

Are age-appropriate antibiotic formulations missing from the WHO list of essential medicines for children? A comparison study

Verica Ivanovska,^{1,2} Hubert G Leufkens,^{1,3} Carin MA Rademaker,⁴ Elizabeta Zisovska,^{2,5} Mariëlle W Pijnenburg,⁶ Liset van Dijk,⁷ Aukje K Mantel-Teeuwisse¹

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¹Utrecht Institute for Pharmaceutical Sciences, Utrecht University, Utrecht, The Netherlands
²Faculty of Medical Sciences, University "Goce Delcev—Stip," Republic of Macedonia
³Medicines Evaluation Board, The Netherlands
⁴Department of Clinical Pharmacy, University Medical Center Utrecht, Utrecht, The Netherlands
⁵Agency for Quality and Accreditation of Healthcare Institutions, Macedonia
⁶Department of Pediatrics, Erasmus Medical Center—Sophia Children's Hospital, Rotterdam, The Netherlands
⁷NIVEL, Netherlands Institute for Health Services Research, Utrecht, The Netherlands

Correspondence to

Verica Ivanovska, Utrecht Institute for Pharmaceutical Sciences, David de Wied building, Universiteitsweg 99, 3584 CG Utrecht, The Netherlands; vericaivanovska@hotmail.com;

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ABSTRACT

Objective There is a global call for formulations, which are better suited for children of different age categories and in a variety of settings. One key public health area of interest is age-appropriate paediatric antibiotics. We aimed to identify clinically relevant paediatric formulations of antibiotics listed on pertinent formularies that were not on the WHO Essential Medicines List for Children (EMLc).

Methods We compared four medicines lists versus the EMLc and contrasted paediatric antibiotic formulations in relation to administration routes, dosage forms and/or drug strengths. The additional formulations on comparator lists that differed from the EMLc formulations were evaluated for their added clinical values and costs.

Results The analysis was based on 26 EMLc antibiotics. Seven oral and two parenteral formulations were considered clinically relevant for paediatric use. Frequently quoted benefits of oral formulations included: filling the gap of unmet therapeutic needs in certain age/weight groups (phenoxymethylpenicillin and metronidazole oral liquids, and nitrofurantoin capsules), and simplified administration and supply advantages (amoxicillin dispersible tablets, clyndamycin capsules, cloxacillin tablets, and sulfamethoxazole+trimethoprim tablets). Lower doses of ampicillin and cefazolin powder for injection could simplify the dosing in newborns and infants, reduce the risk of medical errors, and decrease the waste of medicines, but may target only narrow age/weight groups.

Conclusions The identified additional formulations of paediatric antibiotics on comparator lists may offer clinical benefits for low-resource settings, including simplified administration and increased dosing accuracy. The complexity of both procuring and managing multiple strengths and formulations also needs to be considered.

INTRODUCTION

Millions of children die every year from preventable or treatable infections, such as pneumonia, diarrhoea, malaria, tuberculosis, HIV/AIDS and neonatal complications.^{1 2} Many of these deaths could be avoided with the use of safe and affordable age-appropriate medicines.^{3 4} The response to medications in children is different from that of adults, and it may also vary across age groups due to their development phases.^{5 6} That implies that strengths and dosing regimens, tablet sizes and volume of parenteral medicines need to be well adapted to children's age.^{7–10}

What is already known on this topic?

- Age-appropriate paediatric formulations are essential to enable accurate, safe and acceptable drug administration across the diverse paediatric population.
- The WHO List of Essential Medicines for Children reflects priority therapeutic needs of children, and can be used as a model list by national health authorities for medicines selection.

What this study adds?

- Additional age-appropriate formulations of paediatric antibiotics exist globally, suitable for paediatric use in low resource settings.
- They could facilitate and simplify the treatment of children, particularly at younger age.

