note: BAMSE, Children, Allergy, Milieu, Stockholm, Epidemiology; GINIplus, German Infant Nutritional Intervention; LISA, Influences of Lifestyle-Related Factors on the Immune System and the Development of Allergies in Childhood; MAS, Multicentre Allergy Study; PIAMA, Prevention and Incidence of Asthma and Mite Allergy.

was no longer statistically significant [OR = 1.79 (95% CI: 0.92, 3.48)]. In dose-response analyses, children exposed to  $\geq 10$  cigarettes/day during pregnancy had significantly increased odds of early transient and persistent asthma as well as

persistent rhinoconjunctivitis (Table 2). These results persisted after additional adjustment for SHS exposure through childhood. Maternal smoking during pregnancy was not associated with increased odds of adolescent-onset asthma [OR = 0.77



**Figure 3.** (Continued.)

(95% CI: 0.52, 1.13)] or rhinoconjunctivitis [OR=0.98 (95% CI: 0.78, 1.24)], and there were no evident dose-response relationships.

Analyses of SHS exposure during infancy and phenotypes of asthma and rhinoconjunctivitis showed no significant associations (see Figure S3), and there were no apparent dose-response relationships for any of the outcomes studied (see Table S6).

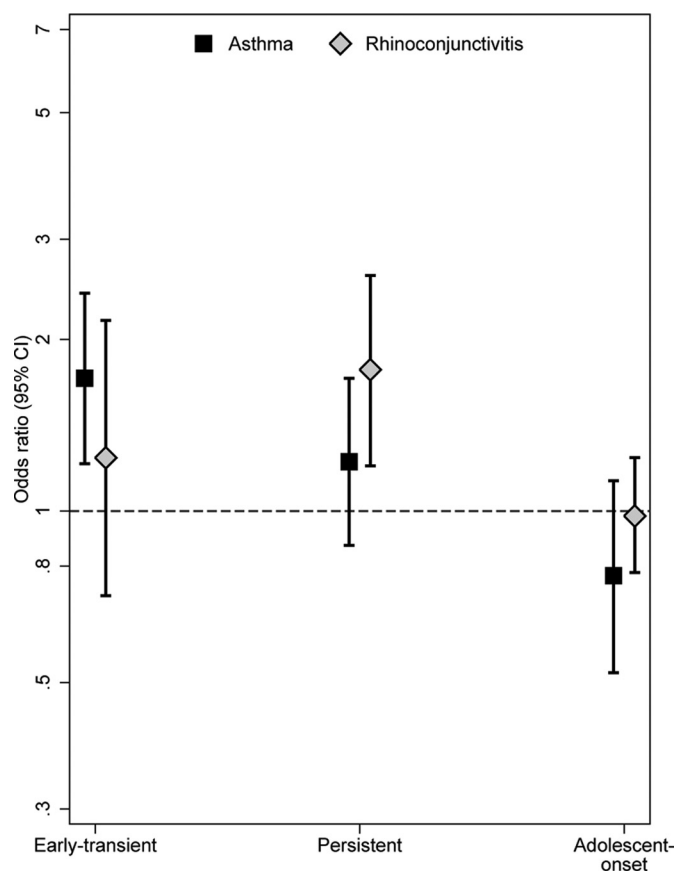
We examined whether exposure to SHS during different periods of childhood (infancy, 1–2, 4–6, 8–10, or 14–16 y of age) was

associated with adolescent-onset asthma and rhinoconjunctivitis, but after adjustment for maternal smoking during pregnancy, no significant associations were apparent (Figure 5).

### Sensitivity Analyses

Because the BAMSE cohort had the highest weight in the meta-analyses, we performed a sensitivity analysis excluding this cohort from the analyses. Following this exclusion, the point estimate of the overall association between maternal smoking





**Figure 4.** Maternal smoking during pregnancy and the development of early transient, persistent, and adolescent-onset disease phenotypes (asthma  $N = 7,210$  and rhinoconjunctivitis  $N = 6,991$ ). Odds ratios (ORs) and 95% confidence intervals (CIs) were obtained by logistic regression and were adjusted for sex, parental education, parental allergy, secondhand smoke (SHS) during infancy, older siblings, breastfeeding, study center, intervention arm, and early day-care attendance.

during pregnancy and prevalent asthma up to adolescence remained comparable [OR = 1.14 (95% CI: 0.85, 1.53)].

