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Indices for the age of the creatine kinase M-chain in the blood

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Summary

The apparent activation energy of the CK reaction as well as the Michaelis–Menten constants and the isoelectric point of CK MM can be used as indices for the mean age of the CK M-chain in the blood in vivo and in vitro.

Modifications in the CK M-chain take place in vivo in the blood and in vitro in a serum matrix. Gradual increases in the apparent activation energy are also observed both in vivo and in vitro. It is confirmed that the modification in the CK M-chain causes a rise in the apparent activation energy, u .

A gradual increase in apparent activation energy, due to the ageing process of the CK M-chain, was observed after myocardial infarction. A significantly increased value for u was observed at the time that total CK activity already had returned to reference values. In spite of the normal CK value, the apparent activation energy still indicated that there had been myocardial damage.

The Michaelis–Menten constants for creatine phosphate and ADP are also influenced significantly by the modification in the M-chain. While the apparent activation energy increases, the Michaelis constants decrease in the order MM_3 , MM_2 , MM_1 . The Michaelis–Menten constants for both ADP and CrP can be used as an index for the mean age of the enzyme in the blood.

The Michaelis–Menten constants for CrP and ADP show significant variations with the measuring temperature for virtually all CK MM forms.

Introduction

Ageing effects of the MM and MB isozymes of creatine kinase (CK) have been described [1–6]. The ageing of the enzyme can be attributed to a modification in the M-chain caused by a serum protein [1,2], for which the name CK conversion factor has been proposed [3]. As the same protein modifies the alpha chain of enolase as well [7], the name modifying protein was introduced by Wevers et al [7]. Recently, the modifying protein has been shown to have carboxypeptidase activity [8,9]. It separates the C-terminal lysine of the CK-M chain from the rest of the chain. The future name for the modifying protein could well turn out to be carboxypeptidase K as proposed by Edwards and Watts [8].

Both M-chains in the CK MM isozyme can be modified resulting in three CK MM multiple forms. This process of postsynthetic modification is quite slow for CK MM. It starts as soon as the original form CK MM₃ reaches the circulation. It may take more than 48 h after a myocardial infarction before all M-chains have been converted, resulting in the presence of the completely modified CK MM₁ form [1].

As shown by Hagelauer and Faust [6], the ageing of the enzyme is accompanied by variations of the apparent activation energy, u . Measurements during incubation of CK MM in a serum matrix at 37°C during 72 h showed a gradual increase of the apparent activation energy [10]. A similar time is required to obtain complete *in vitro* modification of a comparable amount of CK MM₃ under the same conditions [2].

This paper combines the above-mentioned findings and tries to establish that the observed increase in apparent activation energy is caused by the modification in the CK M-chain. The *in vivo* changes in apparent activation energy are studied in the serum of patients after myocardial infarction. The influence of the modification on the Michaelis–Menten constant has also been studied. Practical consequences of the changes in the physicochemical parameters of the enzyme are discussed.

Materials and methods

CK MM multiple forms

A DEAE slurry was added to a human heart tissue extract. Conditions in this anion exchange step were chosen as described by Nealon and Henderson [11]. The three CK MM multiple forms were obtained by incubating the resulting extract with human serum (25 : 1 v/v) for 90 h at 37°C. Using agarose gel electrophoresis [1] the presence of all three CK MM forms was confirmed. Subsequently, an ethanol precipitation was carried out. Contaminating proteins were removed at an ethanol concentration of 50% (v/v). The supernatant was made 70% (v/v) in ethanol. The CK MM forms precipitate at this concentration. They were redissolved in a 10 mmol/l Tris–HCl buffer, pH 7.4. The CK MM forms were separated from each other by column isoelectric focusing as described before [12]. Only the top fractions of the three CK MM activity peaks were used. Ampholytes were removed on a Sephadex G-100 column (l = 26 cm, Ø = 1 cm; no. 17-0060-01, Pharmacia, Uppsala, Sweden). A 0.1 mol/l Tris–HCl buffer, pH 7.4, was used for elution. The