As a global action to improve access to child-specific medicines, the WHO Essential Medicines List for Children (EMLc) was released on the 30th anniversary of the general EML in 2007.¹¹ Essential medicines are those that satisfy the priority healthcare needs of the population. They are selected based on public health relevance, evidence on clinical efficacy and safety, and comparative cost-effectiveness.¹² Essential medicines are intended to be available within the context of functioning health systems at all times in adequate amounts, in the appropriate dosage forms, with assured quality, and at a price the individual and the community can afford.¹² So, the aim of the EMLc is to recognise special needs for medicines in children, and to promote the inclusion of paediatric medicines in national procurement programmes.¹¹

Even with these systematic efforts to respond to paediatric therapeutic needs, more work lies ahead.¹³ One key public health area of interest in the field of infectious diseases are child-specific antibiotics, due to their potential to fight bacterial infections, including pneumonia and neonatal sepsis that are among leading causes of death in early life.^{3 14–16}

A first step in improving the availability of age-appropriate formulations of paediatric



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antibiotics is to obtain up-to-date information if more formulations exist globally, but are not on the EMLc. Therefore, the aim of this study was to compare the antibiotic formulations on relevant medicines lists versus the EMLc, and identify potential new clinically relevant products for paediatric use in low-resource settings.

METHODS

Four medicines lists were compared with the EMLc in respect to their paediatric formulations, focusing on the EMLc antibiotics: (1) the British National Formulary for Children 2014/2015, (2) the Dutch Kinderformularium (Formulary for Children) 2015, (3) the Australian Pharmaceutical Benefits Scheme and (4) the Management Sciences for Health (MSH)/WHO International Drug Price Indicator Guide 2014.^{17–20} The first three medicine lists originate from high-income countries, which are known for their comprehensive, high quality healthcare systems and good availability of paediatric medicines. The MSH/WHO guide corresponds to a global burden of diseases in children. The fifth edition of the EMLc from 2015 was used as a standard reference list for our comparison.¹³ The analysis focused on EMLc antibiotics in section 6: Anti-infectives, subsection 6.2: Antibacterials (6.2.1: β -lactam medicines and 6.2.2: Other antibacterials).^{13 21}

For the purpose of our comparison, three parameters were used to define the formulations: (1) administration routes, (2) dosage forms and (3) drug strengths. We assessed whether the formulations on the comparator lists differed from the EMLc formulations in any of the parameters. Our findings were arranged to indicate how many EMLc formulations per antibiotic were missing on each of the lists, and how many formulations were an addition to the EMLc.

Importantly, EMLc employs the main terms for oral solid dosage forms, such as tablets, capsules, and so on. Thus, the comparison was made at the EMLc level of detail, although comparator lists are more specific (ie, scored, crushable, chewable, dispersible tablets). Besides, our interest was on the lower paediatric age bands, as the EMLc corresponds to clinical needs of children up to 12 years of age, and comparator lists mostly refer to children up to 18 years.

The additional formulations on the comparator lists that differed from the EMLc formulations were extracted for further analysis. They were checked for their compliance with WHO rules on age and weight restrictions—which are established on the basis of drug efficiency and safety data within the age/weight ranges, suitable administration routes, and/or drug content, as described in the WHO model formulary (MF) for children.²¹

Ultimately, formulations that countered WHO rules, and/or had been excluded on similar grounds from previous EMLc (2007–2013) were disqualified. The remaining formulations were evaluated for their relevance in paediatric care according to: (1) formulations' added value in clinical practice (ie, unmet needs in certain age/weight group, easier dosing or drug administration, and disease importance) and (2) logistical, supply chain and financial advantages (ie, no need for refrigeration/cold chain, and less drug wastage). Three authors (CR, EZ, MWP) independently appraised all potential new formulations for their relevance, and documented each opinion in a narrative form. Inter-rater agreements were calculated.

The relevance of each formulation was categorised into four groups by author VI: (1) major relevance (unmet needs in certain age/weight group), (2) medium relevance (easier dosing or drug administration, no need for refrigeration/cold chain, less

drug wastage), (3) little relevance (narrow age range, few therapeutic indications), and (4) no relevance (unreliable drug administration, uncommon formulation use). A randomly selected subset of six formulations was scored independently by author AKM-T to validate the scoring.

Finally, all EMLc antibiotics were classified into five categories: (1) Antibiotics with additional formulations on comparator lists, compliant WHO clinical decisions, with clinical relevance, (2) Antibiotics with additional formulations on comparator lists, compliant WHO clinical decisions, with little or no clinical relevance, (3) Antibiotics with additional formulations on comparator lists, but not compliant with WHO clinical decisions, (4) Antibiotics with no additional formulations on comparator lists, and (5) Antibiotics absent on comparator lists.

