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Conference Abstract

## ICARE4EU: Improving care for people with multiple chronic conditions in Europe

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### Abstract

**Introduction:** Innovation in chronic illness care is urgently called for, since most care delivery models are not adapted to the needs of the growing number of people with multi-morbidity. Moreover, innovation is necessary to provide good quality care with limited financial as well as human resources. Integrated care models have the potential to meet the complex needs of people with multi-morbidity, while making efficient use of resources.

**Methods:** The ICARE4EU project - a major European initiative started in March 2013 co-funded by the Health Programme of the European Union - aims to describe, analyze and disseminate innovative solutions of patient centered multidisciplinary care programmes for multi-morbidity patients in 30 European countries ([www.icare4eu.org](http://www.icare4eu.org)).

**Results:** Though the scope of the ICARE4EU project is broader, preliminary results regarding the availability of integrated care programmes addressing multi-morbidity in Europe will be presented, as well as the variation in these programmes (e.g. variation in how multi-morbidity is defined in the context of the programmes, variation in care sectors/providers involved).

**Discussion:** The ICARE4EU project aims to identify good practices from four perspectives: 1) management practice & professional competencies, 2) patient-centredness, 3) use of e-health, and 4) financing systems. Selection criteria for good practices will be discussed during the presentation.

### Keywords

multi-morbidity, integrated care strategies, innovation, EU27

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