pooled fractions with CK-activity were concentrated and subsequently transported on ice from The Netherlands to FRG by train. Upon arrival the enzymatic activity was almost the same as before the transport. The CK activities of the three preparations containing CK MM₁, CK MM₂ and CK MM₃ amounted to 13000, 8200 and 10700 U/l, respectively. The purity of the preparations was checked, using flat bed isoelectric focusing on agarose plates in accordance with the instructions of the manufacturer (Isogel agarose EF, no. 2206-111; ampholines, pH 5.0–8.0, no. 1818-126 LKB, Bromma, Sweden). The contamination of each MM form with other MM forms was estimated to be < 5%. CK enzymatic determinations were performed with the reverse reaction using NAC activated reagents (nos. 14109–14111, E. Merck, Darmstadt, FRG) according to the recommendations of the German, Dutch and Scandinavian societies of clinical chemistry.

Apparent activation energy

Determinations of apparent activation energy, u , were performed for the multiple CK MM forms on 1:30 dilutions of the original preparations in a 100 mmol/l imidazole buffer, pH 6.7 (no. 14109, Merck) and in a serum matrix adjusted to pH 7.4 with 1 mol HCl/l. Reagents corresponding to the recommended method (Creatine kinase test system, nos. 14109–14111, Merck) were used to determine the catalytic activity at two temperatures in one assay. A preincubation time of 5 min was used to allow for complete reactivation. Values for u were calculated according to the equation below. The standard temperature interval for determination of the apparent activation energy was 298/308 K (25/35°C). Values for the apparent activation energy given below are defined for this temperature interval. It is related to the internationally used assay temperatures for CK determinations and represents a practical compromise between a sufficiently high absorbance change and the stability of the enzyme. Further details such as turnover limitation are described elsewhere [6,10]. Technical information can be obtained from Dr. Hagelauer, Institut für Biomedizinische Technik, University of Stuttgart, D-7000 Stuttgart-1, FRG.

Additionally, the temperature interval was varied in 2 K steps to demonstrate Arrhenius plots in the interval 298/310 K. The apparent activation energy can be defined as [13]:

$$u = RT_1T_2 \cdot \frac{\ln(v_2/v_1)}{(T_2 - T_1)},$$

where v_1 and v_2 are the substrate turnover rates measured at the temperatures T_1 and T_2 and R is the universal gas constant.

Michaelis–Menten constants

A random Bi Bi reaction mechanism is generally accepted for the CK reaction. For this type of reaction four dissociation constants K_a , K_b , K_{ia} and K_{ib} can be discerned for the reactions $EB + A \leftrightarrow EAB$, $EA + B \leftrightarrow EAB$, $E + A \leftrightarrow EA$ and $E + B \leftrightarrow EB$, respectively [14]. K_a and K_b are the respective Michaelis–Menten constants for substrates A (ADP) and B (creatine phosphate, CrP). The four constants

have been determined for the CK MM multiple forms in this two substrate system using primary and secondary plots according to refs. [14–17]. It was possible to calculate standard enthalpy changes (ΔH s) by means of the Van 't Hoff equation.

Enzyme activity was monitored continuously using CrP ($\text{CrP} \cdot \text{Na}_2 \cdot 4 \text{H}_2\text{O}$, Boehringer, no. 621714) and ADP (free acid, Boehringer, no. 102164) and reagents from E. Merck (we thank Dr. Vormbruck for supplying us with these special, ADP-free reagent kits). Absorbance was measured at 334 nm with a photometer (Eppendorf M1101 with recorder) at 25, 30 and 37°C. At these temperatures the pH of the reaction mixtures was 6.5, 6.6, 6.7 paralleling the pH optimum of CK [18]. The samples were stored at 4°C and diluted with imidazole buffer prior to the assay to give activities of $< 800 \text{ U/l}$. Lag phases appeared to vary between $< 2 \text{ min}$ (MM_1 , 25°C) to about 8 min (MM_3 , 37°C, low substrates). Afterwards the reaction rate was linear for at least 5 min. Apart from the substrates, the final concentrations of all reactants corresponded to the internationally recommended, imidazole buffered, NAC reactivated method [18]. For this purpose and for the sake of practicability total (T) concentrations are given for ADP (T-ADP) and CrP (T-CrP), especially as the influence of imidazole, EDTA, AMP, etc. on the concentration of the respective substrates is unknown. Estimations of the concentrations of Mg-ADP, free CrP (F-CrP) and ADP^{3-} in this complex reaction mixture were calculated using the procedure of Morrison [19]. The concentration of ADP^{3-} , which may be an inhibitor, was below 0.02 mmol/l in every case. At the recommended concentrations for T-ADP (2 mmol/l) and T-CrP (30 mmol/l) the concentrations of MgADP in the assay are 1.56 (37°C), 1.61 (30°C) and 1.64 mmol/l (25°C) [19], whereas F-CrP shows a concentration of 25.8 mmol/l. Under the conditions chosen in our experiments the following results are obtained:

