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*Appendix B*

**Questionnaires**

### **THE INCONTINENCE IMPACT QUESTIONNAIRE SHORT FORM (IIQ-7)**

Has urine leakage and/or prolapse affected:

- 1 Household chores
- 2 Physical recreation
- 3 Entertainment activities
- 4 Travel > 30 minutes away from home
- 5 Social activities
- 6 Emotional health (nervousness, depression, etc.)
- 7 Feeling frustrated

Scoring for the IIQ-7: 0 for not at all, 1 for slightly, 2 moderately, 3 for greatly.

Domains of the IIQ-7: question 1+2 = physical activity, question 3 +4 = travel, question 5 = social activities, question 6+7 = emotional health.

### **THE UROGENITAL DISTRESS INVENTORY SHORT FORM (UDI-6)**

Do you experience, and if so, how much are you bothered by:

- 1 Frequent urination
- 2 Leakage related to feeling of urgency
- 3 Leakage related to activity, coughing, or sneezing
- 4 Small amounts of leakage (drops)
- 5 Difficulty emptying bladder
- 6 Pain or discomfort in lower abdominal or genital area

Scoring for the UDI-6: 0 for not at all, 1 for slightly, 2 moderately, 3 for greatly.

Domains of the UDI-6: question 1+2 = irritative symptoms, question 3 +4 = stress symptoms, question 5 + 6 = obstructive/discomfort symptoms.