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5-HT₃ receptors and neurotransmitter release in the CNS: a nerve ending story?

Johannes A. van Hooft and Henk P.M. Vijverberg

Serotonin (5-HT) 5-HT₃ receptors are ligand-gated ion channels, which are generally thought to be involved in the presynaptic modulation of neurotransmitter release. However, analysis of published data reveals that most of the evidence for the alleged presynaptic role of 5-HT₃ receptors in modulating CNS neurotransmitter release is not compelling. Nevertheless, 5-HT₃ receptors are present in nerve terminals from some brain regions. The increased basic knowledge of the cellular physiology of central 5-HT₃ receptor ligand-gated ion channels provides opportunities for a detailed characterization of the specific presynaptic effects of 5-HT₃ receptors. Such reconsideration is required for the full appreciation of the functional role of 5-HT₃ receptors in the CNS.

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THE PRESYNAPTIC modulation of neurotransmitter release by ionotropic neurotransmitter receptors is a recent focus of interest¹. The 5-HT₃ receptor (Box 1) is a ligand-gated ion channel^{2–4}. Postsynaptic 5-HT₃ receptors, which have been shown to be present on GABAergic interneurons (Fig. 1), mediate fast synaptic neurotransmission in the CNS (Refs 7,8). In addition, it has been suggested that presynaptic 5-HT₃ receptors modulate the release of several neurotransmitters in the CNS (Refs 1,9–11). In order to modulate the release of a specific neurotransmitter by a presynaptic mechanism, the

primary requirement is that 5-HT₃ receptors are present on the presynaptic terminals. Initial evidence for presynaptic 5-HT₃ receptors is derived from autoradiographic studies in the spinal cord¹². In several brain regions, including the CA1 pyramidal cell layer in the hippocampus, the dorsal motor nucleus of the vagal nerve, the nucleus of the solitary tract and the area postrema, 5-HT₃ receptor binding sites were shown to be present using autoradiography^{13–16}. *In situ* hybridization studies of the same brain regions¹⁷ have not revealed hybridizing cells, suggesting that 5-HT₃ receptors in these regions are also

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Box I. Structure and function of 5-HT₃ receptors

Molecular properties

Serotonin 5-HT₃ receptors belong to the family of ligand-gated ion channels. To date, two subunits of this receptor, 5-HT₃R-A and 5-HT₃R-B, have been cloned^{a,b}. The 5-HT₃R-A subunit is a protein with four transmembrane (TM) segments and an extracellular N terminus. By contrast, the structure of the 5-HT₃R-B subunit appears to be more complex, because its TM2 segment lacks any structural homology to that of other ligand-gated ion channels^b. Two splice variants of the 5-HT₃R-A subunit have been identified that differ in the presence of six amino acids in the putative large intracellular loop^c, and have different expression profiles during development^{d,e}. However, thus far, physiologically relevant functional differences between the splice variants have not been shown.

5-HT₃R-A subunits form homopentameric ligand-gated ion channels^f. Site-directed mutagenesis has demonstrated several functional features of the 5-HT₃R-A subunit: the extracellular N terminal domain contains the agonist recognition site^{g-1} and the mutation L286T in TM2 alters the kinetics of the current that passes through the ligand-gated ion channel^l.

Native 5-HT₃ receptors share many pharmacological and functional properties with homopentameric 5-HT₃ receptors in heterologous expression systems. However, specific differences in agonist (and antagonist) profiles and in the permeability to Ca²⁺ ions suggest that native receptors are distinct from homopentameric receptors^k. Functional heteromeric 5-HT₃ receptors with properties distinct from homomeric 5-HT₃R-A receptors can be formed in heterologous expression systems by co-expressing 5-HT₃R-A subunits either with 5-HT₃R-B subunits^b or with the α 4 subunit of the nicotinic ACh receptor^l. Whether such heteromeric receptors actually occur in the CNS remains to be determined.