$$\text{MgADP} = 0.869 \cdot \text{T-ADP} \text{ (at pH 6.5 and T-CrP} = 6 \text{ mmol/l)}$$

and

$$\text{MgADP} = 0.913 \cdot \text{T-ADP} \text{ (at pH 6.7 and T-CrP} = 0.5 \text{ mmol/l)}.$$

To cover the whole range of pH and concentrations used by only one equation and an error of $< 3\%$, we calculated:

$$\text{Mg-ADP} = 0.89 \cdot \text{T-ADP} \text{ (for } 0.5 < \text{T-CrP} < 6 \text{ and } 6.5 < \text{pH} < 6.7).$$

Similarly, free creatine phosphate is given by:

$$\text{F-CrP} = 0.75 \cdot \text{T-CrP}.$$

Initial velocity

The initial velocity v for a rapid equilibrium random Bi Bi two substrate system is

described by [14,20]:

$$\frac{1}{v} = \frac{1}{V_r} + \frac{K_a}{V_r(A)} + \frac{K_b}{V_r(B)} + \frac{K_{ia}K_b}{V_r(A)(B)},$$

where V_r is the maximum velocity for the reverse reaction catalysed by CK and where (A) and (B) are the concentrations of Mg-ADP and F-CrP as given above.

Results

Arrhenius plots and apparent activation energy

The influence of temperature on the turnover rates for the three multiple forms is shown in Fig. 1. The slope decreases in the order MM_1 , MM_2 , MM_3 , corresponding to a decrease in apparent activation energy. A straight line is observed for MM_1 , whereas a deviation from linearity occurs for MM_2 and more pronounced for MM_3 . Thus, the apparent activation energy depends on the temperature interval chosen for its determination. Compared to the smallest interval 298/300 K (25/27°C), the value, u , for MM_2 and MM_3 decreases by 10 and 20%, respectively, when extending the temperature interval to 298/310 K (25/37°C). The apparent activation energy, u , was measured in a buffer and a serum matrix (Table I). Significantly differing values were found for the three CK MM multiple forms in the serum matrix, ranging from 49.1–66.8 kJ/mol. The values of u in buffer are not significantly higher than in the serum matrix. The values found for MM_2 are almost the arithmetic mean value as expected on the basis of the proposed chain composition of the three MM forms [1].

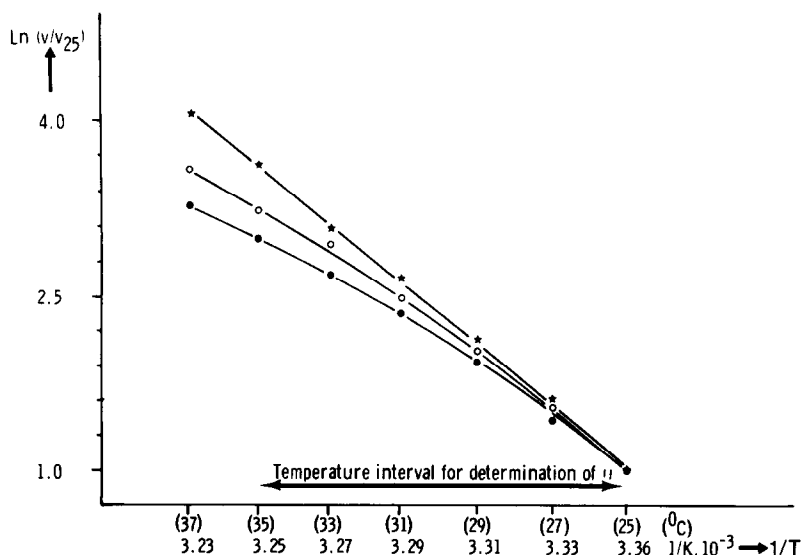


Fig. 1. Arrhenius plot for the three CK MM forms. ★, CK MM_1 ; ○, CK MM_2 ; ●, CK MM_3 .