We also performed analyses of the associations with tobacco smoke exposure during pregnancy and during infancy stratified by parental allergy. Associations of maternal smoking during pregnancy with asthma and rhinoconjunctivitis appeared slightly stronger among children without allergic parents than among those with allergic parents, but interactions were not statistically significant: for asthma, OR = 1.12 (95% CI: 0.88, 1.42) and OR = 1.03 (95% CI: 0.80, 1.35), respectively (interaction  $p = 0.55$ ); for rhinoconjunctivitis OR = 1.16 (95% CI: 0.93, 1.45) and OR = 1.07 (95% CI: 0.87, 1.31), respectively (interaction  $p = 0.61$ ) (see Table S7). Associations between SHS during infancy and both outcomes were positive among children without parental allergy and null among children with parental allergy, but interactions were not statistically significant (interaction  $p = 0.30$  and 0.12 for asthma and rhinoconjunctivitis, respectively) (see Table S8).

Additionally, we performed analyses stratified by sex. Maternal smoking and SHS during infancy were positively associated with asthma in males but not in females (interaction  $p$ -values = 0.47 and 0.34, respectively), but ORs for rhinoconjunctivitis were similar for males and females for both exposures (interaction  $p$ -values = 0.87 and 0.94, respectively) (see Tables S9 and S10).

To assess the impact of the inclusion of preterm infants in the BAMSE and PIAMA cohorts, we repeated analyses excluding preterm infants (see Table S11). The results remained largely unchanged.

In analyses of comorbidity of asthma and rhinoconjunctivitis, we observed no clear associations for asthma only, rhinoconjunctivitis only, or concurrent asthma and rhinoconjunctivitis in relation to exposure to maternal smoking during pregnancy or SHS exposure during infancy (see Figures S4 and S5). We also conducted analyses of different windows of exposure: specifically, maternal smoking during pregnancy only, parental smoking during infancy only, and exposure to both in relation to asthma and rhinoconjunctivitis (see Figure S6). We found evidence suggesting that maternal smoking during pregnancy alone was associated with asthma up to adolescence [OR = 1.44 (95% CI: 1.10, 1.87)], but no significant associations were observed for rhinoconjunctivitis. Lastly, we examined associations for any tobacco smoke exposure during infancy or pregnancy compared with never-smoker mothers (defined as mothers who did not smoke during pregnancy and during infancy), but the results were quite similar (see Figure S7).

## Discussion

Based on data from five European birth cohorts, exposure to tobacco smoking during fetal life or infancy appears to increase the odds of asthma up to 14–16 y of age, specifically early transient asthma. High exposure to cigarette smoking,  $\geq 10$  cigarettes/day during pregnancy, was associated with persistent asthma and persistent rhinoconjunctivitis. In contrast, there were no associations between tobacco smoke exposure (*in utero*, during infancy, or later childhood) and the onset of asthma or rhinoconjunctivitis in adolescence.

Our finding of an association between fetal and early post-natal tobacco smoke exposure and asthma is in line with the current literature in young children (Mitchell et al. 2012; Neuman et al. 2012). Prospective studies and systematic reviews have also found associations for maternal smoking during pregnancy and childhood asthma (Burke et al. 2012; Silvestri et al. 2015), but few studies have followed children into adolescence. Congruent with our results, an Australian cohort showed an association between maternal smoking during pregnancy and the risk of current asthma at 14 y of age (Hollams et al. 2014). Additionally, BAMSE, MAS, and PIAMA independently reported excess risk of asthma up to adolescence in children exposed to SHS during intrauterine life (Grabenhenrich et al. 2014; Milanzi et al. 2017; Thacher et al. 2014). However, combining multiple cohorts provided power to adequately assess the timing of onset, progression, and persistence through distinct phenotypes. To our knowledge, this is the first study to investigate the effects of tobacco smoke exposure and phenotypes of asthma and rhinoconjunctivitis development in children up to adolescence. Moreover, SHS exposure in infancy or childhood was not associated with onset of asthma in adolescence, and this finding is in line with those of the few other studies that assessed adolescent-onset asthma (Genuneit et al. 2006; Gilliland et al. 2006). Taken together, these results suggest that tobacco smoke exposure during pregnancy primarily increases the risk of early-childhood asthma and that high exposure may increase the risk of persistent asthma.