Pharmacological properties

The affinity of 5-HT for the agonist recognition site of the 5-HT₃ receptor is relatively low (Table I; for an extensive review on 5-HT receptor pharmacology, see Ref. rr). 5-HT might not be the only endogenous ligand, because dopamine (DA) is also a low-affinity agonist of 5-HT₃ receptors^m. Of the various 5-HT₃ receptor agonists known, 2-methyl-5-HT, phenylbiguanide and *m*-chlorophenylbiguanide are the more commonly used (Table I). However, highly selective 5-HT₃ receptor agonists have not been found. Non-selective effects, observed at agonist concentrations similar to those required for 5-HT₃ receptor activation, include reversal of DA transport^{n-s} and partial agonism or antagonism of α_2 adrenoceptors^{u,v}.

Numerous highly potent antagonists of 5-HT₃ receptors have been developed. Several common 5-HT₃ receptor antagonists are listed in Table I. In general, these compounds are highly selective for 5-HT₃ receptors and non-selective effects appear to occur only at concentrations in excess of those required to antagonize 5-HT₃ receptors by 100-fold or more. The non-selective effects of 5-HT₃ receptor antagonists are of a variable nature and include antagonism of receptors other than 5-HT₃ receptors^{v-z}, agonism of 5-HT₄ receptors^{aa}, and local anaesthetic-like block of ligand- and voltage-gated ion channels^{bb-dd}.

TABLE I. Functionally effective concentrations of various agonists and antagonists commonly used in 5-HT₃ receptor research^a

Agonists	EC ₅₀ (μ M)	Ref.
5-HT	2.0	k,m,ll
2-methyl-5-HT	5.0–8.0	k,ll
1-phenylbiguanide	22.0	mm
<i>m</i> -chlorophenylbiguanide	0.4	k,ll,mm
Antagonists	IC ₅₀ (nM)	Ref.
ondansetron	0.3	nn
tropisetron	0.2	oo
D-tubocurarine	1.0	pp
(S)-zacopride	0.6	qq

^aEC₅₀ values for activation of inward current by agonists and IC₅₀ values for inhibition of 5-HT-induced inward current by antagonists are presented. Values are representative for mouse 5-HT₃ receptors, and species differences^{ff} are not shown.

A notable property of 5-HT₃ receptors is the potentiation of agonist effects by alcohols and anaesthetic agents (reviewed in Ref. ee), which might complicate the comparison of *in vitro* data with data obtained *in vivo* from anaesthetized animals.

Functional properties

5-HT₃ receptors are non-selective cation channels that mediate transient inward currents and membrane depolarization under physiological conditions (for reviews see Refs ff-hh). In the CNS the functional properties of presynaptic 5-HT₃ receptors might differ from those of postsynaptic 5-HT₃ receptors. Presynaptic 5-HT₃ receptors on striatal synaptosomes are Ca²⁺-permeable ion channels, and the influx of Ca²⁺ through these channels is responsible for the elevation of intracellular Ca²⁺ induced by stimulation with 5-HT (Ref. ii). Conversely, postsynaptic 5-HT₃ receptors on hippocampal interneurons are blocked by Ca²⁺ at negative membrane potentials^{jj}, similar to the voltage-dependent block by Mg²⁺ of NMDA receptors^{kk}. Whether the signal transduction pathway that couples 5-HT₃ receptor activation to neurotransmitter release involves Ca²⁺ influx through the ligand-gated ion channels or through voltage-gated Ca²⁺ channels, activated secondarily to 5-HT₃ receptor-mediated membrane depolarization, remains to be determined.