TABLE I

Apparent activation energy u for the multiple forms of CK MM in imidazole buffer and in a serum matrix ^a

Activation energy	MM ₁		MM ₂		MM ₃	
	Serum	Buffer	Serum	Buffer	Serum	Buffer
u (kJ/mol)	66.8	67.5	59.2	60.3	49.1	49.8

^a Measurements of u are the mean of three experiments (CV < 2% in all cases).

In vivo changes in apparent activation energy

In healthy individuals, the value of u never exceeded 55 kJ/mol. The apparent activation energy in 360 sera from 62 cardiac care patients with suspected and confirmed myocardial infarction, however, ranged between 49 and 68 kJ/mol.

Serial determinations of u in subsequent serum samples from 8 patients with acute myocardial infarction showed a continuous increase from 51 kJ/mol immediately after the infarction to 68 kJ/mol three days later. Even when the total CK activity had already returned to values within the reference range, the apparent activation energy was still evidently increased. Figure 2 shows the apparent activation energy values in the serum of these 8 patients taken at various times after the infarction. A gradual increase in apparent activation energy is observed depending on the time interval between the infarction and the blood sampling. The apparent activation energy reaches the maximal value of 68 kJ/mol about three days after the myocardial infarction. The *in vivo* shift in the circulating CK MM multiple forms is completed in the same time interval.

In vitro changes in apparent activation energy

Figure 3a shows that the apparent activation energy for the partially purified CK MM multiple forms increases upon incubation at 37°C in a pH controlled serum

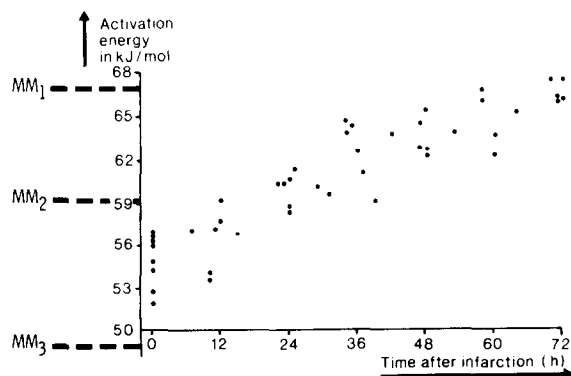


Fig. 2. Increase in apparent activation energy in serum after myocardial infarction. Values are given for subsequent serum samples ($n = 44$) from eight patients with confirmed myocardial infarction.

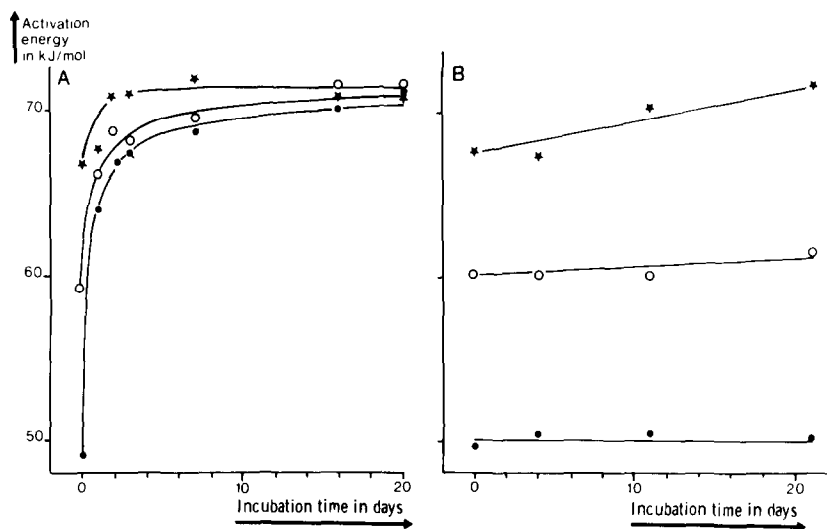


Fig. 3. Changes in apparent activation energy during in vitro incubation of CK MM multiple forms: ★, CK MM₁; ○, CK MM₂; ●, CK MM₃. A. Serum matrix. B. Imidazole buffer matrix.

matrix (pH 7.4). The three preparations show a characteristic rapid increase of u during the first three days indicating the turnover of CK MM₃ into CK MM₂ and later on into CK MM₁. After about 20 days, all fractions reach the same maximum of 71 kJ/mol, which is 3 kJ/mol higher than for purified CK MM₁. The time course resembles a first order reaction as expected for the proposed turnover model.