The evidence for an association between tobacco smoke exposure and rhinoconjunctivitis up to adolescence is mixed (Grabenhenrich et al. 2015; Mitchell et al. 2012; Thacher et al. 2014). We observed no statistically significant association between tobacco smoke exposure and prevalent rhinoconjunctivitis during childhood and adolescence, but a statistically significant dose-response relationship appeared for persistent rhinoconjunctivitis in

**Table 2.** The development of early-onset and persistent phenotypes of asthma and rhinoconjunctivitis in relation to intensity of maternal smoking during pregnancy

Exposure	Maternal smoking during pregnancy			
	<i>N</i> <sup>a</sup>	<i>n</i> <sup>a</sup>	Crude OR (95% CI)	Adjusted OR (95% CI) <sup>b</sup>
Early transient asthma				
No smoking	6,172	193	Reference	Reference
Total of 1–9 cigarettes/day	446	20	1.39 (0.88, 2.17)	1.53 (1.16, 2.02)
Total of ≥10 cigarettes/day	294	26	2.54 (1.68, 3.85)	2.07 (1.60, 2.68)
Persistent asthma				
No smoking	6,172	253	Reference	Reference
Total of 1–9 cigarettes/day	446	19	1.08 (0.70, 1.67)	1.03 (0.78, 1.37)
Total of ≥10 cigarettes/day	294	26	2.25 (1.54, 3.29)	1.66 (1.29, 2.15)
Early transient rhinoconjunctivitis				
No smoking	5,489	85	Reference	Reference
Total of 1–9 cigarettes/day	401	5	0.92 (0.43, 2.00)	0.74 (0.44, 1.26)
Total of ≥10 cigarettes/day	283	10	2.27 (1.24, 4.18)	1.94 (1.30, 2.90)
Persistent rhinoconjunctivitis				
No smoking	5,489	164	Reference	Reference
Total of 1–9 cigarettes/day	401	21	1.72 (1.14, 2.59)	1.75 (1.32, 2.31)
Total of ≥10 cigarettes/day	283	13	1.83 (1.14, 2.93)	1.55 (1.09, 2.20)

Note: CI, confidence interval; OR, odds ratio.

<sup>a</sup>*N* = total number of exposed children; *n* = number of exposed cases.

<sup>b</sup>ORs and 95% CIs obtained from multinomial logistic regression analyses adjusted for sex, parental education level, parental allergy, older siblings, breastfeeding, study center, intervention arm, and early day-care attendance.

relation to the number of cigarettes smoked by the mother during pregnancy. Previous studies have provided mixed results ranging from reduced to excess risks in pediatric populations (Civelek et al. 2010; Magnusson et al. 2005; Mitchell et al. 2012). Independent analyses in the BAMSE birth cohort indicated that the risk of rhinitis associated with tobacco smoke exposure was mainly confined to preschool-age children (Thacher et al. 2014).

Suggested mechanisms of how tobacco smoke influences the development of asthma include increased airway responsiveness and impaired immune response to viral pathogens (Macaubas et al. 2003). Exposure to maternal smoking during pregnancy has been shown to cause persistent epigenetic modifications,

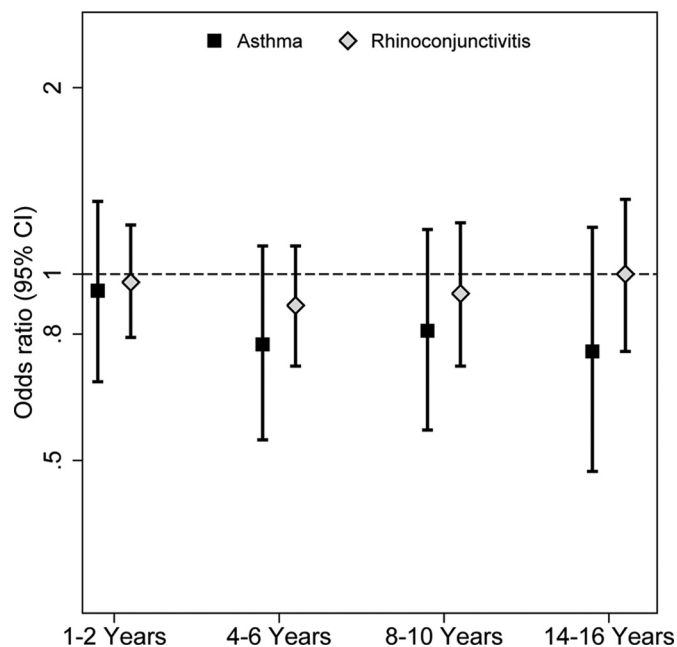
particularly in enhancer regions regulating the activity of genes involved in airway inflammatory processes, thus contributing to the development of asthma symptoms among young children (Bauer et al. 2016; Joubert et al. 2016). These symptoms may persist into adolescence, particularly in highly exposed individuals. Furthermore, it is possible that altered lung growth and airway remodeling could contribute to persistent asthma among subjects heavily exposed to maternal smoking during pregnancy.