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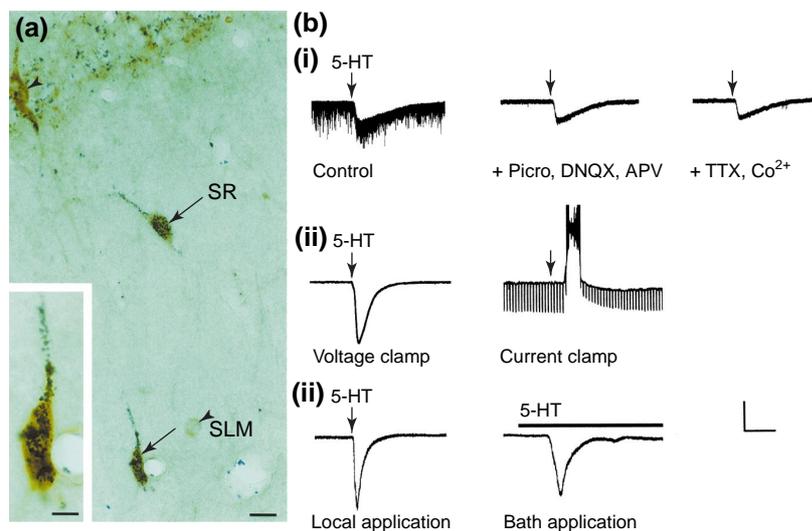


Fig. 1. Postsynaptic 5-HT₃ receptors. (a) Co-localization of 5-HT₃ receptors and cholecystokinin (CCK) in neurons in the CA1 area of the rat hippocampus. 5-HT₃ receptor (brown) and CCK (granular blue-black) immunoproducts are co-localized in several neurons (arrows), but not all 5-HT₃ receptor-immunoreactive cells contain CCK immunoreactivity (arrowheads). The inset shows a double-labeled neuron at high magnification. Scale bar, 12.5 μ m; for inset, 6 μ m. Abbreviations: SLM, stratum lacunosum moleculare; SR, stratum radiatum. (b) (i) A 6 s pressure ejection of 100 μ M 5-HT near the soma of a voltage-clamped interneuron from stratum radiatum of the rat hippocampal CA1 area elicits an excitatory inward current (left trace) that is unchanged in the presence of ionotropic glutamate receptor antagonists, 6,7-dinitroquinoxaline-2,3dione (DNQX) (10 μ M) and \pm -2-amino-5-phosphonovaleric (\pm APV) (50 μ M), and the GABA_A receptor antagonist picrotoxin (picro) (100 μ M) (middle trace). The 5-HT-induced inward current also persists when synaptic transmission is blocked with TTX (1 μ M) and Co²⁺ (100 μ M) (right trace). These results indicate a direct postsynaptic effect of 5-HT on the recorded cell. (ii) Responses to 6-s pressure ejection of 100 μ M 5-HT to an interneuron under whole-cell voltage clamp (left trace) and current clamp (right trace) recording conditions. In current clamp, 5-HT elicits a depolarization from the resting membrane potential (−68 mV) to threshold (action potentials are truncated), showing the excitatory action of 5-HT. (iii) Comparison of 5-HT responses elicited in the same cell by pressure ejection (left trace) and bath application (right trace) of 100 μ M 5-HT. Bar indicates the duration of 5-HT application and clearly demonstrates that the response desensitizes in the continuous presence of 5-HT. Scale bar 12.5 μ m; for inset 6 μ m.: (i) 50 pA, 20 s; (ii) 200 pA, 20 mV, 20 s; (iii) 100 pA, 20 s. (a) Reproduced, with permission, from Ref. 5. (b) Reproduced, with permission, from Ref. 6.

located presynaptically. More recently, presynaptic 5-HT₃ receptors have been directly demonstrated by immunocytochemistry in subsets of synaptosomes from hippocampus, striatum, amygdala and cerebellum^{18,19} (Fig. 2a).

The presynaptic localization of 5-HT₃ receptors, at least in some areas of the CNS, suggests that they could be involved in the modulation of neurotransmitter release. Here, we examine the experimental evidence for this alleged role of presynaptic 5-HT₃ receptors.

