Conference Abstract

Innovations in Managing Long Term Conditions in Barnsley

Paul Hughes

*Correspondence to: **Paul Hughes**, United Kingdom, E-mail: paul.hughes@swyt.nhs.uk*

Abstract

Innovations in Managing Long Term Conditions in Barnsley
The South West Yorkshire Partnership NHS Foundation Trust's Care Navigation / Telehealth Service provide a range of 'Telehealth' services to both the Barnsley and Bassetlaw CCG geographical areas.

The Barnsley based Care Navigation / Telehealth Service is an enabler to improving the quality of life for people with long term conditions, complementing more traditional service delivery and offering choice and control. The service consists of clinical and non clinical team members from the NHS and Local Authority, enabling integrated health and social care pathways

In order to deliver new integrated pathways of care Barnsley Telehealth has redefined the boundaries between Telehealth and traditional services. This has lead to new care pathways that deliver an integrated bundled package of services to patients with LTC's.

Telehealth Service offerings:

Care Navigation
A signposting service, to help patients best determine what Services they need and where to find them.

Health Coaching
A coaching service, to help people make positive changes to their health and lifestyles. Individuals set their own goals, assisted by the service, and learn how to manage their conditions better. Patients are identified through the Barnsley Risk Stratification Tool, run on the GP practice data.

Telehealth Monitoring
This is the method of delivering health-related services and information remotely via telecommunications technology.

Post Crisis Support - A service to prevent further medical crises by coaching patients who have just been discharged from hospital.

Development of New Innovations

COPD

A patient suffers from COPD but has no specific goals – perhaps simply feels socially isolated or unable to get out the house. The navigation service might help connect them to a health trainer or local gym. In collaboration with the health care professional involved, medications can be reviewed and titrated to better manage patient conditions, reducing Specialist Nurse input and hospitalisations

Heart Failure

The SWYPFT telecoaching service is almost unique in the NHS, enabling the intelligent dispatch of services to help people connect to appropriate pathways of care. Providing an integrated bundled package of care for Telehealth and traditional services helps to build capacity and lower costs by reducing the amount of service interventions. Telehealth monitoring targets early intervention and prevents or delays more intrusive and expensive services along the care pathway.

Cancer Support a Joint Venture

In partnership with Macmillan Cancer Support and BFHT offering Care Navigation and/or Health Coaching to patients with colorectal cancer on an enhanced recovery pathway.

In particular to Support and empower patients living with and beyond cancer through;

Taking forward the national cancer survivorship programme, improving access to psychological therapies providing an emphasis on care navigation, self- help and management and supporting the continuity of care for cancer survivors

Diabetes

Using Telehealth, a patient is able to take his/her own blood pressure, weight, pulse and blood sugar readings each day. The results are uploaded to the Telehealth team who view them daily. The team can offer advice and guidance to the patient and if required escalate to an appropriate front line clinician.

Keywords:

Presentation available at**:** http://www.kingsfund.org.uk/events/third-annual-international-congress-telehealth-and-telecare

International Congress on Telehealth and Telecare 2013, London, July 01-03, 2013.