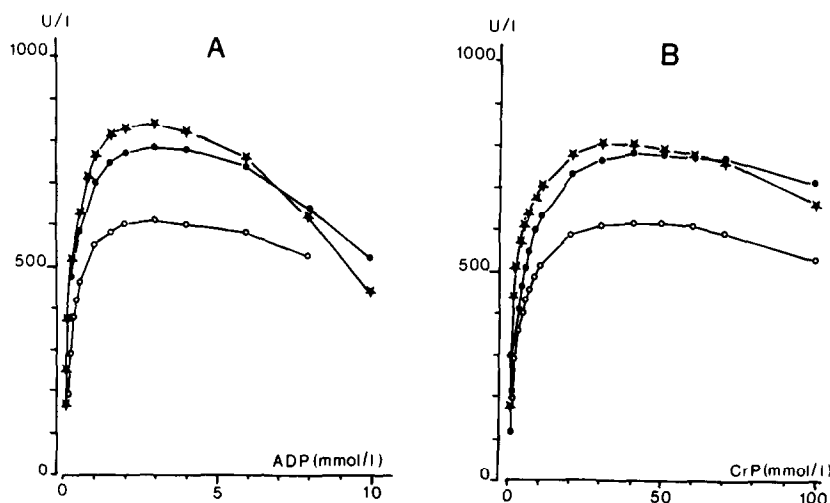


Fig. 4. Dependence of CK activity at 30°C on the substrate concentration for ★, CK MM₁; ○, CK MM₂; ●, CK MM₃. A. Varying concentrations of ADP (T-CrP, 30 mmol/l). B. Varying concentrations of CrP (T-ADP: 2 mmol/l).

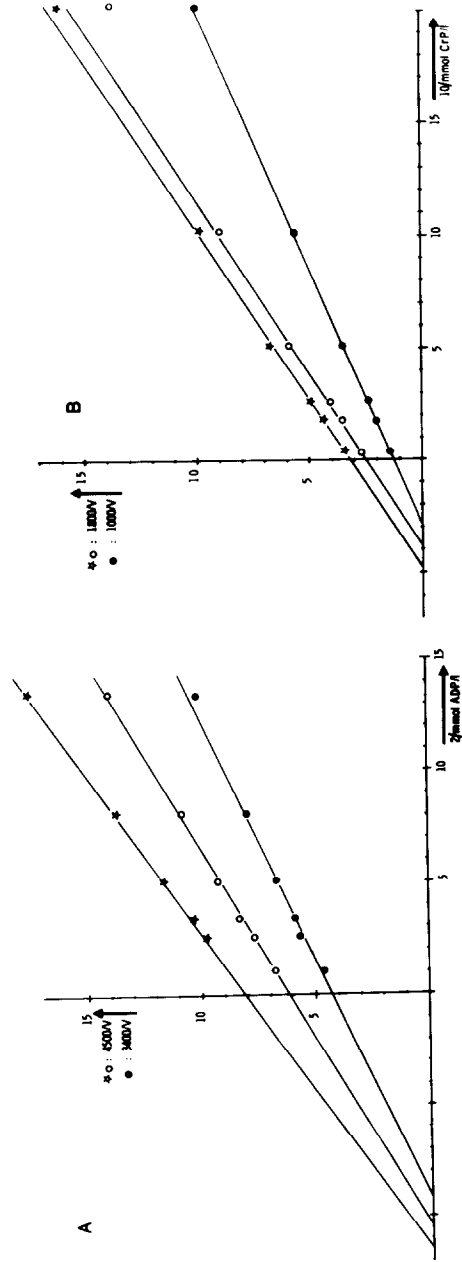


Fig. 5. Determination of Michaelis-Menten constants. A. Secondary plot for K_m at 25°C. B. Secondary plot for K_b at 25°C.