5-HT release

Quantitative autoradiography has shown that the number of 5-HT₃ receptors in the amygdala is significantly reduced after chemical lesioning of the serotonergic system with 5,7-dihydroxytryptamine²¹. In other brain regions, for example the hippocampus, cerebral cortex and the striatum, the number of 5-HT₃ receptors was unaffected by the destruction of the serotonergic system²¹. Chemical lesioning of dopaminergic and noradrenergic pathways did not affect the number of 5-HT₃ receptors in any of the brain regions investigated²¹. Thus, it appears that a significant proportion of the 5-HT₃ receptors in the

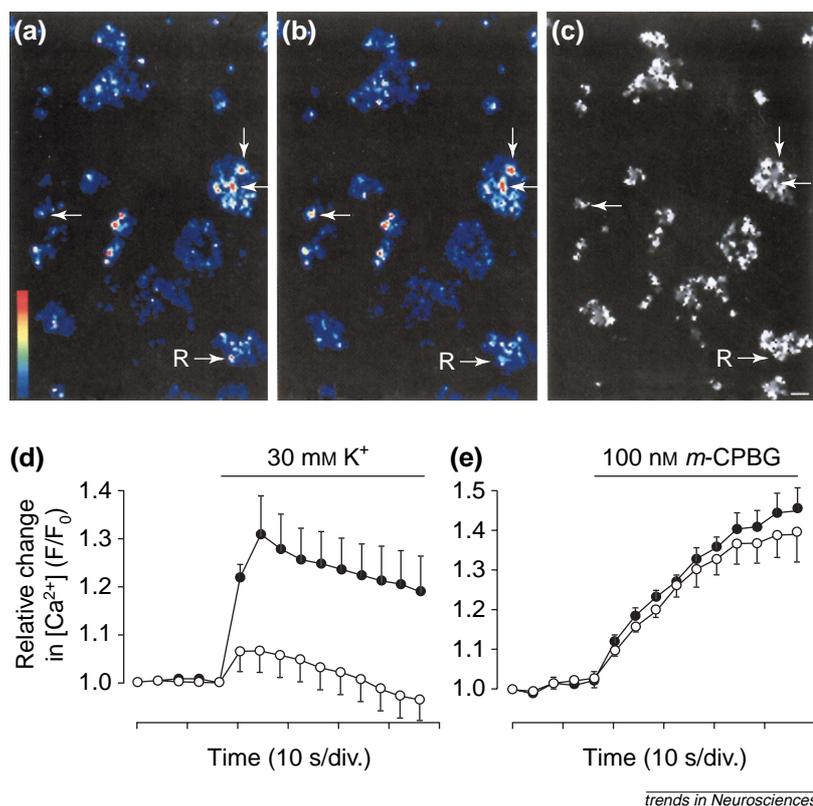


Fig. 2. Presynaptic 5-HT₃ receptors. 5-HT₃ receptor-induced changes in striatal synaptosomes monitored by confocal Ca²⁺ imaging using the Ca²⁺ indicator fluo-3. (a), (b) Confocal images of synaptosomes 16 s before (a) and 40 s after (b) application of 100 nM of the 5-HT₃ agonist m-chlorophenylbiguanide (m-CPBG). Arrows indicate synaptosomes responding with an increase in intracellular Ca²⁺. R indicates a synaptosome that does not respond to the application of m-CPBG. (c) Subsequent immunocytochemical identification shows that the structures responding to m-CPBG are also immunostained with anti-synaptophysin antibody, confirming that these structures are synaptosomes. (d),(e) The K⁺-evoked (d), but not the m-CPBG-induced (e), increase in Ca²⁺ is inhibited in the presence of the Ca²⁺ channel blockers Cd²⁺ and Co²⁺ (open circles) indicating that presynaptic 5-HT₃ receptors are Ca²⁺-permeable ion channels. Solid circles represent control responses. Reproduced, with permission, from Ref. 20.

amygdala are located on serotonergic nerve terminals, consistent with the high incidence of 5-HT₃ receptors in synaptosomes isolated from the amygdala¹⁹. In spite of this promising perspective, experiments to demonstrate 5-HT₃ receptor-mediated 5-HT release in the amygdala do not appear to have been carried out. By contrast, a 5-HT₃ receptor-mediated enhancement of 5-HT release has been reported from other brain regions, for example, hippocampus, frontal cortex, hypothalamus, and raphe nucleus^{22–25}. However, the presence of 5-HT₃ receptors on serotonergic nerve endings in these brain regions has not been demonstrated thus far.