The costs of the additional formulations with clinical value and their corresponding formulations on the EMLc (ie, same dosage forms, different drug strengths, or different dosage forms, same drug strengths) were compared, using the prices from the MSH/WHO International Drug Price Indicator Guide 2014.²⁰

Table 1 Quantitative summary of antibiotic formulations on comparator lists and the Essential Medicines List for Children (EMLc)

Name of EMLc antibiotic	EMLc number of formulations	Summary 4 lists number of additional formulations
6.2.1 β -lactam medicines		
Core list		
Amoxicillin	4	5
Amoxicillin+clavulanic acid	3	9
Ampicillin	2	5
Benzathine benzylpenicillin	2	0
Benzylpenicillin	2	0
Cefalexin	3	0
Cefazolin	1	1
Ceftriaxone	2	1
Cloxacillin	2	2
Phenoxyethylpenicillin	2	1
Procaine benzylpenicillin	2	0
6.2.1 β -lactam medicines		
Complementary list		
Cefotaxime	1	0
Ceftazidime	2	1
Imipenem and cilastatin	2	0
6.2.2 Other antibacterials		
Core list		
Azythromycin	3	0
Chloramphenicol	4	0
Ciprofloxacin	3	0
Doxycycline	4	1
Erythromycin	2	3
Gentamycin	2	4
Metronidazole	6	2
Nitrofurantoin	2	1
Sulfamethoxazole+trimethoprim	4	1
Trimethoprim	3	0
6.2.2 Other antibacterials		
Complementary list		
Clindamycin	3	1
Vancomycin	1	2

RESULTS

Table 1 presents the quantitative summary of paediatric formulations listed on the comparator lists and the EMLc for all 26 EMLc antibiotics. All antibiotics existed on at least one of the comparator lists, but numerous discrepancies existed between the EMLc and the four individual lists including many missing or additional formulations (see online supplementary table S1). Subsequently, 16 antibiotics with 40 additional formulations were selected for further analysis. Of those, 22 formulations were excluded, because 21 of them had potential contradictions with WHO rules, and one formulation was removed from the EMLc in 2008.

The remaining 13 antibiotics with 18 new potential WHO-compatible formulations were selected for the clinical evaluation. Seven antibiotics had formulations with an oral, seven with a parenteral and one with a rectal route. The clinical evaluation of these potential new formulations is summarised in table 2. The inter-rater agreement in the assessment of formulations' relevance was around 83% (82% for oral and other formulations, and 85% for injectables). The scoring of formulations by author AKM-T showed no discrepancies in categorisation between the two authors.

All seven oral formulations were considered to have major or medium added value for improved use of antibiotics in children. Frequently quoted reasons for clinical benefits included: filling the gap of unmet therapeutic needs in certain age/weight groups (phenoxymethylpenicillin oral liquid, metronidazole oral liquid and nitrofurantoin capsules), and simplified administration and logistical and supply chain advantages (amoxicillin dispersible tablets, clindamycin capsules, cloxacillin tablets and sulfamethoxazole+trimethoprim tablets).

The judged value of parenteral formulations for the EMLc ranged from no to medium value. The existing doses of injections on the EMLc were generally seen as sufficient for all ages. For ampicillin and cefazolin powder for injection, lower

doses were expected to simplify the dosing in younger children, reduce the risk of medical errors, and decrease the waste of medicines. The drawbacks included: narrow target age/weight groups for the new strengths, and impractical supply system burdened with non-availability, high prices and non-reimbursement. The formulations with new administration routes (doxycycline injections, gentamycin intrathecal injections and intravenous infusion, metronidazole suppositories) were not recommended for clinical practice due to their uncommon use, age restrictions or unreliable drug absorption routes (table 2).

The final classification of additional antibiotic formulations according to their clinical relevance is presented in table 3. Nine antibiotic formulations were considered to be clinically relevant for paediatric use, while seven formulations were classified to have little or no clinical relevance.

