


Volume 14, 01 November 2014

Publisher: Igitur publishing

URL: <http://www.ijic.org>

Cite this as: Int J Integr Care 2014; Inter Digital Health Suppl; [URN:NBN:NL:UI:10-1-116534](https://nbn-resolving.org/urn:nbn:nl:ui:10-1-116534)

Copyright: 

---

Poster Abstract

## "Talking AS"

*Ross Carroll, AbbVie, United Kingdom*

*James Gardner, AbbVie, United Kingdom*

*Dr. Raj Sengupta, The Royal National Hospital for Rheumatic Diseases, United Kingdom*

Correspondence to: **Ross Carroll**, AbbVie, United Kingdom, E-mail: [ross.carroll@abbvie.com](mailto:ross.carroll@abbvie.com)

---

## Abstract

AbbVie and the Royal National Hospital for Rheumatic Diseases in Bath have developed an online tool, Talking AS ([www.talkingas.com](http://www.talkingas.com)), to help patients and clinicians monitor symptoms of ankylosing spondylitis (AS), a long term condition that affects around 200,000 people in the UK. Talking AS is an online tool designed to make assessing AS quicker and easier. For people with AS, regularly recording symptoms and how they affect everyday life can help when planning the best way to manage their condition. Until now, this has been time consuming, but Talking AS allows patients to record symptoms in their own time, in the place of their choosing, ready for their next appointment, helping to maximise time spent with their healthcare professional in their clinic.

Talking AS is offered for free to patients and the NHS and is driven by the following aims:

1. Empowering the patient – aiming to make the patient feel more confident about the management of their condition
2. Giving time back to the clinician – so that the clinician is provided with richer information to aid decisions about patient care
3. Ensuring that assessments are performed regularly – giving a full history of disease activity over time without the need to refer back to old patient notes
4. Making better use of the clinic time – using the assessment data, the clinician can immediately see which patients need to be seen more regularly (because their condition is not under control) and which patients can be seen less regularly (because their condition is well-managed and stable). This provides potential for less wasted time in clinic and for the patient.

## Keywords

**ankylosing spondylitis; disease management**

---

**PowerPoint presentation:**

[https://www.conftool.pro/digital-health-care-2014/index.php?page=adminPapersDetails&path=adminPapers&form\\_id=107](https://www.conftool.pro/digital-health-care-2014/index.php?page=adminPapersDetails&path=adminPapers&form_id=107)

---