In a buffer matrix, however, only a slight rise in u is observed for CK MM₁ and CK MM₂ and no significant change occurred for CK MM₃. These results are not biased by the inactivation process of the enzyme. The decrease in catalytic activity was essentially the same for the three forms during the entire incubation period.

Michaelis–Menten constants

Figure 4a gives the results of varying ADP concentrations on the reaction velocity at a fixed CrP concentration of 30 mmol/l, while in Fig. 4b the CRP concentration was changed using a fixed CrP concentration of 2 mmol/l. There appears to be an obvious optimum in reaction velocity for all CK MM multiple forms at 30 mmol CrP/l and 3 mmol ADP/l, respectively. Higher substrate concentrations inhibit the enzymatic activity.

For the determination of the kinetic parameters primary plots were made in which the reciprocal initial velocity data were plotted against the reciprocal concentration of substrate A at various fixed concentrations of substrate B. Analogously reciprocal initial velocities were plotted versus $1/B$ at various fixed concentrations of substrate A. In every case these double reciprocal primary plots converged above the abscissa, which is in agreement with a random Bi Bi mechanism. Figures 5a and 5b represent secondary plots for the determination of K_a and K_b in which the intercepts of the primary plots have been replotted versus $1/A$ and $1/B$, respectively. Similarly K_{ia} and K_{ib} were determined by secondary plots in which the slopes of the primary plots have been replotted versus $1/A$ and $1/B$, respectively (not shown). The Michaelis constants K_a and K_b for the three multiple forms of CK MM are given in Table II. Highest values for both substrates are found for CK MM₃, the CK MM form present in muscular tissue. Values for K_{ia} and K_{ib} are presented in Table III. The dependence of the constants K_a , K_b , K_{ia} and K_{ib} on temperature is obvious in the Tables II and III. From these data, the apparent standard enthalpy change during the reaction of the enzyme with its substrate (ΔH)

TABLE II

Michaelis–Menten constants (1 SD) in mmol/l for T-ADP (K_a) and for T-CrP (K_b) and the influence of temperature on these parameters ^a

Temperature (°C)	K_a			K_b		
	MM ₁	MM ₂	MM ₃	MM ₁	MM ₂	MM ₃
25	0.17 (0.003)	0.19 (0.007)	0.22 (0.02)	2.09 (0.11)	2.65 (0.12)	3.28 (0.05)
30	0.21 (0.008)	0.24 (0.01)	0.28 (0.03)	2.13 (0.08)	2.87 (0.14)	3.47 (0.12)
37	0.26 (0.02)	0.34 (0.01)	0.39 (0.06)	2.66 (0.06)	3.28 (0.15)	4.27 (0.18)
ΔH	26	37	36	16	14	17
r	0.99	0.99	0.99	0.93	0.99	0.97

^a Furthermore, the table shows the ΔH s values in kJ/mol; r , corr coeff in linear regression for $\ln(K)$ versus $1/T$.

TABLE III

The dissociation constants K_{ia} and K_{ib} and the influence of temperature on these parameters ^a

Temperature (°C)	K_{ia}			K_{ib}		
	MM ₁	MM ₂	MM ₃	MM ₁	MM ₂	MM ₃
25	0.25	0.25	0.27	3.06	3.53	4.09
30	0.38	0.35	0.37	3.51	3.92	4.40
37	0.42	0.53	0.52	4.19	5.11	5.74
Delta Hs	33	48	42	28	25	22
<i>r</i>	0.90	0.98	0.99	0.99	0.93	0.97

^a Furthermore the table shows the Delta Hs values in kJ/mol; *r*, corr coeff in linear regression for $\ln(K)$ versus $1/T$.

TABLE IV

Initial velocities *v* given as percentages of the maximum reverse velocities V_r at various temperatures

Temperature (°C)	MM ₁	MM ₂	MM ₃
25	83.3%	81.0%	78.0%
30	81.0	78.1	74.3
37	76.9	72.1	68.1

Hs) can be calculated (Tables II and III). The highest value is found for the reaction $E + A \leftrightarrow EA$ and the lowest value for the reaction $EA + B \leftrightarrow EAB$. No significant differences in the standard enthalpy change were found among the three MM forms.

