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Abstract Planned Workshop

## Health problems of the elderly: do we need more integration?

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## Abstract

As elderly population increases, there has been a need to rethink primary care services in terms of providing better health care for the elderly. Turkey has a considerably younger population than Europe however; increases in life expectancy and population ageing have been faster than it was projected in the last decades. In addition, in certain areas of Turkey almost 15-20 % of the population is aged, therefore there is a special focus on elderly health care in Turkey as well. Care for elderly especially for the disabled and frail elderly needs to be integrated with secondary and tertiary care, home care and other social services. Thus better co-ordination and integration of care is crucial. However, in many countries care for elderly especially in secondary and tertiary care seems to be fragmented. The aim of this workshop is to discuss the challenges in primary care in terms of co-ordination and integration of care delivered to elderly people, and exchange ideas to improve interdisciplinary and multidisciplinary integration of services to provide a better elderly care.

There will be two presentations in order to provide a background a) a summary of "Primary care and care for older persons: Position Paper of the European Forum for Primary Care" b) Current health services and status of the elderly in Turkey.

Two discussion sessions are planned:

Brainstorming on challenges of primary care in terms of care for the elderly focusing on integration and co-ordination of care. In small groups; discussion of possible solutions and different practice samples. The Final session will consist of presentations of the groups and summarising the outcomes.

## Keywords:

**elderly health, co-ordination of care, integration of care**

**Presentation** available at: <http://www.euprimarycare.nl/istanbul/conference-programme-efpc-2013-istanbul-results>