Regarding prices, the identified lower strengths injections on the comparator lists cost the same (ampicillin), or twice less (cefazolin) compared with the twice higher strength phials on the EMLc. The prices of all six oral formulations from the comparator lists were available, except for clindamycin capsules. They show that two formulations (metronidazole, sulfamethoxazole+trimethoprim) have costs similar to the twice higher strength formulations on the EMLc, three formulations (phenoxymethylpenicillin, amoxicillin, cloxacillin) cost twice as less as the higher strength formulations and one formulation (nitrofurantoin) costs twice as much (table 4).

DISCUSSION AND CONCLUSIONS

This study provides an overview of the differences in age-appropriate formulations of paediatric antibiotics between four comparator lists and the EMLc.

In summary, seven oral formulations from the comparator lists were regarded as potential solutions for better tolerated and more efficient therapy, since they simplify drug administration

Table 2 Summary of clinically added value of potential new formulations of antibiotics

Name of product/dosage form/strength	Clinically added value	Reason for classification
Oral formulations		
Phenoxymethylpenicillin powder 125 mg/5 mL	Major	New low strength formulation can fill the gap of unmet therapeutic needs in young children and neonates.
Metronidazole oral liquid 125 mg/5ml	Major	
Nitrofurantoin capsules 50 mg	Major	New intermediate strength formulation can fill the gap between lower strength syrup, and higher dose capsule/tablet.
Cloxacillin tab/capsule 250 mg	Medium	
Sulfamethoxazole+trimethoprim tablet 200 mg+40 mg	Medium	It offers simplified administration and supply/stock, by replacing same-strength syrup in young children without swallowing difficulties.
Clindamycin capsule 75 mg	Medium	
Amoxicillin dispersible tab 125 mg	Medium	It offers simplified administration and supply/stock, by replacing same-strength syrup in young children with swallowing difficulties.
Parenteral formulations		
Ampicillin powder for injection 250 mg	Medium	Lower strength injection would be appropriate for younger children.
Cefazolin powder for injection 500 mg	Medium	
Cloxacillin powder for injection 250 mg	Little	Lower strength injection would be appropriate for younger children, but it has minor clinical relevance.
Ceftriaxone powder for injection 500 mg	Little	New intermediate dose allows easy dosing with less spill of antibiotics, but it has minor clinical relevance.
Ceftazidime powder for injection 500 mg	Little	
Doxycycline injection 20 mg/mL	No value	It is a proposed new route, but oral forms are sufficient. It has few indications for use in children, and it is age restricted.
Gentamycin intrathecal injection 5 mg/mL, and intravenous infusion 800 µg/mL, 1 mg/mL, 3 mg/mL	No value	No added value of infusion bags/intrathecal formulation, the available injection strengths suffice for all children.
Other formulations		
Metronidazole suppository 500 mg	No value	It is a proposed new route in case of vomiting or refusal of oral liquids. It is unsuitable for initiating treatment of serious conditions, due to slow absorption and low plasma concentrations.

Table 3 Classification of antibiotics regarding discrepancy formulations and their clinical relevance

Categories	Antibiotics
Antibiotics with additional formulations on comparator lists, compliant with WHO clinical decisions, with clinical relevance	Amoxicillin dispersible tablets, ampicillin powder for injection, cefazoline powder for injection, cloxacillin tablets, phenoxymethyl penicillin oral liquid, metronidazole oral liquid, nitrofurantoin capsules, sulfamethoxazole+trimetoprim tablets, clindamycin capsules.
Antibiotics with additional formulations on comparator lists, compliant with WHO clinical decisions, with little or no clinical relevance	Cloxacillin powder for injection, ceftriaxone powder for injection, ceftazidime powder for injection, doxycycline injection, gentamycin intrathecal injection and infusion, metronidazole suppository.
Antibiotics with additional formulations on comparator lists, but not compliant with WHO clinical decisions	Amoxicillin injection, amoxicillin +clavulanic acid powder for suspension and powder for injection, ampicillin suspension and capsules, erythromycin injections and infusion, vancomycin capsules.
Antibiotics with no discrepancy formulations on comparator lists	Benzathine benzylpenicillin, benzylpenicillin, cefalexin, procaine benzylpenicillin, cefotaxime, chloramphenicol, imipenem and cilastatin, azytromycin, ciprofloxacin, trimetoprim.
Antibiotics absent in comparator lists	/