Initial velocity

Table IV gives the calculated initial velocities at various temperatures. At 25°C, the initial velocity of CK MM₁ is 83.3% of the maximal velocity (V_r) and 78% for the CK MM₃ form. When measuring at 37°C, the values for the initial velocity for the three CK MM forms are distinctly lower than at 25°C.

Discussion

The increase in a serum matrix in the value for the apparent activation energy of the CK reaction has been described as an ageing effect of CK MM [10]. The changes in the electrophoretic CK MM pattern that are due to an alteration in the isoelectric point of the enzyme have also been considered as an ageing effect [1–3]. The changes in the CK MM sub-banding pattern closely parallel the observed changes in apparent activation energy. About 90% of the total change in apparent activation energy takes place within the first three days, when incubating CK MM₃ in a serum matrix at 37°C. The modifications in the CK M-chain follow the same time course [1,2]. Furthermore, it was observed that the changes in apparent activation energy

and in electrophoretic pattern only take place in a serum matrix and not in a buffer system. This investigation was carried out to find out whether the changes in the CK MM electrophoretic pattern and in the apparent activation energy can be explained by the same mechanism.

The measurements on partially purified CK MM multiple forms have shown significant differences in the apparent activation energy, u , between the three CK MM forms. The lowest apparent activation energy was measured in case of the partially purified native form CK MM₃. The observed value of 49.8 kJ/mol is in good agreement with data for CK MM from muscular tissue [10]. Upon modification of the first M-chain (MM₂) a value of 60.3 kJ/mol is found which becomes even higher (67.5 kJ/mol) after modification of the second M-subunit (MM₁). These changes in the CK molecule also appear to take place *in vivo*. The u value in healthy individuals ranges between 49 and 55 kJ/mol. Apparently, the native form CK MM₃ is often accompanied in the blood by relatively small amounts of the other MM forms. Circulating CK MM is almost always a mixture of native CK MM₃ and the two modified forms CK MM₂ and CK MM₁. The values for the apparent activation energy found in 360 sera of 62 patients with possible or definite myocardial infarction ranged between 49 and 68 kJ/mol. This can be explained satisfactorily by assuming different compositions of CK MM multiple forms in these serum samples. The influence of CK MB on the value of u is negligible due to the small catalytic activity compared to CK MM.

Measuring the apparent activation energy, u , in serial serum samples of eight patients with confirmed myocardial infarction gave a continuous increase in apparent activation energy. Values found ranged from 51 kJ/mol immediately after the infarction rising later to 68 kJ/mol. As Table I shows, this may conclusively be explained by the initial release of CK MM₃ into the circulation and the subsequent turnover into MM₂ and MM₁. This is also in agreement with Fig. 3 and with our recently published data on the gradual changes in apparent activation energy of CK in the human blood circulation [21]. In addition, individual u values for CK isozymes [10], CK variants [22] and some other isoenzyme systems [23,24] have already been described. It is important to note that after myocardial infarction the apparent activation energy remains at an increased level whereas the CK activity already returns to normal in 72 h (Fig. 2). Theoretically, this would allow the determination of muscular damage even after the normalisation of the serum CK level of the patient. A sudden decrease in the apparent activation energy may be caused by the release of new enzyme from muscular tissue. Reinfarction can be demonstrated biochemically in this way.

The influence of the modification in the CK M-chain is not restricted to the alteration in the u value. It has already been described that the isoelectric point changes as well [12]. We have found a third property of the enzyme that appears to be changed upon modification of the M-chain. As the modification goes on, the Michaelis–Menten constants for ADP and for CrP decrease. The highest values are found for the MM₃ form, the form of the enzyme occurring in muscular tissue. The lowest values are found for CK MM₁. The constants of the individual MM forms may be arranged in a characteristic sequence $K_a < K_{ia} < K_b < K_{ib}$. Changes in the

Michaelis–Menten constants of an enzyme during its presence in the blood circulation have been described for other enzyme systems [25].