The underlying mechanisms by which exposure to tobacco smoke may affect the development of rhinoconjunctivitis are unclear. Studies indicate that maternal smoking during pregnancy alters the adaptive and innate immune systems of newborns and is associated with nasal obstruction, modifications in mucociliary clearance in the airways, and modifications of the number and function of T lymphocytes (Noakes et al. 2003).

Strengths of this study include the use of several European birth cohorts, resulting in a large sample size and in harmonized definitions of exposure and outcomes. The prospective cohort design and long-term follow-up into adolescence are particularly well suited to study the effects of maternal smoking during pregnancy and SHS during infancy on outcomes in adolescence. A large sample size facilitated robust analyses investigating early transient, persistent, and adolescent-onset phenotypes as well as the assessment of dose–response effects.

Misclassification of exposure or outcome is generally unavoidable in epidemiologic studies. With regard to maternal smoking during pregnancy, all cohorts assessed this information shortly after birth; therefore, differential misclassification of exposure is reduced. The potential exists for parents to underreport smoking habits because of social stigma. Validation studies have reported agreement between questionnaire-reported tobacco smoking and cord blood, plasma, or urinary cotinine levels in some studies (Bauer et al. 2016; Brunekreef et al. 2000; Carlsten et al. 2012; Gehring et al. 2006) but not in all (Britton et al. 2004). If underreporting is present in the included cohorts, our findings are likely to underestimate the true association.

Outcome misclassification is also a potential concern because parents may not correctly recall symptoms or medical diagnoses. We observed minor regional differences in asthma prevalence, which may reflect differing diagnostic criteria because doctor-diagnosed asthma was one of three criteria used to define asthma. The somewhat lower prevalence of asthma in the German cohorts



**Figure 5.** Secondhand smoke (SHS) exposure in childhood in relation to adolescent-onset asthma and rhinoconjunctivitis. Odds ratios (ORs) and 95% confidence intervals (CIs) were obtained by logistic regression and were adjusted for sex, parental education, parental allergy, older siblings, breastfeeding, study center, intervention arm, day-care attendance, and maternal smoking during pregnancy.

(GINIplus, LISApplus, and MAS) might be explained by different diagnostic conventions between countries (Gehring et al. 2015). Respiratory symptoms are more common among children exposed to parental smoking, and studies indicate that smoking parents may underreport symptoms of wheeze or underutilize health care for mild respiratory symptoms in their children (Crombie et al. 2001). This underreporting could contribute to an underestimation of the true effect. Additionally, exposure to SHS later in childhood is not always independent of symptoms in the child because some parents may quit smoking if their child is diagnosed with asthma (Wijga et al. 2017).

Nonrandom retention of study participants may have influenced our findings and should be acknowledged. We cannot rule out some selection bias due to missing data. Additionally, varying degrees of missing data across cohorts and exposure windows could also have biased our results. Nevertheless, cohort retention was good, and the baseline characteristics of our study population did not differ greatly from those of the initial cohorts. Thus, it is unlikely that our findings are explained by selection bias or by missing data.

In MAS, atopic parents were overrepresented by design. Therefore, we adjusted our analyses for parental allergy, and our results comparing crude and adjusted models were similar. Additionally, cohort-specific estimates in MAS tended to be larger for asthma than those in the other cohorts. This difference may be due to the recruitment period because MAS was established some years before the other cohorts and had the highest smoking rates.

It is possible that the  $I^2$  is not sensitive enough to capture heterogeneity between studies if the number of studies is small, and all but one study show similar associations. Similarly, when analyzing pooled data, we included a term for cohort; however, this may not fully account for unmeasured effects in each cohort and should be acknowledged (Rosa et al. 2017). Therefore, we also adjusted for important demographic variables such as education level to capture differences in other social factors between the cohorts. Nevertheless, these five cohorts are from high-income European countries and are likely to be similar in many aspects.

## Conclusion

Taken together, our findings strengthen and extend results from previous studies reporting that any form of tobacco smoke exposure during fetal life or infancy increases the risk of asthma in childhood and adolescence, particularly the risk of early transient asthma. The risks of persistent asthma and persistent rhinoconjunctivitis were increased in highly exposed subjects. We found no evidence of an association between tobacco smoke exposure during fetal life, infancy, or any time during childhood and the onset of asthma or rhinoconjunctivitis in adolescence.

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