and enhance dosing accuracy in children. Two lower strength oral liquids could be used in children below 4 years of age, who currently have unmet needs for suitable EMLc formulations. Five solid oral forms were seen as alternatives for the oral liquids on the EMLc in children with no swallowing difficulties. Their advantages include accurate dosing, stability, taste masking, easy transport and no need for manipulation before use.^{22 23} Dispersible tablets (DTs) may add to the treatment possibilities as they are palatable and easy to administer in younger children with swallowing difficulties. This is in line with the WHO statement in 2008 that flexible oral solid formulations are most optimal formulations for use in children, particularly in lower-income, middle-income countries.^{24 25} Amoxicillin DT 250 mg is the United Nations new recommended treatment for pneumonia in children under the age of 5 years, and the lower strength DT may further expand paediatric options.³

Parenteral antibiotics are important for paediatric, and especially neonatal care, but our clinical assessments put less value on their clinical benefits.^{26 27} As indicated, while lower doses of injections may simplify the dosing in neonates and infants, and reduce the waste of medicines, the target age/weight groups for the new strengths may be too narrow.

It is also important to consider the financial implications that these new formulations may have for low-income countries. Our cost comparisons between corresponding antibiotic formulations showed that half of all new oral and parenteral formulations could decrease the cost of treatment, and have a favourable budget impact.

The strength of our study is the use of diverse lists to depict existing therapeutic options globally. The main limitations are the small sample of evaluators and the narrative description of formulations' clinical relevance, although a high inter-rater agreement was reached. Our evaluation criteria and the proposed categorisation represent an early attempt to translate relevant clinical principles into measurable operational components. Further

Table 4 Price comparison of additional formulations and corresponding formulations on the Essential Medicines List for Children (EMLc)

Drug name	Price of additional formulations with clinical value	Price of corresponding formulations on EMLc
Oral formulations		
Phenoxymethylpenicillin	Powder 125 mg/5 mL \$0.47/bottle	Powder 250 mg/5mL \$0.71/bottle
Metronidazole	Oral liquid 125 mg/5 mL \$0.77/bottle	Oral liquid 200 mg/5 mL \$0.8/bottle
Nitrofurantoin	Capsules 50 mg \$0.03/capsule	Capsules 100 mg \$0.01/capsule
Cloxacillin	Tab/capsule 250 mg \$0.02/tablet	Tab/capsule 500 mg \$0.04/tablet
Sulfamethoxazole +trimethoprim	Tablet 200 mg+40 mg \$0.013/tablet	Syrup 200 mg+40 mg \$0.29/bottle Tablet 400 mg+80 mg \$0.012/tablet
Amoxicillin	Dispersible tab 125 mg \$0.02/tablet	Powder for syrup 125 mg/5 mL \$0.39/bottle Dispersible tab 250 mg \$0.03/tablet
Parenteral formulations		
Ampicillin	Powder for injection 250 mg \$0.12/phial	Powder for injection 500 mg \$0.12/phial
Cefazolin	Powder for injection 500 mg \$0.27/phial	Powder for injection 1 g \$0.4/phial

development of a user-friendly instrument, and its validation and testing are needed to verify our tool's consistency and reliability.

Besides the aforementioned benefits, introducing more formulations on the lists may lead to a complex procurement of multiple strengths and formulations, and less efficient drug management, including prescribing.¹² The EMLc is not envisaged as a comprehensive list of all marketed formulations and strengths for children. Nonetheless, it is important to find a suitable platform to share up-to-date information about available age-appropriate paediatric formulations and their advantages and shortcomings, and advocate for their rational use in line with relevant formularies and treatment guidelines. Besides, it is vital to consider the barriers for the implementation of new formulations at the field level, as listing in the WHO EML does not always translate into demand for the medicines at country level.^{28–30}

Concluding, the present study identified relevant age-appropriate formulations of paediatric antibiotics that exist. The progress made in developing new formulations needs to be extended for the benefit of children globally.

Contributors VI, HGL, LvD and AKM-T conceptualised the study, and formulated its study design and methods. VI collected the data, performed the comparison analysis and wrote the manuscript. AKM-T and HGL supervised the analysis, writing of the manuscript and ensured the quality of the study results. CR, EZ and MWP provided clinical insights and interpretation of the study variables and findings. All authors contributed to the revision of the manuscript, and have approved the submitted versions of the manuscript.

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