Our experiments prove that the phenomena described are caused by the same alteration within the CK M-chain. During its stay in the circulation the M-chain undergoes a postsynthetic modification brought about by a human serum protein for which the name ‘modifying protein’ has been proposed [7]. This explains why the modification cannot be demonstrated in buffer matrices that do not contain the modifying protein. The modification in the M-chain causes obvious changes in the Michaelis–Menten constants, the apparent activation energy and the isoelectric point [12] of the enzyme. All three parameters can be used as an index for the mean age of the CK M-chain in the blood. It is to be expected that the modifying protein also influences the physicochemical characteristics of the CK MB isozyme [2].

Our data show that there are measurable changes in the Michaelis–Menten constants due to changes in the temperature of the assay. The greatest effect is observed for K_{ia} and hence, due to the log-linear variation of K with respect to the reciprocal temperature, the apparent standard enthalpy changes for substrate binding here show their highest values. We therefore conclude that the greatest enthalpy change of up to 50 kJ/mol takes place when the enzyme reacts with ADP as its first substrate. The subsequent reaction with creatine phosphate as the second substrate gives an additional enthalpy changes of about 15 kJ/mol. The enthalpy changes for the alternative pathway with creatine phosphate as the first substrate are intermediate. Theoretically the sum of $\Delta H_s (K_{ia})$ and $\Delta H_s (K_b)$ should equal the sum of $\Delta H_s (K_a)$ and $\Delta H_s (K_{ib})$. As can be deduced from the values given in the Tables II and III for these constants this actually holds true for each of the three CK MM multiple forms (for instance in cases of CK MM₃: $K_{ia} = 42$, $K_b = 17$, $K_{ib} = 22$ and $K_a = 36$; $42 + 17 = 22 + 36$). This provides a validation of our measuring results. Due to differences in kinetic properties among CK isozymes and among the three CK MM multiple forms, it is advised not to compare catalytic CK activities measured at different temperatures. There are two reasons for this. 1. The main effect on the temperature coefficient for the catalytic activity is related to the apparent activation energy of the multiple forms that occur in varying and unknown amounts in the samples. 2. A smaller effect is due to the variation of the Michaelis–Menten constants of the multiple forms with temperature, so that the enzyme saturation with substrate is also temperature dependent.

The determinations cannot be performed under saturated substrate conditions due to substrate inhibition. Catalytic activity is determined under suboptimal conditions for this reason (Table IV). Table IV shows that CK MM₁ reacts at 83.3% of V_r at 25°C and at 76.9% of V_r at 37°C. The differences for CK MM₃ are even greater. In serum samples the contribution of the various MM forms to the overall activity is unknown. Therefore, no exact factor can be given for the calculation of the activity at another temperature. For CK MM these temperature conversion factors (25–37°C) vary from 2.17 (CK MM₃) to 2.84 (CK MM₁). This illustrates to what extent such a factor is subject to errors due to enzyme ageing. Different sample compositions of the multiple CK forms influence the catalytic activity in the same way isozymes do. This observation is of importance both for recommendations for

the measurement of enzyme activity and for quality control in clinical chemistry. There are still open questions concerning the specific activity of the multiple forms. Activation energy is considered to be a quantitative measure of the 'energy barrier' between substrate and product. The increase in activation energy in the order MM_3 , MM_2 , MM_1 indicates that MM_3 , the original tissue form of the enzyme, possesses the highest catalytic efficiency among the multiple forms. The Michaelis–Menten constants, on the other hand, increase in the order MM_1 , MM_2 , MM_3 , indicating that the original tissue form CK MM_3 has the lowest affinity for its substrates. The higher activation energy in case of CK MM_1 seems to be compensated by a higher substrate affinity. Yet the extent of compensation remains unknown until one is able to measure the concentration of the enzyme multiple forms, for instance by making use of an immunoassay specific for the various MM forms.

For the calculation of the extent of a myocardial infarction it is important that all three forms have similar specific activities. Discrepancies in the size of the infarct determined enzymatically and angiographically [26] might be explained by variations in specific activity. Proportionality between catalytic activity and the amount of enzyme present plays a central role in the use of catalytic activity in clinical diagnoses. This proportionality is threatened by the existence of various isozymes but also by the existence of multiple forms with different specific activities and different activation energies.

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