Dopamine release

A presynaptic mechanism for the modulation of dopamine (DA) release was suggested by the finding that activation of 5-HT₃ receptors enhances Ca²⁺-dependent, basal release of endogenous DA in rat striatal slices, and that this effect is partially inhibited by TTX (Refs 26,27). However, this initial result has not been corroborated in subsequent investigations. By contrast, experimental evidence indicating that striatal DA release is not modulated by presynaptic 5-HT₃ receptors has been presented from *in vitro* studies on synaptosomes^{28–31} and on slices^{32–34} in addition to data from *in vivo* microdialysis studies^{35–37}. Several of

these studies show that the 5-HT₃ receptor agonists used in these experiments enhance DA release by reversing carrier-mediated DA uptake (Box 1). An alternative hypothesis is that the 5-HT₃ receptor agonists could enhance DA release only from active DA terminals³⁸. This is in contrast with the finding that TTX does not affect 1-phenylbiguanide-induced DA release in the striatum *in vivo*³⁶. Although the bulk of evidence indicates that striatal DA release is not controlled by presynaptic 5-HT₃ receptors, it has been shown that 5-HT₃ receptors are present on a small proportion of synaptosomes isolated from the striatum¹⁹. However, the nature of the neurotransmitters, contained within these striatal synaptosomes remains to be determined.

Evidence from *in vivo* studies indicates that 5-HT₃ receptors are involved in the release of DA in the nucleus accumbens^{37,39,40}. Furthermore, it has been suggested that DA release in the nucleus accumbens correlates with the activity of dopaminergic neurons in the ventral tegmental area^{41,42}. However, a modulatory effect of 5-HT₃ receptors on the firing rate of these neurons has not been demonstrated *in vitro*^{43,44}. Thus, the exact location of the 5-HT₃ receptors involved in accumbal DA release remains inconclusive, and direct evidence for the involvement of presynaptic 5-HT₃ receptors is lacking.

Cholecystokinin and GABA release

Given that the majority of cortical and hippocampal 5-HT₃ receptors are located on cholecystokinin (CCK)-containing GABAergic interneurons⁵ (Fig. 1), it is probable that activation of these receptors results in the release of GABA in addition to CCK. Release of CCK-like immunoreactivity from synaptosomes in the cortex and nucleus accumbens is enhanced by 5-HT and 1-phenylbiguanide (EC₅₀ values <1 nM) and this effect is antagonized by selective 5-HT₃ receptor antagonists⁴⁵. However, it has been consistently shown that the 5-HT₃ receptor is activated by agonists at concentrations in the micromolar range (Box 1). Moreover, the *in vivo* release of CCK is unaffected by 5-HT₃ receptor antagonism⁴⁶. Therefore, the involvement of 5-HT₃ receptors in CCK release remains ambiguous.

There is little direct evidence for a presynaptic action of 5-HT₃ receptors on GABA release. From electrophysiological experiments, indirect evidence for GABA release, induced by activation of 5-HT₃ receptors, has been reported. The frequency of spontaneous IPSPs recorded from hippocampal CA1 pyramidal neurons is enhanced by micromolar concentrations of 5-HT and 2-methyl-5-HT, and these effects are potently antagonized by the 5-HT₃ receptor antagonist tropisetron⁴⁷. A similar enhancement of the frequency of both EPSP and IPSPs has been observed in nucleus tractus solitarius neurons, in addition to a direct depolarizing effect of 5-HT and 2-methyl-5-HT on the postsynaptic membrane⁴⁸. By contrast, it has been shown that 5-HT₂, and not 5-HT₃ receptors mediate the enhancement of IPSC frequency in the hippocampus⁴⁹ and cortex⁵⁰. In a study on the modulation of GABA release from hippocampal synaptosomes⁵¹ the identity of the putative 5-HT receptor involved in this modulation was not determined unequivocally. In addition, the reported inhibition of GABA release is the opposite

to what would be expected following the activation of excitatory 5-HT₃ receptor ligand-gated cation channels (Box 1). In this respect, it is of interest to note that high concentrations of 5-HT₃ receptor antagonists also affect GABA_A receptors (Box 1). Therefore, although the presence of functional postsynaptic 5-HT₃ receptors on GABAergic interneurons has been demonstrated^{6,52}, evidence for presynaptic 5-HT₃ receptors in hippocampal nerve endings is restricted to the immunocytochemical studies of 5-HT₃ receptors in 3% of hippocampal synaptosomes¹⁹. Similar to striatal synaptosomes, the nature of the neurotransmitter contained within the hippocampal synaptosomes remains to be determined.

Acetylcholine and noradrenaline release

The involvement of 5-HT₃ receptors in the release of ACh and noradrenaline (NA) in rat entorhinal cortex, hippocampus, and several other brain regions has been investigated. Reports on the modulation of ACh release by 5-HT₃ receptors vary from inhibition in cortical slices and synaptosomes^{53,54}, to no effect in cortical slices⁵⁵, and to enhancement in the dorsal hippocampus *in vivo*⁵⁶. Similarly, the effects of 5-HT₃ receptors in the modulation of NA release also vary^{57–59}. Some of these effects on neurotransmitter release might be confounded by additional effects of the 5-HT₃ receptor agonists on α_2 adrenoceptors^{60,61}. In the absence of structural evidence for the presence of 5-HT₃ receptors on terminals or varicosities containing ACh or NA, for example in the hippocampus (reviewed in Ref. 62), it is tempting to speculate that the modulatory effects of 5-HT₃ receptors on ACh and NA release are, at least in part, secondary to the release of GABA and CCK from interneurons. It has been shown that inhibition of GABA_A receptors using bicuculline enhances ACh and NA release from cortical slices^{63,64}. Such confounding effects, secondary to the excitatory action of postsynaptic 5-HT₃ receptor activation in interneurons^{6,52}, might underlie the variability in the results reported on the modulation of ACh and NA release.

Perspective

Detailed analysis of the available literature indicates that evidence for the alleged role of the 5-HT₃ receptor as a presynaptic receptor modulating neurotransmitter release in the CNS is not compelling. Either the exact localization of the 5-HT₃ receptors involved in the modulation of the neurotransmitter released is unknown or the nature of the neurotransmitter contained within the presynaptic terminals that express the 5-HT₃ receptors remains obscure. In order to progress, information is required on the neurotransmitters contained within the nerve terminals in which 5-HT₃ receptors are present. Recently, the presence of 5-HT₃ receptors has been shown in 3% of synaptosomes prepared from hippocampus, in 6% of synaptosomes prepared from striatum, and in 30% of synaptosomes prepared from amygdala and cerebellum¹⁹. Moreover, the 5-HT₃ receptors in these preparations were shown to be Ca²⁺-permeable ion channels^{19,20}, indicating that they might directly support the exocytosis of neurotransmitter vesicles. Establishing the nature of the neurotransmitters contained

within synaptosomes that express 5-HT₃ receptors is essential to determine, (1) which neurotransmitters are released from nerve endings *in situ* under the direct control of 5-HT₃ receptors and (2) which neurotransmitters are released as a consequence of secondary phenomena. At present, specific tools are available for the identification of 5-HT₃ receptors and for demonstrating the co-localization of 5-HT₃ receptors with other elements of presynaptic nerve endings. In addition, insight into the structural determinants and heterogeneity of 5-HT₃ receptors, and into the specific functional properties of pre- and postsynaptic 5-HT₃ receptors is steadily improving (Box 1). Thus, all the ingredients for a detailed experimental reassessment of the contribution of presynaptic 5-HT₃ receptors to neurotransmitter release appear to be available.

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